

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> EMBRACE BY SENIOR LIFESTYLE</div> <div> ADDINGTON PLACE OF ALPHARETTA <i>a Senior Lifestyle community</i></div> <div><div><div>*Outing</div><div><div><div></div> Embrace - THYMELESS</div><div><div></div> Embrace -BOOKMARKS</div><div><div></div> Embrace -MELODY</div><div><div></div> Embrace -SNAPSHOTS</div><div><div></div> _CONNECT</div><div><div></div> _FEEL</div><div><div></div> _GROW</div><div><div></div> _MOVE</div><div><div></div> _REFLECT</div></div></div><div><div>Location Keys</div><div>Assisted Living Hallways</div><div>Bistro Kitchen</div><div>Dining Room</div><div>Garden Patios</div><div>Living Room</div><div>Memory Care Neighborhood</div></div><div><div>ALH</div><div>BK</div><div>DR</div><div>GP</div><div>LR</div><div>MC</div></div></div>	March cont'd 30	31					
	9:15 60's Inspirational Music [LR] 10:30 Church Service: Via Live Stream [MC] 2:00 Sunny D'light Time [MC] 3:00 Thymeless - Sunday Social Hour [GP]	9:00 Chair Yoga 9:00 Morning Motivational Music 10:00 Morning Movement & Mobility - Chair Yoga 10:30 Melody 1:30 Let's Talk Snacks [BK] 1:30 Remember Wen: A Walk Down Memory Lane [MC] 3:30 Trivia Party [MC]		9:15 60's Inspirational Music [LR] 10:45 Scenic Drive [MC] 12:00 Garden Lunch 1:30 Remember Wen: A Walk Down Memory Lane [MC] 3:15 Musical Therapy [MC] 3:30 Trivia Party [MC] 6:00 Wind Down Wednesday	National Oreo Day 10:00 MORNING MOVE AND GROOVE FITNESS [MC] 10:30 Paint, Sip & Conversation 11:30 Oreo Cake 1:30 Remember Wen: A Walk Down Memory Lane [MC] 2:30 SingFit Music Group 4:00 Music Therapy [ALH]	10:00 Let's Get Active and Move 1:00 Let's Move - Walk Club [MC] 2:00 Happy Hour - Mocktails & Hors d'oeuvres [MC] 3:00 Fun Friday - Bag Toss 4:00 Story Time tell us your story 5:30 Netflix & Chill [MC]	10:00 BALL TOSS EXERCISE [MC] 11:00 Embrace Bookmarks 1:00 THYMELESS - Smoothies [MC] 2:00 Spa Day: Nails & Facials [MC] 4:30 iN2L Sing That Tune [MC] 6:00 Saturday night Live Musical Corner
	9:15 60's Inspirational Music [LR] 10:30 Church Service: Via Live Stream [MC] 2:00 Sunny D'light Time [MC] 3:00 Thymeless - Sunday Social Hour [GP]	National Cold Cut Day 9:00 Morning Motivational Music 10:00 Morning Movement & Mobility - Chair Yoga 10:30 Melody 1:30 Let's Talk Snacks: Cold Cuts [BK] 1:30 Remember Wen: A Walk Down Memory Lane [MC] 3:30 Trivia Party [MC]	10:00 MORNING MOVE AND GROOVE FITNESS [MC] 11:00 What Makes You Happy? [MC] 1:00 Bean Bag Toss [LR] 3:00 THYMELESS Tasty Tuesday Creations [MC] 3:30 Marching Band Music Therapy [MC] 4:00 Bookmarks	9:15 60's Inspirational Music [LR] 10:00 Robert C. Williams Papermaking Musuem [MC] 10:30 THYMELESS - Garden Club [MC] 12:00 Garden Lunch 1:30 Remember Wen: A Walk Down Memory Lane [MC] 3:15 Musical Therapy [MC] 3:30 Trivia Party [MC] 6:00 Wind Down Wednesday	10:00 MORNING MOVE AND GROOVE FITNESS [MC] 10:30 Jewel Craft with Lyz 11:00 THYMELESS - Baking with Chef Anthony [MC] 1:30 Remember Wen: A Walk Down Memory Lane [MC] 2:30 SingFit Music Group 4:00 Music Therapy [ALH]	National PI Day 9:00 Morning Motivation 10:30 What's the PI? (ED Edition) 1:00 Let's Move - Walk Club [MC] 2:00 Happy Hour - Mocktails & Hors d'oeuvres [MC] 4:00 Story Time tell us your story 5:30 Netflix & Chill [MC]	10:00 BALL TOSS EXERCISE [MC] 11:00 Embrace Bookmarks 1:00 THYMELESS - Smoothies [MC] 2:00 Spa Day: Nails & Facials [MC] 4:30 iN2L Sing That Tune [MC] 6:00 Saturday night Live Musical Corner
