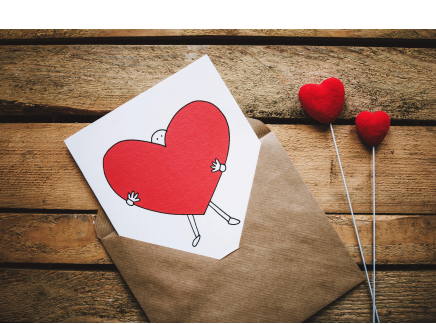


February 2026  
MC Monthly



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Black History Month Begins</b> <b>Grammy Awards</b> 9:45 <b>Sunday Chronicles &amp; Coffee [ALB]</b> 10:00 Catholic Communion [CK] 10:00 Church Service Virtual 1:00 Walking Club 2:00 Painting/W Watercolors 3:00 <b>Sunday Snacks &amp; Refreshments</b> 7:00 <b>The Grammy's Social</b>	<b>Groundhog Day</b> 9:00 Java Junction and The Daily Chronicle 10:00 Gentle Yoga Stretch 10:15 <b>Outings: Town Tour</b> 1:00 Crafty Corner "Ground Hogs Day Art" 2:00 <b>Movie Matinee "Ground Hogs Day"</b> 2:00 Passport Travel to Singapore (Reading & Virtual) 3:00 <b>MC Refreshment Hour</b> 6:00 <b>Relaxing to Zen Music (virtual)</b>	<b>Feed the Birds Day</b> 9:00 Coffee Chat and The Daily Chronicle 10:30 <b>Exercise with Fox</b> 11:00 <b>Feed the Birds (Patio Social)</b> 1:00 Indoor Gardening Club/Flower Arraigning 2:00 Manicure and Hand Massage 3:00 MC Bowling Team 3:00 <b>MC Refreshment Hour</b> 6:00 Puzzle Club	<b>Rosa Parks Birthday</b> <b>Snickers Day</b> 9:00 The Coffee Club and The Daily Chronicle 10:15 <b>Indoor Walking Club</b> 10:45 About Rosa Parks 1:00 <b>The Book Club/Onsite Library/w Tobi</b> 2:00 <b>Bellaire Bingo (Sponsored by Home Helpers)</b> 3:00 <b>Snickers Social</b> 6:00 <b>Evening Theater</b>	<b>Sweater Day</b> <b>Video Game Day</b> 9:00 Coffee & Chronicles 10:00 Sit & Be Fit Exercises 10:30 <b>Chef's Corner</b> 1:15 Walking Club 2:00 <b>Movie Matinee in the Theater</b> 3:00 <b>Hot Cocoa Refreshment Social</b> 3:00 The Comedy Hour/ I Love Lucy (virtual) 6:00 Reminiscing to Zen Music	<b>Frozen Yogurt Day</b> 9:00 Coffee Corner and Spring Songs Sing Along 10:00 Balloon Volleyball Toss 10:30 <b>Crafty Corner</b> 11:00 Words in a Word 1:00 <b>Pokeno</b> 1:00 <b>T.G.I.F. Entertainment w/ Maurice</b> 2:00 The Indoor Garden Club 3:00 <b>Frozen Yogurt Refreshment Hour</b> 6:30 <b>Evening Matinee</b>	<b>Ballet Day</b> <b>Libraries are Cool Day</b> 9:00 Coffee House Chat and Sing Along 10:00 Seated chair Exercise 1:00 <b>Pet Therapy w/Dinero</b> 1:30 <b>Weekend Entertainment w/ Mama Cotton [AL]</b> 2:00 BINGO 3:00 Refreshment Social 6:00 <b>Movie Time</b>
<b>Potato Lover's Day</b> <b>Super Bowl Sunday</b> 9:45 <b>Sunday Chronicles &amp; Coffee [ALB]</b> 10:00 Catholic Communion [CK] 10:00 Church Service Virtual 1:00 Walking Club 2:00 Painting/W Watercolors 3:00 <b>Sunday Snacks &amp; Refreshments</b> 5:30 <b>Superbowl Game &amp; Social</b>	<b>Happy Birthday Alice Walker</b> <b>Pizza Day</b> 9:00 Java Junction and The Daily Chronicle 10:00 Gentle Yoga Stretch 10:15 <b>Outings: Town Tour</b> 1:00 Rock-n-Roll Game 2:00 Baking Club: Pizza Treats 3:00 <b>MC Refreshment Hour</b> 6:00 <b>Relaxing to Zen Music (virtual)</b>	<b>Gold Record Day</b> <b>Literary Couples Day</b> 9:00 Coffee Chat and The Daily Chronicle 10:30 <b>Exercise with Fox</b> 1:00 Indoor Gardening Club/Flower Arraigning 1:30 🐦 <b>Arts, Crafts &amp; Trivia w/ Spark to Sparkle [ALB]</b> 1:30 <b>Makeover w/ Muffin</b> 3:00 MC Picture Day 3:00 <b>MC Refreshment Hour</b> 6:00 Puzzle Club	<b>Burt Reynolds Day</b> <b>Learn About Japan Day</b> 9:00 The Coffee Club and The Daily Chronicle 10:15 <b>Indoor Walking Club</b> 10:30 Bible Study w/Chaplain Mary 1:00 <b>The Book Club/Onsite Library/w Tobi</b> 2:00 <b>Bellaire Bingo</b> 3:00 <b>Let's Travel to Japan</b> 3:00 <b>MC Refreshment Hour</b> 6:00 <b>Evening Theater</b>	<b>Abe Day</b> 9:00 Coffee & Chronicles 10:00 Sit & Be Fit Exercises 10:30 <b>Chef's Corner</b> 1:30 Let's Shoot Pool! 2:00 <b>Movie Matinee in the Theater</b> 3:00 <b>Hot Cocoa Refreshment Social</b> 3:00 The Comedy Hour/ I Love Lucy (virtual) 6:00 Reminiscing to Zen Music	<b>Backyard Bird Watching Day</b> <b>Weekend of Love</b> 9:00 Coffee Corner and Spring Songs Sing Along 10:00 Tai Chi & Smoothies 10:30 <b>Crafty Corner 'Making Felt Hearts'</b> 1:00 Words in a Word 1:30 <b>Love Songs w/ Cindy St. Cyr [AL]</b> 2:00 The Indoor Garden Club 3:00 Happy Hour Friday 6:30 <b>Evening Matinee</b>	<b>Cream-Filled Chocolates Day</b> <b>Valentines Day</b> 9:00 Coffee House Chat and Sing Along 10:00 Seated chair Exercise 10:30 <b>Making Valentines Cards</b> 12:00 Valentines Day Luncheon 1:00 <b>Pet Therapy w/Dinero</b> 2:00 BINGO 3:00 Refreshment Social 6:00 <b>Movie Time</b>
<b>NASCAR Day</b> <b>NBA Allstar Game</b> 9:45 <b>Sunday Chronicles &amp; Coffee [ALB]</b> 10:00 Catholic Communion [CK] 10:00 Church Service Virtual 12:30 <b>Race: The Daytona 500 (Fox)</b> 1:00 Walking Club 2:00 Painting/W Watercolors 3:00 <b>Sunday Snacks &amp; Refreshments</b> 4:00 <b>NBA Allstar Game &amp; Social</b> 7:00 Late Evening Movie	<b>Presidents Day</b> <b>Shrove Monday</b> 9:00 Java Junction and The Daily Chronicle 10:00 Gentle Yoga Stretch 10:30 Crafty Corner "Presidents Day Art" 11:00 <b>Outings:Lunch Bunch</b> 1:00 <b>Making Mardi Gras Masks</b> 2:00 Passport Travel (Reading & Virtual) 2:30 New Event Name 3:00 <b>MC Refreshment Hour</b> 6:00 <b>Relaxing to Zen Music (virtual)</b>	<b>Chinese New Year</b> <b>Mardi Gras</b> 9:00 Coffee Chat and The Daily Chronicle 10:30 <b>Exercise with Fox</b> 11:00 <b>Learning about Chinese New Years</b> 1:00 Indoor Gardening Club/Flower Arraigning 2:00 Manicure and Hand Massage 2:00 <b>Mardi Gras Celebration</b> 3:00 <b>Fat Tuesday Refreshment Hour</b> 6:00 Puzzle Club	<b>Ash Wednesday</b> <b>Ramadan Begins</b> 9:00 The Coffee Club and The Daily Chronicle 10:15 <b>Indoor Walking Club</b> 1:00 <b>'Ashes' Service</b> 1:00 <b>The Book Club/Onsite Library/w Tobi</b> 2:00 <b>Birthday Celebration and Entertainment w/ Maurice</b> 3:00 <b>MC Refreshment Hour</b> 6:00 <b>Dementia and Alzheimer's Support Group</b>	<b>Cornflakes Day</b> <b>Pisces Day</b> 9:00 Coffee & Chronicles 10:00 Sit & Be Fit Exercises 10:30 <b>Chef's Corner</b> 1:15 Walking Club 2:00 The Sorting Game 3:00 <b>Hot Cocoa Refreshment Hour</b> 3:00 The Comedy Hour/ I Love Lucy (virtual) 6:00 Reminiscing to Zen Music	<b>Caregiver's Day</b> <b>Sidney