April 2024
Assisted Living

Monthly Activities

7.55.6.6 - .79	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EXPLORE BY SENIOR LIFESTYLE	Resident Birthdays Hedwig L. 4/15	April Fools Day 9:30 Daily Chronicle and This Day In History [DR] 10:00 Prank or Be Pranked Demo & Discussion [CR] 10:30 Rugelech (Cookies) with the Rabbi [CR] 1:30 Bingo [CR] 2:30 Spot the Difference [CR] 3:00 Word Salad [CR] 3:30 Card Games [CR]	National Peanut Butter & Jelly Day 9:30	In History [DR] 10:00 Service Project for Hospitalized Children [L] 11:00 Catholic Communion Service [CR] 11:00 Chair Soccer [F] 1:30 Art Project-Suncatchers [CR] 2:30 LCR Dice Game [CR] 3:30 Wine Down Wednesday with Trivia [CR] 6:30 Puzzles [L]	9:30 • Daily Chronicle and This Day In History [DR] 10:30 • Full Body Exercise w/Don [F] 11:00 • War Card Game 1:30 • Dough Divas: Baking Carrot Cake with Cream Cheese Frosting [CR] 2:00 • Sit and Be Strong with Julie from Symbria 2:30 • Bingo [CR] 3:30 • BYOB Thirsty Thursday with Trivia [CR] 6:30 • Rummikub [CR]	9:30 • Daily Chronicle and This Day In History [DR] 9:45 ➡ Shopping Trip to: Walmart [OUT] 10:30 • Sit and Be Fit with MaryAnn on YouTube [CR] 11:00 • Word Search [CR] 1:30 • Card Games [CR] 2:30 • Puzzles and Games: Resident Led [CR] 3:30 • Happy Hour with Live Entertainment: Stu Frank [CR] 6:30 • Board Games [CR]	In History [DR] 10:00 • Uno Card Game [CR] 10:30 • Full Body Exercise w/Don [F] 11:00 • Big Word/Little Word [CR] 1:30 • Word Search [CR] 2:15 • Afternoon Movie: Runaway Bride starring Richard Gere and Julia Roberts [T]
ASPIRED LIVING OF PROSPECT HEIGHTS a Senior Lifestyle community	National Coffee Cake Day 9:30 Daily Chronicle and This Day In History [DR] 10:30 Non-Denominational Church Service [CR] 10:45 Dough Divas: Making Coffee Cake 11:00 Brain Games [CR] 1:30 Sunday Matinee: Ocean's Eleven starring George Clooney, Matt Damon, Brad Pitt and Julia Roberts 2:30 Meet Your Neighbors: Coffee Cake Social [CR] 3:30 LCR Dice Game [CR] 6:30 Evening Games [CR]	National Zoo Lovers Day 9:30 Daily Chronicle and This Day In History [DR] 10:00 Chair Yoga [CR] 10:30 Rugelech (Cookies) with the Rabbi [CR] 1:30 Bingo [CR] 2:30 Spot the Difference [CR] 3:30 Zoo Animal Trivia [CR] 3:30 LCR Dice Game [CR]	9:30 • Daily Chronicle and This Day In History [DR] 10:00 • Uno Card Game [B] 10:30 • Entertainer: Eugene Plays the Concertina in MC Theatre 10:30 • Full Body Exercise w/Don [F] 11:00 • Watermelon Toss Game [CR] 1:30 • Basketball [CR] 1:30 • Bible Study [L] 2:00 • Stretch and Flex with Julie from Symbria [CR] 2:30 • "Here's the Scoop"Neopolitan Ice Cream Sundaes [CR] 3:30 • RummikubLearn and Play [CR] 6:30 • Card Games [CR]	9:30 • Daily Chronicle and This Day In History [DR] 10:00 • Parrot Extravaganza [CR] 10:30 • Chair Soccer [CR] 11:00 • Big Word Little Word [CR] 11:00 • Catholic Communion 1:30 • Art Project-Indoor Garden Club [CR] 2:30 • LCR Dice Game [CR] 3:30 • Wine Down Wednesday with Trivia [CR] 6:30 • Puzzles [L]	National Pet Day 9:30	9:30 ● Daily Chronicle and This Day In History [DR] 9:45 ➡ Shopping Trip to: Target [OUT] 10:30 ● Sit and Be Fit with MaryAnn on YouTube [CR] 11:00 ● Word Search [CR] 2:00 ● Healthy Hands with Julie from Symbria [CR] 2:30 ● Puzzles and Games: Resident Led [CR] 3:30 ● Happy Hour with Live Entertainment Bubbletree [CR] 6:30 ● Board Games [CR]	10:00
