


Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
3980 Parkhill Drive Billings, MT 59102 406-651-4833		Due to resident preferences, activities are subject to change.		 February is American Heart Month				Highgate Bus Appointments 9:30 Morning Chat 10:00 Exercise 11:00 Resident Ambassador Meeting 11:00 Resident Choice Games 1:00 Manicures and Massage with Sue 3:00 Jeopardy- Hearts, Flowers and Chocolate topics		Groundhog Day Spirit Day: Wear Red for Heart Health 9:30 Morning Chat 10:00 Men's Coffee and Conversation 10:00 Strength and Stretching 11:00 Yahtzee or Crosswords 1:30 Bingo 3:30 Music with Clayton Davis		9:30 Morning Chat 10:00 Crosswords 11:00 Stretch & Strengthen 1:00 Curse of Oak Island Watch Party with Jon! 2:00 Trivia 3:30 Highgate Happy Hour		
Thank a Mailman Day! 9:30 Morning Chat 10:00 Catholic Service with Pat in the Community Room/3rd Floor 2:00 Bingo		4	9:30 Morning Chat 10:00 Exercise 1:00 Craft Club with Jeri 3:00 Scrabble or Resident Choice Game	5	Highgate Bus Appointments 9:30 Morning Chat 10:00 Stretching & Weights 11:00 Yahtzee 1:00 Making Homemade Pasta with Chef Henry 1:00 Manicures with Sandi 3:00 Highgate Ladies Social Club with Shirlee	6	Spirit Day: Send a Card to a Friend Day! Wear jeans and send a card! 9:30 Donut Social 9:30 Morning Chat 10:00 Exercise 11:00 In the Kitchen with Mary- Resident Recipe Submissions 1:00 Tech Time with Mary 1:30 Pinochle 2:00 Outing with Marge to Town and Country 4:00 Hump Day Happy Hour	7	Highgate Bus Appointments 9:30 Morning Chat 10:00 Exercise 11:00 Resident Choice Games 12:00 Carving Cart Lunch! 1:00 Manicures and Massage with Sue 3:00 Jeopardy	8	9:30 Morning Chat 10:00 Drumming with Jeri 10:00 Men's Coffee and Conversation 11:00 Yahtzee or Crosswords 12:00 Romeo Lunch Outing to Carbone's Pizzaria and Pub 1:30 Bingo 3:00 Music with Dave Webinger & Happy Hour	9	9:30 Morning Chat 10:00 Life Stories and Purposeful Living Interview One on Ones 11:00 Stretch & Strengthen 1:00 Curse of Oak Island Watch Party with Jon! 2:00 Trivia 3:30 Chinese New Year Fun with Happy Hour	10
9:30 Morning Chat 10:00 Catholic Service with Pat in the Community Room/3rd Floor 11:30 Morning Walking Club 2:00 Bingo 4:00 Super Bowl Party!!		11	9:30 Morning Chat 10:00 Exercise 11:30 Juliet Lunch Bunch Outing to Sophie's Kitchen 1:00 Craft Club with Jeri- Valentine's Day Art 3:00 Resident Council Meeting	12	Foot Clinic Highgate Bus Appointments Spirit Day: Mardi Gras! Wear beads and Jeans! 9:30 Morning Chat 10:00 Stretching & Weights 11:00 Yahtzee 1:00 Cooking with Chef Jessica! 1:00 Manicures with Sandi 3:00 Highgate Ladies Social Club with Shirlee	13	National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. Valentine's Day 9:30 Donut Social 9:30 Morning Chat 10:00 Exercise 10:00 Harvest Church Service/Bible Study 11:00 In the Kitchen with Mary- Resident Recipe Submissions 1:00 Outing with Marge to Albertson's 1:30 Pinochle 3:30 Be Mine or Be Wine! Valentine's Party and Happy Hour	14	Highgate Bus Appointments National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. 