



May 2024
Elements - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>Cinco de Mayo 10:00 ☼ Chair Yoga [FR] 10:30 🍷 Bingo [GR] 10:45 🐣 Virtual Catholic Mass [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 ❤️ Judy Maggs Entertains [LA] 3:00 🍷 Cinco de Mayo Social [BA] 4:00 🍷 Rummikub [GR] 7:00 Evening Movie Resident's Choice [TC]</div> <div>5</div>	 <div>Activity Room - Main Level AR Bistro - Atrium BA Dining Room AL - Main Level DR Fitness Room - Main Level FR Game Room - Main Level GR Living Room /Library - Main Level LL</div> <div>Stretch Class [FR] Wellesley Weston Lifetime Learners Lecture Series [TC] Wellesley Weston Lifetime Learners Lecture Series Boston: Byways and Folkways...A Brief History. [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 ❤️ Violynne Entertains [VAR] 3:00 🍷 Name the Price IN2L [GR] 3:00 ❤️ Weekly Trip to Morse Institute Library, Natick [LA] 4:00 🍷 Scrabble - bring your dictionary! [LL] 7:00 Evening Movie [TC]</div> <div>6</div>	<div>Transportation - Medical Visits, Reservations Required 9AM - 2PM [LA] Senior Strength [FR] Afternoon Movie [LA] Creative Crafters [AR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] Entertainer Vic Paul [LA] Zentangle [LL] Evening Movie [TC]</div> <div>7</div>	<div>Move & Groove with Legacy [FR] Pokeno [GR] Meet and Greet with Legacy [LL] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Bridge Group [GR] Joanne Schmalenberger Exercise Class [FR] Cornhole [FR] Trip to Natick Mall [LA] Thursdays Night Scrabble [GR] Throwback Thursdays Classic Films [TC]</div> <div>1</div>	<div>Wellness Movement with Paula [FR] Pokeno [GR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Bridge Group [GR] Joanne Schmalenberger Exercise Class [FR] Cornhole [FR] Trip to Natick Mall [LA] Thursdays Night Scrabble [GR] Throwback Thursdays Classic Films [TC]</div> <div>2</div>	<div>PS Salon 9AM-3PM [SB] Seated Strength [FR] Bingo [GR] Documentary [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Black History Lecture with Lionel Porter: Origins of Slavery in America [TC] 3:15 🍷 Gardening Club Meeting [AR] Pub and Grub [BA] Virtual Shabbat Service [TC]</div> <div>3</div>	<div>Kentucky Derby Day 10:00 ☼ Cardio and Range of Motion [FR] Kentucky Derby Trivia [LL] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] Jack Cappadona Performs & Kentucky Derby Social [LA] 1st Annual Anthology Kentucky Derby Horse Race [LL] Saturday Afternoon Series [TC] Evening Movie Seabiscuit [TC]</div> <div>4</div>
<div>Cinco de Mayo 10:00 ☼ Chair Yoga [FR] 10:30 🍷 Bingo [GR] 10:45 🐣 Virtual Catholic Mass [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 ❤️ Judy Maggs Entertains [LA] 3:00 🍷 Cinco de Mayo Social [BA] 4:00 🍷 Rummikub [GR] 7:00 Evening Movie Resident's Choice [TC]</div> <div>5</div>	<div>Stretch Class [FR] Wellesley Weston Lifetime Learners Lecture Series [TC] Wellesley Weston Lifetime Learners Lecture Series Boston: Byways and Folkways...A Brief History. [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 ❤️ Violynne Entertains [VAR] 3:00 🍷 Name the Price IN2L [GR] 3:00 ❤️ Weekly Trip to Morse Institute Library, Natick [LA] 4:00 🍷 Scrabble - bring your dictionary! [LL] 7:00 Evening Movie [TC]</div> <div>6</div>	<div>Transportation - Medical Visits, Reservations Required 9AM - 2PM [LA] Senior Strength [FR] Afternoon Movie [LA] Creative Crafters [AR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] Entertainer Vic Paul [LA] Zentangle [LL] Evening Movie [TC]</div> <div>7</div>	<div>Move & Groove with Legacy [FR] Pokeno [GR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Bridge Group [GR] Joanne