www.highgateseniorliving.com

May 2020 **Small Group & Individual Áctivities**

Sunday Thursday Friday Wednesday Monday Tuesday Book, Newspaper or Magazine Reading *** ADD May cont'd Daily Exercise Daily Exercise MONTH *** **Due to Residents** Book, Newspaper or Gardening, Flower Arranging Magazine Reading Daily Exercise Helping Around Highgate **BIRTHDAYS** Preference. Gardening Flower Arranging Misc. Game Play One & One Room Visits w/TM **ADD THEME Activities Are** Helping Around Highgate One Day Video Recordings TV, Movie, Music or Book on Tape Misc. Game Play Kelli P. 4/02-TM **Subject to Change** One & One Room Visits w/TM Participation Participation Virtual or Phone Visits w/ Family & Friends One Day Video Recordings TV, Movie, Music or Book on Tape Walking Club Walking Club Caroline H. 4/04 **Add Support Theme** Working on Puzzles Virtual or Phone Visits w/ Family & Friends Sing A Long Sing A Long 4/10-TM Steve L. Walking Club Bingo Bingo Working on Puzzles Gratitude Activities REACH FARTHER | BUILD BRIDGES | FORGE RELATIONSHIPS Kiara R. 4/12-TM Manicures & Spa Treatments Sing A Long Book, Newspaper or Magazine Reading Book, Newspaper or Book, Newspaper or Book, Newspaper or Book, Newspaper o Book, Newspaper o Melanie D. 4/24-TM Magazine Reading Magazine Reading Magazine Reading Magazine Reading Magazine Reading Daily Exercise Shirley C. 4/25 Gardening, Flower Arranging or Watering or Watering Helping Around Highgate Akera K. 4/27-TM Misc. Game Play Misc. Game Play Misc. Game Play Misc. Game Play - Misc. Game Play Misc. Game Play One & One Room Visits w/TM 4/30 Sue W. One Day Video Recordings TV, Movie, Music or Book on Tape Participation Participation Participation Participation Participation Participation Participation Virtual or Phone Visits w/ Family & Friends Walking Club **ANNIVERSARIES** Working on Puzzles Sing A Long Bingo Bingo Bingo Bingo Bingo Bingo Gratitude Activities Gratitude Activities Gratitude Activities Gratitude Activities Gratitude Activities Gratitude Activities Jo B. 4/1/19 Manicures & Spa Treatments Book, Newspaper or Melanie D. 4/6/09-TM Magazine Reading Magazine Reading Magazine Reading Magazine Reading Magazine Reading Magazine Reading Daily Exercise Autumn M. 4/8/10-TM Gardening, Flower Arranging or Watering or Watering or Watering or Watering or Watering Helping Around Highgate Lucille R. 4/12/19 Misc. Game Play Misc. Game Play Misc. Game Play - Misc. Game Play Misc. Game Play Misc. Game Play One & One Room Visits w/TM Rosemarie B. 4/14/18 One Day Video Recordings TV, Movie, Music or Book on Tape Zenovia E. 4/18/19-TM Participation Participation Participation Participation Participation Participation Participation Virtual or Phone Visits w/ Family & Friends Walking Club Cecil B. 4/22/19 Working on Puzzles Sing A Long Bingo Gratitude Activities Bingo Gratitude Activities Bingo Bingo Bingo **Gratitude Activities** Gratitude Activities Gratitude Activities Gratitude Activities Manicures & Spa Treatments Book, Newspaper or Magazine Reading Magazine Reading Magazine Reading Magazine Reading Magazine Reading Magazine Reading Daily Exercise Daily Exercise Daily Exercise Daily Exercise Daily Exercise Daily Exercise

"If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help someone else." - Chinese proverb

Walking Club Working on Puzzles Working on Puzzles Sing A Long Bingo Gratitude Activities Gratitude Activities Manicures & Spa Treatments Manicures & Spa Treatments Book, Newspaper or Book, Newspaper or Magazine Reading Magazine Reading Daily Exercise Daily Exercise Gardening, Flower Arranging Gardening, Flower Arranging or Watering Helping Around Highgate Helping Around Highgate Misc. Game Play Misc. Game Play One & One Room Visits w/TM One & One Room Visits w/TM One Day Video Recordings One Day Video Recordings TV, Movie, Music or Book on Tape TV, Movie, Music or Book on Tape Participation Virtual or Phone Visits w/ Family & Friends Virtual or Phone Visits w/ Family & Friends Walking Club Walking Club Working on Puzzles Working on Puzzles

