

November 2025

MC Monthly



created with Sagely

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>November cont'd 30</p> <p>1:30 Daily Chronicle [LR] 2:00 🌸 Hymn Sing [LR] 2:30 🌸 Hydration Cart and Refreshments [COM] 3:00 🌸 Movie in the Rock Room [RR] 6:00 🌸 Relaxation with Music [RR]</p>		<p>Environmental Intellectual Physical Social Vocational</p>	<p>Location Keys</p> <p>Dining Room DR Living Room LR Rock Room RR Sunroom Dining Room SDR Within Community COM</p>			<p>2:00 Balloon Exercise [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Movie in the Rock Room [RR] 6:00 🌿 Relaxation with Instrumental music and hand massages</p>
<p>Daylight Saving Time Begins 2</p> <p>1:30 Daily Chronicle [LR] 2:00 Locust Valley Bible Church Service [LR] 3:30 🌸 Hydration Cart and Refreshments [COM] 6:00 🌸 Relaxation with Music [RR]</p>	<p>10:30 ↔ Stretch and Breathe Exercise [LR] 3 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Opposite Game [RR] 2:00 🌸 Live entertainment with Vickie [RR] 3:00 🌸 Hydration Cart and Refreshments [COM] 3:30 🌸 Daily Chronicle [RR] 4:00 🌸 Monday Movie in the Rock room [RR] 6:00 🌿 Fold, Sort and Stack [COM]</p>	<p>Election Day 4</p> <p>10:30 ↔ Balloon Exercises [RR] 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 True or False [RR] 2:00 🌸 B-I-N-G-O [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌿 Music from the 1960's and Aromatherapy</p>	<p>10:00 ↔ Walking Club [COM] 5 10:30 🌸 Spa Time: Manicures and Hand Massages [RR] 2:00 Let's paint our wooden Pumpkins [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌸 Wednesday Night Movie [LR]</p>	<p>10:30 ↔ Balloon Exercises [RR] 6 10:30 🌸 Countryside Ride 11:00 🌸 Hydration and Relaxation [COM] 2:00 🌸 Let's Finish The Line [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌿 Relaxation with Music from the 1950's [RR]</p>	<p>10:30 ↔ Movement to Music [LR] 7 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Friday Sing A Long with Suzie Q [RR] 2:00 Let's decorate our fall ornaments [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Games with Friends [RR] 6:00 🌸 Word Search [RR]</p>	<p>2:00 ↔ Katrina's Creations [RR] 8 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Movie in the Rock Room [RR] 6:00 🌿 Relaxation with Instrumental music and hand massages</p>
<p>10:30 Daily Chronicle [LR] 9 11:00 St. Marks Episcopal Church Service [LR] 11:30 🌸 Hydration Cart and Refreshments [RR] 2:00 Sunday Afternoon Movie [COM] 6:00 🌿 Relaxation with Music [RR]</p>	<p>10:30 ↔ Stretch and Breathe Exercise [LR] 10 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Opposite Game [RR] 2:00 🌸 Fall Trail Mix [SDR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [COM] 3:30 🌸 Monday Movie in the Rock Room [RR] 6:00 🌿 Fold, Sort and Stack [COM]</p>	<p>Veterans Day 11</p> <p>10:30 ↔ Balloon Exercises [RR] 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Red White and Blue Craft [RR] 2:00 Patriotic Sing Along [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌿 Music from the 1960's and Aromatherapy</p>	<p>10:00 ↔ Walking Club [COM] 12 10:30 🌸 Spa Time: Manicures and Hand Massages [RR] 2:00 🌸 B-I-N-G-O [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌸 Wednesday Night Movie [LR]</p>	<p>11:00 🌸 B-I-N-G-O [RR] 13 11:00 🌸 Hydration and Relaxation [COM] 2:00 🌸 Let's listen to Christmas Music [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:00 🌸 Live Music with Vickie and Tom [LR] 6:00 🌿 Relaxation with Music from the 1950's [RR]</p>	<p>10:30 ↔ Movement to Music [LR] 14 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Friday Sing A Long with Suzie Q [RR] 2:00 Watercolor Painting [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Games with Friends [RR] 6:00 🌸 Word Search [RR]</p>	<p>2:00 Balloon Exercise [RR] 15 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Movie in the Rock Room [RR] 6:00 🌿 Relaxation with Instrumental music and hand massages</p>
