## May 2024 Life Enrichment

Life Enrichment						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL PROGRAMS ARE SUBJECT TO CHANGE TO BETTER SERVE THE NEEDS OF OUR RESIDENTS	Location Bistro B Community Room CR Dining Room DR	on Keys Lobby L Resident Apartment RA Sign Up Required SUR	9:30 h Wingate Word Challenge iN2L [CR] 10:30 ♥ Water Color/Art Class [CR] 11:30 □ Lunch Outing to Mint Indian Restaurant in Lee [SUR] 1:00 ♥ Sketching Group [B] 2:00 ♥ Left-Right-Center Game [B] 2:00 ♥ Left-Right-Center Game [B] 2:00 ♥ Artist's Series with Janice: Jeff Coons BBC Documentary [CR] 2:30 ♥ Shopping Trip to Market 32 (Lenox) [L] 3:30 ♥ Chinese Checkers [CR] 4:00 ★ Resident Connection Visits [RA] 6:00 ★ Heartland Series [CR]	9:30       ♣ Cranium Crunches [CR]       2         10:30       ⑦ Tai Chi with David [CR]       2         11:00       ♣ Left-Right-Center Game       2         11:15       ● Melbourne's Knitting & Crochet Group [CR]       2         1:15       ● Sewing Club [CR]       3:00         3:00       ♥ Bingo [CR]       3:00         3:30       ♥ Resident Connection Visits [RA]         4:00       ♥ Left-Right-Center [CR]         6:00       ♥ Netflix Resident Choice Comedy Movie [CR]	9:30 <ul> <li>iN2L Fun Trivia Challenge [CR]</li> </ul> 33           10:00              Yoga Therapy with Pam [CR]         3           10:30              Pet Therapy Visit with Sherry & Lexi 10:45         Big Crossword Puzzle [CR]           12:30              Symphony Orchestra on the Big Screen [CR]           1:30              Pitch League [B]           3:00              Happy Hour & Music Program with Michael Leidig [B]           4:00              Resident Connection Visits [RA]           6:30              Netflix Series-Virgin River Series [CR]	9:30
Lake [SUR] 11:00 ♣ Piggy Bankers- iN2L [CR] 12:30 ★ Amazing Animals on the Big Screen [CR]	National Nurse's Week Kick-Off!       9:30 ♣ Big Crossword Puzzle [CR]       6         9:30 ♣ Big Crossword Puzzle [CR]       10:30 ☎ Yoga with Vickie [CR]       6         10:15 ☎ Left-Right-Center [CR]       1:00 iN2L FunPiggy Bankers       1:15 ☎ Melbourne Warket Place [CR]         1:15 ☎ Melbourne Women's Group-Create "We Love Our Nurses Bulletin Board" [CR]       2:00 ♣ Jeopardy [CR]         4:00 ☎ Resident Connection Visits [RA]       6:30 ☎ Netflix Series: All the Light We Cannot See [CR]	Nat'l Nurse's Week       9:30 ♣ Activity Planning Meeting [CR]       7         10:00 ※ Pilates with Pam [CR]       10:00 ※ Veteran's & Friends Gathering [B]       7         10:30 ★ Pet Therapy Visit with Kathy & Milo [CR]       10:45 ♣ iN2L FunPiggy Bankers [CR]       12:30 ※ Garden/Craft Club with Janice [CR]         1:30 Scrabble [B]       2:00 ♣ Practice Independent Bridge Club [B]       3:00 ※ Ice Cream Sundae Party with the Nurses!         1:30 % Resident Connection Visits [RA]       6:30 ※ Netflix Series: Life on Our Planet [CR]	Nat'l Nurse's Week       9:30 i. Wingate Word Challenge iN2L [CR]       8         9:30 i. Wingate Word Challenge iN2L [CR]       10:00 Image: Shopping Trip to Guido's [L]       10:00 Image: Shopping Trip to Guido's [L]         10:30 Image: Water Color/Art Class [CR]       10:00 Image: Superstand Stress [CR]       11:00 Image: Sketching Group [B]         12:30 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]         2:00 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]         2:00 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]         2:00 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]       2:00 Image: Sketching Group [B]         2:00 Image: Sketching Group [B]       3:0 Image: Sketching Group [B]       3:0 Image: Sketching Group [B]         2:00 Image: Sketching Group [B]       3:0 