 *Outing explore - Leadership & Volunteerism explore - Lectures & Learning explore - Recreation & Entertainment explore - Self Expression & the Arts explore - Spiritual Health & Religion explore - Strength & Vitality 	9:30 Daily Chronicle and This Day In History [DR] 10:30 Non-Denominational Church Service [CR] 11:00 Trivia-"Splurt Game" [CR] 1:30 Sunday Matinee: Alfred Hitchcock's Dial M for Murder starring Grace Kelly 1:45 Activity Programming Committee with Annette [CR] 2:30 Gin Rummy [CR] 3:30 LCR Dice Game [CR] 6:30 Evening Games [CR]	10:00 Sit and Be Fit with MaryAnn on YouTube [CR] 10:30 Rugelech (Cookies) with the	National Wear Your Pajamas to Work Day 9:30 Daily Chronicle and This Day In History [DR] 10:00 Trivia="Moral Conflict" [B] 10:30 Entertainer: Eugene Plays the Concertina in MC Theatre [T] 10:30 Full Body Exercise w/Don [F] 11:00 Balloon Volleyball [CR] 1:30 Beer Tasting [T] 1:30 Bible Study [L] 2:00 Stretch and Flex with Julie from Symbria [CR] 2:30 Big Word Little Word [CR] 3:30 Art Project—Hat Ladies [CR] 6:30 Card Games [CR]	9:30 ● Daily Chronicle and This Day In History [DR] 9:30 ➡ Long Grove Confectionary Factory Tour [0] 11:00 ● Catholic Communion Service [CR] 1:30 ● Bananagrams [CR] 2:00 ● Book Lovers Nook with Amanda [CR] 2:30 ● LCR Dice Game [CR] 3:30 ● Wine, Crackers & Cheese with Trivia [CR] 6:30 ● Puzzles [L]	9:30 • Daily Chronicle and This Day In History [DR] 10:00 • Animal Cracker Lee Cream Breakfast Bar [CR] 10:30 • Full Body Exercise w/Don [F] 11:00 • Trivia "Everybody Knows" 1:30 • Sing-A-Long [CR] 2:00 • Sit and Be Strong with Julie from Symbria 2:30 • Art Project – Magazine Bowls [CR] 3:00 • Lutheran Service w/ Pastor Carl [T] 3:30 • BYOB Thirsty Thursday with Trivia [CR] 6:30 • Rummikub [CR]	9:30 • Daily Chronicle and This Day In History [DR] 9:45 • Shopping Trip to: Jewel [OUT] 10:00 • War Card Game [CR] 10:30 • Sit and Be Fit with MaryAnn on YouTube [CR] 1:30 • Coloring Mandalas [CR] 2:00 • Healthy Hands with Julie from Symbria [CR] 2:30 • Puzzles and Games: Resident Led [CR] 3:30 • Happy Hour with Live Entertainment: Roxani [CR] 6:30 • Board Games [CR]	George Clooney and Nicole Kidman [T]
Location Keys AL Dining Room DR Bistro B Community Outing OUT	National Chocolate Covered Cashew Day 9:30 Daily Chronicle and This Day In History [DR] 10:30 Non-Denominational Church Service [CR] 11:00 Dough Divas: Making Chocolate Cashew Clusters [CR] 1:30 Sunday Matinee: The Ten Commandments starring Charleton Heston 1:45 Art Project-Passover Seder Plates [CR] 2:30 Rummikub [B] 3:30 LCR Dice Game [CR] 6:30 Evening Games [CR]	National Earth Day 9:30 Daily