August 2025
Sable Lodge - August 2025 Calendar





Sable Louge - Augus	t 2023 Galellual					COMMUNITIES
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 1:00 Sunday Afternoon Movie [TH] 1:30 Canasta [LO] 4:00 Resident Social Hour [LO] 6:30 Sunday Night Movie [TH]		RESORT LIFESTYLE COMMUNITIES Sable Lodge	Arts & Crafts Celebration Fee Fitness Games Heart Healthy Intellectual Meeting Movie Music Outing Social	Location Keys	[FC] 9:00 © OUTING - Seashore Trolley Musuem [OS] 1:00 Dominoes! [LO] 6:15 Poker [2B] 6:30 Friday Night Movie [TH] 6:30 WII Sports [LO]	9:00 Reiki ,Reflexology, & Chair Massages w/ Kim & Illma [1B] 10:00 - Cribbage Corner [LO] 1:00 - Pay to Play Bingo [LO] 2:00 - Open Poker [2B] 4:00 Resident Social Hour [LO] 6:30 - Saturday Night Movie [TH]
1:00 Sunday Afternoon Movie [TH] 1:30 Canasta [LO] 4:00 Resident Social Hour [LO] 6:30 Sunday Night Movie [TH]	Happy Anniversary Maria & Dale Springer! Happy Birthday Larry Hanson!! 9:00 → GROUP Exercise Class [FC] 10:00 ♥ Garden Club [PA] 10:00 ♥ Shopping 11:00 ₱ Shopping 11:00 ₱ WIDEO TAI CHI FIT w. David-Dorian Ross [FC] 10:00 ♠ Mah-Jongy [3B] 1:00 ♠ SENIOR OLYMPICS [MS] 2:00 ⊗ Inspiring Bible Stories w/ Lorraine [2B] 3:00 Coffee & Conversations: Bible Study [LO] 4:00 ♠ Cribbage Corner [LO] 6:15 \$ Poker [2B] 6:30 ௸ Monday Movie Night [TH]	9:00 → GROUP Exercise Class [FC] 10:30 → Cardio Drumming w. Hannah [FC] 1:00 → Pay to Play Bingo [LO] 2:00 → Party Bridge [1A] 3:00	311.121	Happy Anniversary Linda & Brian Marson!! 9:00 ↔ GROUP Exercise Class [FC] 10:30 ↔ Cardio Drumming w. Hannah [FC] 11:15 Gentle Chair Yoga w. Jess [FC] 1:00 ṁ Mah-Jongg [3B] 1:00 ṁ Pay to Play Bingo [LO] 2:00 ṁ Party Bridge [1A] 3:00 ※ Summer Tie-Dye Shirts (RSVP by 08/06) [2A] 6:15 \$ Poker [2B] 6:30 ※ Thursday Night Movie [TH]	Happy Birthday Steve Siket & David Grossman!! 9:00 ↔ GROUP Exercise Class [FC] 10:00 ➡ OUTING - Oxford Casino & Willows Trip [OS] 1:00 ♣ Dominoes! [LO] 4:00 ♣ BIG BUCKS BINGO [LO] 6:15 \$ Poker [2B] 6:30 ➡ Friday Night Movie [TH] 6:30 ↔ WII Sports [LO]	10:00 A Cribbage Corner [LO] 1:00 A Pay to Play Bingo [LO] 2:00 A Open Poker [2B] 4:00 Resident Social Hour [LO] 6:30 Saturday Night Movie [TH]
1:00 Sunday Afternoon Movie [TH] 1:30 Canasta [MS] 4:00 Resident Social Hour [LO] 6:30 Sunday Night Movie [TH]	Happy Birthday Besty Lowry & Hank Reeve!! 9:00 ↔ GROUP Exercise Class [FC] 10:00 ♥ Garden Club [PA] 10:00 ♥ Shopping 11:00 ↔ VIDEO TAI CHI FIT w. David-Dorian Ross [FC] 1:00 ṁ Mah-Jongy [3B] 2:00 ❤ Inspiring Bible Stories w/ Lorraine [2B] 3:00 Coffee & Conversations: Bible Study [LO] 3:30 ● CRAFT - Modge Podge Plates [2A] 4:00 ṁ Cribbage Corner [LO] 5:00 ☒ OUTING - Sound by the Sea 'Novel Jazz Septet' [OS] 6:15 \$ Poker [2B] 6:30 ❤ Monday Movie Night [TH]	Happy Birthday Naoko Weatherford & Seve Nappi!! 