

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	March cont'd 30 9:15 ● 60's Inspirational Music [LR] 10:30 ● Church Service: Via Live Stream [MC] 2:00 ● Sunny D'light Time [MC] 3:00 🍷 Thymeless - Sunday Social Hour [GP]	9:00 ● Chair Yoga 9:00 ● Morning Motivational Music 10:00 ● Morning Movement & Mobility - Chair Yoga 10:30 🎵 Melody 1:30 🍷 Let's Talk Snacks [BK] 1:30 🍷 Remember Wen: A Walk Down Memory Lane [MC] 3:30 ● Trivia Party [MC]					10:00 ● BALL TOSS EXERCISE [MC] 1 11:00 📖 Embrace Bookmarks 1:00 🍷 THYMELESS - Smoothies [MC] 2:00 ● <u>Spa Day: Nails & Facials [MC]</u> 4:30 ● iN2L Sing That Tune [MC] 6:00 ● Saturday night Live Musical Corner
		9:15 ● 60's Inspirational Music [LR] 2 10:30 ● Church Service: Via Live Stream [MC] 2:00 ● Sunny D'light Time [MC] 3:00 🍷 Thymeless - Sunday Social Hour [GP]	National Cold Cut Day 3 9:00 ● Morning Motivational Music 10:00 ● Morning Movement & Mobility - Chair Yoga 10:30 🎵 Melody 1:30 🍷 Let's Talk Snacks: Cold Cuts [BK] 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 3:30 ● Trivia Party [MC]	10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 4 11:00 ● What Makes You Happy? [MC] 1:00 ● Bean Bag Toss [LR] 3:00 🍷 THYMELESS Tasty Tuesday Creations [MC] 3:30 ● Marching Band Music Therapy [MC] 4:00 📖 Bookmarks	9:15 ● 60's Inspirational Music [LR] 5 10:45 🚗 Scenic Drive [MC] 12:00 Garden Lunch 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 3:15 ● Musical Therapy [MC] 3:30 ● Trivia Party [MC] 6:00 🍷 Wind Down Wednesday	National Oreo Day 6 10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 10:30 ● Paint, Sip & Conversation 11:30 🍷 Oreo Cake 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 2:30 ● SingFit Music Group 4:00 ● Music Therapy [ALH]	10:00 ● Let's Get Active and Move 7 1:00 ● Let's Move - Walk Club [MC] 2:00 ● Happy Hour - Mocktails & Hors d'oeuvres [MC] 3:00 ● Fun Friday - Bag Toss 4:00 ● Story Time tell us your story 5:30 ● Netflix & Chill [MC]
🚗 *Outing 🍷 Embrace - THYMELESS 📖 Embrace-BOOKMARKS 🎵 Embrace-MELODY ❤️ Embrace-SNAPSHOTS ● _CONNECT ● _FEEL ● _GROW ● _MOVE ● _REFLECT	Daylight Saving Time Begins 9 9:15 ● 60's Inspirational Music [LR] 10:30 ● Church Service: Via Live Stream [MC] 10:30 ● Morning Bible Study w/ 1st Baptist Cumming's Iron Men [LR] 2:00 ● Sunny D'light Time [MC] 3:00 🍷 Thymeless - Sunday Social Hour [GP]	9:00 ● Morning Motivational Music 10 10:00 ● Morning Movement & Mobility - Chair Yoga 10:30 🎵 Melody 1:30 🍷 Let's Talk Snacks: Meatballs with Julia [BK] 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 2:00 🍷 Pet Therapy - Canine Assistants [LR] 3:30 ● Trivia Party [MC]	10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 11 11:00 ● Beauty Bar [MC] 1:00 ● Bean Bag Toss [LR] 3:00 🍷 THYMELESS Tasty Tuesday Creations [MC] 4:00 📖 Bookmarks 4:00 ● Music Therapy [ALH]	9:15 ● 60's Inspirational Music [LR] 12 10:00 🚗 Robert C. Williams Papermaking Musuem [MC] 10:30 🍷 THYMELESS - Garden Club [MC] 12:00 Garden Lunch 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 3:15 ● Musical Therapy [MC] 3:30 ● Trivia Party [MC] 6:00 🍷 Wind Down Wednesday	10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 13 10:30 ● Jewel Craft with Lyz THYMELESS - Baking with Chef Anthony [MC] 11:00 🍷 Remember Wen: A Walk Down Memory Lane [MC] 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 2:30 ● SingFit Music Group 4:00 ● Music Therapy [ALH]	National PI Day 14 9:00 ● Morning Motivation 10:30 🍷 What's the PI? (ED Edition) 1:00 ● Let's Move - Walk Club [MC] 2:00 ● Happy Hour - Mocktails & Hors d'oeuvres [MC] 4:00 ● Story Time tell us your story 5:30 ● Netflix & Chill [MC]	10:00 ● BALL TOSS EXERCISE [MC] 15 11:00 📖 Embrace Bookmarks 1:00 🍷 THYMELESS - Smoothies [MC] 2:00 ● <u>Spa Day: Nails & Facials [MC]</u> 4:30 ● iN2L Sing That Tune [MC] 6:00 ● Saturday night Live Musical Corner
