Fullerton Gardens-Winter Wonderland calendar & activities JAN 2020 SUNDAY MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** SATURDAY AM • Art Classes w/ AM • Stretch & Flex 3 AM • Short Stories New Year's Day CONNECT Alexis [LDR] [LDR] January AM • New Year's AM • Garden AM • Move & Groove Memories [TR] AM • Trivia CONTRIBUTE Meditation AM • Crafting Club Challenge [LDR] AM • Gardening w/ Sheryl [G] AM • Bible Reading with Irene AM • Puzzles & Table Games AM • Reminiscing [LDR] FEEL **SENIOR** AM • Aroma Therapy [P] [LDR] PM • Mini Manicures [TR] PM • Bookmarks [ER] AM Fancy Nails LIFESTYLE PM • Walk With Me PM • Walk With Me GROW PM • Exercise w/ Alexis [LDR] PM • Collages [LDR] PM • Karaoke! [LDR] PM • Bingo [ER] your life, your style PM • Karaoke Sing-a-Long PM • Music Therapy [ER] PM • Chair Yoga PM • Trivia [ER] MOVE PM • Men's Group [ER] PM • Evening News [LDR] PM • Armchair Travels PM • Mini Massages [LDR] PM • Late Night Chats [LDR] PM • Resident Choice Movie PM • Bingo [LDR] PM • Story Time [ER] [LDR] REFLECT PM • Evening Stroll [G] AM • Conductorcise Senior Topics-AM • Senior Topics AM • Journey Back AM • Art Classes AM • Stretch & Flex AM • Short Stories with Lisa [TR] into Time with [LDR] Mind. Bodv. & w/ Honour [LDR] Soul [TR] AM • Travelogue [ER] Joanna [TR] AM • Sunday [LDR] AM • Move & Groove AM • Music with AM • Thymeless Cooking Club Inspiration [TR] AM • Morning Garden Walk AM • Crafting Club AM • Garden Meditation Jonathan [LDR] [LDR] AM • Bible Reading with Irene AM • Sing-a-Long [LDR] [LDR] AM • Puzzles & Table Games AM • Aroma Therapy [P] AM • Reminiscing [LDR] PM Parachute Fun [P] AM • Holy Communion [TVR] PM • Garden Meditation [G] [LDR] MEMORY CARE PM • Afternoon Stretch & Flex AM • Fancy Nails PM • Mini Manicures [TR] PM • Walk With Me PM • Fit & Well with Leah [LDR] PM • Bookmarks [ER] PM • Horse Races [LDR] PM • Fit and Well with PM • Walk With Me PM • Memory Games & Sorting PM • Music with Natalie [LDR] PM • Collages [LDR] PM • Crafting Club PM • Thymeless Garden Club [G] Eunice [LDR] PM • Bingo [ER] PM • Chair Yoga PM • Music Therapy [ER] PM • Spark PM • Pet Therapy [LDR] SENIOR LIFESTYLE PM • Karaoke Sing-a-Long PM • Trivia [ER] PM • Karaoke [LDR] PM • Trivia Challenge [TR] PM • Armchair Travels PM • Evening News [LDR] PM • Chats & Facts PM • Men's Group [ER] PM • Mini Massages [LDR] PM • Evening News PM • Bingo [LDR] PM • Resident Choice Movie PM • Movie Night [ER] PM Black & White Movie NIght PM • Late Night Chats [LDR] PM • Story Time [ER] PM • Aroma Therapy/ Massage [LDR] [LDR] PM • Evening Stroll [G] AM • Garden Walk w/ Heidi AM • Conductorcise Senior Topics-AM • Journey Back AM • Art Classes AM • Stretch & Flex AM • Short Stories 18 AM • Senior Topics with [LDR] Mind, Body, & into Time with [LDR] w/ Honour Lisa [TR] Soul [TR] Joanna [TR] AM • Sunday AM • Music with AM • Move & Groove [LDR] **Location Keys** AM • Travelogue [ER] Jonathan [LDR] Inspiration [TR] AM Morning Garden Walk AM • Crafting Club AM • Thymeless Cooking Club [LDR] AM • Garden Meditation **EMBRACE ROOM** AM • Bible Reading with Irene AM • Sing-a-Long [LDR] AM • Puzzles & Table Games AM • Reminiscing [LDR] PM Parachute Fun [P] AM • Aroma Therapy [P] **GARDEN** PM • Garden Meditation [G] AM • Holy Communion [TVR] PM • Mini Manicures [TR] [LDR] PM • Afternoon Stretch & Flex [LDR] AM • Fancy Nails PM • Fit & Well with Leah [LDR] PM • Thymeless Garden Club [G] PM • Walk With Me PM • Bookmarks [ER] LARGE DINING ROOM LDR PM • Horse Races [LDR] PM • Walk With Me PM • Fit and Well with PM Cooking w/ Christine PM • Music with Natalie [LDR] PM • Crafting Club PM • Memory Games & Sorting PM • Bingo [ER] PM • Collages [LDR] **PATIO Eunice [LDR]** PM • Pet Therapy [LDR] PM • Spark PM • Chair Yoga PM • Fancy Nails w/Karina [ER] PM • Music Therapy [ER] TR THEATRE ROOM PM • Chats & Facts PM • Karaoke Sing-a-Long PM • Trivia Challenge [TR] PM • Armchair Travels PM • Evening News [LDR] PM • Karaoke [LDR] PM • Trivia [ER] PM • Black & White Movie NIght [LDR] TV ROOM PM • Men's Group [ER] PM • Evening News PM • Bingo [LDR] PM Resident Choice Movie PM • Movie Night [ER] PM • Mini Massages [LDR] PM • Late Night Chats [LDR] PM • Aroma Therapy/ Massage PM • Evening Stroll [G] [LDR] PM • Story Time [ER] [LDR] AM • Stretch & Flex 24 AM • Senior Topics Martin Luther King, Jr. Day AM • Conductorcise AM • Journey Back AM • Art Classes AM • Short Stories with Lisa [TR] [LDR] AM • Senior Topicsinto Time with [LDR] w/ Honour AM • Travelogue [ER] Mind, Body, & Joanna [TR] AM • Move & Groove AM • Sunday **[LDR]** AM • Music with Soul TRI AM • Thymeless Cooking Club Inspiration [TR] AM • Crafting Club Jonathan [LDR] AM • Garden Meditation [LDR] AM • Morning Garden Walk [LDR] AM • Sing-a-Long [LDR] AM • Puzzles & Table Games AM • Bible Reading with Irene AM • Aroma Therapy [P] AM • Reminiscing [LDR] Resident Birthdays PM Parachute Fun [P] AM • Holy Communion [TVR] PM • Garden Meditation [G] [LDR] PM • Mini Manicures [TR] AM • Fancy Nails PM • Fit & Well with Leah [LDR] PM • Afternoon Stretch & Flex PM • Walk With Me PM • Bookmarks [ER] Anne M. PM • Horse Races [LDR] PM • Fit and Well with PM • Walk With Me PM • Getting to Know MLK Jr. [ER] PM • Crafting Club PM • Music with Natalie [LDR] PM • Collages [LDR] PM • Trivia Challenge [TR] PM • Thymeless Garden Club [G] **Eunice [LDR]** Lillian L PM • Bingo [ER] PM • Lilian's 100th Birthday PM • Spark PM • Chair Yoga PM • Pet Therapy [LDR] PM • Evening News PM • Karaoke Sing-a-Long PM • Trivia [ER] Bash! [ER] PM • Armchair Travels PM • Karaoke [LDR] PM • Chats & Facts PM • Aroma Therapy/ Massage PM • Men's Group [ER] PM • Mini Massages [LDR] PM • Evening News [LDR] PM • Bingo [LDR] PM • Movie Night [ER] [LDR] PM Black & White Movie NIght PM • Late Night Chats [LDR] PM • Story Time [ER] PM Resident Choice Movie [LDR] PM • Evening Stroll [G] [LDR] Office Hours AM • Conductorcise AM • Senior Topics-AM • Senior Topics with 28 AM • Journey Back AM • Art Classes AM • Stretch & Flex Mind, Body, & Lisa [TR] [LDR] into Time with w/ Honour Monday-Saturday AM • Travelogue [ER] Soul [TR] Joanna [TR] AM • Sunday [LDR] AM • Music with AM • Thymeless Cooking AM • Morning Garden Inspiration [TR] AM • Crafting Club 9 a.m.-5:30 p.m. Jonathan [LDR] AM • Garden Meditation Club [LDR] Walk [LDR] AM • Sing-a-Long [LDR] AM • Puzzles & Table Games AM • Reminiscing [LDR] PM • Parachute Fun [P] AM • Aroma Therapy [P] AM • Holy Communion [TVR] Main House PM • Garden Meditation [G] PM • Afternoon Stretch & Flex [LDR] PM • Fit & Well with Leah [LDR] AM • Fancy Nails PM • Mini Manicures [TR] PM • Walk With Me PM • Horse Races [LDR] PM • Thymeless Garden Club [G] PM • Memory Games & Sorting PM • Fit and Well with PM • Walk With Me Cooking w/ Christine PM • Music with Natalie [LDR] PM • Crafting Club Eunice [LDR] PM • Bingo [ER] PM • Pet Therapy [LDR] PM • Chair Yoga PM • Spark Sunday PM • Trivia Challenge [TR] PM • Chats & Facts PM • Karaoke Sing-a-Long PM • Trivia [ER] PM • Karaoke [LDR] PM • Armchair Travels PM • Evening News PM • Black & White Movie NIght [LDR] 9 a.m.-5:00 p.m. PM • Men's Group [ER] PM • Mini Massages [LDR] PM • Movie Night [ER] PM • Bingo [LDR] PM • Aroma Therapy/ Massage PM • Late Night Chats [LDR] PM • Story Time [ER] PM • Evening Stroll [G] Community