## Monthly Activities Calendar - FEEL calendar & activities **NOV 2019** SUNDAY MONDAY TUESDAY WEDNESDAY **THURSDAY** FRIDAY SATURDAY 8:30 •• Fitness with Betty - FC 10:00 @ Temple & Synagogue -9:15 Morning Fitness with Betty - ALA Room [ALA] FC [FC] **Location Kevs** 10:00 🁺 Find a Word - Al West Living Rm [WLF Arts & Culture 1:00 / Find a Word - Al West 10:00 9 JCC - Transport - Lobby AL Activity Room ALA Living Rm Lectures & Learning 1:00 Bridge - ALA [ALA] Poker - Card Rm Resident Birthdays Art & Crafts Room AC 1:00 9 The Whet Pallete "Wine & Paint Party ■ Movement & Mind BeInspired 1:30 - Super Walmart - Outing ~Lauren's Art Class [AC] Fitness Center Dixie B. Recreation & Entertainment 1:30 Movie Matinee - Theatre [TH] 11/1 2:00 🁺 Open Jigsaw Puzzles -2:30 -- Balance and Conditioning Class with Main Dining RoomMDR 3400 lobby Spiritual Health & Religion Lauren - FC [FC] Carol W. 11/2 2:00 5 Saturday Matinee [TH] 3:00 Manny Hour & Bean Bag Game [MD] Theatre ☐ Travels & Treks 3:00 5 Taylor Maries Boutique 3 - 6pm Miyoko G. 11/6 3:00 5 Smoothie Bar Vibrant Life Hall 3:00 phone/ipad Help Class [FC] Volunteerism & Leadershin 7:15 👺 Bingo - VH [VH] Jackie W. 11/7 5:00 . Shabbat Service [VH] West Living Room WLR 7:15 5 Evening Movie Encore 7:00 9 Drum Jam 7:15 5 Evening Movie [TH] Virginia G. 11/12 Bernice C. 11/14 **Daylight Saving Time** 8:30 - Fitness with Betty - FC Election Day 8:30 •• Fitness with Betty - FC 8:30 - Fitness with Betty - FC 8:30 •• Fitness with Betty - FC 10:00 🤪 Temple & 9 8:30 •• Fitness with Betty - FC [FC] Synagogue - FC Joan G. 11/18 9:15 ↔ Morning Fitness with 9:15 ↔ Morning Fitness with Betty - AL West [ALA] 10:00 # Find a Word - Al West 9:15 •• Morning Fitness with [FC] 9:00 ☐ Election Day Voting -8:00 🖨 Church Transport Betty - Al West [Al A] Betty - ALA Room [ALA] Living Rm [WLR] Thelma P. 10:00 👺 Find a Word - Al West 10:30 🖨 Shades of India 11/18 9:00 Church Transport 9:30 @ Blood Pressure Checks- ALA [ALA] 10:00 🎜 JCC - Free Lunch-Transp 10:00 🏶 Find a Word - Al West Living Rm [WL Outing Living Rm [WLR] Shopping 10:00 Church Transport 0:00 Turbin Ear Clinic 10:00 @ JCC - Transport - Lobby 10:00 - ICC Transport - Lobby 10:00 | Janet's Cards - AC Rm Selma S. 11/19 12:00 🕶 30 min. Yoga for all levels 10:30 Activities Suggestion time W/Holly 11:00 ↔ Golf & Bocci Ball Games 1:00 9 Bridge - ALA [ALA] 1:30 👺 Sunday Bridge - ALA Room 10:00 🎜 Koffee With Kristen - AL 10:30 Q Catholic Communion - Card Rm 11:30 ↔ No. Park Mall/Transp 1:30 🖨 Marcy's Jewels 1:00 9 Find A word [ALA] [AI A] 10:30 @ Garden Club - AC room [AC] David K. 11/26 1:00 & Bridge - ALA East Living Rm 1:00 @ Bible Study - AC 1:00 👺 Bridge - Loft Hall - #351 3rd Floor 1:30 Movie Matinee - Theatre 1:00 🎜 Poker - Card Rm Ohristian Church Service - TH 11:00 🖨 Spring Creek BBQ 1:30 @ Spanish 101 1:00 & Mahjong - ALA east Living Room 1:00 9 Mahjong - ALA Room [ALA] 1:00 • Bridge - hallway Second Floor 1:00 9 Bridge - ALA [ALA] 1:30 W Kroger Shopping Trip Renee C. 11/27 1:00 Shots - Shingles, B12 & Pneumonia 1:00 🎜 Poker - Card Room 2:30 \*\* Balance and Conditioning Class with Lauren - FC [FC] 1:00 Standard Mahjong - ALA Room [ALA] 2:00 Super Puzzles - #3400 lobby 1:00 Poker 1 - 4pm Card Room 2:00 🁺 Open Jigsaw Puzzles - 3400 1:00 AP Poker - Card Rm 1:30 Se Current Events w/Randy-Professional National Speaker - VH [VH] 1:30 Movie Matinee - Theatre [TH] lobby Jean L. 11/28 2:00 - Shopping Trip Tom Thumb 1:30 5 Movie Matinee - Theatre [TH] 1:45 Prosperity Banking - MDR [MDR] 3:00 🎜 Happy Hour [MDR] 1:00 •• Walk & Talk - Walking club W/Abby 2:00 5 Saturday Matinee [TH] 2:00 Pass The Hat with Anne - AC Rm [AC] 2:30 Halance and Conditioning with Laure 3:00 5 Movie Matinee [TH] 3:00 J Mix & Mingle W/Keith [MDR] 3:00 # iphone/ipad Help Class [FC] 1:30 - Left Right Center game - FC [FC] 3:00 🎜 Smoothie Bar W/Frank 2:30 • Balance and Conditioning w/ Lauren - FC 7:00 J Pass the Hat w/ Catherine - AC [AC] 5:00 9 Shabbat Service [VH] 7:15 5 Evening Movie Encore [TH] 1:30 5 Movie Matinee [TH] 3:00 Happy Hour W/Brandon 7:15 Cash Bingo - VH [VH] 7:00 Mere the Crawdads Sing - History Storyteller [MDR] Entertainment 7:15 5 Evening Movie [TH] 2:00 Food for Thought - MDR [MDR] 2:30 Wednesday Matinee [TH] 7:15 👺 Bingo - VH [VH] 3:00 Sweet Tooth Time 3:00 5 Happy Hour W/Lev 7:15 🖨 Evening Movie [TH] 7:15 5 Evening Movie [TH] 4:30 5 Calling All Singles! 7:15 5 Evening Movie Encore [TH] 7:00 🎜 Shanghai Rummy - 3rd Floor Dingo - V/LI [V/LI] 7:15 🍠 Evenina Movie ITH 8:30 ↔ Fitness with Betty - FC [FC] 8:00 🖨 Church Veterans Day 8:30 - Fitness with Betty - FC 8:30 . Fitness with Betty - FC 8:30 ++ Fitness with Betty - FC 10:00 🤪 Temple & 6 [FC] 10:00 👺 Find a Word - Al West 8:30 ↔ Fitness with Betty - FC [FC] Synagogue - FC Transport 9:15 •• Morning Fitness with 10:00 🁺 JCC - Transport 9:15 - Morning Fitness with Arts & Culture Living Rm [WLR] 10:00 JCC - Free Lunch-Transp 9:00 🖨 Church Betty - AL West [ALA] 9:15 ↔ Morning Fitness with Betty - AL West [ALA] 10:00 🎜 Koffee With Kristen - IL 12:00 + 30 min. Yoga for 10:00 Find a Word - Al West Living Rm [WLR] 10:00 A Find a Word - Al West Living Rm [WLR 1:00 @ Bible Study - AC Transport all levels Lectures & Learning 11:00 ☐ Cat's Musical & Lunch - Outing 11:00 ↔ Golf & Bocci Ball Games 10:00 9 JCC - Transport - Lobby 9:30 🔊 Blood Pressure Checks- ALA [ALA] 1:00 . Bridge - hallway Second Floor 10:00 🖨 Church Transport 10:00 d JCC - Transport 1:00 9 Find A word [ALA] 1:00 9 Bridge - ALA [ALA] 1:00 A Mahiong - Al A Room [Al A] 10:00 5 Koffee With Kristen - AL 10:00 W ICC Transport - Lobby 1:30 🎇 Sunday Bridge - ALA 1:30 ↔ No. Park Mall/Transp ■ Movement & Mind 1:00 The Whet Pallate "Wine & Paint Party Lauren's Art Class - AC Rm 1:00 🖨 Golden Girls Play - Eissman 10:30 @ Catholic Communion - Card Rm 11:00 🖨 Arboretum & Lunch Outing 1:00 Bridge - Loft Hall - #351 3rd Floor Room [ALA] Center Outing 11:00 9 Beaded Dreams 1:00 Walk & Talk - Walking club W/Abby 12:00 🎜 Zoe Boutique 1:00 Mahjong - ALA Room [ALA] 1:30 Faith W/ Attitude - Theatre [TH] 1:30 Movie Matinee - Theatre [TH] Recreation & Entertainment 1:00 👺 Bridge - ALA East Living Rm 1:00 Sidge - ALA [ALA] 1:00 Poker 1 - 4pm Card Room 1:00 🎜 Poker - Card Rm 2:00 Puzzles - #3400 1:30 American Heritage Presentation [TH] 1:00 The Novins Jewelry Repair 1:00 & Mahjong - ALA east Living Room 1:30 A Garage Sale 4 Holiday Fund - 1:30pm 1:30 Walmart Shopping Trip 1:00 5 Poker - Card Room 2:30 ↔ Balance and Conditioning Class wit Spiritual Health & Religion 1:30 5 Movie Matinee - Theatre [TH] 1:30 Surrent Events w/Randy-Professional National Speaker - VH [VH] 2:00 Spen Jigsaw Puzzles - 3400 2:00 - Shopping Trip Tom 1:30 🎜 Movie Matinee - Theatre [TH] 1:30 •• Left, Right Center game Lauren - FC [FC] 2:30 - Balance and Conditioning with Laure 1:45 9 Prosperity Banking - MDR [MDR] 2:30 ↔ Balance and Conditioning w/ Lauren - FC 3:00 🎜 Happy Hour [MDR] lobby Thumb 1:30 Mike's Wheelchair & Walker Clinic 2:00 5 Food for Thought - MDR [MDR] Travels & Treks 2:00 ↔ Music Therapy 3:00 piphone/ipad Help Class [FC] 5:00 Shabbat Service [VH] 2:00 5 Saturday Matinee [TH] [FC] 3:00 J Veterans Day Celebration W/ RND 3:00 Movie Matinee [TH] 2:30 5 Wednesday Matinee [TH] 3:00 Mix & Mingle W/Greg [MDR] Choir Club & Norris Perry 3:00 5 Smoothie Bar 3:00 5 Sweet Tooth Time & Hand Massage Volunteerism & Leadership 4:30 Q Out Back Steak House - Dinner Outing 7:15 5 Evening Movie Encore 7:15 \_ Cash Bingo - VH [VH] 3:00 5 Happy Hour & Staff vs Residents 7:00 🎜 Rat Pack Show W/Toni 7:15 👺 Bingo - VH [VH] 7:15 🎜 Evening Movie [TH] 7:00 Pass the Hat w/ Catherine - AC [AC] 7:15 Q Evening Movie [TH] 7:15 9 Phones & Computers 101 w/ Alice 7:15 🎜 Evening Movie [TH] 7:00 🎜 Shanghai Rummy - 3rd Floor 7:15 🎜 Evening Movie Encore [TH] 7:15 5 Evening Movie [TH] 7:15 # Ringo - VH [VH] 8:30 ↔ Fitness with Betty - FC 8:30 - Fitness with Betty - FC 8:30 - Fitness with Betty - FC 8:30 ↔ Fitness with Betty - FC 8:30 - Fitness with Betty - FC 8:00 Church Transport 10:00 @ Temple & 8 Synagogue - FC [FC] 9:00 🖨 Church Transport 9:00 ⊜ Choctaw Casino Outing ∠U 9:15 Morning Fitness with 10:00 🏶 JCC - Transport 10:00 Card Making with 9:15 A Morning Fitness with 10:00 🖨 Church