January 2024 Monthly Activities Memory Care Wednesday Sunday Monday Tuesday Thursday Friday Saturday 3 10:00 • Chair Exercise 10:00 • Morping W. 7 5 10:00 • Chair Yoga [MLR] 10:30 • B. Stylish Nails 10:00 • Morning Walk **1** 10:00 ● Zumba with 10:00 • Chair Zumba New Year's Day GIGI [MLR] About [OOC] with GiGI [MLR] 10:00 • Chair Jazzercise 10:30 • Walking Club 11:00 • Theatre Outing: 10:00 • Wake up About [OOC] 10:30 • MC Outing: and Manicures [MCS] 11:30 🍴 Thymeless Gardening Grand Theater [T] workout Scenic Drive [OOC] 11:00 🍴 Thymeless Gardening "You must be the 10:30 • Morning Walk About Harvest [MP] 1:30 | Thymeless Cooking [MDR] MEMORY CARE 1:30 Crafting Corner [MGT] 1:30 Music Jams and Club [LP] 1:00 • Busy Board: Word Game change you wish to 1:30 • Talk to me Alphabet Word Instruments 3:00 • How Many words in that 1:30 • iN2L How Much did that nbrace 1:30 | Thymeless Cooking [LLR] [MGT] Game [MLR] Phrase? [MLR] 1:30 • iN2L Trivia Cost? 2:30 | Ice Cream Socials [MDR] see in the world." 2:00 / Bookmarks: Reading Club 2:30 Thymeless Cooking [LD] BY SENIOR LIFESTYLE 2:30 • Sing Along with Ron 3:30 / Bookmarks: Reading Club 2:30 Thymeless Cooking [LDR] 3:30 • Guitar Solo [MDR] 3:30 • Happy Hour with 3:30 • Busy Board Unscramble 3:15 Thymeless Cooking [ML] 5:30 • Movie Night [LLR] 3:00 | Thymeless Cooking **Conversation Cards** — Mohandas Gandhi 5:30 • Word Search with Care Words [MGT] 5:30 • Evening Game Shows: 3:30 • "Musical" It's my turn to 5:30 • People Puzzler Game Show WWW.SENIORLIFESTYLE.COM Family Feud CH 34 [MLR] [MLR] 5:30 • Puzzle Hour with Care answer [LLR] CH.233 [MLR] Activities are subject to change [MLR] 5:30 Move Night 10:00 • Zumba with GIGI [MI D] 10:00 Morning Garden 10:00 • Chair 10:00 Morning Walk 10:00 • Chair Exercise 10:00 • Chair Zumba 10:00 • Chair Yoga [MLR] Walk [MP] About [OOC] Jazzercise 10:00 Morning Walk with GiGI [MLR] 10:30 • B. Stylish Nails 10:30 • iN2L Travel and Manicures 10:30 • Walking Club 11:00 • Theatre Outing: 10:00 • Wake up About IOOCl 10:30 • MC Outing: 10:45 • Hymns Archdiocese of Palm [MCS] Grand Theater [OOC] Scenic Tour [OOC] 11:30 🍴 Thymeless Gardening workout 11:00 🍴 Thymeless Gardening Beach [MLR] 10:30 • Morning Walk About Harvest [MP] 1:30 • Music Jams and 1:30 Thymeless Cooking [MDR] 1:30 Crafting Corner [MGT] Club [LP] 1:00 • Busy Board: Word Game **ADDINGTON PLACE** Mass Archdiocese of Palm Instruments 1:30 • Talk to me Alphabet Word 3:00 • How Many words in that 1:30 | Thymeless Cooking [LLR] 1:30 • iN2L How Much did that **Beach Church Service OF STUART** Game [MLR] 1:30 • iN2L Trivia Phrase? [MLR] Cost? 2:30 | Ice Cream Socials [MDR] Game Table Time! Pool, 2:00 / Bookmarks: Reading Club 2:30 Thymeless