9:00 ↔ GROUP Exercise Class [FC] 10:30 ↔ NO Cardio Drumming TODAY [FC] 1:00 ♣ Pay to Play Bingo [LO] 2:00 ♣ Party Bridge [1A] 3:00 ♣ GAME - Beanbag Baseball [MS] 5:30 ➡ OUTING - Sounds of Summer at Payson Park 'The Flukes' [OS] 6:15 \$ Poker [2B] 6:30 ❤ Tuesday Movie Night [TH]	Happy Birthday Tina Simpson! 9:00 → GROUP Exercise Class [FC] 10:00 ♣ Balloon Volleyball [MS] 10:00 ♠ GENEALOGY with Shirley [LO] 10:00 ♥ Shopping - South Portland Area [LB] 10:45 ❤ Eucharistic Visit w. Ryan Clyde [1A] 11:00 → RELAXERCISE (Senior Chair Yoga - YOUTUBE) [FC] 11:00 ♣ Dominoes! [LO] 2:00 Cribbage Corner [LO] 2:00 Cribbage Corner [LO] 4:00 ♠ Happy Hour w. Sam Avery (& Meet Your Managers) [LO 5:00 ♣ MEET THE MANAGERS [DR] 6:15 \$ Poker [2B] 6:30 ❤ Wednesday Night Movie [TH]	9:00 ↔ GROUP Exercise Class [FC] 10:30 ↔ Cardio Drumming w. Hannah [FC] 10:30 ¾ INFO - TD Bank Financial Awareness [LO] 11:15 CANCELLED - Gentle Chair Yoga w. Jes [FC] 1:00 ṁ Mah-Jongg [3B] 1:00 ṁ Pay to Play Bingo [LO] 2:00 ṁ Party Bridge [1A] 3:00 ☒ OUTING - Red's Ice Cream [OS] 6:15 \$ Poker [2B] 6:30 ઋ Thursday Night Movie [TH]	9:00 ← GROUP Exercise Class [FC] 9:30 ☐ OUTING - Beach/Nature Walk	Weavers [2A]
1:00 Sunday Afternoon Movie [TH] 1:30 Canasta [LO] 4:00 Resident Social Hour [LO] 6:30 Sunday Night Movie [TH]	9:00 ↔ GROUP Exercise Class [FC] 10:00 ♥ Garden Club [PA] 10:00 ♥ Shopping 11:00 ↔ VIDEO TAI CHI FIT w. David-Dorian Ross [FC] 1:00 ♠ Mah-Jongg [3B] 2:00 ❤ Inspiring Bible Stories w/ Lorraine [2B] 3:00 Coffee & Conversations: Bible Study [LO] 3:30 ♠ SOCIAL - Ice Cream Social w. RAY MORROW [LO] 4:00 ♠ Cribbage Corner [LO] 6:15 \$ Poker [2B] 6:30 ❤ Monday Movie Night [TH]	9:00 → GROUP Exercise Class [FC] 10:30 → Cardio Drumming w. Hannah [FC] 1:00 → Pay to Play Bingo [LO] 2:00 → Party Bridge [1A] 3:00 → GAME - Name That Tune [LO] 6:15 \$ Poker [2B] 6:30 → Tuesday Movie Night [TH]	Happy Anniversary Norma Morahan & Ben Sawyer! 9:00 ↔ GROUP Exercise Class [FC] 10:00 ∯ Balloon Volleyball [MS] 10:00 ∰ GENEALOGY with Shirley [LO] 10:00 ∰ Shopping - South Portland Area [LB] 10:45 ∰ Eucharistic Visit w. Ryan Clyde [1A] 11:00 ↔ RELAXERCISE (Senior Chair Yoga - YOUTUBE) [FC] 11:00 ↔ RELAXERCISE (Senior Chair Yoga - YOUTUBE) [FC] 11:00 ∯ Pominoes! [LO] 11:15 ∰ Resident & Lifestyle Director Meeting [TH] 2:00 ∯ Cook for a Cause [MS] 2:00 Cribbage Corner [LO] 4:00 ∯ Happy Hour w. Louis Philippe! [LO] 6:15 \$ Poker [2B] 6:30 ∰ Wednesday Night Movie [TH]	Happy Anniversary Bruce & Roberta Hobbs! Happy Birthday Hilda Michaud! 