Chronicle and This Day In History [DR] 10:00 Earth Day Trivia [CR] 10:30 Passover Macaroons with the Rabbi [CR] 1:30 Bingo [CR] 2:30 Earth Day Planting Party 3:30 LCR Dice Game [CR] 6:30 Card Games [CR]	Passover First Day 9:30 • Daily Chronicle and This Day In History [DR] 10:00 • Uno Card Game-Resident Led [CR] 10:30 • Entertainer: Eugene Plays the Concertina in MC Theatre 10:30 • Full Body Exercise w/Don [F] 11:00 • Balloon Volleyball with Jim [CR] 1:00 • Andy's Ice Cream and Scenic Drive [O] 1:30 • Bible Study [L] 2:00 • Stretch and Flex with Julie from Symbria [CR] 2:30 • Big Word Little Word with Jacob [CR] 3:30 • Card Games [CR]	9:30 • Daily Chronicle and This Day In History [DR] 10:30 • Sit and Be Fit with MaryAnn [CR] 11:00 • Catholic Communion 11:15 • Lunch Outing to Walker Brothers [CR] 1:30 • Resident Town Hall [CR] 2:00 • Cooking Demo with Danny [CR] 2:30 • LCR Dice Game [CR] 3:30 • Wine Down Wednesday with Alexis [CR] 6:30 • Board Games [CR]	10:00 • Activity Center with Wheeling High School Volunteers 9:30 • Daily Chronicle and This Day In History [DR] 10:30 • Full Body Exercise w/Don [F] 1:30 • Prize Bingo 2:00 • Sit and Be Strong with Julie from Symbria 2:30 • Arts & Crafts-Drawing [CR] 3:30 • BYOB Thirsty Thursday with Trivia [CR] 6:30 • Rummikub [CR]	9:30 Daily Chronicle and This Day In History [DR] 9:45 Shopping Trip to: Jewel [OUT] 10:30 Sit and Be Fit with MaryAnn on YouTube [CR] 1:30 Word Search [CR] 2:00 Healthy Hands with Julie from Symbria [CR] 2:30 Puzzles and Games: Resident Led [CR] 3:30 Happy Hour with Live Entertainment: Richard [CR] 6:30 Word Search [CR]	10:30 • Full Body Exercise w/Don [F] 11:00 • Uno Card Game with Jim [CR] 1:30 • Hangman with Jim [CR] 2:15 • Afternoon Movie: As Good As It Gets starring Jack Nicholson and Helen Hunt [T]
Community Room CR Fitness Studio F Library L Outing O Theater T	National Superhero Day 9:30 Daily Chronicle and This Day In History [DR] 10:30 Non-Denominational Church Service [CR] 11:00 Brain Games [CR] 1:30 Sunday Matinee: Mystery Men starring Ben Stiller and Janeane Garofalo 1:45 Arts & Crafts [CR] 2:30 Uno Card Game [B] 3:30 LCR Dice Game [CR] 6:30 Evening Games [CR]	9:30 • Daily Chronicle and This Day In History [DR] 10:00 • Sit and Be Fit with MaryAnn on YouTube [CR] 10:30 • Service Project-Cards for Hospitalized Kids [CR] 1:30 • Blackjack with Bia [CR] 2:30 • Big Word Little Word with Jim [CR] 3:30 • LCR Dice Game [CR] 6:30 • Puzzles and Card Games [CR]	9:30 • Daily Chronicle and This Day In History [DR] 10:30 • Entertainer: Eugene Plays the Concertina in MC Theatre 10:30 • Full Body Exercise w/Don [F] 11:00 • Balloon Volleyball with Jim [CR] 1:00 • Scenic Drive 1:30 • Bible Study [L] 1:30 • Word Search [CR] 2:00 • Stretch and Flex with Julie from Symbria [CR] 2:30 • Big Word Little Word with Jacob [CR] 3:30 • Blackjack with Bia [CR] 6:30 • Card Games [CR]		* All activities and outings are subject to change.	APRILS	HOWERS.

Created on Sunday, March 31, 2024 1:38 PM