April 2024 Monthly Activities **Your Joy** Sunday Monday Tuesday Wednesday Thursday Friday Saturday 3 10:30 • Symbria Led 10:30 • Meditation with 5 10:30 Morning Meditation 10:30 Symbria Led 10:00 • St. Francis 10:30 • Stretching in the Exercise Class Church Service Exercise Class Gilbert [AR] Bistro [Bistro] Meditation [Disc.] 11:00 • Bistro Action [AR] 11:00 Mini-Mystery 1:30 • Craft with Sue 0:30 Kickboxing with Amanda 11:00 • Disaster Safety with Station [Bistro] 11:00 • Thursday Ted Talk: and Alex [AR] **Resident Birthdays** Hector [AR] Choose to laugh - it's good 11:00 Hangman with Gilbert [AR] 11:30 • Bus Trip: Hunny Jam 1:30 • Weekend Puzzle for you [AR] 1:00 • April Fool's Day Humor 2:00 • Bingo [AR] 2:30 • Resident Council Meeting 2:30 • Creative Pencil Art [AR] 2:00 • Movie Club: [MT] John P. 1:30 • Painting with Colleen [AR] [AR] 3:00 • The Girl who Believes in 3:30 O Balloon Volleyball [AR] 4:00 Afternoon Stroll (Inside) Dennis S. 3:30 • Thirsty Thursday [BL] 4/11 1:20 • Chicago Cubs Home Miracles [MT] 6:00 • Gratitude Journaling [AR] 6:00 • Game Night: Poker [PR] [Bistro] Opener: Cubs vs. Rockies 6:30 • Kings in the Corner 6:30 • Kings in the Corner [LR] 6:00 • Residents' Choice Game Nick C. 4/21 Night [AR] 1:30 • Bus Trip: T.J. Maxx 6:30 • Game Night-Resident Choice 9:30 • Bible and 10:30 O Kickboxing with 10:30 O Symbria Led 10:30 • Meditation with 10:30 O Symbria Led 10:00 • Bible Study with 10:30 • Morning Exercise Class Spirituality Amanda [AR] **Exercise Class** Gilbert [AR] Liz [Lib.] Meditation Gathering [LR] [AR] [AR] 1:30 • Weekend Puzzle 11:00 • Hangman with 11:00 • Bistro Action 10:30 Stretching in the 10:30 O Sunday Stretches [AR] 11:00 • What is Ramadon [AR] 11:00 • Thursday Ted Talk: Gilbert [AR] Station [Bistro] Bistro [Bistro] 2:00 • Movie Club: [MT] Change the World with 1:30 • Coffee & Conversation 1:20 • Solar Eclipse viewing with 2:00 • Bingo [AR] 2:30 • Do you Believe in Fairys 11:00 Mini-Mystery [AR] 4:00 Afternoon Stroll (Inside) Laughter [AR] with MOD [Bistro] Special Glasses! [Out.] with Erin [AR] 3:00 • Documentary - Now more ASPIRED LIVING 2:00 • Entertainment: Jeff [Bistro] 3:30 • Thirsty Thursday [BL] Weekend Word Scramble 1:30 • Bus Trip: Dollar Tree than Ever; The history of 3:30 • Balloon Volleyball [AR] Dewbray [AR] 6:00 • Scrabble Night! National 3:30 OF LA GRANGE 6:30 • Game Night-Resident Chicago [AR] 3:30 • Rosary Resident Led 3:45 • Pub Trivia [AR] 6:00 • Game Night: Poker [PR] Scrabble Day! [AR] a Senior Lifestyle community Yahtzee Challange Game Choice 6:30 Resident Choice Movie [Disc.] 6:30 • Kings in the Corner [LR] [AR] 6:00 • Gratitude Journaling [AR] 9:30 • Bible and 10:30 Meditation with 8 10:00 • St. Francis 0:30 O Symbria Led 10:30 O Symbria Led 10:30 • Stretching in the 10:30 • Mornina 16 Spirituality Church Service Exercise Class Gilbert [AR] **Exercise Class** Bistro [Bistro] Meditation *Diversity Event Gathering [LR] [Disc.] 11:00 • Bistro Action 11:00 • Mini-Mystery 1:30 • Weekend Puzzle explore - Leadership & Volunteerism 11:00 • How to Fold a Fitted 11:00 • Thursday