



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Sunday Matinee [AR] 3:00 ● Name That Tune [AR] 4:00 ● Sudoku [AR] 6:30 ● Evening Movie [AR]</p> <p><b>1</b></p>	<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Bible Study with Curt with the rock Church [AR] 10:00 ● Moving to the Music Exercise [AR] 1:00 ● Bingo [AR] 2:00 ● Scenic Drive 3:00 ● Manicures and Hand Massage [AR] 6:30 ● Evening Movie [AR]</p> <p><b>2</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Catholic Communion and Rosary St. Francis [AR] 8:45 ● Spiritual Inspirations [DR-AL] 9:00 ● Coffee and Conversation 10:00 ● Sit and be fit - Yoga [AR] 11:30 ● Bookmarks: [DR-AL] 2:00 ● Concert [AR] 6:30 ● Evening Movie [AR]</p> <p><b>3</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 8:45 ● Women's Bible Study with Kim Buterac [DR-AL] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 11:30 ● Quizzards: [AR] 1:00 ● Bingo [AR] 2:00 ● Fireside Chat [AR] 6:30 ● Evening Movie [AR]</p> <p><b>4</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Moving to the Music Exercise [AR] 10:30 ● Ceramics [AR] 11:30 ● Bookmarks: [DR-AL] 2:00 ● Concert [AR] 4:00 ● Card Game - Cribbage [MC AR] 6:30 ● Evening Movie [AR]</p> <p><b>5</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit - Yoga [AR] 11:30 ● Quizzards: [AR] 1:00 ● Art Club [AR] 2:00 ● Live and Learn seminar [AR] 3:00 ● Happy Hour [AR] 6:30 ● Evening Movie [AR]</p> <p><b>6</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Saturday Matinee [AR] 2:00 ● DRAMA [AR] 3:00 ● Card Game - Uno [AR] 6:30 ● Evening Movie [AR]</p> <p><b>7</b></p>	
<p><b>Daylight Saving Time Begins</b> 8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● LIBERTY CHOIR [AR] 1:00 ● Sunday Matinee [AR] 3:00 ● Name That Tune [AR] 4:00 ● Sudoku [AR] 6:30 ● Evening Movie [AR]</p> <p><b>8</b></p>	<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Bible Study with Curt with the rock Church [AR] 10:00 ● Moving to the Music Exercise [AR] 1:00 ● Bingo [AR] 2:00 ● Scenic Drive 3:00 ● Manicures and Hand Massage [AR] 6:30 ● Evening Movie [AR]</p> <p><b>9</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Catholic Communion and Rosary St. Francis [AR] 8:45 ● Spiritual Inspirations [DR-AL] 9:00 ● Coffee and Conversation 10:00 ● Sit and be fit - Yoga [AR] 11:30 ● Bookmarks: [DR-AL] 2:00 ● Concert [AR] 6:30 ● Evening Movie [AR]</p> <p><b>10</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 8:45 ● Women's Bible Study with Kim Buterac [DR-AL] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 11:30 ● Quizzards: [AR] 1:00 ● Bingo [AR] 1:00 ● Resident Council [AR] 6:30 ● Evening Movie [AR]</p> <p><b>11</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Moving to the Music Exercise [AR] 11:30 ● Bookmarks: [DR-AL] 1:00 ● Aroma Touch [AR] 2:00 ● Choir practice with Gordon Johnson [MC AR] 2:00 ● Concert [AR] 3:00 ● Cooking Club [AR] 4:00 ● Card Game - Cribbage [MC AR] 6:30 ● Evening Movie [AR]</p> <p><b>12</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit - Yoga [AR] 11:30 ● Lunch out-Chili's 2:00 ● Live and Learn seminar [AR] 3:00 ● Happy Hour [AR] 3:00 ● Happy Hour sponsored by Tina Gonzales [AR] 6:30 ● Evening Movie [AR]</p> <p><b>13</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Saturday Matinee [AR] 2:00 ● Memory Lane Club [AR] 3:00 ● Card Game - Uno [AR] 6:30 ● Evening Movie [AR]</p> <p><b>14</b></p>	
