

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Breakfast: 7 AM  
Lunch: 12 PM  
Dinner: 5 PM

**COLOR KEY**

**One-Time Event**  
**Crafty / Creative**

**Sensory**  
**Outing**

**Social / Philanthropic**  
**Physical / Games**

**Music** 🎵🎶

**Spiritual**

**Intellectual**


**RESIDENT BIRTHDAYS**

Doreen H. 7/10  
Toshi C. 7/17  
Marj C. 7/28

"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer."  
~F. Scott Fitzgerald

**Due to resident's preference, activities are subject to change**

www.highgateseniorliving.com

<p>*** JULY ***</p> <p><b>COUNTRY ROOTS</b></p> <p><b>Love, Eat, &amp; Share From Your Country</b></p>		<p>10:00 8th Grader Letters <b>1</b></p> <p>1:30 Craft Club</p> <p>3:00 Bingo</p> <p>5:00 Red Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>2</b></p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Blue Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>3</b></p> <p>1:30 Jeopardy</p> <p>1:30 Marvelous Manicures</p> <p>3:00 Mobile Happy Hour</p>	<p><b>Independence Day</b> <b>4</b></p> <p>10:00 8th Grader Letters</p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p>
<p>10:00 8th Grader Letters <b>5</b></p> <p>1:30 Red/Orange Group Drive</p> <p>2:00 Church Service</p> <p>3:00 Green/Orange Group Drive</p>	<p>10:00 8th Grader Letters <b>6</b></p> <p>1:30 Yellow/Purple Group Drive</p> <p>3:00 Blue/Purple Group Drive</p>	<p>10:00 8th Grader Letters <b>7</b></p> <p>11:00 Resident Council</p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p>	<p>10:00 8th Grader Letters <b>8</b></p> <p>1:30 Craft Club</p> <p>3:00 Bingo</p> <p>5:00 Red Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>9</b></p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Blue Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>10</b></p> <p>1:30 Jeopardy</p> <p>1:30 Marvelous Manicures</p> <p>3:00 Mobile Happy Hour</p> <p>5:00 Purple Group Dinner &amp; Movie</p>
<p>10:00 8th Grader Letters <b>12</b></p> <p>1:30 Red/Orange Group Drive</p> <p>2:00 Church Service</p> <p>3:00 Green/Orange Group Drive</p> <p>6:00 Green, Purple, &amp; Orange Bingo</p>	<p>10:00 8th Grader Letters <b>13</b></p> <p>1:30 Yellow/Purple Group Drive</p> <p>3:00 Blue/Purple Group Drive</p> <p>6:00 Red, Yellow, &amp; Blue Bingo</p>	<p>10:00 8th Grader Letters <b>14</b></p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Green Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>15</b></p> <p>1:30 Craft Club</p> <p>3:00 Bingo</p> <p>5:00 Red Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>16</b></p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Blue Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>17</b></p> <p>1:30 Jeopardy</p> <p>1:30 Marvelous Manicures</p> <p>3:00 Mobile Happy Hour</p> <p>5:00 Purple Group Dinner &amp; Movie</p>
<p>10:00 8th Grader Letters <b>19</b></p> <p>1:30 Red/Orange Group Drive</p> <p>2:00 Church Service</p> <p>3:00 Green/Orange Group Drive</p> <p>6:00 Green, Purple, &amp; Orange Bingo</p>	<p>10:00 8th Grader Letters <b>20</b></p> <p>1:30 Yellow/Purple Group Drive</p> <p>3:00 Blue/Purple Group Drive</p> <p>6:00 Red, Yellow, &amp; Blue Bingo</p>	<p>10:00 8th Grader Letters <b>21</b></p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Green Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>22</b></p> <p>1:30 Craft Club</p> <p>3:00 Bingo</p> <p>5:00 Red Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>23</b></p> <p>11:00 Food for Thought</p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Blue Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>24</b></p> <p>1:30 Jeopardy</p> <p>1:30 Marvelous Manicures</p> <p>3:00 Mobile Happy Hour</p> <p>5:00 Purple Group Dinner &amp; Movie</p>
<p>10:00 8th Grader Letters <b>26</b></p> <p>1:30 Red/Orange Group Drive</p> <p>2:00 Church Service</p> <p>3:00 Green/Orange Group Drive</p> <p>6:00 Green, Purple, &amp; Orange Bingo</p>	<p>10:00 8th Grader Letters <b>27</b></p> <p>1:30 Yellow/Purple Group Drive</p> <p>3:00 Blue/Purple Group Drive</p> <p>6:00 Red, Yellow, &amp; Blue Bingo</p>	<p>10:00 8th Grader Letters <b>28</b></p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Green Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>29</b></p> <p>1:30 Craft Club</p> <p>3:00 Bingo</p> <p>5:00 Red Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>30</b></p> <p>1:30 Orange Group Exercise</p> <p>2:00 Green Group Exercise</p> <p>2:30 Red Group Exercise</p> <p>3:00 Purple Group Exercise</p> <p>3:30 Blue Group Exercise</p> <p>4:00 Yellow Group Exercise</p> <p>5:00 Blue Group Dinner &amp; Movie</p>	<p>10:00 8th Grader Letters <b>31</b></p> <p>1:30 Jeopardy</p> <p>1:30 Marvelous Manicures</p> <p>3:00 Bingo</p> <p>3:00 Mobile Happy Hour</p> <p>5:00 Purple Group Dinner &amp; Movie</p>
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