



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
  <i>a Senior Lifestyle community</i>	March cont'd 31 Easter Elite 8 for March Madness 9:00 ● 1st Methodist & Jupiter First Church [O] 9:40 ● St. Jude's Catholic Church [O] 10:00 ● WII Tournament [CR] 10:20 ● St. Peters Catholic Church 11:00 ● Chair Exercise [CM] 1:30 ● Matinee Movie [GT] 1:45 ● Easter Egg Hunt with Children and Photos with the Easter Bunny [B] 3:00 ● Ice Cream Social [B] 7:00 ● Evening Movie [GT]	Resident Birthdays Bruce O. 3/3 Josephine E. 3/10 Irene S. 3/12 Patricia W. 3/14 Jayne D. 3/20 Jayne D. 3/20 Margaret C. 3/23 Ruby H. 3/23 Robert S. 3/23				1 10:00 ● Brain Health University Kickoff Class [CM] 10:00 ● KnitWits (Knitting Club) [2L] 11:00 ● Chair Yoga w Gina [CM] 11:00 ● Walking Club-Meet in the Atrium [A] 1:15 ● Water Aerobics w/ Dominique [PS] 1:30 ● Matinee Movie-I Believe 1:30 ● Play Uno with Hannah [CM] 3:00 ● Hangman [CM] 7:00 ● Evening Movie-I Believe [GT]	2 11:00 ● Meditation, Hand Massage [CM] 1:00 ● Dominoes w/ Friends [2L] 1:30 ● Bingo-3\$ Bring a Friend [CM] 1:30 ● Matinee Movie-La La Land [GT] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie-La La Land [GT]	
	9:00 ● 1st Methodist & Jupiter First Church [O] 9:40 ● St. Jude's Catholic Church [O] 10:00 ● WII Tournament [CR] 10:20 ● St. Peters Catholic Church 11:00 ● Chair Exercise [CM] 1:30 ● Matinee Movie [GT] 1:45 ● Bingo-3\$ Bring a Friend [CM] 3:00 ● Ice Cream Social [B] 7:00 ● Evening Movie [GT]	3 10:00 ● Brain Health University Class 1-Coordinated Hands exercise and Cross Body Movements [CM] 11:15 ● Strength Exercises w/Gaily [CM] 1:00 ● Bridge Anyone? 1:30 ● Matinee Movie [GT] 1:30 ● Mindercize [CM] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]	4 10:00 ● Shopping Outing: Publix [O] 10:30 ● Wellness Checks w/ Angela [2L] 11:00 ● Chair Yoga w/Gina [CM] 11:00 ● Gardening [A] 1:15 ● Water Aerobics with Dominique 1:30 ● Matinee Movie 1:30 ● Volleyball Competition in a Chair-Join the Residents in Memory Care for a Fun Competition 3:00 ● Jeopardy Trivia w/ Susan [CM] 4:30 ● Taco Tuesday 4:30-6pm [B] 7:00 ● Evening Movie [GT]	5 11:00 ● Chair Yoga w/Gina [CM] 1:15 ● Water Aerobics with Dominique 1:30 ● Matinee Movie 1:30 ● Volleyball Competition in a Chair-Join the Residents in Memory Care for a Fun Competition 3:00 ● Jeopardy Trivia w/ Susan [CM] 4:30 ● Taco Tuesday 4:30-6pm [B] 7:00 ● Evening Movie [GT]	6 9:00 ● Catholic Communion [2L] 10:00 ● Brain Health University Class 2-Brain Boosting Benefits of Dark Chocolate-Taste Testing and have some Oreo treats [CM] 11:15 ● Strength Exercises w/Gaily [CM] 1:30 ● Balloon Tennis [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Cocktail Hour w/ Troy 7:00 ● Evening Movie [GT]	7 10:00 ● Shopping Outing: Bealls [O] 11:00 ● Yoga with Jane Li [CM] 1:30 ● Matinee Movie [GT] 2:00 ● Free Bingo For Prizes [CM] 3:00 ● Ladies Tea Time [B] 7:00 ● Evening Movie [GT]	8 10:00 ● Brain Health University Class 3-Watercolor Painting [CM] 10:00 ● KnitWits (Knitting Club) [2L] 11:00 ● Chair Yoga w Gina [CM] 11:00 ● Walking Club-Meet in the Atrium [A] 1:15 ● Water Aerobics w/ Dominique [PS] 1:30 ● Crafts with Hana [CM] 1:30 ● Matinee Movie 3:00 ● Hangman [CM] 7:00 ● Evening Movie [GT]	9 11:00 ● Meditation, Hand Massage [CM] 1:00 ● Dominoes w/ Friends [2L] 1:30 ● Bingo-3\$ Bring a Friend [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]
