February 2024

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RLC Resort Lifestyle Communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Keys Conv. Rm. 1A — 1A Conv. Rm. 1B — 1B Dining Room — DR Fitness Center — FC Lobby — LB Lounge — LO Main Street — MS Patio — PA Theater — TH	Arts & Crafts Celebration Fitness Games Heart Healthy Intellectual Movie Music New Activity Shopping Signup Required Social Spiritual	RLC Resort Lifestyle Communities Seaside Springs	1251 S Tamiami Trail Osprey, FL 34229 (941) 548-0148	1 9:30 Balance and Core ~ limited to 10 per class [FC] 1:30 Horse Racing [LO] 3:00 Bowling on The Wii [LO] 6:30 Mah Jongg [LO] 6:30 Movie Night [TH]	2 **Groundhog Day** 9:30 Video Exercise Class [FC] 1:00 Line Dancing [DR] 1:30 Horse Racing [LO] 3:00 Chair Line Dancing [TH] 4:00 Happy Hour ~Marcy Downey [DR] 6:30 Movie Night [TH]	3 9:30 Scrabble [MS] 2:30 Russian Rummy [LO] 3:00 Bowling on the Wii [LO] 6:30 Movie Night [TH]
4 1:30 Mah Jongg [LO] 1:30 Sunday Afternoon Matinee [TH] 6:30 Movie Night [TH]	5 9:30 Tree's Fun Exercise Class for all [FC] 10:30 Shopping Outing 1:30 The Rosary Group [1A] 3:00 Bingo [LO] 6:30 Movie Night [TH]	6 9:30 Balance and Core ~ limited to 10 per class [FC] 3:00 Bingo [LO] 6:30 Euchre Card Game [LO] 6:30 Movie Night [TH]	7 9:30 Tree's Fun Exercise Class for all [FC] 10:00 Valentine's Day ~ Art n Craft Project [LO] 10:30 Shopping Outing 1:00 Presentation by Carol from Hear Again America-Sarasota [TH] 2:00 Hearing Aid Clinic to follow the presentation [MS] 2:00 Mini Health Check w/Interim 3:00 Bingo [LO] 6:30 Movie Night [TH]	8 9:30 Balance and Core ~ limited to 10 per class [FC] 1:30 Horse Racing [LO] 1:30 Mongolia Presentation [TH] 3:00 Bowling on The Wii [LO] 6:30 Mah Jongg [LO] 6:30 Movie Night [TH]	9 9:30 Video Exercise Class [FC] 1:00 Line Dancing [DR] 1:30 Horse Racing [LO] 3:00 Chair Line Dancing [TH] 4:00 Happy Hour ~ DJ Tony [DR] 6:30 Movie Night [TH]	10 9:30 Scrabble [MS] 2:30 Russian Rummy [LO] 3:00 Bowling on the Wii [LO] 6:30 Movie Night [TH]
11 1:30 Mah Jongg [LO] 1:30 Sunday Afternoon Matinee [TH] 6:30 Movie Night [TH]	12 9:30 Tree's Fun Exercise Class for all [FC] 10:30 Shopping Outing 1:30 The Rosary Group [1A] 3:00 Bingo [LO] 6:30 Movie Night [TH]	13 9:30 Balance and Core ~ limited to 10 per class [FC] 10:00 Valentine's Art n Crafts with Interim [LO] 3:00 Bingo [LO] 6:30 Euchre Card Game [LO] 6:30 Movie Night [TH]	**Valentine's Day** 14 9:30 Tree's Fun Exercise Class for all [FC] 10:30 Shopping Outing 3:00 Bingo [LO] 6:30 Valentine's Day Dinner/ Dance ~Entertainment for the Dance [DR]	15 9:30 Balance and Core ~ limited to 10 per class [FC] 1:30 Horse Racing [LO] 3:00 Bowling on The Wii [LO] 6:30 Mah Jongg [LO] 6:30 Movie Night [TH]	16 9:30 Video Exercise Class [FC] 1:00 Line Dancing [DR] 1:30 Horse Racing [LO] 3:00 Chair Line Dancing [TH] 3:00 Happy Hour ~ Trivia Adventures [DR] 6:30 Movie Night [TH]	17 9:30 Scrabble [MS] 2:30 Russian Rummy [LO] 3:00 Bowling on the Wii [LO] 6:30 Movie Night [TH]
18 1:30 Mah Jongg [LO] 1:30 Sunday Afternoon Matinee [TH] 6:30 Movie Night [TH]	19 **Presidents' Day** 9:30 Tree's Fun Exercise Class for all [FC] 10:30 Shopping Outing 1:30 Book Club [1B] 1:30 The Rosary Group [1A] 3:00 Bingo [LO] 6:30 Movie Night [TH]	20 9:30 Balance and Core ~ limited to 10 per class [FC] 12:00 National Love your pet day w/Interim [LB] 1:00 Tips for caring for your heart w/Interim [LO] 3:00 Bingo [LO] 6:30 Euchre Card Game [LO] 6:30 Movie Night [TH]	21 9:30 Tree's Fun Exercise Class for all [FC] 10:30 Shopping Outing 2:00 Mini Health Check w/ Interim 3:00 Bingo [LO] 6:30 Movie Night [TH]	22 9:30 Balance and Core ~ limited to 10 per class [FC] 1:30 Horse Racing [LO] 3:00 Bowling on The Wii [LO] 6:30 Mah Jongg [LO] 6:30 Movie Night [TH]	23 9:30 Video Exercise Class [FC] 10:30 Wash your scooters, walkers w/ interim [PA] 1:00 Line Dancing [DR] 1:30 Horse Racing [LO] 3:00 Chair Line Dancing [TH] 3:00 Happy Hour ~ Greg [DR] 6:30 Movie Night [TH]	24 9:30 Scrabble [MS] 2:30 Russian Rummy [LO] 3:00 Bowling on the Wii [LO] 6:30 Movie Night [TH]
25 1:00 Chef Talk [TH] 1:30 Mah Jongg [LO] 1:30 Sunday Afternoon Matinee [TH] 6:30 Movie Night [TH]	26 9:30 Tree's Fun Exercise Class for all [FC] 10:30 Shopping Outing 1:30 The Rosary Group [1A] 3:00 Bingo [LO] 6:30 Movie Night [TH]	27 9:30 Balance and Core ~ limited to 10 per class [FC] 1:00 Community Meeting with the Managers [TH] 3:00 Bingo [LO] 6:30 Euchre Card Game [LO] 6:30 Movie Night [TH]	28 9:30 Tree's Fun Exercise Class for all [FC] 10:30 Shopping Outing 3:00 Bingo [LO] 5:00 Birthday and Anniversary Dinner [DR] 6:30 Movie Night [TH]	29 9:30 Balance and Core ~ limited to 10 per class [FC] 10:30 Dr. Hall's presentation ~ Balance and your neck, how your neck can influence your balance. [TH] 1:00 Chef Talk [TH] 1:30 Horse Racing [LO] 3:00 Bowling on The Wii [LO] 6:30 Mah Jongg [LO] 6:30 Movie Night [TH]		"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." *— John Boswell*

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