Transport Janet [AC] 10:00 S Find a Word - Al West Living Rm [WLR] Betty - AL West [ALA] Betty - ALA Room [ALA] 10:00 🎜 Koffee With Kristen - IL 9:15 - Morning Fitness with 12:00 @ OT W/G 1:30 👺 Sunday Bridge - ALA Room 9:30 Blood Pressure Checks- ALA [ALA] 1:30 🖨 Studio Movie Grill & Lunch Betty - AL West [ALA] 10:00 👺 Find a Word - Al West Living Rm [WLF 10:00 Find a Word - Al West Living Rm [WLR] 1:00 S Find A word [ALA] [ALA] 10:00 ↔ JCC Transport - Lobby 10:00 🎜 JCC - Free Lunch-Transp 10:00 9 JCC - Transport - Lobby 12:00 💆 Gifts Galore - boutique 10:30 Q Catholic Communion - Card Rm 2:00 🖨 Christian Church Service - TH 1:00 @ Bible Study - AC 10:00 🎜 JCC - Transport 11:00 • Golf & Bocci Ball Games 1:00 🎜 All Things Color [AC] 1:00 Poker - Card Rm 10:00 5 Koffee With Kristen - Al 11:00 Ambassadors ONLY Mtg. 1:00 - Bridge - hallway Second Floor 11:30 ↔ No. Park Mall/Transp 1:00 9 Bridge - ALA [ALA] 1:30 Super Target Shopping Trip 2:00 🁺 Open Puzzles - #3400 lobby 12:00 J Welcome Home Luncheon 1:00 9 Bridge - ALA [ALA] 1:00 & Bridge - Loft Hall - #351 3rd Floor 1:30 Movie Matinee - Theatre [TH] 1:00 🁺 Mahjong - ALA Room [ALA] 2:00 🁺 Open Jigsaw Puzzles - 3400 1:00 👺 Bridge - ALA East Living Rm 1:00 🎜 Poker 1 - 4pm Card Room 1:00 9 Mahjong - ALA Room [ALA] 1:30 @ Spanish 101 1:00 Poker - Card Rm 2:00 - Shopping Trip Tom Thumb lobby 1:00 A Mahiong - ALA east Living Room 1:00 Walk & Talk - Walking club W/Abby 1:30 9 Current Events w/Randy-Professiona 1:00 Poker - Card Room 2:30 \*\* Balance and Conditioning Class with 2:00 🎜 Saturday Matinee [TH] 3:00 5 Movie Matinee [TH] 1:30 Movie Matinee - Theatre [TH] National Speaker - VH [VH] 1:30 🎜 Movie Matinee - Theatre [TH] 1:30 •• Left, Right Center game 7:15 5 Evening Movie Encore [TH] 2:30 ↔ Balance and Conditioning w/ Lauren FC [FC] 3:00 🎜 Smoothie Bar W/ Dudley 2:30 ↔ Balance and Conditioning with Laurer - FC [FC] 3:00 🎜 Happy Hour W/Dennis [MDR] 1:45 Prosperity Banking - MDR [MDR] 1:30 5 Movie Matinee [TH] "It is not happy people Entertainment 3:00 @ iphone/ipad Help Class [FC] 2:00 🎜 Food for Thought - MDR [MDR] 3:30 Jaste of HOLLYWOOD 3:30 - 5:30pm 2:30 Mednesday Matinee [TH] [MDR] 7:00 Pass the Hat w/ Catherine - AC [AC] 7:15 👺 Bingo - VH [VH] 3:00 🎜 Happy Hour W/David 5:00 9 Shabbat Service [VH] 3:00 Sweet Tooth Time W/Marty 4:30 Strakes Two 3:00 5 Happy Hour w/Richard who are thankful, it is 7:15 🎜 Evening Movie Encore [TH] 7:15 Cash Bingo - VH [VH] 7:15 Zevening Movie [TH] 7:15 Evening Movie [TH] 7:00 🎜 Shanghai Rummy - 3rd Floor 7:15 5 Evening Movie [TH] 7:00 @ Between The Covers - Book Club 7:15 W Bingo - VH [VH] 7:15 🎜 Evening Movie [TH] thankful people who 7:15 Z Evening Movie Encore [TH] are happy." 