9:30 Morning Chat 10:00 Exercise 11:00 Resident Choice Games 1:00 Faith Sharing with Pat 3:00 Jeopardy with Jeri 5:00 Couples' Valentine's Dinner	15	National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. 9:30 Morning Chat 10:00 Drumming with Jeri 10:00 Men's Coffee and Conversation 11:00 Activity Planning Meeting with Mary 11:00 Yahtzee or Crosswords 1:30 Bingo 3:30 Welcome Home! Resident House Warming Party	16	National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. 9:30 Morning Chat 10:00 Life Stories and Purposeful Living Interview One on Ones 11:00 Stretch & Strengthen 1:00 Curse of Oak Island Watch Party with Jon! 2:00 Trivia 3:00 Music with Ron Martinez 3:30 Highgate Happy Hour	17
National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. 9:30 Morning Chat 10:00 Catholic Service with Pat in the Community Room/3rd Floor 11:30 Morning Walking Club 2:00 Bingo		18	National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. Presidents' Day 9:30 Morning Chat 10:00 Exercise 1:00 Craft Club with Jeri 3:00 Highgate Afternoon Tea 3:00 Scrabble or Resident Choice Game	19	Highgate Bus Appointments National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. 9:30 Morning Chat 10:00 Stretching & Weights 11:00 Yahtzee 1:00 Manicures with Sandi 1:00 Romeo Pool or Poker 3:00 Highgate Ladies Social Club with Shirlee	20	National Alzheimer's Disease and Dementia Care Staff Education Week- Wear jeans with donation to ALZ Assoc. 9:30 Donut Social 9:30 Exercise- Golden Zumba! 10:00 Outing with Marge to SwankyRoots 1:30 Billings Public Library Bookmobile 1:30 Pinochle 2:00 In the Kitchen with Mary- Resident Recipe Submissions 4:00 Hump Day Happy Hour	21	All Team- Highgate TM Highgate Bus Appointments 9:30 Morning Chat 10:00 Exercise 11:00 Resident Choice Games 12:00 Carving Cart Lunch! 1:00 Faith Sharing with Pat 3:00 Jeopardy	22	9:30 Morning Chat 10:00 Drumming with Jeri 10:00 Men's Coffee and Conversation 11:00 Yahtzee or Crosswords 1:30 Bingo 3:30 Happy Hour Outing to City Vineyard	23	9:30 Morning Chat 10:00 Life Stories and Purposeful Living Interview One on Ones 11:00 Stretch & Strengthen 1:00 Curse of Oak Island Watch Party with Jon! 2:00 Trivia 3:00 Gospel of Truth Music 3:30 Highgate Happy Hour	24
9:30 Morning Chat 10:00 Catholic Service with Pat in the Community Room/3rd Floor 11:30 Morning Walking Club 2:00 Bingo		25	9:30 Morning Chat 10:00 Exercise 1:00 Craft Club with Jeri 2:00 Western Heritage Museum 3:15 Ted Talk Viewing: My Heart Health Journey by Adam Stevens	26	Highgate Bus Appointments 9:30 Morning Chat 10:00 Stretching & Weights 11:00 Yahtzee 1:00 Manicures with Sandi 1:00 Romeo Pool or Poker 3:00 Highgate Ladies Social Club with Shirlee	27	9:30 Donut Social 9:30 Morning Chat 10:00 Exercise 11:00 In the Kitchen with Mary- Resident Recipe Submissions 1:30 Pinochle 2:00 Outing with Marge to Dollar Tree 4:00 Hump Day Happy Hour	28	Highgate Bus Appointments Spirit Day: Leap Day! Leap frog into Highgate in Jeans and a Green top! 9:30 Morning Chat 10:00 Exercise 11:00 Resident Choice Games 1:00 Faith Sharing with Pat 1:30 Food 4 Thought 3:00 Leap Day Celebration!	29	Resident Birthdays Marlene I 2/18 Elaine P 2/24		