

October 2025

Charter Senior Living of Paducah Memory Care Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		Community & Connection Exploration & Adventure Harmony & Introspection Intentions & Commitments Knowledge & Learning Motion & Movement Motivation & Creation	CHARTER WIDE FUN DAY: National Sausage Day 9:30  Oktoberfest Chair Polka 10:30  Mixology Drink Bar/Morning snack 11:00  Opposites 11:30  Pre-lunch mingle 1:00  Helping Hands 1:30  IN2L My Page, My Stage 2:00  German Music Makers 2:30  Resident's Choice 3:00  Oktoberfest Social Hour 3:00 TOWN HALL MEETING (ALL RESIDENTS NEED TO ATTEND) [DR] 4:00  Aroma Therapy Relaxation 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	1 9:30  Pretzel Twist Stretching 10:00  GREAT EXERCISE WITH "JULIE" OF ATLAS REHAB [R] 10:30  Mixology Drink Bar/Morning snack 11:00  IN2L Trivia 11:30  Pre-lunch mingle 1:00  Tidy Touch 1:30  IN2L My Page, My Stage 2:00  Music with Herb Estes [DR] 2:00  Water Painting Creations 2:30  Cornhole 3:00  IN2L Wheel of Fortune 4:00  German Melody Listening [LR] 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	2 9:30  IN2L Morning Movements [LR] 10:30  Mixology Drink Bar/Morning snack 11:00  Autumn Traditions [LR] 11:30  Pre-lunch mingle 1:00  Circle of Cheers 1:30  IN2L My Page, My Stage 2:00  Scenic Fall Drive & Pretzel Stop 2:30  Storytelling Circle: Heartfelt Moments 3:00  Oktoberfest Social Hour 4:00  Scent & Memory Connection 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	3 9:30  Rolling Hills Balloon Volley [LR] 10:30  Mixology Drink Bar/Morning snack 11:00  Fill in the Blank 11:30  Pre-lunch mingle 1:00  Tidy Touck 1:30  IN2L My Page, My Stage 2:00  Sensory of Choice 2:30  Prize Bingo 3:00  Mocktails and Conversations 4:00  Heart-Centered Sound Bath 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	4 9:30  Rolling Hills Balloon Volley [LR] 10:30  Mixology Drink Bar/Morning snack 11:00  Fill in the Blank 11:30  Pre-lunch mingle 1:00  Tidy Touch 1:30  IN2L My Page, My Stage 2:00  Sensory of Choice 2:30  Prize Bingo 3:00  Mocktails and Conversations 4:00  Heart-Centered Sound Bath 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]
9:30  Parachute Play 10:30  Mixology Drink Bar/Morning snack 10:30  Morning worship with Lone Oak Baptist 11:00  IN2L Trivia 11:30  Pre-lunch mingle 1:00  Helping Hands 1:30  IN2L My Page, My Stage 1:30  World of Color 2:30  Community Sing-Along or Karaoke 3:00  "GET THE SCOOP" ICE CREAM SOCIAL 4:00  Meditation on the Patio 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	5 9:30  Bavarian Ring Toss Relay 10:00  WORSHIP SERVICE with Danny Orazine & the 120aks Gang Gang [R] 10:30  Mixology Drink Bar/Morning snack 11:00  German Word of the Day 11:30  Pre-lunch mingle 1:00  Tidy Touch [DR] 1:30  IN2L My Page, My Stage 1:30  Personalized Mosaic Art 2:00  Jewelry Designs 2:30  Fall Patio Gardening 3:00  Oktoberfest Social Hour 4:00  Timeless Melodies Sing-a-long 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	6 9:30  Seated Volleyball [LR] 10:30  Mixology Drink Bar/Morning snack 11:00  Oktoberfest Trivia Challenge 11:30  Pre-lunch mingle 1:00  Tidy Touch 1:30  IN2L My Page, My Stage 2:00  Dessert Creations 2:30  Paint & Sip 3:00  Prize Bingo 4:00  IN2L Hour of Relaxation 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	7 9:30  Oktoberfest Chair Polka 10:30  Mixology Drink Bar/ Morning snack 11:00  Opposites 11:30  Pre-lunch mingle 1:00  Helping Hands 1:30  IN2L My Page, My Stage 2:00  German Music Makers 2:30  Resident's Choice 3:00  Oktoberfest Social Hour 4:00  Aroma Therapy Relaxation 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	8 9:30  Pretzel Twist Stretching 10:00  GREAT EXERCISE WITH "JULIE" OF ATLAS REHAB [R] 10:30  Mixology Drink Bar/Morning snack 11:00  IN2L October Trivia 11:30  Pre-lunch mingle 1:00  Tidy Touch 1:30  IN2L My Page, My Stage 2:00  Water Painting Creations 2:30  Cornhole 3:00  IN2L Wheel of Fortune 4:00  German Melody Listening [LR] 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	9 9:30  IN2L Morning Movements [LR] 10:00  Bus trip to Fort Massac Encampment [Bus] 10:30  Mixology Drink Bar/Morning snack 11:00  Autumn Traditions [LR] 11:30  Pre-lunch mingle 1:00  Circle of Cheers 1:30  IN2L My Page, My Stage 2:00  Jamie and Rebecca Bagwell Music 2:00  Soda Shop Visit 2:30  Storytelling Circle: Heartfelt Moments 3:00  Oktoberfest Social Hour 4:00  Scent & Memory Connection 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	10 9:30  Rolling Hills Balloon Volley [LR] 10:30  Mixology Drink Bar/Morning snack 11:00  Fill in the Blank 11:30  Pre-lunch mingle 1:00  Tidy Touck 1:30  IN2L My Page, My Stage 2:00  Sensory of Choice 2:30  Prize Bingo 3:00  Mocktails and Conversations 4:00  Heart-Centered Sound Bath 4:30  Pre-dinner mingle 7:00  Evening Nightcap Snack Social [LR]	
9:30  Parachute Play 10:30							