8:00 🖨 Church 8:30 ↔ Fitness with Betty - FC 8:30 + Fitness with Betty -8:30 ↔ Fitness with Betty - FC Thanksgiving 8:30 •• Fitness with Betty - FC 10:00 🤪 Temple & Transport 8:30 . Fitness with Betty - FC Synagogue -9:15 •• Morning Fitness with Betty - AL West [ALA] 9:15 • Morning Fitness with 10:00 S JCC - Transport 9:15 •• Morning Fitness with 9:00 🖨 Church Betty - ALA Room [AI A] Betty - AL West [ALA] 10:00 A Find a Word - Al West 10:30 Town Hall Meeting 10:00 S Find a Word - Al West 10:00 Prind a Word - Al West Living Rm [WLR] 9:30 Blood Pressure Checks- ALA [ALA] 12:00 •• QT W/G - (Inknown Transport Living Rm [WLR] 1:00 @ Bible Study - AC Living Rm [WLR] 10:00 ↔ JCC Transport - Lobby 10:00 JCC - Free Lunch-Transp 10:00 9 JCC - Transport - Lobby 10:00 🎜 JCC - Transport 1:00 9 Find A word [ALA] 10:00 @ Church Transport 1:00 . Bridge - hallway Second Floor 10:30 Q Catholic Communion - Card Rm 1:00 5 All Things Color [AC] 11:00 ↔ Golf & Bocci Ball Games 1:00 A Mahjong - ALA Room [ALA] 10:00 5 Koffee With Kristen - AL 1:30 👺 Sunday Bridge - ALA 1:00 🎜 Poker - Card Rm 11:00 9 Beaded Dreams 1:00 9 Bridge - ALA [ALA] 11:00 Asian Buffet - Lunch Outing 11:30 ↔ No. Park Mall/Transp 1:00 👺 Poker - Card Rm 1:00 👺 Bridge - ALA East Living Rm Room [ALA] 1:30 Movie Matinee - Theatre [TH] 1:30 • Kroger Shopping Trip 1:00 Bridge - ALA [ALA] 1:00 Poker 1 - 4pm Card Room 1:00 A Bridge - Loft Hall - #351 3rd Floor 1:00 Walk & Talk - Walking club W/Abb 2:30 •• Balance and Conditioning Class with Lauren - FC [FC] 2:00 Sopen Puzzles - #3400 1:00 & Mahjong - ALA east Living Room 1:00 Mahjong - ALA Room [ALA] 2:00 Popen Jigsaw Puzzles -1:30 •• Left, Right Center game 1:30 •• Rabbi Wolk Current Events [TH] 1:30 Movie Matinee - Theatre [TH] 1:30 9 Current Events w/Randy-Professional 1:00 🎜 Poker - Card Room lobby 3400 lobby 3:00 🎜 Happy Hour & Parachute Game [MDF 2:30 Halance and Conditioning with Laure 1:30 Movie Matinee - Theatre [TH] 2:00 - Shopping Trip Tom 2:00 Saturday Matinee [TH] 2:00 5 Town Hall Meeting [MDR] 2:30 ↔ Balance and Conditioning w/ Lauren - FC 3:00 # iphone/ipad Help Class [FC] 1:45 Prosperity Banking - MDR [MDR] 3:00 🎜 Happy Hour W/Wives & Lovers 3:00 Sweet Tooth Time & Hand Thumb 5:00 9 Shabbat Service [VH] 3:00 5 Smoothie Bar Mix & Mingle [MDR] 2:30 5 Wednesday Matinee [TH] 7:15 Cash Bingo - VH [VH] 7:15 5 Evening Movie [TH] 3:00 5 Movie Matinee [TH] 7:00 Pass the Hat w/ Catherine - AC [AC] 7:15 👺 Bingo - VH [VH] 3:00 Z Happy Hour W/ Sarah Cello Player 4:30 November Birthday Dinner 7:15 Prening Movie [TH] 7:15 5 Evening Movie Encore 7:00 5 Shanghai Rummy - 3rd Floor 7:15 5 Evening Movie [TH] 7:15 🎜 Evening Movie Encore 7:15 5 Evening Movie [TH] 11:30 🤪 Thanksgiving Feast & Deedee 7:15 👺 Bingo - VH [VH] Entertainment 11:30 - 1:30pm