



9			100			COMMUNITIES
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 St. Thomas Catholic Church Service - Streaming Live [TH] 10:00 10:30 Bellevue Heights Church Service - Streaming Live [TH] 3:30 10:40 Open Game Time [LO] 6:30 Movie Night [TH]	Location Keys Conv. Rm. 1B 1B Conv. Rm. 3B 3B Dining Room DR Fitness Center FC Lounge LO Main Street MS Offsite, Meet in Lobby Theater TH	 Arts & Crafts 	Happy Birthday 8/1 Glenna Buote 8/1 Kari & Stan 8/1 Stan Tschetter 8/2 Jon Robinson 8/3 Tony Ryan 8/16 Lois & Tony 8/4 Joe Esposito Ryan 8/4 Sandy Wild	Happy Birthday 8/6/ Mike Simons 8/8 Mike Harrell 8/10 John Stob 8/16 Greg Shreeve 8/17 Susan Simons 8/24 Jane Baum	9:00 → First Friday Chair Yoga with Attria [FC] 10:30 ∰ Shopping at Walmart [OS] 1:00 ♣ Mexican Train [LO] 2:00 Left Right Center Wild [LO] 3:30 ∯ Happy Hour with Vito Mandarino [DR] 6:30 ∰ Movie Night [TH]	10:00 Arrowhead Book Club [1B] 11:00 A Open Play Cards [LO] 1:00 A Rummikub [LO] 2:00 Movie Matinee [TH] 3:30 Open Game Time [LO]
8:30 St. Thomas Catholic Church Service - Streaming Live [TH] 10:00 Open Play Cards [LO] 10:30 Bellevue Heights Church Service - Streaming Live [TH] 3:30 Open Game Time [LO] 6:30 Movie Night [TH]	9:00 → Work out with weights [FC] 12:30 → Hand & Foot [LO] 12:30 → Rummikub [LO] 2:00 → Left Right Center [LO] 3:00 Arizona History [LO] 6:30 → Movie Night [TH]	9:00 → TAI CHI [FC] 10:30	9:00 Keep Fit with Attria [FC] 10:30 Dollar Tree & lunch [OS] 11:00 Bible Study with Peter 12:30 Bridge [1B] 3:00 Senior Helpers Presents: Living with Dementia	9:00 → Resistance Bands [FC] 10:30 Monthly Community Meeting [TH] 12:30 → Bridge [1B] 2:00 → BINGO [LO] 3:30 → Making Blankets for Charity [LO]	9:00 ← Fun Friday Fitness [FC] 10:30 ∰ Shopping at Fry's [OS] 1:00 ♣ Mexican Train [LO] 2:00 Left Right Center Wild [LO] 3:30 ∯ Happy Hour with the Sullivan Duo [DR] 6:30 ∰ Movie Night [TH]	11:00 h Open Play Cards [LO] 1:00 h Rummikub [LO] 2:00 Movie Matinee [TH] 3:30 h Open Game Time [LO]
8:30 St. Thomas Catholic Church Service - Streaming Live [TH] 10:00	SENIOR OLYMPICS WEEK 9:00 → Work out with weights [FC] 10:30 → Olympic Game Starter Meeting [LO] 12:30 → Hand & Foot [LO] 12:30 → Rummikub [LO] 2:00 → Left Right Center [LO] 3:00 Olympic Volleyball [FC] 6:30 → Movie Night [TH]	9:00 TAI CHI [FC] 10:30 Craft Corner with Linda [LO] 2:00 BINGO [LO] 3:00 Olympic WII BOWLING [LO] 6:00 Movie Night Presented by Aetna& Oak Street Health [TH]	9:00	9:00 → Resistance Bands [FC] 12:30 → Bridge [1B] 2:00 → BINGO [LO] 3:30 → Olympic Corn Hole [LO]	9:00 → Fun Friday Fitness /Olympic Bowling [FC] 10:30 → Shopping at Walmart [OS] 1:00 → Mexican Train [LO] 2:00 Left Right Center Wild [LO] 3:30 → 1970's Disco Party with Shana Sind [DR] 6:30 → Movie Night [TH]	11:00 h Open Play Cards [LO] 1:00 h Rummikub [LO] 2:00 Movie Matinee [TH] 3:30 h Open Game Time [LO]
8:30 St. Thomas Catholic Church Service - Streaming Live [TH] 10:00 Open Play Cards [LO] 10:30 Bellevue Heights Church Service - Streaming Live [TH] 3:30 Open Game Time [LO] 6:30 Movie Night [TH]		9:00 → TAI CHI [FC] 10:30	9:00 Keep Fit with Attria [FC] 10:30 Wednesday Outing to TBD [OS] 11:00 Bible Study with Peter 12:30 Bridge [1B] 3:00 Relatyv Speaker on Pain Management [LO]	9:00 Resistance Bands [FC] 12:30 Resistance Bands [FC] 13:30 Resistance Bands [FC] 14:30 Resistance Bands [FC] 15:30 Resistance Bands [FC] 16:30 Resistance	9:00 → Fun Friday Fitness [FC] 10:30 → Shopping at Fry's [OS] 1:00 → Mexican Train [LO] 2:00 Left Right Center Wild [LO] 3:30 → Happy Hour with Glenn "Miller" Mlynarek [DR] 6:30 → Movie Night [TH]	11:00 h Open Play Cards [LO] 1:00 h Rummikub [LO] 2:00 Movie Matinee [TH] 3:30 h Open Game Time [LO]
8:30 St. Thomas Catholic Church Service - Streaming Live [TH] 10:00 Streaming Live [TH] 10:30 Bellevue Heights Church Service - Streaming Live [TH] 3:30 Streaming Live [TH] 3:30 Movie Night [TH]	9:00 → Work out with weights [FC] 10:30	9:00 TAI CHI [FC] 9:00 Work out with weights [FC] 10:30 Craft Corner with Linda [LO] 2:00 BINGO [LO] 3:30 Jumbo JENGA! [LO]	9:00	9:00 Resistance Bands [FC] 12:30 Resistance Bands [FC] 12:00 Resistance Bands Binds [FC] 12:00 Resistance Bands Binds [FC]	9:00 Fun Friday Fitness [FC] 1:00 Mexican Train [L0] 2:00 Left Right Center Wild [L0] 3:30 Happy Hour with Alesa [DR] 6:30 Movie Night [TH]	11:00 A Open Play Cards [LO] 1:00 A Rummikub [LO] 2:00 Movie Matinee [TH] 3:30 Open Game Time [LO]