

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|--|---|---|--|---|---|--|
| <p>9803 NE Hazel Dell Avenue<br/>Vancouver, WA 98665<br/>360-571-7272</p>  | <p><b>Resident Anniversaries</b><br/>Lucille R. 4/19</p>  | <p><b>A wise person knows that there is something to be learned from everyone.</b></p>  | <p><b>Team Member Birthdays</b><br/>Kelli P. - 04/02<br/>Steve L. - 04/10<br/>Kiara R.G. - 04/12<br/>Akeria K. - 04/27</p>   | <p><b>April Fool's Day 1</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>1:30 Creating Easter Gifts<br/>3:00 Bingo</p>  | <p><b>Good Friday 2</b><br/>9:30 Bible Read<br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>1:30 <b>The Lion King</b><br/>3:00 <b>Cocktail Hour: Love and Hope Lemonade</b></p>       | <p><b>Holiday Family Events 3</b><br/>9:45 Daily Chronicles<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>3:00 <b>Cart: Ice Cream</b></p>  |
| <p><b>Easter Holiday Family Events 4</b><br/>♥ <b>Happy B-day Caroline H.!</b><br/>9:45 Daily Chronicles<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>3:00 <b>Cart: Easter Treats</b></p>   | <p><b>National Nebraska Day 5</b><br/>9:45 Daily Chronicles/Facts on Nebraska<br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>Van Ride</b><br/>3:00 Crosswords<br/>4:00 One on One<br/>5:45 Evening Bingo</p>   | <p><b>6</b><br/>9:00 Manicures<br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Weights<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise for Health: Weights<br/>3:00 Bingo<br/>4:00 One on One</p>  | <p><b>7</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Core Muscles<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise For Health<br/>3:00 Bingo</p>                                    | <p><b>8</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Heart Legacy Messaging<br/>3:00 <b>Cocktail Hour: Carrot Mimosa</b></p>  | <p><b>9</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>1st Happy Hour: Guitarist, Ron Ruiz</b><br/>3:00 <b>2nd Happy Hour: Guitarist, Ron Ruiz</b></p>                   | <p><b>10</b><br/>9:30 Bible Read<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise For Health<br/>2:30 Daily Chronicles<br/>3:00 <b>Men's Donut Club</b></p>             |
| <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health with Bands<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise for Health with Bands<br/>3:00 <b>Van Ride</b></p> <p><b>11</b></p>                                      | <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>Van Ride</b><br/>3:00 Crosswords<br/>4:00 One on One<br/>5:45 Evening Bingo</p> <p><b>12</b></p>   | <p>9:00 Manicures<br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Weights<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise for Health: Weights<br/>3:00 <b>Tea with Friends</b><br/>4:00 One on One</p> <p><b>13</b></p>  | <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Core Muscles<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Heart Legacy Messaging<br/>3:00 Bingo</p> <p><b>14</b></p>                             | <p>9:45 Daily Chronicles<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise For Health<br/>3:00 Bingo</p> <p><b>15</b></p>   | <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>1st Happy Hour: Guitarist, Danny Proudfoot</b><br/>3:00 <b>2nd Happy Hour: Guitarist, Danny Proudfoot</b></p> <p><b>16</b></p> | <p>9:30 Bible Read<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise For Health<br/>2:30 Daily Chronicles<br/>3:00 <b>Cocktail Hour: Gin Rickey</b></p> <p><b>17</b></p> |
| <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health with Bands<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise for Health with Bands<br/>3:00 <b>Van Ride</b></p> <p><b>18</b></p>                                      | <p><b>National North Dakota Day 19</b><br/>♥ <b>Happy B-day Angela R.!</b><br/>9:45 <b>Daily Chronicles/Facts on North Dakota</b><br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>Van Ride</b><br/>3:00 Crosswords<br/>4:00 One on One<br/>5:45 Evening Bingo</p> | <p>9:00 Manicures<br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Weights<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise for Health: Weights<br/>3:00 Bingo<br/>4:00 One on One</p> <p><b>20</b></p>  | <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Core Muscles<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Heart Legacy Messaging<br/>3:00 <b>Cocktail Hour: Yellow Bird</b></p> <p><b>21</b></p> | <p><b>Earth Day 22</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>Cart: Earth Day Cookies</b><br/>3:00 <b>Craft: Paper Flowers</b></p>   | <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>1st Happy Hour: Guitarist, Blake Johnston</b><br/>3:00 <b>2nd Happy Hour: Guitarist, Blake Johnston</b></p> <p><b>23</b></p>   | <p>9:30 Bible Read<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise For Health<br/>2:30 Daily Chronicles<br/>3:00 <b>Men's Donut Club</b></p> <p><b>24</b></p>          |
| <p>♥ <b>Happy B-day Shirley C.!</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health with Bands<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise for Health with Bands<br/>3:00 <b>Van Ride</b></p> <p><b>25</b></p> | <p><b>National South Dakota Day 26</b><br/>♥ <b>Happy B-day Jean S.!</b><br/>9:45 <b>Daily Chronicles/Facts on South Dakota</b><br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 <b>Van Ride</b><br/>3:00 Crosswords<br/>4:00 One on One<br/>5:45 Evening Bingo</p>   | <p><b>National Tell A Story Day 27</b><br/>9:00 Manicures<br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Weights<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Exercise for Health: Weights<br/>3:00 <b>Tea with Friends/Tell Your Story</b><br/>4:00 One on One</p> | <p><b>National Superhero Day 28</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise for Health: Core Muscles<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>2:00 Heart Legacy Messaging<br/>3:00 Bingo</p>         | <p>9:30 <b>Wellness Clinic with Steve</b><br/>9:45 Daily Chronicles<br/>10:30 Exercise For Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>1:30 <b>Food for Thought with Kyle</b><br/>2:00 <b>Resident Council</b><br/>3:00 Bingo</p> <p><b>29</b></p> | <p>9:45 Daily Chronicles<br/>10:30 Exercise for Health<br/>11:30 1st Lunch<br/>12:30 2nd Lunch<br/>1:30 <b>Into The Grand Canyon</b><br/>3:00 <b>Cocktail Hour: What's Up Doc</b></p> <p><b>30</b></p>                                    | <p>Due to resident preference, activities are subject to change.</p>   |