Image: Sketching Group [B]       3:0 Image: Sketching Group [B]         3:30 Image: Sketching Group [CR]       3:30 Image: Sketching Group [B]       3:30 Image: Sketching Group [B]         3:30 Image: Sketching Group [CR]       3:30 Image: Sketching Group [CR]       3:30 Image: Sketching Group [B]         3:30 Image: Sketching Group [CR]       3:30 Image: Sketching Group [CR]       3:30 Image: Sketching Group [CR]         3:30 Image: Sketching Group [CR]       3:30 Image: Sketching Group [CR] <td>Nurse's Luncheon &amp; Gifts       9:30 ♣ Cranium Crunches [CR]       9         10:30 參 Tai Chi with David [CR]       10:30 % Tai Chi with David [CR]       9         11:00 參 Left-Right-Center Game       1:15 % Melbourne's Knitting &amp; Crochet Group [CR]         1:15 % Sewing Club [CR]       3:00 % Bingo [CR]         3:00 % Men's Club Discussion Group [B]       3:30 % Resident Connection Visits [RA]         4:00 % Left-Right-Center [CR]       6:00 % Netflix Resident Choice Comedy Movie [CR]</td> <td>Nat'l Nurse's Week       9:30 ♣ iN2L Fun Trivia Challenge [CR]       100         10:00 參 Yoga Therapy with Pam [CR]       100         10:30 ★ Pet Therapy Visit with Sherry &amp; Lexi       200         10:45 ♣ Big Crossword Puzzle [CR]       100         12:30 ♬ Symphony Orchestra on the Big Screen [CR]       115 ♥ Flower Arranging for Our Nurses [B]         1:30 ኞ Pitch League [CR]       3:00 ♬ Happy Hour &amp; Music with Sean Callaghan [CR]         4:00 ኞ Resident Connection Visits [RA]       6:30 ኞ Netflix Series-Virgin River Series [CR]</td> <td><ul> <li>9:30</li></ul></td>	Nurse's Luncheon & Gifts       9:30 ♣ Cranium Crunches [CR]       9         10:30 參 Tai Chi with David [CR]       10:30 % Tai Chi with David [CR]       9         11:00 參 Left-Right-Center Game       1:15 % Melbourne's Knitting & Crochet Group [CR]         1:15 % Sewing Club [CR]       3:00 % Bingo [CR]         3:00 % Men's Club Discussion Group [B]       3:30 % Resident Connection Visits [RA]         4:00 % Left-Right-Center [CR]       6:00 % Netflix Resident Choice Comedy Movie [CR]	Nat'l Nurse's Week       9:30 ♣ iN2L Fun Trivia Challenge [CR]       100         10:00 參 Yoga Therapy with Pam [CR]       100         10:30 ★ Pet Therapy Visit with Sherry & Lexi       200         10:45 ♣ Big Crossword Puzzle [CR]       100         12:30 ♬ Symphony Orchestra on the Big Screen [CR]       115 ♥ Flower Arranging for Our Nurses [B]         1:30 ኞ Pitch League [CR]       3:00 ♬ Happy Hour & Music with Sean Callaghan [CR]         4:00 ኞ Resident Connection Visits [RA]       6:30 ኞ Netflix Series-Virgin River Series [CR]	<ul> <li>9:30</li></ul>
Mother's Day       9:30 ♀ Walk with Janice at Ashuwillticook Rail Trail [SUR]       12         11:00 ♣ Piggy Bankers- iN2L [CR]       Mother's Day Luncheon [DR]         12:30 ★ Amazing Animals on the Big Screen [CR]       Melbourne Marketplace         1:00 容 Rumnikub [B]       1:30 ♣ Family Feud [CR]         2:00 ♀ Classic Movies & Popcorn with Janice [CR]         3:30 容 Resident Connection Visits [RA]         4:00 容 Right-Left Center Game [B]         6:30 Heartland Series [CR]	9:30       Image: Big Crossword Puzzle [CR]       Image: Big Crossword Puzzle [CR]         10:30       Image: Yoga with Vickie [CR]       Image: Big Crossword Puzzle [CR]         11:15       Image: Left-Right-Center [CR]       Image: Big Crossword Puzzle [CR]         11:15       Image: Left-Right-Center [CR]       Image: Big Crossword Puzzle [CR]         2:00       Image: Left-Right-Center [CR]       Image: Big Crossword Puzzle [CR]         2:00       Image: Left Series: Comparison of CR]       Image: Big Crossword Puzzle [CR]         3:00       Image: Resident Connection Visits [RA]       