9:00 → GROUP Exercise Class [FC] 10:00 Bible Study w/ Michael Dalton (Chapel) 10:30 → Cardio Drumming w. Hannah [FC] 11:15 Gentle Chair Yoga w. Jess [FC] 1:00 ♣ Mah-Jongg [3B] 1:00 ♣ Pay to Play Bingo [LO] 2:00 ♣ Party Bridge [1A] 3:00 ☐ OUTING - Beach/Nature Walk [OS] 6:15 \$ Poker [2B] 6:30 ❤ Thursday Night Movie [TH]	Happy Birthday Pete Graham! 9:00 ← GROUP Exercise Class [FC] 10:00 ☐ OUTING - Maine State Aquarium (Stopping for LUNCH at Brady's BBQ) [OS] 1:00 ♣ Dominoes! [LO] 6:15 \$ Poker [2B] 6:30 ♣ Friday Night Movie [TH] 6:30 ← WII Sports [LO]	Happy Birthday Martha Haskell! 10:00 Cribbage Corner [LO] 1:00 Pay to Play Bingo [LO] 2:00 Open Poker [2B] 4:00 Resident Social Hour [LO] 6:30 Saturday Night Movie [TH]
Happy Anniversary Pete & Jody Graham!! 1:00 Sunday	Happy Birthday Gail Brittain & Sally Soelle! 9:00 ↔ GROUP Exercise Class [FC] 10:00 ♥ Garden Club [PA] 10:00 ♥ Shopping 11:00 ↔ VIDEO TAI CHI FIT w. David-Dorian Ross [FC] 1:00 ♣ LUNCH OUTING - Pom Thai, South Portland [OS] 1:00 ♠ Mah-Jongg [3B] 2:00 ♥ Inspiring Bible Stories w/ Lorraine [2B] 3:00 Coffee & Conversations: Bible Study [LO] 4:00 ♠ Cribbage Corner [LO] 6:15 \$ Poker [2B] 6:30 ♥ Monday Movie Night [TH]	Happy Birthday Madeline Hirst! 9:00 ↔ GROUP Exercise Class [FC] 10:30 ↔ Cardio Drumming w. Hannah [FC] 1:00 ♣ Pay to Play Bingo [LO] 2:00 ♣ Party Bridge [1A] 3:00 ♣ GAME - Horseracing [MS] 6:15 \$ Poker [2B] 6:30 ❤ Tuesday Movie Night [TH]	Happy Birthday Kent White & Shirley Simpson!! 9:00 ↔ GROUP Exercise Class [FC] 10:00 ♣ Balloon Volleyball [MS] 10:00 ♠ GENEALOGY with Shirley [LO] 10:00 ➡ Shopping - South Portland Area [LB] 10:45 ❤ Eucharistic Visit w. Ryan Clyde [TA] 11:00 ↔ RELAXERCISE (Senior Chair Yoga - YOUTUBE) [FC] 11:00 ↔ RELAXERCISE (Senior Chair Yoga - YOUTUBE) [FC] 11:00 ♠ Dominoes! [LO] 1:15 ☒ Resident & Manager Meeting [TH] 2:00 Cribbage Corner [LO] 4:00 겎 Happy Hour w. Glenn Bryant! [LO] 6:15 ᢌ Poker [2B] 6:30 ❤ Wednesday Night Movie [TH]	9:00 ↔ GROUP Exercise Class [FC] 10:30 ↔ Cardio Drumming w. Hannah [FC] 11:15 Gentle Chair Yoga w. Jess [FC] 1:00 ṁ Mah-Jongg [3B] 1:00 ṁ Pay to Play Bingo [LO] 2:00 ṁ Party Bridge [1A] 2:00 ※ Resident & Chef Meeting [TH] 4:30 ﷺ Birthday & Anniversary Dinner (RSVP by 08/21) [LO] 6:15 \$ Poker [2B] 6:30 ※ Thursday Night Movie [TH]	9:00 → GROUP Exercise Class [FC] 9:00 ☐ OUTING - Casco Bay Mailboat Run (Seniors \$17.50) [OS] 1:00 → Dominoes! [LO] 4:00 → MUSIC - Davey the Strolling Minstrel [LO] 6:15 \$ Poker [2B] 6:30 → Friday Night Movie [TH] 6:30 → WII Sports [LO]	Happy Birthday Edith Marino! 10:00 Cribbage Corner [LO] 1:00 Pay to Play Bingo [LO] 2:00 Open Poker [2B] 4:00 Resident Social Hour [LO] 6:30 Saturday Night Movie [TH]