Ted Talk: What 10:30 Sunday Stretches [AR] 10:30 Sit and Get Fit [AR] Station [Bistro] 2:45 • Jazz Combo Performance explore - Lectures & Learning 2:00 • Bingo with Alex [AR] Sheet?! [AR] Gardening Taught me 11:30 • Bus Trip: Portillos 1:30 • Bus Trip: Jewel Osco 2:30 • Fairey garden display for [AR] about Life [AR] 3:30 • Weekend Word Scramble 2:00 • Bingo [AR] 3:00 • Word unscramble with courtyard with Angie and 2:00 • Bus Trip: Volleyball at 4:00 O Afternoon Stroll (Inside) explore - Recreation & Entertainment 2:30 • Town Hall [LR] Gilbert. [AR] 3:00 • Wellness Meeting [LR] Erin [AR] Westmont! [Bistro] explore - Self Expression & the Arts 3:30 • Thirsty Thursday [BL] 3:30 • Ice Cream "Truck" Social Yahtzee Challange Game 6:30 • Game Night-Resident 6:30 • Resident Choice Movie 3:30 O Balloon Volleyball [AR] 6:00 • Residents' Choice Game 6:30 • Kings in the Corner [LR] [AR] 6:00 • Game Night: Poker [PR] Night [AR] explore - Spiritual Health & Religion Choice 6:00 • Gratitude Journaling [AR] explore - Strength & Vitality explore - Travels & Treks 10:30 O Stretching in the 9:30 • Bible and 10:30 OKickboxing with 10:30 O Symbria Led 10:30 O Meditation with 10:30 O Symbria Led 10:30 • Morning 22 Amanda [AR] **Exercise Class** Bistro [Bistro] Meditation Spirituality **Exercise Class** Gilbert [AR] Gathering [LR] 11:00 🔸 Hangman with 1:00 Mini-Mystery 1:30 • Weekend Puzzle 11:00 • Bistro Action 10:30 O Sunday Stretches [AR] 11:00 👺 What is Passover? [AR] Thursday Ted Talk: Saving Gilbert [AR] Station [Bistro] 11:00 2:00 • Movie Club: [MT] the World with Gardening 1:30 • Coffee & Conversation 2:00 • Bingo [AR] 2:30 • Culinary Meeting [LR] 2:30 • Creative Pencil Art [AR] 1:30 • Bus Trip: Target 4:00 • Afternoon Stroll (Inside) with MOD [Bistro] 3:00 • Painting Bird Houses for 2:30 • Earth Day! What is earth 3:00 • 7th Heaven: Season 1 3:30 • Balloon Volleyball [AR] [Bistro] **Location Keys** Weekend Word Scramble 3:30 • Thirsty Thursday [BL] 3:30 day? Let's plan our Garden! episode 1 [MT] the Garden 6:00 • Residents' Choice Game 3:30 • Rosary Resident Led 4th Floor Poker Room PR 4:30 • Birthday Bash Dinner! [DR] 6:30 • Resident Choice Movie 6:00 • Game Night: Poker [PR] Night [AR] [Disc.] Yahtzee Challange Game 6:30 • Game Night-Resident 6:30 • Kings in the Corner [LR] 6:30 6:00 • Gratitude Journaling [AR] AR **Activity Room** Choice Bistro **Bistro** BL Bistro Lounge **Dining Room** DR 9:30 • Bible and 10:00 • St. Francis 10:30 O Symbria Led 30 Disc. Discovery Room Spirituality **Church Service Exercise Class** Gathering [LR] [Disc.] Library Lib. 10:30 Sunday Stretches [AR] 10:30 • Kickboxing with Amanda 11:00 • Words in Words with Carol LR Living Room 1:30 • Coffee & Conversation "April hath put a spirit with MOD [Bistro] 1:30 • Bus Trip: Walgreens 2:00 • Bingo [AR] **Outdoor Courtyards** Out. of youth in everything. Weekend Word Scramble 2:30 • Flowerpot Craft [AR] 3:00 • Tea Tasting [AR] Twin Lakes Movie Theater MT [AR] 6:30 • Game Night-Resident 6:30 • Resident Choice Movie William Shakespeare 6:30 • Yahtzee Challange Game Choice