Location Keys Assisted Living Hallways ALH Bistro Kitchen BK Dining Room DR Garden Patios GP Living Room LR Memory Care Neighborhood MC	9:15 ● 60's Inspirational Music [LR] 16 10:30 ● Church Service: Via Live Stream [MC] 2:00 ● Sunny D'light Time [MC] 3:00 🍷 Thymeless - Sunday Social Hour [GP]	St. Patrick's Day 17 9:00 ● Morning Motivational Music 9:30 🍷 Green Punch 10:00 ● Morning Movement & Mobility - Chair Yoga 10:30 🎵 Melody 1:30 🍷 Let's Talk Snacks: A Touch of Green with Angie [BK] 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 2:30 ● Embrace Birthday Celebration [MC] 3:30 ● Trivia Party [MC]	10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 18 11:00 ● Beauty Bar [MC] 1:00 ● Bean Bag Toss [LR] 3:00 🍷 THYMELESS Tasty Tuesday Creations [MC] 4:00 📖 Bookmarks 4:00 ● Music Therapy [ALH]	9:15 ● 60's Inspirational Music [LR] 19 10:45 🚗 Scenic Drive [MC] 12:00 Garden Lunch 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 3:00 ● Live Music w/ Rockin' Rick [DR] 3:15 ● Musical Therapy [MC] 3:30 ● Trivia Party [MC] 6:00 🍷 Wind Down Wednesday	10:00 ● Get In Shape with Kelly [MC] 20 10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 10:30 ● Paint, Sip & Conversation 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 2:30 ● SingFit Music Group 4:00 ● Music Therapy [ALH]	Memory Day 21 10:00 ● Let's Get Active and Move 1:00 ● Let's Move - Walk Club [MC] 2:00 ● Memory Lane with the Fam [MC] 3:00 ● Fun Friday - Bag Toss 4:00 ● Story Time tell us your story 5:30 ● Netflix & Chill [MC]	10:00 ● BALL TOSS EXERCISE [MC] 22 11:00 📖 Embrace Bookmarks 1:00 🍷 THYMELESS - Smoothies [MC] 2:00 ● <u>Spa Day: Nails & Facials [MC]</u> 4:30 ● iN2L Sing That Tune [MC] 6:00 ● Saturday night Live Musical Corner
	9:15 ● 60's Inspirational Music [LR] 23 10:30 ● Church Service: Via Live Stream [MC] 2:00 ● Sunny D'light Time [MC] 3:00 🍷 Thymeless - Sunday Social Hour [GP]	9:00 ● Morning Motivational Music 24 10:00 ● Morning Movement & Mobility - Chair Yoga 10:30 🎵 Melody 1:30 🍷 Let's Talk Snacks: Cocktails [BK] 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 2:30 ● Embrace Birthday Celebration [MC] 3:30 ● Trivia Party [MC]	10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 25 11:00 ● Beauty Bar [MC] 1:00 ● Bean Bag Toss [LR] 3:00 🍷 THYMELESS Tasty Tuesday Creations [MC] 4:00 📖 Bookmarks 4:00 ● Music Therapy [ALH]	9:15 ● 60's Inspirational Music [LR] 26 10:45 🚗 Scenic Drive [MC] 12:00 Garden Lunch 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 3:15 ● Musical Therapy [MC] 3:30 ● Trivia Party [MC] 6:00 🍷 Wind Down Wednesday	10:00 ● MORNING MOVE AND GROOVE FITNESS [MC] 27 10:30 ● Paint, Sip & Conversation 1:30 ● Remember Wen: A Walk Down Memory Lane [MC] 2:30 ● SingFit Music Group 3:30 ● Music and Mens Talk with Kevin [ALH] 4:00 ● Music Therapy [ALH]	9:00 ● Morning Motivation 28 10:45 Family Feud [MC] 1:00 ● Let's Move - Walk Club [MC] 2:00 ● Happy Hour - Mocktails & Hors d'oeuvres [MC] 4:00 ● Story Time tell us your story 5:30 ● Netflix & Chill [MC]	10:00 ● BALL TOSS EXERCISE [MC] 29 11:00 📖 Embrace Bookmarks 1:00 🍷 THYMELESS - Smoothies [MC] 2:00 ● <u>Spa Day: Nails & Facials [MC]</u> 4:30 ● iN2L Sing That Tune [MC] 6:00 ● Saturday night Live Musical Corner

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