Cooking [LD] 2:30 • Sing Along with Ron 3:30 / Bookmarks: Reading Club 2:30 | Thymeless Cooking [LDR] 3:30 • Guitar Solo [MDR] Cards and Puzzles a Senior Lifestyle community 3:30 • Happy Hour with 3:15 Thymeless Cooking 3:30 • Busy Board Unscramble 5:30 • Movie Night [LLR] 3:00 Thymeless Cooking 2:15 | Thymeless Cooking 5:30 • Evening Game Shows: 5:30 • Word Search with Care **Conversation Cards** Words [MGT] 3:30 • "Musical" It's my turn to 4:00 • Music Down Memory Lane 5:30 • Puzzle Hour with Care [MLR] 5:30 • People Puzzler Game Family Feud CH 34 [MLR] [MLR] answer [LLR] Show CH.233 [MLR] [MLR] 5:30 Coloring with Care [MLR] 5:30 Move Night Martin Luther King, Jr. Day 10:00 • Chair Zumba with 10:00 • Chair Yoga [MLR] \*BOOKMARKS 10:00 Morning Garden 10:00 • Zumba with 10:00 Morning Walk 10:00 • Chair Exercise Walk [MP] GIGI [MLR] About [OOC] GiGI [MLR] 10:30 • B. Stylish Nails 10:00 • Chair Jazzercise 10:00 Morning Walk \*Better Together 10:30 iN2L Travel 10:30 • Audible Hearing and Manicures 10:30 • Walking Club 11:00 • Theatre Outing: 10:00 • Wake up About [OOC] \*SNAPSHOTS 10:45 • Hymns Archdiocese of Palm [MCS] 11:30 🍴 Thymeless Gardening Grand Theater [OOC] workout 11:00 👖 Thymeless Gardening 10:30 • MC Outing: Scenic Tour 10:30 Morning Walk About Beach [MLR] Harvest [MP] \*THYMELESS 1:30 • Music Jams and 1:30 | Thymeless Cooking [MDR] Club [LP] 11:00 • Mass Archdiocese of Palm [OOC] 1:00 • Busy Board: Word Game 1:30 • Talk to me Alphabet Word Instruments 3:00 • How Many words in that 1:30 Thymeless Cooking LLR CONNECT 1:30 Crafting Corner [MGT] **Beach Church Service** Game [MLR] 1:30 • iN2L Trivia Phrase? [MLR] 2:30 👺 Ice Cream Social [MDR] Game Table Time! Pool, 1:30 • iN2L How Much did that 2:00 / Bookmarks: Reading Club 2:30 | Thymeless Cooking [LD] CONTRIBUTE 2:30 • Sing Along with Ron 3:30 Bookmarks: Reading Club 3:30 • Guitar Solo [MDR] Cards and Puzzles Cost? 3:30 • Happy Hour with FEEL 3:15 Thymeless Cooking [ML] 2:15 | Thymeless Cooking 2:30 Thymeless Cooking [LDR] 3:00 Thymeless Cooking 5:30 • Movie Night [LLR] Conversation Cards Word Search with Care 5:30 • Evening Game Shows: 3:30 • Busy Board Unscramble 3:30 • "Musical" It's my turn to GROW 4:00 • Music Down Memory Lane 5:30 • People Puzzler Game Show [MLR] Family Feud CH 34 [MLR] [MLR] Words [MGT] answer [LLR] CH.233 [MLR] MOVE Coloring with Care [MLR] 5:30 • Puzzle Hour with Care [MLR] 5:30 Move Night REFLECT 10:00 Morning Garden 10:00 • Chair 10:00 • Zumba with 10:00 • Morning Walk 10:00 • Chair Exercise 10:00 • Chair Zumba 10:00 • Chair Yoga [MLR] Walk [MP] GIGI [MLR] About [OOC] with GiGI [MLR] 10:30 • B. Stylish Nails Jazzercise 10:00 Morning Walk 10:30 • iN2L Travel and Manicures 0:30 • Walking Club 11:00 • Theatre Outing: 10:00 • Wake up About [OOC] 10:30 • MC Outing: 10:45 • Hymns Archdiocese of Palm [MCS] Scenic Tour [OOC] 11:30 🍴 Thymeless Gardening Grand Theater [OOC] workout 11:00 👭 Thymeless Gardening 10:30 Morning Walk About Beach [MLR] 10:30 • iN2l Beach Travel [OOC] Club [LP] 1:30 Crafting Corner [MGT] Harvest [MP] 1:30 • Music Jams and 11:00 Mass Archdiocese of Palm 1:00 • Busy Board: Word Game **Location Keys** 1:30 • Talk to me Alphabet Word Instruments 1:30 Thymeless Cooking [MDR] 1:30 | Thymeless Cooking [LLR] 1:30 • iN2L How Much did that Beach Church Service Game [MLR] 1:30 • iN2L Trivia How Many words in that 2:30 | Ice Cream Socials [MDR] Cost? Lyric Dining Room LD 1:15 • Game Table Time! Pool, 2:00 / Bookmarks: Reading Club Phrase? [MLR] 2:30 | Thymeless Cooking [LD] 2:30 • Sing Along with Ron 3:00 Tea Time with Soyna 2:30 Thymeless Cooking [LDR] Cards and Puzzles Lyrical Dining Room LDR 3:30 • Busy Board Unscramble 3:30 • Happy Hour with 3:15 Thymeless Cooking 3:30 Bookmarks: Reading Club [MDR] 3:00 | Thymeless Cooking 2:15 | Thymeless Cooking Lyrical Living Room LLR **Conversation Cards** [ML] Words [MGT] 5:30 • Evening Game Shows: 5:30 • Movie Night [LLR] 4:00 • Music Down Memory Lane 3:30 • "Musical" It's my turn to Lyrical Patio LP 5:30 • People Puzzler Game Family Feud CH 34 [MLR] 5:30 • Word Search with Care 5:30 • Puzzle Hour with Care [MLR] answer [LLR] Show CH.233 [MLR] [MLR] Melody M 5:30 • Coloring with Care [MLR] [MLR] 5:30 Move Night Melody Dining Room **MDR** 3 Melody Game Tables 10:00 • Morning Garden 10:00 • Chair 10:00 • Zumba with 10:00 • Morning Walk O **MGT** 00 Walk [MP] GIGI [MLR] About [OOC] Jazzercise Melody Library ML 10:30 • iN2L Travel 0:30 • Walking Club 11:00 Theatre Outing: 10:00 • Wake up Melody Living Room MLR 10:45 • **Hymns** Grand Theater [OOC] 11:30 🍴 Thymeless Gardening workout Archdiocese of Palm Beach Melody Patio MP Harvest [MP] 1:30 • Music Jams and 1:30 | Thymeless Cooking [MDR] [MLR] **Memory Care Salon** MCS 1:30 • Talk to me Alphabet Word Instruments How Many words in that 11:00 Mass Archdiocese of Palm **Outside Community** 000 Game [MLR] 1:30 • iN2L Trivia Phrase? [MLR] **Beach Church Service** 1:15 • Game Table Time! Pool, Cards 2:30 Thymeless Cooking [LD] 2:30 • Sing Along with Ron 3:30 **Bookmarks**: Reading Club Theater and Puzzles 3:15 Thymeless Cooking 3:30 • Happy Hour with [ML] 2:15 | Thymeless Cooking

**Conversation Cards** 

Show CH.233 [MLR]

5:30 • People Puzzler Game

5:30 • Evening Game Shows:

Family Feud CH 34 [MLR]

5:30 • Word Search with Care

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[MLR]

4:00 • Music Down Memory Lane

Coloring with Care [MLR]