August 2025 Monthly Activities **Independent Living** Sunday Monday Tuesday Wednesday Thursday Friday Saturday August cont'd 9:30 Fitness Class [TR] HDB! Stan Edelsor 10:30 🖨 Brookhaven Ice Cream Sandwich Day **WOMEN'S** Costco-Publix 10:00 Morning Exercise HBD! Michael Carev Grocery Loop [FL] with Senior Fit [TR] 10:15 • Gospel Music Hour! [TR] Knit & Crochet Group [CR] 11:15 • Live Stream Church Senior Fit w/ Bradford [TR] 11:00 **EQUALITY DAY** Service [TR] 1 - 3 • Bridge Club Beading Class [CR] **EXPLORE** 11:30 Sunday Brunch @ The Renaissance 1:00 • The Metropolitan Opera Bridge Club 1 - 3 Concerts: Don Giovanni [TR] 2024 12 OUARTERS BINGO!!! [CR] Bridge Club Ice Cream Sandwich & Corn Hole 2:00 Candy BINGO [CR] **Current Events Discussion** 3:00 SUNDAY MOVIE: Nonnas [TR] Hosted by Larry Schnee [TR] Family Feud Trivia [FL] 4:00 SUNDAY GAME NIGHT (RESIDENT-Happy Hour w/ Beth Moore National Geographic: Penguin RUN) BOARD GAMES!!! [FL] Parents [TR] 7:30 • Shabbat Service [TR] 10:15 • Gospel Music Chair Yoga [TR] Lucille Ball Day 9:30 O Senior Zumba [TR] Chicken & Waffles Day 0 10:00 Morning Exercise 9:30 BALANCE CLASS WITH 10:30 O Virtual SeniorFit w/ 9:30 9:30 O Chair Fitness Class [TR] with Senior Fit Hour! [TR] HBD! Deborah Bailev 10:30 O Virtual SeniorFit 10:30 O Virtual SeniorFit w Bradford [TR] 11:15 • Live Stream **HBD! Sidney Levine** w/Bradford [TR] 9:30 O Senior Zumba [TR] Bradford [TR] 1:00 BP Checks w/ Fitness Class [TR] 10:30 Gardening Club w/ **Church Service** 11:30 🖨 LUNCH BUNCH: LaParrilla Let's Make Sweet Treats 10:30 Virtual SeniorFit w/Bradford [TR] Engaged Living [TR] 0:30 🖨 Brookhaven Costco-Publix Grocery 1:00 A HAIR & NAIL APPOINTMENTS 11:30 Yoga & Stretch w/ Lindy! (Theater) w/ Michelle Room 914 11:00 🖨 Shopping Trip: Trader Joes [FL] Loop [FL] Sunday Brunch @ The Knit & Crochet Group [CR] RENAISSANCE 11:00 12:00 O Ballroom Dance with Maria! [TR] 0:30 Senior Fit w/ Bradford [TR] 1 - 3 • Bridge Club 11:30 • Wordscapes Trivia Game [TR] 1 - 3 Renaissance [DR] 1 - 3 • Bridge Club Bridge Club 1 - 3 • Bridge Club Beading Class [CR] ON PEACHTREE 1 - 3 • Bridge Club 1:30 • 12 QUARTERS BINGO!!! 1:00 O Tai Chi w/ Harvey Meisner [TR] Let's Watch I LOVE LUCY [CR] 1 - 3 • Bridge Club The Metropolitan Opera 1-3 Bridge Club 1:00 2:00 PRIZE BINGO w/ Lincoln Heritage 2:00 • 12 QUARTERS BINGO [FL] 1:30 A Bank Run [BUS] [CR] 1:30 • 12 QUARTERS BINGO!!! [CR] Concerts: The Bartered Bride Candy BINGO [CR] 2:00 a Senior Lifestyle community Insurance Company [CR] 2:30 • Mahjong Learning Class [CR] 2:00 Canasta Card Game [CR] 3:00 Current Events Discussion Hosted by Happy Hour w/ Laila SUNDAY MOVIE: Rudy [TR] Wine Down Wednesday w/ Music 2 M 3:00 DR STIVER'S MUSIC LECTURE Champagne Tasting Larry Schnee [TR] 7:30 Monday Movie: Our Souls 2:00 • Board Games [CR] **SUNDAY GAME NIGHT** Ears Trio [FL] PBS: The Sistine Chapel Explained 5:30 Happy Hour w/ Donnie McBroom [FL] PBS: Lucille Ball Documentary [TR] 6:30 Family Feud Trivia [FL] (RESIDENT-RUN) BOARD at Night ITRI Adventure Movie: Happiness for 3:00 Action Movie: Rocky Beginners [TR] National Geographic: Miracle GAMES!!! [FL] Dog &Reindeer Calf [TR] Chair Yoga [TR] **National Elephant Day** 9:30 O Chair Fitness Class [TR] **HDB! Irene Morris HBD! Carol Stivers** HDB! Charlotte Osgood 5 HBD! (HBD! Charlotte O'Keefe *Enjoy- Dining Partnership Event BALANCE CLASS WITH 0:30 O Virtual SeniorFit w/ 9:30 O Senior Zumba [TR] 9:30 Fitness Class [TR] 10:15 • Gospel Music 10:30 O Virtual SeniorFit **Morning Exercise** EMPOWER!!! [3FC]
9:30 Senior Zumba [TR] Bradford [TR] *Outing 0:30 O Virtual SeniorFit w/ 0:30 🖨 Brookhaven Costco-Hour! [TR] with Senior Fit w/Bradford [TR] Canasta Card Game [CR] Bradford [TR] 10:30 • Virtual SeniorFit w/Bradford [TR] Publix Grocery Loop **Live Stream Church Service** 11:00 **BAKING CLUB: Peach** LUNCH BUNCH: Fortune Cookie [FL] Leadership & Volunteerism 1:00 BP Checks w/ Engaged Living [TR] 1:00 A HAIR & NAIL APPOINTMENTS Knit & Crochet Group [CR] **Cobbler Pound Cake-**11:30 Yoga & Stretch w/ Lindy! (Theater) 11:00 🖨 Shopping Trip Target 11:00 11:00 • Rummikub [CR] 10:30 Senior Fit w/ Bradford [TR] Lectures & Learning Sunday Brunch @ The 11:15 • 12 QUARTERS BINGO [CR] 1 - 3 • Bridge Club 12:00 O Ballroom Dance with Maria! [TR] Room 914 11.15 Beading Class [CR] 1 - 3 • Bridge Club Wordscapes Trivia Game [TR] 11:30 Renaissance [DR] 1 - 3 Bridge Club 1:00 • The Metropolitan Opera Recreation & Entertainment 1 - 3 • Bridge Club 2:00 • 12 QUARTERS BINGO [FL] Bridge Club 1-3 1:00 O Tai Chi w/ Harvey Meisner [TR] 12:00 Men's Luncheon Concerts: II Trovatore [TR] 1 - 3 • Bridge Club 1:30 • 12 QUARTERS BINGO!!! Mahjong Learning Class [CR] 1:30 • 12 QUARTERS BINGO!!! [CR] 2:00 • Entertainment & Pina Colada w/ Judy & Br 1 - 3 • Bridge Club Self Expression & the Arts Candy BINGO [CR] Wine Down Wednesday w/ SAX Board Games [CR] **Current Events Discussion** Flower Committee [CR] 5:00 M DINING ACTION STATION (all throughout Family Feud Trivia [FL] **SUNDAY MOVIE: For Love Of** 3:00 1:30 • Shuffleboard Tournament [FL] Hosted by Larry Schnee [TR] Spiritual Health & Religion Happy Hour w/ Rick dinner~ come at your normal time) [DR] PBS: Tyrus Wong- Chinese Artist [TR] The Game [TR] 4:00 Happy Hour w/ Michael King [FL] 5:00 National Geographic: Gater-5:30 PBS: Elephant Documentary [TR] **Paradise** 3:00 • DR STIVER'S MUSIC LECTURE [TR] Strength & Vitality 7:30 • Shabbat Service [TR] **SUNDAY GAME NIGHT** Aid [TR] 7:30 Monday Movie: The Last 6:30 • Adventure Movie: Spaceman [TR] (RESIDENT-RUN) BOARD Travels & Treks Laugh [TR] GAMES!!! [FL] **Jewelry Consultant BALANCE CLASS WITH Senior Citizens Day** 10:15 • Gospel Music 9:30 IBD! Debra Morse 9:30 Fitness Class [TR] Morning 8 Ω 10:00 with Alberta [FL] EMPOWER!!! [3FC] 9:30 O Senior Zumba [TR] Hour! [TR] 10:30 🚍 **Brookhaven** Exercise with 9:30 O Senior Zumba [TR] 9:30 Chair Yoga [TR] 9:30 O Chair Fitness Class [TR] 10:30 O Virtual SeniorFit w/ Costco-Publix 11:15 • Live Stream Senior Fit [TR] 10:30 O Virtual SeniorFit w/ 10:30 O Virtual SeniorFit w/ Bradford [TR] Global Jewelry **Church Service** Grocery Loop [FL] 10:30 • Gardening Club w/ Diana Bradford [TR] Bradford [TR] BP Checks w/ Engaged Living [TR] Repair 1:00 A HAIR & NAIL APPOINTMENTS 10:30 Senior Fit w/ Bradford [TR] Cooking w/ Diana Room 914 [CR] Knit & Crochet Group [CR] 10:30 Virtual SeniorFit w/Bradford [TR] 11:00 1:00 🖨 Shopping Trip: Sam's Club Sunday Brunch @ The 11:00 POOL PARTY at (Sheridan at Fastsi 11:15 Beading Class [CR] 11:30 Yoga & Stretch w/ Lindy! (Theater) 11:30 • Wordscapes Trivia Game [TR] 1:00 • ACTIVITY MEETING [TR] 1 - 3 • Bridge Club 11:30 A ALUMINUM CHEF [FL] Renaissance [DR] 1-3 Bridge Club 1 - 3