Image: Big Crossword Puzzle [CR]         4:00       Image: Resident Connection Visits [RA]       Image: Big Crossword Puzzle [CR]         6:30       Image: Netflix Series: All the Light We Cannot See [CR]       Image: Left-Right-Center Game [CR]         11:15       Left-Right-Center Game [CR]       Image: Big Crossword Puzzle [CR]	9:30       Image: Mad Libs with Janice [CR]       14         10:00       Pilates with Pam [CR]       14         10:30       Pet Therapy Visit with Royce & Bentley       14         10:45       Image: I	9:30 In Wingate Word Challenge iN2L [CR] 10:00 In Outing to the Norman Rockwell Museum [SUR] 10:30 ● Water Color/Art Class [CR] 1:00 ● Sketching Group [B] 1:15 答 Town Hall Meeting [B] 2:00 答 Left-Right-Center Game [B] 2:00 Shopping Trip to Walmart [SUR] 2:30 答 Artist's Series with Janice: Goya, Macabre Works [CR] 3:30 © Chinese Checkers [CR] 4:00 ★ Resident Connection Visits [RA] 6:00 ★ Heartland Series [CR]	<ul> <li>9:30 ♣ Cranium Crunches [CR]</li> <li>10:30 ֎ Tai Chi with David [CR]</li> <li>11:00 鉴 Left-Right-Center Game</li> <li>1:15 ● Melbourne's Knitting &amp; Crochet Group [CR]</li> <li>1:15 ● Sewing Club [CR]</li> <li>2:00 ♣ The Good News Events Group [CR]</li> <li>3:00 ※ Bingo [CR]</li> <li>3:00 ※ Men's Club Discussion Group [B]</li> <li>3:30 ※ Resident Connection Visits [RA]</li> <li>4:00 ※ Left-Right-Center [CR]</li> <li>6:00 ※ Netflix Resident Choice Comedy Movie [CR]</li> </ul>	9:30       initial       initial	9:30 (CR)Exercise with Weights (CR)1810:15 (Church Service [CR])Non-Denominational Church Service [CR]11:00 (Low investor)iN2L Games [CR]1:30 (Church Service [CR])Manicures [CR]1:30 (Church Service [CR])Melbourne Marketplace [CR]2:00 (Church Service ICR)Community Bingo [CR]4:00 (Church Service ICR)iN2L Games [CR]6:30 (Church Service ICR)Netflix Series:Monk [CR]
11:00 ♣ Piggy Bankers- iN2L [CR] 12:30 ★ Amazing Animals on the Big	10:00 G       Trip to Ozzie's Glass Blowing Studio (8 person limit) [SUR]         10:30        Yoga with Vickie [CR]         11:15        Left-Right-Center [CR]         1:15        Melbourne Market Place [CR]         1:15        Melbourne Women's Group [CR]         2:00        Piano Performance with Joe DelGallo [B]         3:00        Rosary with Ellen [DR]	9:30 ♣ Mind Joggers Group [CR] 10:00 ֎ Pilates with Pam [CR] 10:30 ֎ Free VSTBalance Gait & Balance Screening (am session) [B] 10:45 ♣ iN2L FunPiggy Bankers [CR] 12:30 @ Garden/Craft Club with Janice [CR] 1:00 Free VSTBalance Gait & Balance Screening (PM Session) [B] 2:00 ♥ Communion Service with St. Joseph's Church [CR] 2:00 ➡ Practice Independent Bridge Club [B] 3:00 ♣ Team Trivia Challenge with Janice: Klondike Bars! [B] 4:00 馨 Resident Connection Visits [RA] 6:30 馨 Netflix Series: Life on Our Planet [CR]	9:30 <ul> <li>Wingate Word Challenge iN2L [CR]</li> </ul> 222           10:00                  Shopping Trip to Lee Outlets [SUR]               10:30                  Shopping Sip & Paint (Flavored Coffee Edition) [CR]               1:00                  Sketching Group [B]               2:00                  Live Guest Speaker: Topic-How to Cope with Grief & Loss [B]               2:00                  Melbourne Marketplace [CR]               2:00                  Shopping Trip to Market 32 (Lenox) [SUR]               3:30                  Chinese Checkers [CR]               4:00	9:30       Image: Cranium Crunches [CR]       23         10:30       Image: Tai Chi with David [CR]       23         11:00       Left-Right-Center Game       23         11:10       Left-Right-Center Game       23         11:15       Melbourne's Knitting & Crochet Group [CR]       23         1:15       Plant Tomatoes on the Deck       3:00         3:00       