March 2024 Monthly Activities Sunday Monday Tuesday Wednesday Thursday Friday Saturday March cont'd 10:00 Brain Health University 11:00 Meditation, Hand **Resident Birthdays** Kickoff Class [CM] Massage [CM] 10:00 ● KnitWits (Knitting Club) 1:00 Dominoes w/ Friends Bruce O. 3/3 Elite 8 for March Madness 11:00 O Chair Yoga w Gina [CM] 1:30 • Bingo-3\$ Bring a Friend [CM] 3/10 Josephine E. 9:00 • 1st Methodist & Jupiter 1:00 • Walking Club-Meet in the Atrium [A] 1:30 • Matinee Movie-La La Land [GT] First Church [0] Irene S. 3/12 1:15 • Water Aerobics w/ Dominique [PS] 3:00 • Happy Hour [B] 9:40 • St. Jude's Catholic Church [O] 1:30 • Matinee Movie-I Believe 7:00 • Evening Movie-La La Land [GT] 3/14 Patricia W. 10:00 • WII Tournament [CR] 1:30 • Play Uno with Hannah [CM] 10:20 St. Peters Catholic Church 3/20 Jayne D. 3:00 Hangman [CM] 11:00 O Chair Exercise [CM] 7:00 • Evening Movie-I Believe [GT] 3/20 Javne D. 1:30 • Matinee Movie [GT] 1:45 • Easter Egg Hunt with Children and Margaret C. 3/23 Photos with the Easter Bunny [B] 3/23 Ruby H. 3:00 • Ice Cream Social [B] 7:00 • Evening Movie [GT] 3/23 Robert S. 9:00 • Catholic Communion [2L] 10:00 • Brain Health Union 11:00 • Meditation, Hand 9:00 • 1st Methodist & Jupiter 10:00 O Brain Health University 10:00 • Shopping Outing: Publix 10:00 • Shopping Outing: Bealls 10:00 • Brain Health University First Church [0] Class 1-Coordinated Class 3-Waterco Massage [CM] Wellness Checks w/ Brain Health University 1:00 O Yoga with Jane Li [CM] Painting [CM] 1:00 Dominoes w/ Friends 9:40 St. Jude's Catholic Hands exercise and Cross Body Movements Church [O] Angela [2L] 10:00 • KnitWits (Knitting Club) Class 2-Brain Boosting 1:30 • Matinee Movie [GT] 10:00 • WII Tournament [CR] 11:00 O Chair Yoga w/Gina [CM] Benefits of Dark Chocolate-Taste 1:30 • Bingo-3\$ Bring a Friend [CM] 2:00 • Free Bingo For Prizes [CM] 11:15 O Strength Exercises w/Gaily [CM] Testing and have some Oreo treats 11:00 O Chair Yoga w Gina [CM] 10:20 St. Peters Catholic Church 11:00 • Gardening [A] 3:00 • Ladies Tea Time [B] 1:30 • Matinee Movie [GT] 1:00 Bridge Anyone? 11:00 • Walking Club-Meet in the Atrium [A] 1:15 • Water Aerobics with Dominique **ADDINGTON PLACE** 11:00 O Chair Exercise [CM] 7:00 • Evening Movie [GT] 3:00 • Happy Hour [B] 11:15 O Strength Exercises w/Gaily [CM] 1:30 • Matinee Movie [GT] 1:15 • Water Aerobics w/ Dominique [PS] 1:30 • Matinee Movie [GT] 1:30 Matinee Movie 7:00 • Evening Movie [GT] OF JUPITER 1:30 • Balloon Tennis [CM] 1:30 • Mindercize [CM] 1:30 Crafts with Hana [CM] 1:45 Bingo-3\$ Bring a Friend [CM] 1:30 O Volleyball Competition in a Chair-Join 3:00 • Happy Hour [B] 1:30 • Matinee Movie [GT] the Residents in Memory Care for a 3:00 • Ice Cream Social [B] 1:30 Matinee Movie 3:00 • Cocktail Hour w/ Troy 7:00 • Evening Movie [GT] **Fun Competition** a Senior Lifestyle community 7:00 • Evening Movie [GT] 3:00 Hangman [CM] 7:00 • Evening Movie [GT] 3:00 • Jeopardy Trivia w/ Susan [CM] 7:00 • Evening Movie [GT] 4:30 • Taco Tuesday 4:30-6pm [B] 7:00 • Evening Movie [GT] 10:00 O Brain Health University 11:00 • Meditation, Hand 10:00 • Shopping Outing: Dollar Daylight Saying Time Begins 10:00 Brain Health University 10:00 • Shopping Outing: Publix 9:00 Catholic Communior 16 Class 4-Left Right Class 6-Deep Sleep Massage [CM] 9:00 • 1st Methodist & Jupiter *Outing Center Game [CM] Wellness Checks w/ 10:00 Brain Health University 11:00 O Yoga with Jane Li [CM] Masks and Rhythmic 1:00 Dominoes w/ Friends First Church [0] 11:15 O Strength Exercises w/ Angela [2L] Class 5-Rhymes, 1:30 Matinee Movie [GT] 9:40 St. Jude's Catholic explore - Leadership & Volunteerism Gaily [CM] 11:00 O Chair Yoga w/Gina [CM] Metaphors and Similes [CM] 2:00 • Free Bingo For Prizes [CM] 1:30 • Bingo-3\$ Bring a Friend [CM] Church [0] 10:00 • KnitWits (Knitting Club) [2L] Bridge Anyone? 11:15 O Strength Exercises w/Gaily [CM] 1:30 • Matinee Movie [GT] 11:00 • Gardening [A] 7:00 • Evening Movie [GT] explore - Lectures & Learning 10:00 • WII Tournament [CR] 1:30 • Chef Demo [CM] 1:30 O Balloon Tennis [CM] 11:00 O Chair Yoga w Gina [CM] 12:00 Birthday Luncheon for March 3:00 • Happy Hour [B] 10:20 St. Peters Catholic Church 1:30 • Matinee Movie [GT] Birthdays [ILD] 11:00 • Loggerhead Museum in Juno Beach explore - Recreation & Entertainment 1:30 • Matinee Movie [GT] 7:00 • Evening Movie [GT] 11:00 O Chair Exercise [CM] 3:00 • Happy Hour with John Paolillo [B] Mens Club Baseball Game at Roger 3:00 Cocktail Hour w/ Sto 1:30 Matinee Movie [GT] 1:00 • Walking Club-Meet in the Atrium [A] explore - Self Expression & the Arts 7:00 • Evening Movie [GT] Dean Stadium [O] 7:00 • Evening Movie [GT] 1:45 Bingo-3\$ Bring a Friend [CM] 1:15 O Water Aerobics with Dominique 1:15 • Water Aerobics with Dominique [PS] 3:00 • Ice Cream Social and IT [B] explore - Spiritual Health & Religion 1:30 • Matinee Movie 1:30 Crafts with Hana [CM] 7:00 • Evening Movie [GT] 3:00 • Jeopardy Trivia w/ Susan [CM] 1:30 • Matinee Movie explore - Strength & Vitality 3:00 • Hangman [CM] 4:30 • Dinner Outing-Latitudes [B] 7:00 • Evening Movie [GT] 7:00 • Evening Movie [GT] explore - Travels & Treks First Round of March Madness 10:00 O Brain Health University 10:00 • Shopping Outing: Publix First Round of March Madness March Madness Week begins with First Four of March Madness **Second Round of March Madness** Selection Sunday on CBS Class 7-Nature Walk O 11:15 O Strength Exercises w/ 10:30 • Wellness Checks w/ 10:00 • Brain Health University-St. Patrick's Day 9:00 • Catholic Communion 10:00 • Health Talk/Name That 11:00 • Meditation, Hand Gaily [CM] Angela [2L] Tune with Elissa [B] Class 9-Daffodil Poem Massage [CM] 9:00 • 1st Methodist & Jupiter 11:00 O Chair Yoga w/Gina [CM] First Church [0] 12:00 New Resident Welcome Lunch 10:00 Brain Health University Class 10:00 💂 Shopping Outing: Walmart [0] and Reflection [CM] 1:00 Dominoes w/ Friends [2L] [ILD] 11:00 • Gardening [A] 8-Smarty Smoothies [CM] 11:00 O Yoga with Jane Li [CM] 10:00 • KnitWits (Knitting Club) [2L] 1:30 Bingo-3\$ Bring a Friend [CM] 9:40 St. Jude's Catholic Church [O] 1:00 Bridge Anyone? 