

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	<p><b>Autum Adler</b> Memory Care Director 2100 Whittier Drive Frederick, MD 21702 301-668-3930</p> <p><i>"All Programming is Subject to Change"</i></p>	<p>11:00 → Moving &amp; Grooving: Dance Party! [TS] <b>1</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Living Room Laughter [LR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>2:45 Parachute &amp; Other Games [TS]</p> <p>3:15 A Trip Down Memory Lane</p> <p>4:00 Scenes &amp; Sounds of The Season [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>2</b></p> <p>11:00 Christian Fellowship Service [TS]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Jogging Down Memory Lane</p> <p>2:30 Craft Corner: Under the Sea [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Tai Chi with Autum [LR]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:45 Holy Communion [LR] <b>3</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>12:00 ROMEO [TS]</p> <p>2:30 Beautiful Questions</p> <p>2:30 Springtime Smoothies! [TS]</p> <p>4:00 Aromatherapy Hand Massages &amp; Manicures [AR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>4</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>2:00 Karaoke with Earl! [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Tai Chi with Autum [TBD]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 Moving &amp; Grooving [LR] <b>5</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:00 Puzzle Time!</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Brainy Games [LR]</p> <p>3:30 Sifting &amp; Sorting [TBD]</p> <p>4:00 Aromatherapy Hand &amp; Scalp Massages [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 Moving &amp; Grooving [LR] <b>6</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Saturday Laps [TBD]</p> <p>2:30 Creative Therapy [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Montessori Box Exploration [TS]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>		
	<p>11:00 Moving &amp; Grooving [LR] <b>7</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Chicken Soup For The Soul: Stories of Love [TS]</p> <p>2:00 Balloon Games [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Card &amp; Board Games [AR]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 → Moving &amp; Grooving: Dance Party! [TS] <b>8</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Living Room Laughter [LR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>2:45 Parachute &amp; Other Games [TS]</p> <p>3:15 A Trip Down Memory Lane</p> <p>4:00 Scenes &amp; Sounds of The Season [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p><b>National Donald Duck Day!</b> <b>9</b></p> <p>10:30 Country Ride w/ Errol</p> <p>11:00 Christian Fellowship Service [TS]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Jogging Down Memory Lane: Disney Edition</p> <p>2:30 Craft Corner: Under the Sea [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Tai Chi with Autum [LR]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:45 Holy Communion [LR] <b>10</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>2:00 Brian Derek Performs [TS]</p> <p>2:30 Beautiful Questions</p> <p>2:30 Springtime Smoothies! [TS]</p> <p>4:00 Aromatherapy Hand Massages &amp; Manicures [AR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>11</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Ice Cream, You Scream... Outing to South Mountain Creamery!</p> <p>3:15 Tai Chi with Autum [TBD]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 Moving &amp; Grooving [LR] <b>12</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:00 Puzzle Time!</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Brainy Games [LR]</p> <p>3:30 Sifting &amp; Sorting [TBD]</p> <p>4:00 Aromatherapy Hand &amp; Scalp Massages [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 Moving &amp; Grooving [LR] <b>13</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Saturday Laps [TBD]</p> <p>2:30 Creative Therapy [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Montessori Box Exploration [TS]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>		
	<p>11:00 Moving &amp; Grooving [LR] <b>14</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Chicken Soup For The Soul: Stories of Love [TS]</p> <p>2:00 Balloon Games [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Card &amp; Board Games [AR]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p><b>Happy Birthday, Audrey!