

| Memory Care | | | | | - | |
|---|---|---|--|--|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| GE | THIS MONTH IS GOING TO BE GREAT | | "Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." — John Boswell | health [N] | Groundhog Day 10:30 (Sittercise Fitness Group [PR] 11:00 This Day in History 1:00 Secenic Outing 2:00 Party at the Hop (Ice Cream Party) [AG] 3:00 Remembering Buddy Holly and Valens [AG] 4:00 (Walk for your health [N] 6:00 Movie Matinee [LR] | 10:00 Streaming Shabbat Service [LR] 10:00 Walk for your health [N] 1:00 Let's Bowl! [PR] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] |
| 10:00 Morning Mass [LR] 10:00 Walk for your health [N] 1:15 Scenic Relaxation [NR] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] | health [N] 10:30 Sittercise Fitness Group [PR] 11:00 This Day in History | [PR] 11:00 So Youtube & Me [PR] | 7 Sittercise Fitness Group [PR] 11:00 This Day in History 1:00 Armchair Travel To Brazil [AG] 2:00 Matt Browne Live 3:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:30 Sing-Along Fitness [PR] 11:00 This Day in History [PR] 1:00 Trivia Variety Show 2:00 Walk for your health [N] 3:00 Bingo Lovers Club 6:00 Movie Matinee [LR] | 10:30 Sittercise Fitness Group [PR] 11:00 This Day in History 1:00 Scenic Outing 3:00 Walk for your health [N] 4:00 Shabbat Service with Rabbi Kummer [B] 6:00 Movie Matinee [LR] | 10:00 Streaming Shabbat Service [LR] 10:00 Walk for your health [N] 1:00 BINGO [AG] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] |
| 10:00 Morning Mass [LR] 10:00 Walk for your health [N] 1:00 BINGO [AG] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] | 10:30 Sittercise Fitness Group [PR] 11:00 This Day in History 1:00 Alex Connolly Entertains 2:00 Happy Birthday Abraham Lincoln! [AG] 3:00 Walk for your health [N] 4:00 Movie Matinee [LR] | 10:30 Sing-Along Fitness [PR] 11:00 Famous Phrases Word Game [PR] 1:00 Mardi Gras Celebration! [N] 2:00 Carnival Bingo [AG] 3:00 Walk for your health [N] 6:00 Movie Matinee [LR] | Valentine's Day 10:30 Sittercise Fitness Group [PR] 1:00 Ro Gupta on Piano 1:30 Farm Visits [AG] 3:00 Valentine's Day Party [AG] 4:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:30 Sing-Along Fitness [PR] 11:00 Famous Phrases Word Game [PR] 1:00 History Lovers Society [AG] 2:00 Sip & Mingle [G] 3:00 Bingo Lovers Club 4:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:30 Sittercise Fitness Group [PR] 11:00 This Day in History 1:00 Scenic Outing 2:00 Ted Powers Live 3:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:00 Streaming Shabbat Service [LR] 10:00 Walk for your health [N] 1:00 Let's Bowl! [PR] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] |
| 10:00 Morning Mass [LR] 10:00 Walk for your health [N] 1:15 Scenic Relaxation [NR] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] | Presidents' Day 10:30 Sittercise Fitness Group [PR] 11:00 US Government Pop Quiz Special 1:00 Mindful Living [NR] 2:00 Mindful Living [NR] 2:00 Mindful Living [NR] 3:00 Mindful Mindful Living [NR] Mindful Living [NR] 3:00 Mindful Living [NR] Mindful Living [NR] | 10:30 Sing-Along Fitness [PR] 11:00 Youtube & Me [PR] 1:00 Walk for your health [N] 2:00 Frank King Entertains [B] 3:00 Express Yourself Dance [AG] 6:00 Movie Matinee [LR] | 10:30 Sittercise Fitness Group [PR] 11:00 This Day in History 1:00 Say Hello & Goodbye in Different Languages [AG] 2:00 Who Wants to be a Millionaire? 3:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:30 Sing-Along Fitness [PR] 11:00 This Day in History [PR] 1:00 Trivia Variety Show 2:00 Name that Tune! [PR] 3:00 Bingo Lovers Club 4:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:30 Sittercise Fitness Group [PR] 11:00 This Day in History 1:00 Scenic Outing 2:00 Michael Goodwin Entertains 3:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:00 Streaming Shabbat Service [LR] 10:00 Walk for your health [N] 1:00 BINGO [AG] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] |
| 10:00 Morning Mass [LR] 10:00 Walk for your health [N] 1:00 BINGO [AG] 2:15 Music Request Live [PR] 3:15 Color My World [AG] 6:00 Movie Matinee [LR] | 10:00 Walk for your health [N] 10:30 Sittercise Fitness Group [PR] 1:00 Black History Month Presentation [AG] 2:00 This Day in History 3:00 Movie Matinee [LR] | 10:00 Walk for your health [N] 10:30 Sing-Along Fitness [PR] 11:00 Famous Phrases Word Game [PR] 1:00 This Day in History [PR] 2:45 Michael Leidig on Piano 3:00 Hank & The Victors [B] 6:00 Movie Matinee [LR] | Sittercise Fitness Group [PR] 1:00 Feel Good Stories [AG] 2:00 The Funnies 3:00 Neighborhood Oasis [AG] 4:00 Walk for your health [N] 6:00 Movie Matinee [LR] | 10:30 Sing-Along Fitness [PR] 11:00 Famous Phrases Word Game [PR] 1:00 History Lovers Society [AG] 2:00 Walk for your health [N] 3:00 Bingo Lovers Club 4:00 Liam Foley Live [B] 6:00 Movie Matinee [LR] | Resident Birthdays Manny E. 2/15 Mary G. 2/26 Lanng T. 2/27 | WINGATE RESIDENCES AT NEEDHAM |