Schmalenberger Exercise Class [FR] Cornhole [FR] Trip to Natick Mall [LA] Thursdays Night Scrabble [GR] Throwback Thursdays Classic Films [TC]</div> <div>8</div>	<div>Wellness Movement with Paula [FR] Pokeno [GR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Bridge Group [GR] Joanne Schmalenberger Exercise Class [FR] Cornhole [FR] Trip to Natick Mall [LA] Thursdays Night Scrabble [GR] Throwback Thursdays Classic Films [TC]</div> <div>9</div>	<div>PS Salon 9AM-3PM [SB] Seated Strength [FR] Bingo [GR] Documentary [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Black History Lecture with Lionel Porter: Origins of Slavery in America [TC] 3:15 🍷 Gardening Club Meeting [AR] Pub and Grub [BA] Virtual Shabbat Service [TC]</div> <div>10</div>	<div>Kentucky Derby Day 10:00 ☼ Cardio and Range of Motion [FR] Kentucky Derby Trivia [LL] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] Jack Cappadona Performs & Kentucky Derby Social [LA] 1st Annual Anthology Kentucky Derby Horse Race [LL] Saturday Afternoon Series [TC] Evening Movie Seabiscuit [TC]</div> <div>11</div>
<div>Mother's Day 10:00 ☼ Chair Yoga [FR] 10:30 🍷 Bingo [GR] 10:45 🐣 Virtual Catholic Mass [TC] 11:30 🍷 Mother's Day Brunch [DR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Flower Arranging [AR] 3:15 🍷 Sunday Afternoon Social - Wine & Cheese [BA] 4:00 🍷 Rummikub [GR] 7:00 Evening Movie [TC]</div> <div>12</div>	<div>Stretch Class [FR] Wellesley Weston Lifetime Learners Lecture Series [TC] Veteran's Chat with Tim [LA] Wellesley Weston Lifetime Learners Lecture Series Boston: Byways and Folkways...A Brief History. [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie 2:00 🍷 Rummikub [GR] 2:00 🍷 Spring Craft with Martha [AR] 3:00 ❤️ Weekly Trip to Morse Institute Library, Natick [LA] 4:00 🍷 Scrabble - bring your dictionary! [LL] 7:00 Evening Movie [TC]</div> <div>13</div>	<div>Transportation - Medical Visits, Reservations Required 9AM - 2PM [LA] Senior Strength [FR] Creative Crafters [AR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie [TC] 2:00 Sundae Bar Social 4:00 ❤️ Zentangle [LL] 7:00 Evening Movie [TC]</div> <div>14</div>	<div>National Chocolate Chip Day Move & Groove with Legacy [FR] Pokeno [GR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Resident Council Meeting [TC] 2:00 Rummikub with Friends [LA] 4:00 🍷 Cribbage in The Afternoon [GR] 7:00 Evening Movie [TC]</div> <div>15</div>	<div>Chair Yoga [FR] Cornhole [GR] Isabella Stewart Gardner Museum 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Bridge Group [GR] 2:00 Throwback Thursdays Classic Films 2:00 Travel Talk with Dana: Money Alternatives of The Civil War [TC] 3:00 ❤️ Scrabble - bring your dictionary! [FR] 4:00 🍷 Thursdays Night Trivia & National Mimosa day Social [LL] 7:00 Evening Movie [TC] 7:00 🍷 Throwback Thursdays Classic Films [TC]</div> <div>16</div>	<div>PS Salon 9AM-3PM [SB] Seated Strength [FR] Bingo [GR] Documentary [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie 2:00 🍷 Rummikub [GR] 3:15 Uno Card Game [GR] 4:00 🍷 Pub and Grub [BA] 7:00 Evening Movie [TC] 7:00 🐣 Virtual Shabbat Service [TC]</div> <div>17</div>	<div>Kentucky Derby Day 10:00 ☼ Cardio and Range of Motion [FR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 ❤️ May Birthday Celebration with Entertainment by Kevin Scollins [LL] 4:15 🍷 Saturday Afternoon Series [TC] 7:00 Evening Movie [TC]</div> <div>18</div>