</b> <b>15</b></p> <p>11:00 → Moving &amp; Grooving: Dance Party! [TS]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Living Room Laughter [LR]</p> <p>2:00 Jesse Black on the Piano [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Parachute &amp; Other Games [TS]</p> <p>3:15 A Trip Down Memory Lane</p> <p>4:00 Scenes &amp; Sounds of The Season [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>16</b></p> <p>11:00 Christian Fellowship Service [TS]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>12:00 1:1 Veteran Visits</p> <p>1:30 Jogging Down Memory Lane</p> <p>2:30 Craft Corner: Under the Sea [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Tai Chi with Autum [LR]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:45 Holy Communion [LR] <b>17</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>12:00 ROMEO [TS]</p> <p>2:00 Behind the Apron: Cooking with Chef! [TS]</p> <p>2:30 Beautiful Questions</p> <p>4:00 Aromatherapy Hand Massages &amp; Manicures [AR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>18</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:00 DUNK TANK PITCHING PRACTICE!</p> <p>2:30 Music Therapy [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Tai Chi with Autum [TBD]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 Moving &amp; Grooving [LR] <b>19</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:00 Puzzle Time!</p> <p>2:30 Donuts for Dad! [TS]</p> <p>3:00 Brainy Games [LR]</p> <p>3:30 Sifting &amp; Sorting [TBD]</p> <p>4:00 Aromatherapy Hand &amp; Scalp Massages [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p><b>Happy Birthday, Pat!</b> <b>20</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Saturday Laps [TBD]</p> <p>2:30 Creative Therapy [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Montessori Box Exploration [TS]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>		
	<p><b>Father's Day</b> <b>21</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Chicken Soup For The Soul: Stories of Love [TS]</p> <p>2:00 Balloon Games [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Card &amp; Board Games [AR]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 → Moving &amp; Grooving: Dance Party! [TS] <b>22</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Living Room Laughter [LR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>2:45 Parachute &amp; Other Games [TS]</p> <p>3:15 A Trip Down Memory Lane</p> <p>4:00 Scenes &amp; Sounds of The Season [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>23</b></p> <p>11:00 Christian Fellowship Service [TS]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>12:00 1:1 Veteran Visits</p> <p>1:30 Jogging Down Memory Lane</p> <p>2:30 Craft Corner: Under the Sea [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Tai Chi with Autum [LR]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:45 Holy Communion [LR] <b>24</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>2:00 Outdoor Concert Series: Long Boogie Combo Performs! [O]</p> <p>2:30 Beautiful Questions</p> <p>4:00 Aromatherapy Hand Massages &amp; Manicures [AR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>25</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>2:30 Music Therapy [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Tai Chi with Autum [TBD]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 Moving &amp; Grooving [LR] <b>26</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:00 Puzzle Time!</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Brainy Games [LR]</p> <p>3:30 Sifting &amp; Sorting [TBD]</p> <p>4:00 Aromatherapy Hand &amp; Scalp Massages [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p><b>Happy Birthday, Shirley!</b> <b>27</b></p> <p>11:00 Moving &amp; Grooving [LR]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Saturday Laps [TBD]</p> <p>2:30 Creative Therapy [AR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:00 Montessori Box Exploration [TS]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>		
	<p>11:00 Moving &amp; Grooving [LR] <b>28</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Chicken Soup For The Soul: Stories of Love [TS]</p> <p>2:00 Balloon Games [TS]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>3:15 Card &amp; Board Games [AR]</p> <p>4:00 Relax &amp; Rewind [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>11:00 → Moving &amp; Grooving: Dance Party! [TS] <b>29</b></p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Living Room Laughter [LR]</p> <p>2:30 Sip, Snack, and Yak!</p> <p>2:45 Parachute &amp; Other Games [TS]</p> <p>3:15 A Trip Down Memory Lane</p> <p>4:00 Scenes &amp; Sounds of The Season [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p>10:30 Country Ride w/ Errol <b>30</b></p> <p>11:00 Christian Fellowship Service [TS]</p> <p>11:30 → Dancing Into The Dining Room [LR]</p> <p>1:30 Jogging Down Memory Lane</p> <p>2:30 Craft Corner: Under the Sea [AR]</p> <p>2:30 Monthly Birthday Party! [TS]</p> <p>3:15 Tai Chi with Autum [LR]</p> <p>4:00 Feel Good Short Stories [LR]</p> <p>4:30 → Strolling to Supper [LR]</p> <p>6:30 → Evening TV Game Shows or Movie Showing</p>	<p><b>Environmental</b></p> <p><b>Memory Enhancing</b></p> <p><b>Physical</b></p> <p><b>Sensory</b></p> <p><b>Social</b></p> <p><b>Spiritual</b></p> <p><b>Vocational</b></p> <p><b>Location Keys</b></p> <p>Activity Room AR</p> <p>Living Room LR</p> <p>Out Front O</p> <p>To Be Determined TBD</p> <p>Town Square TS</p>				<p></p> <p><b>GLOW</b></p> <p>An Exclusive Memory Care Program</p>	