<p>1:30 Daily Chronicle [LR] 16 2:00 Pleasant Valley Baptist Church Service [LR] 3:30 🌸 Hydration Cart and Refreshments [COM] 4:00 Movie in the Rock Room 6:00 🌸 Relaxation with Music [RR]</p>	<p>10:30 ↔ Stretch and Breathe Exercise [LR] 17 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Opposite Game [RR] 2:00 🌸 Sing Along with Dee Dee [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [COM] 3:30 🌸 Monday Movie in the Rock room [RR] 6:00 🌿 Fold, Sort and Stack [COM]</p>	<p>11:00 🌸 Hydration and Relaxation [COM] 18 11:30 🌸 True or False [RR] 2:00 🌸 B-I-N-G-O [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌿 Music from the 1960's and Aromatherapy</p>	<p>10:00 🌸 Spa Time with Award Beauty School [RR] 19 10:00 ↔ Walking Club [COM] 2:00 Let's decorate our Wooden Trinket Boxes [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌸 Wednesday Night Movie [LR]</p>	<p>10:30 🌸 Countryside Ride 20 11:00 🌸 Hydration and Relaxation [COM] 2:00 🌸 Let's Finish The Line [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌿 Relaxation with Music from the 1950's [RR]</p>	<p>10:30 ↔ Movement to Music [LR] 21 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Friday Sing A Long with Suzie Q [RR] 2:00 Let's Make Fall Bracelets [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Games with Friends [RR] 6:00 🌸 Word Search [RR]</p>	<p>2:00 ↔ Katrina's Creations [RR] 22 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Movie in the Rock Room [RR] 6:00 🌿 Relaxation with Instrumental music and hand massages</p>
<p>10:30 Daily Chronicle [RR] 23 11:00 ↔ Sunday Mass [LR] 11:30 🌸 Hymn Sing [RR] 2:00 Sunday Afternoon Movie [COM] 6:00 🌿 Relaxation with Music [RR]</p>	<p>10:30 ↔ Stretch and Breathe Exercise [LR] 24 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Opposite Game [RR] 2:00 Let's make Pumpkin Cream Cheese Dip [SDR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [COM] 3:30 🌸 Monday Movie in the Rock Room [RR] 6:00 🌿 Fold, Sort and Stack [COM]</p>	<p>11:00 🌸 Hydration and Relaxation [COM] 25 11:30 🌸 True or False [RR] 2:00 🌸 B-I-N-G-O [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 6:00 🌿 Music from the 1960's and Aromatherapy</p>	<p>10:00 ↔ Walking Club [COM] 26 10:30 🌸 Spa Time: Manicures and Hand Massages [RR] 2:00 Patriotic Sing Along [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Casual Connections in the Rock Room [RR] 3:30 🌸 Monthly Birthday Party [DR] 6:00 🌸 Wednesday Night Movie [LR]</p>	<p>Thanksgiving 27 8:30 Thanksgiving Day Parade on NBC 8:30a - 12p [COM] 11:00 🌸 Hydration and Relaxation [COM] 1:30 🌸 Let's watch a Christmas movie and have Popcorn 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Daily Chronicle [RR] 6:00 🌿 Relaxation with Music from the 1950's [RR]</p>	<p>10:30 ↔ Movement to Music [LR] 28 11:00 🌸 Hydration and Relaxation [COM] 11:30 🌸 Friday Sing A Long with Suzie Q [RR] 2:00 Fork Painting [RR] 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Games with Friends [RR] 6:00 🌸 Word Search [RR]</p>	<p>2:00 Balloon Exercise [RR] 29 2:30 🌸 Daily Chronicle [RR] 3:00 🌸 Hydration Cart and Refreshments [RR] 3:30 🌸 Movie in the Rock Room [RR] 6:00 🌿 Relaxation with Instrumental music and hand massages</p>

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