Poitier's Birthday</b> 9:00 Coffee Corner and Spring Songs Sing Along 10:00 Balloon Volleyball Toss 10:30 <b>Crafty Corner</b> 1:00 <b>MC Karaoke Fun</b> 2:00 <b>Movie Matinee 'Guess Who's Coming to Dinner' (Featuring Sidney Poitier)</b> 2:00 Words in a Word 3:00 Happy Hour Friday 6:30 <b>Evening Matinee</b>	<b>Happy Birthday New Yorker</b> <b>Jackson Five Day</b> 9:00 Coffee House Chat and Sing Along 10:00 Seated chair Exercise 1:00 <b>Pet Therapy w/Dinero</b> 1:30 <b>Weekend Entertainment w/ Jon Ingram</b> 2:00 BINGO 3:00 Refreshment Social 6:00 <b>Movie Time</b>
<b>Cook a Sweet Potato Day</b> <b>Washington's Birthday</b> 9:45 <b>Sunday Chronicles &amp; Coffee [ALB]</b> 10:00 Catholic Communion [CK] 10:00 Church Service Virtual 1:00 Walking Club 2:00 Crafty Corner with the Presidents 3:00 <b>Sunday Snacks &amp; Refreshments</b> 6:00 Movie Time	<b>Flag Raising on Iwo Jima</b> <b>Museum Advocacy Day</b> 9:00 Java Junction and The Daily Chronicle 10:00 Gentle Yoga Stretch 10:15 <b>Outings: Town Tour</b> 1:00 Rock-n-Roll Game 2:00 EZ Does it Trivia 3:00 <b>MC Refreshment Hour</b> 6:00 <b>Relaxing to Zen Music (virtual)</b>	<b>A Spiritual Day</b> 9:00 Coffee Chat and The Daily Chronicle 10:30 <b>Exercise with Fox</b> 11:00 Bible Study "Amen" 1:00 Indoor Gardening Club/Flower Arraigning 1:30 🐦 <b>Arts, Crafts &amp; Trivia w/ Spark to Sparkle [ALB]</b> 2:00 Manicure and Hand Massage 3:00 MC Bowling Team 3:00 <b>MC Refreshment Hour</b> 6:00 Puzzle Club	<b>Choc Covered Nuts Day</b> 9:00 The Coffee Club and The Daily Chronicle 10:15 <b>Indoor Walking Club</b> 10:30 Bible Study w/Chaplain Mary 1:00 <b>The Book Club/Onsite Library/w Tobi</b> 2:00 <b>Black History Month Bingo</b> 3:00 <b>MC Refreshment Hour</b> 6:00 <b>Evening Theater</b>	<b>Happy Birthday Jazz</b> <b>Johnny Cash Day</b> 9:00 Coffee & Chronicles 10:00 Sit & Be Fit Exercises 10:30 <b>Chef's Corner</b> 1:15 Walking Club 2:00 <b>Movie Matinee in the Theater</b> 3:00 <b>Hot Cocoa Refreshment Hour</b> 3:00 The Johnny Cash Hour (virtual) [ALB] 6:00 Reminiscing to Jazz	<b>Go Texan Day</b> <b>Liz Taylor Day</b> 9:00 Coffee Corner and Spring Songs Sing Along 10:00 Exercise and Tea in the Courtyard [Pat] 10:30 <b>Go Texan Crafty Corner</b> 1:00 Texas Style Words in a Word 2:00 <b>T.G.I.F. Entertainment:</b> 2:00 The Indoor Garden Club 3:00 <b>Go Texan Refreshment Hour</b> 6:30 <b>A Texas Evening Movie</b>	<b>Floral Design Day</b> <b>Safari Saturday</b> 9:00 Coffee House Chat and Sing Along 10:00 Seated chair Exercise 1:00 <b>Pet Therapy w/Dinero</b> 1:30 <b>Weekend Entertainment w/ Maurice on Piano [AL]</b> 2:00 BINGO 3:00 Refreshment Social 6:00 <b>Movie Time</b>



THE GARDENS  
OF BELLAIRE  
A Morada Senior Living Community

4620 Bellaire Blvd  
Bellaire, TX 77401  
(713) 665-3888

“Surrender to what is. Let  
go of what was. Have faith  
in what will be.”  
— Sonia Ricotti

**Location Keys**  
Assisted Living Bistro ALB  
Assisted Living Lobby AL  
Courtyard Patio Pat  
Upstairs Country Kitchen CK