Bridge Club 1 - 3 • Bridge Club 12:00 O Ballroom Dance with Maria! [TR] 1:00 • The Metropolitan Opera 1 - 3 • Bridge Club Bridge Club 1:30 • 12 QUARTERS BINGO!!! [CR] 2:00 • \$1 BINGO SOCIAL [FL] 1:30 • 12 QUARTERS BINGO!!! [CR] 1 - 3 • Bridge Club Concerts: Cinderella [TR] 1:00 • Renaissance Resident Meeting [DR] 2:00 • Candy BINGO [CR] **Current Events Discussion** Rummikub 1:00 O Tai Chi w/ Harvey Meisner [TR] 2:30 • 12 QUARTERS BINGO [FL] **Location Keys Board Games [CR]** 3:00 • DR STIVER'S MUSIC LECTURE [TR] **SUNDAY MOVIE: Madea's** 1:30 🖨 Bank Run [BUS] Hosted by Larry Schnee [TR] Happy Hour w/ Donnie Mcbroom 2:30 • Mahjong Learning Class [CR] Family Feud Trivia [FL] 3:00 6:30 Adventure Movie: The Wonder [TR] 3:00 • 4 Kings in a Corner Card Game [TR] **Destination Wedding [TR]** 4:00 7:30 Monday Movie: The Miracle Club 3rd FL Conservatory Rm 3FC 4:00 • Wine Down Wednesday w/Music 2 My Happy Hour w/ Chanel Reid PBS: Art History: What Makes a Carravagio [TR] National Geographic: Big **SUNDAY GAME NIGHT** Ears [FL] 5:30 PBS: Thermopylae Battle [TR] Game of Thrones [TR] (RESIDENT-RUN) BOARD **Community Bus BUS** Action Movie: White House GAMES!!! [FL] Down [TR] Craft Room CR 10:15 • Gospel Music 9:30 Chair Fitness Class [TR] HBD! Stephen Ho HDB! Patricia Pruss **KEY EVENT** 9:30 Fitness Class [TR] **Morning Exercise** Hour! [TR] Wizard of Oz Day omen's Equality Day Virtual SeniorFit w/ 9:30 Senior Zumba [TR] with Senior Fit [TR] Front Lobby 10:30 🖨 Brookhaven FL Bradford ITR Knit & Crochet Group **BALANCE CLASS WITH** Live Stream Chair Yoga [TR] 10:30 O Virtual SeniorFit w/ Costco-Publix 1:15 Corn Hole [FL] Main Dining Room DR EMPOWER!!! [3FC] Bradford [TR] **Church Service** 10:30 Virtual SeniorFit w/Bradford [TR] Grocery Loop [FL] LUNCH BUNCH: South City Kitchen 11:30 9:30 O Senior Zumba [TR] 1 - 3 • Bridge Club 1:00 BP Checks w/ Engaged Living Cooking w/ Michelle Room 914 10:30 Senior Fit w/ Bradford [TR] **Theater Room** 10:30 O Virtual SeniorFit w/Bradford [TR] The Metropolitan Opera 11:30 Sunday Brunch @ The (Lasagna) 11:30 O Yoga & Stretch w/ Lindy! (Theater) Beading Class [CR] 11:15 11:00 A HAIR & NAIL APPOINTMENTS Concerts: La Clemenza di Tito 1:00 Shopping Trip to Lenox Mall [FL] 1 - 3

