April 2024 Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Keys			10:00Audrain21			
Beauty Salon (B) Billard's Room (4) Bistro (1) Cafe (3) Chapel (B) Country Kitchen (3) Dining Room (1) Fitness Studio (4) Library (4) Lobby (1) Movie Theater (B) Neighborhood Outdoor Patio Private Dining Room (1)	BS 11:00 Wheel of Fortune [B] BR 1:00 Aromatherapy - Hand Massages [BS] CH 2:00 ☐ Live Music with Bud Pistachic [B] 3:00 Cocktails & Hors d'oeuvres [B] LB 4:00 Billards [BR] MT N OP PD	Toning [FS] 11:00 Word Search [C] 1:00 21 Blackjack [B]	Automobile Museum, Newport, RI [L] 10:15 Mindful Movement [FS] 1:30 Catholic Rosary [MT] 2:00 Poetry Group [LB] 3:00 Happy Hour! [B] 6:00 Mid-Week Movie Night	0:00Sealed Cardio4[FS]1:00Wheel of Fortune [B]1:00Guessing Game: That's It! [C]2:00Chair Yoga [FS]3:00Digital Bingo [MT]6:00Men's Group [BR]	Stretching [FS]	10:00Seated Yoga [FS]611:00PRIZE BINGO [B]1:00Open Art Studio [CK]2:30Indoor Golf [B]3:00Iced Tea & Trivia [B]4:00Virtual Travel [MT]
Sitting Area (3)10:00Image: Mass & Communion [CH]11:00Trivia [B]11:30Sunday Matinee [N]2:00News Update & Fu Facts [B]3:00Board Games [B]6:00Mix and Mingle [S/	n 1:30 Mr. Selfridge [MT] 3:00 Cocktails & Hors d'oeuvres [B]	10:00Muscle Toning [FS]911:00Word Search [C]1:0021 Blackjack [B]2:00Tech Talk with Jackie [C]3:00Scrabble 6:006:00Ladies Group [SA]	Walmart [L]10:15Mindful Movement [FS]1:30Catholic Rosary [MT]2:00Outdoor Walking [OP]3:00Happy Hour! [B]6:00Mid-Week Movie	0:00 Seated Cardio [FS] 1:00 Wheel of Fortune [B] 1:30 Chair Yoga 2:00 ♬ Live Music with Brad Logan [B] 3:00 Trivia Challenge [B] 6:00 Men's Group [BR]	Stretching [FS]	10:00Seated Yoga [FS]1311:00BINGO [B]1:00Open Art Studio [CK]2:30Indoor Golf [B]3:00Lemonade & Trivia [B]4:00Virtual Travel [MT]
10:00TMass & Communion [CH]111:00Trivia [B]1:30Sunday Matinee [N2:00Laugh Out Loud [C3:00Board Games [B]6:00Mix and Mingle [S/	B 3:00 @ Cocktails & Hors d'oeuvres [B] 4:00 Billards [BR]	10:30 Tai Chi [N] 16 11:00 Word Search [C] 1:00 21 Blackjack [B] 0 2:00 Outdoor Walking [OP] 3:00 Scrabble [B] 6:00 Ladies Group [SA]	Mansion and Arboretum [L]/10:15Mindful Movement [FS]11:30Catholic Rosary [MT]2:00Poetry Group [LB]3:00Happy Hour! [B]6:00Mid-Week Movie Night[MT]	0:00 Seated Cardio [FS] 1:00 Wheel of Fortune [B] 1:30 Chair Yoga 3:00 ₩ Chef Tom's Cooking Demonstration [B] 4:00 Trivia Challenge [C] 6:00 Men's Group [BR]	[FS] I 7	10:00 Seated Yoga [FS] 20 11:00 PRIZE BINGO [B] 1:30 € 1:30 € Wine & Paint [B] 2:30 Outdoor Walking [OP] 3:00 Iced Tea & Trivia [B] 4:00 Virtual Travel [MT]
10:00Mass & Communion [CH]211:00Trivia [B]1:30Sunday Matinee [N2:00News Update & Fu Facts [B]3:00Board Games [B]6:00Mix and Mingle [S/	Passover Begins Image: Constraint of Constraints 10:00 Exercise Class [FS] 11:00 Wheel of Fortune [B] 1:00 Aromatherapy - Hand MT] Massages [BS] n 2:00 Audubon Society Presents 'Raptor Encounters' [B] 3:00 @ Cocktails & Hors d'oeuvres [B] 5:00 Passover Seder Meal [DR]	Tone [FS]Low11:00Musical Show with Eastside Early Learning Center [OP]1:0021 Blackjack [B]2:00Living With Visual	Movement [FS] 1:30 Catholic Rosary [MT] 2:00 Outdoor Walking 3:00 Happy Hour! [B] 6:00 Mid-Week Movie	0:00 Seated Cardio [FS] 25 [FS] 1:00 Wheel of Fortune [B] 1:00 Garden Group [OP] 2:00 Chair Yoga 3:00 ↓ Live Music with Bombshell Betty [B] 6:00 Men's Group [BR]		10:00Seated Yoga [FS]2711:00BINGO [B]1:00Open Art Studio [CK]2:30Indoor Golf [B]3:00Lemonade & Trivia [B]4:00Virtual Travel [MT]
10:00 Image: Mass & Communion [CH] 2 11:00 Trivia [B] 1 11:30 Sunday Matinee [Image: Mathematication of the second	P]Massages [BS]1:30Mr. Selfridge [MT]3:00Cocktails & Hors d'oeuvres [B]4:00Billards [BR]	10:30 Tai Chi [N] 30 11:00 Word Search [C] 1:00 21 Blackjack [B] 2:00 70WN HALL [B] 3:00 Outdoor Gardening [OP] 6:00 Ladies Group [SA]		All programs are subject to change to better serve the needs of our Residents. Thank You		

Created on Monday, March 25, 2024 10:08 AM

WINGATE RESIDENCES



