

February 2026

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Black History Month Begins</p> <p>Clark Gables Birthday</p> <p>The Grammy Awards</p> <p>10:00 Catholic Communion [CK]</p> <p>10:15 Resident Led Bible Study [Lib]</p> <p>10:45 Creative Coloring & Coffee</p> <p>1:00 Dice Bingo</p> <p>2:00 Table Game Fun</p> <p>3:00 Sunday Snacks & Refreshments</p> <p>7:00 The Grammy's Social</p>	<p>1 Groundhog Day</p> <p>Honor WWII Veterans Day</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:30 Outing: Town Tour</p> <p>10:35 About Groundhogs Day 'Coffee, Fun Facts & Adult Coloring'</p> <p>1:00 "Spring" or "Snow" Groundhog Game</p> <p>2:00 Movie Matinee "Ground Hogs Day"</p> <p>3:00 "Honoring the Grave of a Forgotten Hero" WW2 Short Doc.</p> <p>3:00  *Happy Hour [ALB]</p> <p>6:00 Evening Rummikub Club</p>	<p>2 Feed the Birds Day</p> <p>Norman Rockwell Day</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:35 Bellaire Bingo (Sponsored by Home Helpers) [ALB]</p> <p>1:00 About "Rockwell" Documentary Pt. 1</p> <p>1:00 Table Games</p> <p>2:00  Bellaire Trivia Club [ALB]</p> <p>3:00 Refreshment Social</p> <p>3:30 "About Rockwell" Documentary Pt. 2 [ALB]</p> <p>6:45 Evening Movie: "Dive Bomber" ch. 55 [ALB]</p>	<p>3 Rosa Parks Birthday</p> <p>Snickers Day</p> <p>9:00 Tai-Chi w/ Mike</p> <p>9:45 Wednesday Weights Workout</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:45 Resident Council Meeting [ALB]</p> <p>1:00 Movie Matinee: "The Rosa Parks Story"</p> <p>1:00 Pool Lessons (Game Room)</p> <p>2:00 Tech Class w/ Jim & Mike (Iphone)</p> <p>3:00  Snickers Social [ALB]</p> <p>6:00 Wine, Sip & Conversation</p>	<p>4 Sweater Day</p> <p>Video Game Day</p> <p>9:50 Exercise w/ Fox</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:30 Dice Bingo [ALB]</p> <p>11:00 Protestant Communion [CK]</p> <p>1:00 Adult Coloring</p> <p>2:00 Video Game Fun (Bowling, Tennis, and Golf)</p> <p>3:00  *Favorite Sweater' Happy Hour [ALB]</p> <p>3:00 Table Games</p> <p>7:00 Evening Movie: "Operation Rabbit" (ch.55)</p>	<p>5 Frozen Yogurt Day</p> <p>Winter Olympics Opening Ceremony</p> <p>9:00 Tai-Chi w/ Mike</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:30 Pokeno [ALB]</p> <p>1:00 T.G.I.F. Entertainment w/ Maurice</p> <p>2:00 Dominoes Club [ALB]</p> <p>3:00 Frozen Yogurt Social [ALB]</p> <p>6:00 Table Game Club</p> <p>7:00 Olympics Opening Ceremony (NBC)</p>	<p>6 Ballet Day</p> <p>Libraries are Cool Day</p> <p>10:00 Weekend Activity</p> <p>Packet (Available at the Front Desk)</p> <p>10:30 Bellaire Weekend Bingo</p> <p>10:30 Weekend Table Games</p> <p>1:30 Weekend Entertainment w/ Mama Cotton [AL]</p> <p>2:30 Arts & Crafts w/ Sharon</p> <p>3:00 Happy Hour Social [ALB]</p> <p>6:00 Puzzle Club</p>
<p>Potato Lover's Day</p> <p>Super Bowl Sunday</p> <p>10:00 Catholic Communion [CK]</p> <p>10:15 Resident Led Bible Study [Lib]</p> <p>10:45 Meditation w/ Tiffany</p> <p>1:00 Dice Bingo</p> <p>2:00 Superbowl/Football Creative Coloring</p> <p>3:00 Sunday Snacks & Refreshments</p> <p>5:30 Gardens of Bellaire Superbowl Party</p> <p>7:00 Evening Movie "Which Way is Up" (ch.55)</p>	<p>8 Happy Birthday Alice Walker</p> <p>Pizza Day</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:45 Music Appreciation</p> <p>1:00 Crossword Club</p> <p>2:00 Baking Club: Making Pizza</p> <p>3:00  *"Where in The World" Happy Hour [ALB]</p> <p>3:00 Table Game Fun</p> <p>6:00 Evening Rummikub Club</p>	<p>9 Gold Record Day</p> <p>Literary Couples Day</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:35 Bellaire Bingo in the Bistro [ALB]</p> <p>11:15 What's Your Name (Name Tag Luncheon)</p> <p>1:00 Table Games</p> <p>1:30  Arts, Crafts & Trivia w/ Spark to Sparkle [ALB]</p> <p>3:00 Refreshment Social</p> <p>6:00 Wine & Book Club</p>	<p>10 Burt Reynolds Day</p> <p>Learn About Japan Day</p> <p>9:00 Tai-Chi w/ Mike</p> <p>9:45 Wednesday Weights Workout</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:30 Outing: Shopping Shuttle</p> <p>1:00  Indoor Walking Club</p> <p>1:30 The History of Houston w/ Mister McKinney</p> <p>2:30 Burt Reynolds Movie Matinee: "The Best Little Whorehouse in Texas"</p> <p>3:00  Hump Day Snack Social [ALB]</p> <p>6:00 Puzzle Club</p>	<p>11 Abe Day</p> <p>NAACP Anniversary Day</p> <p>9:50 Exercise w/ Fox</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:30 Dice Bingo [ALB]</p> <p>11:00 Protestant Communion [CK]</p> <p>1:00 Documentary: "Lincoln's Historic Legacy"</p> <p>1:00 Table Games</p> <p>2:00  Wii Fun "Are You Smarter Than a 5th Grader" [ALB]</p> <p>3:00  *Happy Hour [ALB]</p> <p>7:00 Evening Movie "Doctor Zhivago" (ch.55)</p>	<p>12 Backyard Bird Watching Day</p> <p>Weekend of Love</p> <p>8:30 Outing: Ship Channel Tour</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:45 Couples of History Teasers & Fun [ALB]</p> <p>1:00 Dominoes Club [ALB]</p> <p>1:30 Love Songs w/ Cindy St. Cyr [AL]</p> <p>2:30 Love Movie Matinee</p> <p>3:00 Weekend of Love Snack Social [ALB]</p> <p>6:00 Table Game Club</p>	<p>13 Cream-Filled Chocolates Day</p> <p>Valentines Day</p> <p>10:00 Daily Chronicles and Coffee</p> <p>10:30 Valentines Day Bingo</p> <p>11:30 Valentines Day Brunch Entertainment w/ Jack T Carr (11:30am-12:30pm)</p> <p>1:00 Valentines Day Creative Coloring</p> <p>1:00 Volunteer 'Bible Study' Visitors</p> <p>2:00 Love is in the Air Trivia</p> <p>3:00 Table Games</p> <p>3:00 Valentines Day Happy Hour [ALB]</p> <p>7:00 Evening Romantic Movie: "An American in Paris"</p>
<p>NASCAR Day</p> <p>NBA Allstar Game</p> <p>10:00 Catholic Communion [CK]</p> <p>10:15 Resident Led Bible Study [Lib]</p> <p>12:30 Race: The Daytona 500 (Fox)</p> <p>1:00 Dice Bingo</p> <p>2:00 Table Game Fun</p> <p>3:00 Sunday Snacks & Refreshments</p> <p>4:00 NBA Allstar Game & Social</p> <p>7:00 Evening Movie "The Smiling Lieutenant" (ch.55)</p>	<p>15 Presidents Day</p> <p>Studebaker Day</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:35 Studebaker Car Race Game</p> <p>1:00 Outing: Town Tour (Presidents Heads)</p> <p>2:00  Presidential Trivia & Brainteasers [ALB]</p> <p>2:00 Presidents Day Adult Coloring</p> <p>3:00  *"Where in The World" Happy Hour [ALB]</p> <p>3:00 Table Game Fun</p> <p>6:00 Evening Rummikub Club</p>	<p>16 Chinese New Year</p> <p>Mardi Gras</p> <p>9:50  Jazzercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:35 Bourbon Street Bingo [ALB]</p> <p>1:00 Mardi Gras Adult Coloring</p> <p>1:45 Gardens of Bellaire Mardi Gras Parade</p> <p>2:00 Fat Tuesday Entertainment Featuring PeeWee's Band</p> <p>3:00 Mardi Gras Refreshment Social</p> <p>6:00 Wine & Reading Club (In the Library)</p>	<p>17 Ash Wednesday</p> <p>Ramadan Begins</p> <p>9:00 Tai-Chi w/ Mike</p> <p>9:45 Wednesday Weights Workout</p> <p>10:30 Outing: Shopping Shuttle</p> <p>10:45  UB The Judge [ALB]</p> <p>1:00 'Ashes' Service</p> <p>1:00  Puzzle Club</p> <p>2:00 Tech Class w/ Jim & Mike (Iphone)</p> <p>3:00  Hump Day Snack Social [ALB]</p> <p>6:00 Dementia and Alzheimer's Support Group</p>	<p>18 Cornflakes Day</p> <p>Pisces Day</p> <p>9:50 Exercise w/ Fox</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:30 Dice Bingo [ALB]</p> <p>11:00 Protestant Communion [CK]</p> <p>1:00 Adult Coloring</p> <p>1:00 