Gardening, Flower Arranging

One & One Room Visits w/TM

TV, Movie, Music or Book on Tape

Virtual or Phone Visits w/ Family & Friends

One Day Video Recordings

Helping Around Highgate

or Watering

Participation

Sing A Long

or Watering

Participation

Sing A Long

Gratitude Activities

Bingo

Misc. Game Play

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Working on Puzzles Sing A Long Bingo Gratitude Activities Manicures & Spa Treatments Book, Newspaper or Magazine Reading Daily Exercise Gardening, Flower Arranging or Watering Helping Around Highgate Misc. Game Play One & One Room Visits w/TM One Day Video Recordings TV, Movie, Music or Book on Tape Participation Virtual or Phone Visits w/ Family & Friends Walking Club Working on Puzzles

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Working on Puzzles

Gratitude Activities

Manicures & Spa Treatments

Daily Exercise or Watering Misc. Game Play

Magazine Reading Gardening, Flower Arranging Helping Around Highgate

Daily Exercise or Watering

Helping Around Highgate Misc. Game Play

Sing A Long

Gratitude Activities

Bingo

One Day Video Recordings TV, Movie, Music or Book on Tape

Participation

Virtual or Phone Visits w/ Family & Friends

Participation

TV. Movie, Music or Book on Tape

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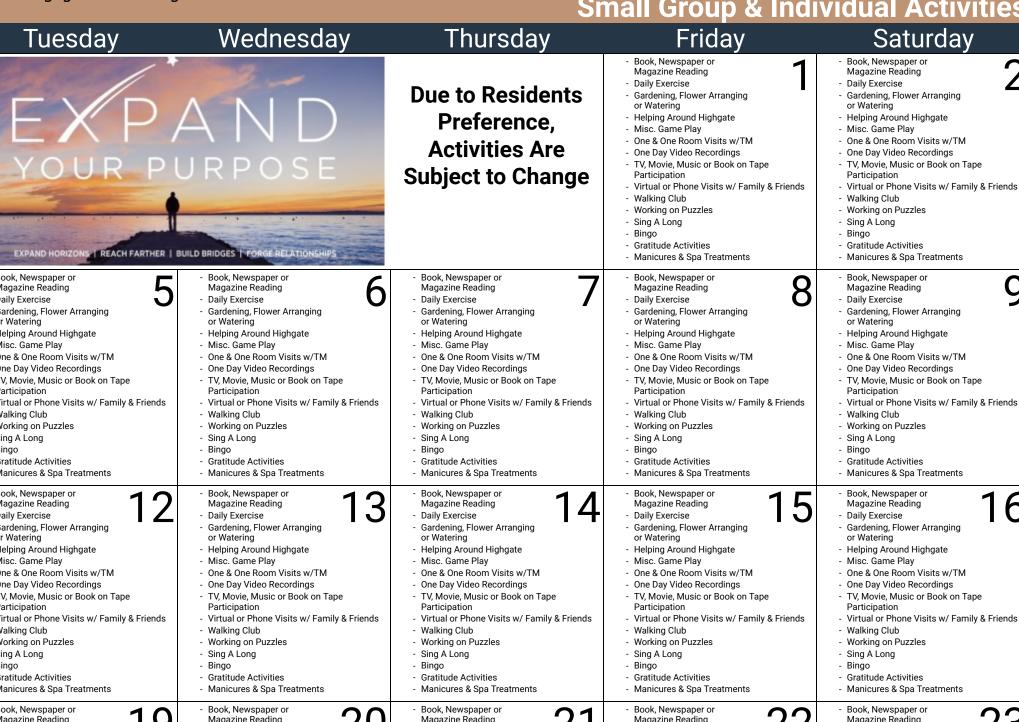
Working on Puzzles

Gratitude Activities

Book, Newspaper or

Manicures & Spa Treatments

Working on Puzzles Sina A Lona Bingo Gratitude / Continued at top



Daily Exercise Gardening, Flower Arranging Gardening, Flower Arranging

or Watering or Watering Helping Around Highgate Helping Around Highgate Misc. Game Play

Misc. Game Play One & One Room Visits w/TM One Day Video Recordings

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