Bingo [CR]       3:30         3:30       Resident Connection Visits [RA]         4:00       Left-Right-Center [CR]         6:00       Netflix Resident Choice Comedy Movie [CR]	9:30 <ul> <li>iN2L Fun Trivia Challenge [CR]</li> </ul> 24           10:00              Yoga Therapy with Pam [CR]           10:30              Pet Therapy Visit with Sherry & Lexi           10:45              Big Crossword Puzzle [CR]           12:30              Symphony Orchestra on the Big Screen [CR]           1:30              Pitch League [B]           3:00              Happy Hour & Music with Bruce Mandel on the Deck (Weather Permitting)           4:00              Resident Connection Visits [RA]           6:30              Netflix Series-Virgin River Series [CR]	<ul> <li>9:30</li></ul>
Ashuwillticook Rail Trail [SUR] 11:00 ♣ Piggy Bankers- iN2L [CR] 12:30 ★ Amazing Animals on the Big Screen [CR]	Memorial Day 9:30 A Big Crossword Puzzle [CR] 10:30 Yoga with Vickie [CR] 11:15 Left-Right-Center [CR] 1:15 Melbourne Market Place [CR] 2:00 A Jeopardy [CR] 4:00 Resident Connection Visits [RA] 6:30 Netflix Series: All the Light We Cannot See [CR]	9:30 <ul> <li>Mind Joggers Group [CR]</li> <li>10:00</li> <li>Pilates with Pam [CR]</li> </ul> 28           10:45 <ul> <li>NiN2L FunPiggy Bankers</li> <li>[CR]</li> </ul> 12:30              Garden/Craft Club with Janice [CR]             12:30              Garden/Craft Club with Janice [CR]           1:30              Scrabble [B]           2:00 <ul> <li>Practice Independent Bridge Club [B]</li> <li>3:00</li> <li>             Team Trivia Challenge with Janice:             <ul> <li>Birthday Cupcakes! [B]</li> <li>3:00</li> <li>             Trivia Challenge with Janice &amp;             Monthly Birthday Party [CR]</li> <li>4:00</li> <li>             Resident Connection Visits [RA]</li> <li>6:30</li> <li>             Netflix Series: Life on Our Planet [CR]</li> </ul> </li></ul>	9:30       ➡       Trip to MGM Casino [SUR]       29         10:30       ♥ Water Color/Art Class [CR]       20         1:00       ●       Sketching Group [B]         2:00       ➡       Left-Right-Center Game [B]         2:00       ➡       Left-Right-Center Game [B]         2:30       ➡       Artist's Series with Janice: The Fascinating Life & Art of Sveva Caetani [CR]         3:30       ➡       Chinese Checkers [CR]         4:00       ★       Resident Connection Visits [RA]         6:00       ★       Heartland Series [CR]	9:30       ♣       Cranium Crunches [CR]       30         10:30       ⑦       Tai Chi with David [CR]       30         11:00       ¾       Left-Right-Center Game       1:15       9         1:15       ⑨       Melbourne's Knitting & Crochet Group [CR]       3:00       %       Bingo [CR]         3:00       ¾       Bingo [CR]       3:00       %       Men's Club Discussion Group [B]         3:30       ¾       Resident Connection Visits [RA]       4:00       ¾       Left-Right-Center [CR]         6:00       ¾       Netflix Resident Choice Comedy Movie [CR]       %	9:30 <ul> <li>iN2L Fun Trivia Challenge [CR]</li> <li>10:00</li> <li>Yoga Therapy with Pam [CR]</li> </ul> 31         10:30 <ul> <li>Food Committee Meeting with Diane [CR]</li> <li>into Diane [CR]</li> </ul> 31         10:30                Pet Therapy Visit with Sherry & Lexi                10:45 <li> <li>Big Crossword Puzzle [CR]</li> <li>12:30</li> <ul> <li> <li> <li>Symphony Orchestra on the Big Screen [CR]</li> <li> <li> <li> <li> <li>Pitch League [B]</li> <li> <li> <li> <li>Happy Hour &amp; Piano Performance with Karen Tchougourian [B]</li> <li> </li> <li> <li> <li> <li> </li>             &lt;</li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></li></ul></li>	

WINGATE RESIDENCES