<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Sunday Matinee [AR] 3:00 ● Name That Tune [AR] 4:00 ● Sudoku [AR] 6:30 ● Evening Movie [AR]</p> <p><b>15</b></p>	<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Bible Study with Curt with the rock Church [AR] 10:00 ● Moving to the Music Exercise [AR] 1:00 ● Bingo [AR] 2:00 ● Scenic Drive 3:00 ● Manicures and Hand Massage [AR] 6:30 ● Evening Movie [AR]</p> <p><b>16</b></p>	<p><b>St. Patrick's Day</b> 8:30 ● Daily Chronicle [AR] 8:45 ● Catholic Communion and Rosary St. Francis [AR] 8:45 ● Spiritual Inspirations [DR-AL] 9:00 ● Coffee and Conversation 10:00 ● Sit and be fit - Yoga [AR] 11:30 ● Bookmarks: [DR-AL] 2:00 ● Concert [AR] 2:00 ● ICE CREAM SOCIAL [AR] 6:30 ● Evening Movie [AR]</p> <p><b>17</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 8:45 ● Women's Bible Study with Kim Buterac [DR-AL] 9:00 ● Coffee and Conversation 9:00 ● Protestant Communion 10:00 ● Sit and Be Fit [AR] 1:00 ● Activities meeting [AR] 1:00 ● Bingo [AR] 6:30 ● Evening Movie [AR]</p> <p><b>18</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Moving to the Music Exercise [AR] 11:30 ● Bookmarks: [DR-AL] 2:00 ● Concert [AR] 4:00 ● Card Game - Cribbage [MC AR] 6:30 ● Evening Movie [AR]</p> <p><b>19</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 9:00 ● Deacons and Donuts fellowship [DR-AL] 10:00 ● Sit and Be Fit - Yoga [AR] 1:00 ● Art Club [AR] 2:00 ● Live and Learn seminar [AR] 3:00 ● Happy Hour [AR] 6:30 ● Evening Movie [AR]</p> <p><b>20</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Saturday Matinee [AR] 3:00 ● Card Game - Uno [AR] 6:30 ● Evening Movie [AR]</p> <p><b>21</b></p>	
<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Sunday Matinee [AR] 3:00 ● Name That Tune [AR] 4:00 ● Sudoku [AR] 6:30 ● Evening Movie [AR]</p> <p><b>22</b></p>	<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Bible Study with Curt with the rock Church [AR] 10:00 ● Moving to the Music Exercise [AR] 1:00 ● Bingo [AR] 2:00 ● Scenic Drive 3:00 ● Manicures and Hand Massage [AR] 6:30 ● Evening Movie [AR]</p> <p><b>23</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Catholic Communion and Rosary St. Francis [AR] 8:45 ● Spiritual Inspirations [DR-AL] 9:00 ● Coffee and Conversation 9:00 ● Deacons and Donuts [AR] 10:00 ● Sit and be fit - Yoga [AR] 11:30 ● Bookmarks: [DR-AL] 2:00 ● Concert [AR] 6:30 ● Evening Movie [AR]</p> <p><b>24</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 8:45 ● Women's Bible Study with Kim Buterac [DR-AL] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Bingo [AR] 3:45 ● High School Band or Chorus 6:30 ● Evening Movie [AR]</p> <p><b>25</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Moving to the Music Exercise [AR] 11:30 ● Bookmarks: [DR-AL] - ● Memory Lane [AR] 2:00 ● Concert [AR] 3:00 ● Cooking Club [AR] 4:00 ● Card Game - Cribbage [MC AR] 6:30 ● Evening Movie [AR]</p> <p><b>26</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit - Yoga [AR] 11:30 ● Lunch out-Castle Cafe 2:00 ● Live and Learn seminar [AR] 3:00 ● Happy Hour [AR] 6:30 ● Evening Movie [AR]</p> <p><b>27</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Spiritual Inspirations [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Saturday Matinee [AR] 2:00 ● Concert: Mitch Urban [AR] 3:00 ● Card Game - Uno [AR] 6:30 ● Evening Movie [AR]</p> <p><b>28</b></p>	
<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Sit and Be Fit [AR] 1:00 ● Sunday Matinee [AR] 3:00 ● Name That Tune [AR] 4:00 ● Sudoku [AR] 6:30 ● Evening Movie [AR]</p> <p><b>29</b></p>	<p>8:30 ● Daily Chronicle [AR] 9:00 ● Coffee and Conversation 10:00 ● Bible Study with Curt with the rock Church [AR] 10:00 ● Moving to the Music Exercise [AR] 1:00 ● Bingo [AR] 2:00 ● Scenic Drive 3:00 ● Manicures and Hand Massage [AR] 6:30 ● Evening Movie [AR]</p> <p><b>30</b></p>	<p>8:30 ● Daily Chronicle [AR] 8:45 ● Catholic Communion and Rosary St. Francis [AR] 8:45 ● Spiritual Inspirations [DR-AL] 9:00 ● Coffee and Conversation 10:00 ● Sit and be fit - Yoga [AR] 11:30 ● Bookmarks: [DR-AL] 2:00 ● Concert [AR] 6:30 ● Evening Movie [AR]</p> <p><b>31</b></p>	<p>PINE TRAILS AT CASTLE ROCK 864 Barranca Drive Castle Rock, CO 80104 720.708.1645</p>			<p>Assisted Living</p>	

"The meeting of preparation with opportunity generates the offspring we call luck."  
— Anthony Robbins

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Resident Birthdays

Joyce T. 3/3  
Shinji M. 3/4  
Winifred T. 3/8  
Suzanne G. 3/9