	Daylight Saving Time Begins 9	9:00 Morning Motivational Music 10:00 Morning Movement & Mobility - Chair Yoga 10:30 Melody 1:30 Let's Talk Snacks: Meatballs with Julia [BK] 1:30 Remember Wen: A Walk Down Memory Lane [MC] 2:00 Pet Therapy - Canine Assistants [LR] 3:30 Trivia Party [MC]	10:00 MORNING MOVE AND GROOVE FITNESS [MC] 11:00 Beauty Bar [MC] 1:00 Bean Bag Toss [LR] 3:00 THYMELESS Tasty Tuesday Creations [MC] 4:00 Bookmarks 4:00 Music Therapy [ALH]	9:15 60's Inspirational Music [LR] 10:45 Scenic Drive [MC] 12:00 Garden Lunch 1:30 Remember Wen: A Walk Down Memory Lane [MC] 3:15 Musical Therapy [MC] 3:30 Trivia Party [MC] 6:00 Wind Down Wednesday	10:00 Get In Shape with Kelly [MC] 10:00 MORNING MOVE AND GROOVE FITNESS [MC] 10:30 Paint, Sip & Conversation 1:30 Remember Wen: A Walk Down Memory Lane [MC] 2:30 SingFit Music Group 4:00 Music Therapy [ALH]	Memory Day 10:00 Let's Get Active and Move 1:00 Let's Move - Walk Club [MC] 2:00 Memory Lane with the Fam [MC] 3:00 Fun Friday - Bag Toss 4:00 Story Time tell us your story 5:30 Netflix & Chill [MC]	10:00 BALL TOSS EXERCISE [MC] 11:00 Embrace Bookmarks 1:00 THYMELESS - Smoothies [MC] 2:00 Spa Day: Nails & Facials [MC] 4:30 iN2L Sing That Tune [MC] 6:00 Saturday night Live Musical Corner
	9:15 60's Inspirational Music [LR] 10:30 Church Service: Via Live Stream [MC] 2:00 Sunny D'light Time [MC] 3:00 Thymeless - Sunday Social Hour [GP]	St. Patrick's Day 9:00 Morning Motivational Music 9:30 Green Punch 10:00 Morning Movement & Mobility - Chair Yoga 10:30 Melody 1:30 Let's Talk Snacks: A Touch of Green with Angie [BK] 1:30 Remember Wen: A Walk Down Memory Lane [MC] 2:30 Embrace Birthday Celebration [MC] 3:30 Trivia Party [MC]	10:00 MORNING MOVE AND GROOVE FITNESS [MC] 11:00 Beauty Bar [MC] 1:00 Bean Bag Toss [LR] 3:00 THYMELESS Tasty Tuesday Creations [MC] 4:00 Bookmarks 4:00 Music Therapy [ALH]	9:15 60's Inspirational Music [LR] 10:45 Scenic Drive [MC] 12:00 Garden Lunch 1:30 Remember Wen: A Walk Down Memory Lane [MC] 3:00 Live Music w/ Rockin' Rick [DR] 3:15 Musical Therapy [MC] 3:30 Trivia Party [MC] 6:00 Wind Down Wednesday	10:00 MORNING MOVE AND GROOVE FITNESS [MC] 10:30 Paint, Sip & Conversation 1:30 Remember Wen: A Walk Down Memory Lane [MC] 2:30 SingFit Music Group 3:30 Music and Mens Talk with Kevin [ALH] 4:00 Music Therapy [ALH]	9:00 Morning Motivation 10:45 Family Feud [MC] 1:00 Let's Move - Walk Club [MC] 2:00 Happy Hour - Mocktails & Hors d'oeuvres [MC] 4:00 Story Time tell us your story 5:30 Netflix & Chill [MC]	10:00 BALL TOSS EXERCISE [MC] 11:00 Embrace Bookmarks 1:00 THYMELESS - Smoothies [MC] 2:00 Spa Day: Nails & Facials [MC] 4:30 iN2L Sing That Tune [MC] 6:00 Saturday night Live Musical Corner
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