Bridge Club Renaissance [DR] 11:30 Pamper Party [CR] 1 - 3 • Bridge Club 1-3 • 11:15 • 12 QUARTERS BINGO [CR] Bridge Club 1:30 • 12 QUARTERS BINGO!!! [CR] 12:00 O Ballroom Dance with Maria! [TR] 1 - 3 • Bridge Club 1:30 • 12 QUARTERS BINGO!!! [CR]

1:30 • 12 QUARTERS BINGO

5:30

2:30 • Mahjong Learning Class [CR]

EVERYONE'S INVITED

4:00 Monthly Birthday w/ Ollie & Ashleigh

PBS Ancient Guinness World Record

Wizard of Oz Movie & Popcorn

Monday Movie: Field of Dreams

Happy Hour w/ Sonya

Bar [TR]

1 - 3

Bridge Club

3:00 • Corn Hole [FL]

History [TR]

1:00 O Tai Chi w/ Harvey Meisner [TR]

Documentary [TR]

2:00 • 100vrs of Women's Voting Rights

PBS: Fearless Women Who Change

Wordscapes Trivia Game [TR]

Flower Committee [CR]

4:30 • KEY EVENT: A Night in Hollywood

11:30

1:00

1 - 3 • Bridge Club

2:00 • Afternoon Tea Party

Board Games [CR]

Family Feud Trivia [FL]

Super Bowl Stallion [TR]

National Geographic: Dr.Pol's

Continued at top

2:00

5:00

Current Events Discussion

4:00 Happy Hour w/ Ricky [FL]

7:30 • Family Friday Movie: [TR]

Hosted by Larry Schnee [TR]

2:00 • Candy BINGO [CR]

SUNDAY MOVIE: A

GAMES!!! [FL]

Jazzman's Blues [TR]

SUNDAY GAME NIGHT

(RESIDENT-RUN) BOARD