Table Games</p> <p>2:00 Wii Fun (Bowling, Tennis, and Golf)</p> <p>3:00  *Happy Hour [ALB]</p> <p>7:00 Evening Movie (ch.55)</p>	<p>19 Caregiver's Day</p> <p>Sidney Poitier's Birthday</p> <p>9:00 Tai-Chi w/ Mike</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:30 Outing: To the Coffee Shop (Coffee Club)</p> <p>1:00 Pokeno [ALB]</p> <p>1:00 A Sidney Poitier Movie Matinee</p> <p>1:00 Dominoes Club [ALB]</p> <p>3:00 Bellaire Popcorn Social [ALB]</p> <p>6:00 Table Game Club</p>	<p>20 Happy Birthday New Yorker</p> <p>Jackson Five Day</p> <p>Telephone Book Day</p> <p>10:00 Weekend Activity Packet (Available at the Front Desk)</p> <p>10:30 Bellaire Weekend Bingo</p> <p>1:30 Weekend Entertainment w/ Jon Ingram</p> <p>2:30 Weekend Table Games</p> <p>3:00 Happy Hour Social [ALB]</p> <p>6:00 Puzzle Club</p>
<p>Washington's Birthday</p> <p>What's Your Verdict</p> <p>10:00 Catholic Communion [CK]</p> <p>10:15 Resident Led Bible Study [Lib]</p> <p>10:45 Meditation w/ Tiffany</p> <p>1:00 Dice Bingo</p> <p>2:00 Creative Coloring</p> <p>2:00 Table Game Fun</p> <p>3:00 Sunday Snacks & Refreshments</p> <p>7:00 Evening Movie (ch.55)</p>	<p>22 Flag Raising on Iwo Jima</p> <p>Museum Advocacy Day</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:45 Veterans Social</p> <p>1:00 Adult Coloring 'Singapore'</p> <p>2:00 Travelogue 'Singapore' [ALB]</p> <p>3:00  *"Optical Illusions" Happy Hour [ALB]</p> <p>3:00 Table Game Fun</p> <p>6:00 Evening Rummikub Club</p>	<p>23 A Spiritual Day</p> <p>Tortilla Chip Day</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:35 Bellaire Bingo in the Bistro [ALB]</p> <p>1:00 "Amen" Bible Study & Discussion</p> <p>1:30  Arts, Crafts & Trivia w/ Sparkle [ALB]</p> <p>2:00 Table Games</p> <p>3:00 Tortilla & Chip Social</p> <p>6:00 Wine & Book Club</p>	<p>24 Choc Covered Nuts Day</p> <p>9:00 Tai-Chi w/ Mike</p> <p>9:45 Wednesday Weights Workout</p> <p>10:25 Chronicles and Coffee [ALB]</p> <p>10:35  Bible Study w/ Chaplain Mary [ALB]</p> <p>1:00 "Amen" Bible Study & Discussion</p> <p>1:30  Arts, Crafts & Trivia w/ Sparkle [ALB]</p> <p>2:00 Table Games</p> <p>3:00  Chocolate Snack Social [ALB]</p> <p>6:00 Puzzle Club</p>	<p>25 Grand Canyon Day</p> <p>Happy Birthday Jazz</p> <p>Johnny Cash Day</p> <p>9:50 Jazzercise w/ Fox</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:30 Dice Bingo [ALB]</p> <p>11:00 Protestant Communion [CK]</p> <p>1:00 Who Am I...What Am I?</p> <p>1:00 Movie Matinee</p> <p>3:00  Chocolate Snack Social [ALB]</p> <p>6:00 Puzzle Club</p>	<p>26 Go Texan Day</p> <p>Liz Taylor Day</p> <p>9:00 Tai-Chi w/ Mike</p> <p>9:50  Exercise w/ Fox [AL]</p> <p>10:25 Chronicles & Coffee [ALB]</p> <p>10:30 Texas Rock-n-Roll Game [ALB]</p> <p>11:30 Outing: Lunch Bunch (BBQ)</p> <p>1:00 Dominoes Club [ALB]</p> <p>1:00 Learning About Texas</p> <p>2:00 T.G.I.F. Entertainment: *A Jazzy Happy Hour [ALB]</p> <p>3:00 Go Texan Day Wine & Beer Tasting [ALB]</p> <p>6:00 Table Game Club</p>	<p>27 Floral Design Day</p> <p>Safari Saturday</p> <p>10:00 Daily Chronicles</p> <p>10:00 Lakewood Church Visits [ALB]</p> <p>1:00 Creative Coloring [ALB]</p> <p>1:30 Weekend Entertainment w/ Maurice on Piano [AL]</p> <p>2:30 Dice Bingo</p> <p>2:30 Weekend Table Games</p> <p>3:30 Happy Hour Social [ALB]</p> <p>6:00 Puzzle Club</p>

Gardens of Bellaire

4620 Bellaire Blvd
Bellaire, Tx 77401

"Surrender to what is. Let go of what was. Have faith in what will be."
— Sonia Ricotti

Resident Birthdays

Jane G.	2/2
Elfriede Z.	2/10
Ann B.	2/11
Tobi T.	2/14
James M.	2/19
Karen B.	2/28

THE GARDENS[®]
OF BELLAIRE

A Morada Senior Living Community