	*Outing ● explore - Leadership & Volunteerism ● explore - Lectures & Learning ● explore - Recreation & Entertainment ● explore - Self Expression & the Arts ● explore - Spiritual Health & Religion ● explore - Strength & Vitality ● explore - Travels & Treks	Daylight Saving Time Begins 9:00 ● 1st Methodist & Jupiter First Church [O] 9:40 ● St. Jude's Catholic Church [O] 10:00 ● WII Tournament [CR] 10:20 ● St. Peters Catholic Church 11:00 ● Chair Exercise [CM] 1:30 ● Matinee Movie [GT] 1:45 ● Bingo-3\$ Bring a Friend [CM] 3:00 ● Ice Cream Social and IT [B] 7:00 ● Evening Movie [GT]	10 10:00 ● Brain Health University-Class 4-Left Right Center Game [CM] 11:15 ● Strength Exercises w/ Gaily [CM] 1:00 ● Bridge Anyone? 1:30 ● Chef Demo [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Happy Hour with John Paolillo [B] 7:00 ● Evening Movie [GT]	11 10:00 ● Shopping Outing: Publix [O] 10:30 ● Wellness Checks w/ Angela [2L] 11:00 ● Chair Yoga w/Gina [CM] 11:00 ● Gardening [A] 12:00 ● Birthday Luncheon for March Birthdays [ILD] 12:15 ● Mens Club Baseball Game at Roger Dean Stadium [O] 1:15 ● Water Aerobics with Dominique 1:30 ● Matinee Movie 3:00 ● Jeopardy Trivia w/ Susan [CM] 4:30 ● Dinner Outing-Latitudes [B] 7:00 ● Evening Movie [GT]	12 9:00 ● Catholic Communion [2L] 10:00 ● Brain Health University Class 5-Rhymes, Metaphors and Similes [CM] 11:15 ● Strength Exercises w/Gaily [CM] 1:30 ● Balloon Tennis [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Cocktail Hour w/ Stony 7:00 ● Evening Movie [GT]	13 10:00 ● Shopping Outing: Dollar Tree [O] 11:00 ● Yoga with Jane Li [CM] 1:30 ● Matinee Movie [GT] 2:00 ● Free Bingo For Prizes [CM] 7:00 ● Evening Movie [GT]	14 10:00 ● Brain Health University Class 6-Deep Sleep Masks and Rhythmic Tapping for Relaxation [CM] 10:00 ● KnitWits (Knitting Club) [2L] 11:00 ● Chair Yoga w Gina [CM] 11:00 ● Loggerhead Museum in Juno Beach [O] 11:00 ● Walking Club-Meet in the Atrium [A] 1:15 ● Water Aerobics with Dominique [PS] 1:30 ● Crafts with Hana [CM] 1:30 ● Matinee Movie 3:00 ● Hangman [CM] 7:00 ● Evening Movie [GT]	15 11:00 ● Meditation, Hand Massage [CM] 1:00 ● Dominoes w/ Friends [2L] 1:30 ● Bingo-3\$ Bring a Friend [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]
	Location Keys Atrium A Bistro B Card Room CR Community Room CM Grand Theatre GT IL Dining Room ILD Outing O Poolside PS Second Floor Living Room 2L	March Madness Week begins with Selection Sunday on CBS St. Patrick's Day 9:00 ● 1st Methodist & Jupiter First Church [O] 9:40 ● St. Jude's Catholic Church [O] 10:00 ● WII Tournament [CR] 10:20 ● St. Peters Catholic Church 11:00 ● Chair Exercise [CM] 1:30 ● Matinee Movie [GT] 1:45 ● Bingo-3\$ Bring a Friend [CM] 3:00 ● St. Patricks Day Happy Hour [B] 7:00 ● Evening Movie [GT]	17 10:00 ● Brain Health University Class 7-Nature Walk 11:15 ● Strength Exercises w/ Gaily [CM] 12:00 ● New Resident Welcome Luncheon [ILD] 1:00 ● Bridge Anyone? 1:30 ● Enjoy Warren Millers Snowriders [GT] 1:30 ● Mindercize [CM] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]	18 10:00 ● Shopping Outing: Publix [O] 10:30 ● Wellness Checks w/ Angela [2L] 11:00 ● Chair Yoga w/Gina [CM] 11:00 ● Gardening [A] 1:15 ● Water Aerobics with Dominique 1:30 ● Matinee Movie 2:00 ● Birthday Luncheon for March Birthdays [ILD] 3:00 ● Jeopardy Trivia [CM] 4:30 ● Taco Tuesday 4:30-6pm [B] 7:00 ● Evening Movie [GT]	19 9:00 ● Catholic Communion [2L] 10:00 ● Brain Health University Class 8-Smarty Smoothies [CM] 11:15 ● Strength Exercises w/Gaily [CM] 1:30 ● Balloon Tennis [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Cocktail Hour