1:15 O Water Aerobics with Dominique 11:15 O Strength Exercises w/Gaily [CM] 11:00 O Chair Yoga w Gina [CM] 1:30 • Matinee Movie [GT] 1:30 • Matinee Movie [GT] 10:00 🌘 WII Tournament [CR] 1:30 • Enjoy Warren Millers Snowriders [GT] 1:30 • Matinee Movie 1:00 O Walking Club-Meet in the Atrium [A] 1:30 O Balloon Tennis [CM] 2:00 • Free Bingo For Prizes [CM] 10:20 • St. Peters Catholic Church 3:00 • Happy Hour [E **Location Keys** 1:30 Mindercize [CM] 2:00 Birthday Luncheon for March 1:15 O Water Aerobics w/ Dominique [PS] 1:30 • Matinee Movie [GT] 3:00 ● Resident Council Meeting [CM] 7:00 • Evening Movie [GT] 11:00 O Chair Exercise [CM] 3:00 • Happy Hour [B] Birthdays [ILD] 7:00 • Evening Movie [GT] 1:30 • Matinee Movie 1:30 • Matinee Movie [GT] 3:00 • Jeopardy Trivia [CM] Atrium 7:00 • Evening Movie [GT] 7:00 • Evening Movie [GT] 1:30 • Play Uno with Hannah [CM] 1:45 • Bingo-3\$ Bring a Friend [CM] 4:30 • Taco Tuesday 4:30-6pm [B] 2:30 • Hearing Screenings and Hearing Aid 3:00 • St. Patricks Day Happy Hour [B] Bistro 7:00 • Evening Movie [GT] Checks and Cleaning [CM] 7:00 • Evening Movie [GT] 3:00 • Wine Tasting with Robert [B] CR Card Room 7:00 • Evening Movie [GT] Community Room CM Second round of March Madness 10:00 Brain Health University Sweet 16 of March Madness Flite 8 for March Madness 10:00 • Shopping Outing: Publix 9:00 • Catholic Communion Sweet 16 of March Madness GT **Grand Theatre** Class 10-Brain Blocks 1:00 • Meditation, Hand ZŌ 10:30 • Wellness Checks w/ 11:15 O Strength Exercises w/ 10:00 O Brain Health University 10:00 • Brain Health University 9:00 • 1st Methodist & Jupiter 10:00 Brain Health University Massage [CM] **IL Dining Room** First Church [0] Gaily [CM] Angela [2L] Class 11-Progressive Class 12-Ice Breaker Graduation 1:00 Dominoes w/ Friends 11:00 O Chair Yoga w/Gina [CM] 1:00 • Bridge Anyone? Muscle Relaxation [CM] Game and Bio Poems [CM] 9:40 St. Jude's Catholic Church [O] 10:00 KnitWits (Knitting Club) [2L] Outing [2L] 1:30 Matinee Movie [GT] 11:00 • Gardening [A] 11:15 O Strength Exercises w/Gaily [CM] 10:00 🖨 Shopping Outing: Ross and TJ Maxx 11:00 O Chair Yoga w Gina [CM] 1:30 Bingo-3\$ Bring a Friend [CM] 10:00 WII Tournament [CR] 1:30 Mindercize [CM] 1:15 • Water Aerobics with Dominique 1:30 O Balloon Tennis [CM] Poolside 10:20 St. Peters Catholic Church 1:00 • Walking Club-Meet in the Atrium [A] 1:30 • Matinee Movie [GT] 1:30 Matinee Movie 1:30 • Matinee Movie [GT] 1:00 O Yoga with Jane Li [CM] 3:00 Happy Hour [B] 11:00 O Chair Exercise [CM] 1:15 O Water Aerobics w/ Dominique [PS] 3:00 • Happy Hour [E Second Floor Living Room 2L 3:00 • Jeopardy Trivia [CM] 1:30 • Matinee Movie [GT] 7:00 • Evening Movie [GT] 1:30 • Matinee Movie [GT] 1:30 • Crafts with Hana [CM] 7:00 • Evening Movie [GT] 7:00 • Evening Movie [GT] 2:00 • Free Bingo For Prizes [CM] 4:30 • Dinner Outing-Kee Grill [O] 1:45 • Bingo-3\$ Bring a Friend [CM] 1:30 • Matinee Movie 7:00 • Evening Movie [GT] Poolside Steel Drummer Brian Henry 3:00 • Ice Cream Social and IT [B] 3:00 1:30 • Play Uno with Hannah [CM] 7:00 • Evening Movie [GT] 3:00 Hangman [CM] 7:00 • Evening Movie [GT] 7:00 • Evening Movie [GT] Continued at top