<div>Chair Yoga [FR] Bingo [GR] Virtual Catholic Mass [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 3:15 🍷 Sunday Afternoon Social - Wine & Cheese [BA] 4:00 🍷 Rummikub [GR] 7:00 Evening Movie [TC]</div> <div>19</div>	<div>Stretch Class [FR] Wellesley Weston Lifetime Learners Lecture Series [TC] Wellesley Weston Lifetime Learners Lecture Series Boston: Byways and Folkways...A Brief History. [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie 2:00 🍷 Rummikub [GR] 3:00 ❤️ Weekly Trip to Morse Institute Library, Natick [LA] 4:00 🍷 Scrabble - bring your dictionary! [LL] 7:00 Evening Movie [TC]</div> <div>20</div>	<div>Transportation - Medical Visits, Reservations Required 9AM - 2PM [LA] Senior Strength [FR] John Clark Lectures: Patriotic WW II Part 2 [TC] Creative Crafters [AR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie [TC] 4:00 ❤️ Zentangle [LL] 7:00 Evening Movie [TC]</div> <div>21</div>	<div>Move & Groove with Legacy [FR] Pokeno [GR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Afternoon Movie [TC] 2:00 🍷 Resident Council Meeting [TC] 2:00 Rummikub with Friends [LA] 4:00 🍷 Cribbage in The Afternoon [GR] 7:00 Evening Movie [TC]</div> <div>22</div>	<div>Chair Yoga [FR] Cornhole [GR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Bridge Group [GR] 2:00 Throwback Thursdays Classic Films 3:00 ❤️ Scrabble - bring your dictionary! [FR] 3:00 Trip to Dairy Queen [LA] 4:00 🍷 Thursdays Night Scrabble [GR] 4:00 🍷 Thursdays Night Trivia & National Mimosa day Social [LL] 6:30 Jeff Thomas Entertains [LA]</div> <div>23</div>	<div>PS Salon 9AM-3PM [SB] Seated Strength [FR] Bingo [GR] Documentary [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie 2:00 🍷 Rummikub [GR] 3:15 Uno Card Game [GR] 4:00 🍷 Pub and Grub [BA] 7:00 Evening Movie [TC] 7:00 🐣 Virtual Shabbat Service [TC]</div> <div>24</div>	<div>Kentucky Derby Day 10:00 ☼ Cardio and Range of Motion [FR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 ❤️ Singer Madeline Metraux Performs [LA] 4:15 🍷 Saturday Afternoon Series [TC] 7:00 Evening Movie [TC]</div> <div>25</div>
<div>Chair Yoga [FR] Bingo [GR] Virtual Catholic Mass [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 3:15 🍷 Sunday Afternoon Social - Wine & Cheese [BA] 4:00 🍷 Rummikub [GR] 7:00 Evening Movie [TC]</div> <div>26</div>	<div>Memorial Day Stretch Class [FR] Memorial Day Barbeque [PV] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie 2:00 🍷 Rummikub [GR] 4:00 🍷 Scrabble - bring your dictionary! [LL] 7:00 Evening Movie [TC]</div> <div>27</div>	<div>Transportation - Medical Visits, Reservations Required 9AM - 2PM [LA] Senior Strength [FR] Creative Crafters [AR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Therapy Dog Visit [LL] 4:00 ❤️ Zentangle [LL] 7:00 Evening Movie [TC]</div> <div>28</div>	<div>Move & Groove with Legacy [FR] Pokeno [GR] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Afternoon Movie [TC] 2:00 🍷 Resident Council Meeting [TC] 2:00 Rummikub with Friends [LA] 4:00 🍷 Cribbage in The Afternoon [GR] 7:00 Evening Movie [TC]</div> <div>29</div>	<div>Cornhole [GR] Mexicali Luncheon 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 🍷 Bridge Group [GR] 2:00 Exercise Class With Joanne [FR] 3:00 ❤️ Scrabble - bring your dictionary! [FR] 4:00 🍷 Thursdays Night Scrabble [GR] 4:00 🍷 Thursdays Night Trivia & National Mimosa day Social [LL] 7:00 Evening Movie [TC] 7:00 🍷 Throwback Thursdays Classic Films [TC]</div> <div>30</div>	<div>PS Salon 9AM-3PM [SB] Seated Strength [FR] Bingo [GR] Documentary [TC] 1:00 ☼ Walk & Talk - Resident Led - Outside Walking Paths (weather permitting) [LA] 2:00 Afternoon Movie 2:00 🍷 Rummikub [GR] 2:00 🍷 Trip to Spellman Museum of Stamps & Postal History 3:15 Uno Card Game [GR] 4:00 🍷 Pub and Grub [BA] 7:00 Evening Movie [TC] 7:00 🐣 Virtual Shabbat Service [TC]</div> <div>31</div>	