w/ Wes Anthony 7:00 ● Evening Movie [GT]	20 10:00 ● Health Talk/Name That Tune with Elissa [B] 10:00 ● Shopping Outing: Walmart [O] 11:00 ● Yoga with Jane Li [CM] 1:30 ● Matinee Movie [GT] 2:00 ● Free Bingo For Prizes [CM] 3:00 ● Resident Council Meeting [CM] 7:00 ● Evening Movie [GT]	21 10:00 ● Brain Health University-Class 9-Daffodil Poem and Reflection [CM] 10:00 ● KnitWits (Knitting Club) [2L] 11:00 ● Chair Yoga w Gina [CM] 11:00 ● Walking Club-Meet in the Atrium [A] 1:15 ● Water Aerobics w/ Dominique [PS] 1:30 ● Matinee Movie 1:30 ● Play Uno with Hannah [CM] 2:30 ● Hearing Screenings and Hearing Aid Checks and Cleaning [CM] 3:00 ● Wine Tasting with Robert [B] 7:00 ● Evening Movie [GT]	22 11:00 ● Meditation, Hand Massage [CM] 1:00 ● Dominoes w/ Friends [2L] 1:30 ● Bingo-3\$ Bring a Friend [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]
		Second round of March Madness continues.... 9:00 ● 1st Methodist & Jupiter First Church [O] 9:40 ● St. Jude's Catholic Church [O] 10:00 ● WII Tournament [CR] 10:20 ● St. Peters Catholic Church 11:00 ● Chair Exercise [CM] 1:30 ● Matinee Movie [GT] 1:45 ● Bingo-3\$ Bring a Friend [CM] 3:00 ● Ice Cream Social and IT [B] 7:00 ● Evening Movie [GT]	24 10:00 ● Brain Health University Class 10-Brain Blocks 11:15 ● Strength Exercises w/ Gaily [CM] 1:00 ● Bridge Anyone? 1:30 ● Matinee Movie [GT] 1:30 ● Mindercize [CM] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]	25 10:00 ● Shopping Outing: Publix [O] 10:30 ● Wellness Checks w/ Angela [2L] 11:00 ● Chair Yoga w/Gina [CM] 11:00 ● Gardening [A] 1:15 ● Water Aerobics with Dominique 1:30 ● Matinee Movie 3:00 ● Jeopardy Trivia [CM] 4:30 ● Dinner Outing-Kee Grill [O] 7:00 ● Evening Movie [GT]	26 9:00 ● Catholic Communion [2L] 10:00 ● Brain Health University Class 11-Progressive Muscle Relaxation [CM] 11:15 ● Strength Exercises w/Gaily [CM] 1:30 ● Balloon Tennis [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Cocktail Hour w/ Lyonel 7:00 ● Evening Movie [GT]	27 10:00 ● Shopping Outing: Ross and TJ Maxx [O] 11:00 ● Yoga with Jane Li [CM] 1:30 ● Matinee Movie [GT] 2:00 ● Free Bingo For Prizes [CM] 3:00 ● Poolside Steel Drummer Brian Henry [PS] 7:00 ● Evening Movie [GT]	28 10:00 ● Brain Health University Class 12-Ice Breaker Game and Bio Poems [CM] 11:00 ● Shopping Outing: Ross and TJ Maxx [O] 11:00 ● Yoga with Jane Li [CM] 1:30 ● Matinee Movie [GT] 2:00 ● Free Bingo For Prizes [CM] 3:00 ● Poolside Steel Drummer Brian Henry [PS] 7:00 ● Evening Movie [GT]	29 10:00 ● Brain Health University Graduation 10:00 ● KnitWits (Knitting Club) [2L] 11:00 ● Chair Yoga w Gina [CM] 11:00 ● Walking Club-Meet in the Atrium [A] 1:15 ● Water Aerobics w/ Dominique [PS] 1:30 ● Crafts with Hana [CM] 1:30 ● Matinee Movie 1:30 ● Play Uno with Hannah [CM] 3:00 ● Hangman [CM] 7:00 ● Evening Movie [GT]
		Elite 8 for March Madness 9:00 ● 1st Methodist & Jupiter First Church [O] 9:40 ● St. Jude's Catholic Church [O] 10:00 ● WII Tournament [CR] 10:20 ● St. Peters Catholic Church 11:00 ● Chair Exercise [CM] 1:30 ● Matinee Movie [GT] 1:45 ● Bingo-3\$ Bring a Friend [CM] 3:00 ● Ice Cream Social and IT [B] 7:00 ● Evening Movie [GT]	30 11:00 ● Meditation, Hand Massage [CM] 1:00 ● Dominoes w/ Friends [2L] 1:30 ● Bingo-3\$ Bring a Friend [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]					30 11:00 ● Meditation, Hand Massage [CM] 1:00 ● Dominoes w/ Friends [2L] 1:30 ● Bingo-3\$ Bring a Friend [CM] 1:30 ● Matinee Movie [GT] 3:00 ● Happy Hour [B] 7:00 ● Evening Movie [GT]