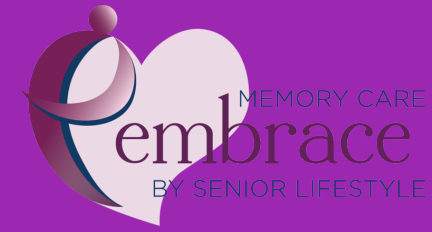


calendar & activities  
MAR 2020

PINE TRAILS AT CASTLE ROCK



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>8:45 Spiritual Inspirations Daily 9:00 Sunday Morning Movie [MC AR] 10:30 Moving to the Music Exercise [MC AR] 1:45 Snack and Chat [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Bingo [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Bible Study with the Rock Church [MC AR] 10:30 Sit and Be Fit [MC AR] 1:00 Art Club [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Bingo [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Evening Movie [MC AR]</p>	<p>8:30 Catholic Communion and Rosary St. Francis [MC AR] 8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Bookmarks [MC AR] 1:30 Chair Soccer [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 3:30 Manicures and Hand Massage [MC AR] 4:00 Uno Challenge [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 8:45 Women's Bible Study with Kim Buterac [DR-AL] 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 11:00 Quizzards [MC AR] 12:30 Fireside Chat [AR] 1:00 Bingo [MC AR] 1:45 Snack and Chat [MC AR] 2:15 Scenic Drive 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:00 Ceramics [AR] 10:30 Sit and Be Fit [MC AR] 11:00 Bookmarks [MC AR] 12:30 Memory Lane [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 3:00 Brain Games [MC AR] 3:00 Root beer floats &amp; Fellowship [AR] 4:00 Chair Volleyball [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Quizzards [MC AR] 1:00 Art Club [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Sensory Explorations Club [MC AR] 3:00 Happy Hour [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 12:30 Discover your Mark [MC AR] 1:45 Snack and Chat [MC AR] 2:00 DRAMA CLUB [MC AR] 3:00 Name That Tune [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>
<p>Daylight Saving Time Begins 8:45 Spiritual Inspirations Daily 9:00 Sunday Morning Movie [MC AR] 10:30 Moving to the Music Exercise [MC AR] 1:00 Liberty Choir 1:45 Snack and Chat [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Bingo [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Bible Study with the Rock Church [MC AR] 10:30 Sit and Be Fit [MC AR] 1:00 Art Club [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Bingo [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Evening Movie [MC AR]</p>	<p>8:30 Catholic Communion and Rosary St. Francis [MC AR] 8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Bookmarks [MC AR] 1:30 Chair Soccer [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 3:30 Manicures and Hand Massage [MC AR] 4:00 Uno Challenge [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 8:45 Women's Bible Study with Kim Buterac [DR-AL] 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 11:00 Quizzards [MC AR] 1:00 Bingo [MC AR] 1:45 Snack and Chat [MC AR] 2:15 Scenic Drive 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit [MC AR] 11:00 Bookmarks [MC AR] 1:00 Aroma Touch [AR] 1:45 Snack and Chat [MC AR] 2:00 Choir practice with Gordon Johnson [MC AR] 2:00 Concert [MC AR] 3:00 Cooking Club/Thymeless [AR] 3:00 Root beer floats with Coda/Thymeless [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Quizzards [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Sensory Explorations Club [MC AR] 3:00 Happy Hour [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 12:30 Discover your Mark [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Memory Lane Club [MC AR] 3:00 Name That Tune [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>
<p>8:45 Spiritual Inspirations Daily 9:00 Sunday Morning Movie [MC AR] 10:30 Moving to the Music Exercise [MC AR] 1:45 Snack and Chat [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Bingo [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Bible Study with the Rock Church [MC AR] 10:30 Sit and Be Fit [MC AR] 1:00 Art Club [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Bingo [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Evening Movie [MC AR]</p>	<p>St. Patrick's Day 8:30 Catholic Communion and Rosary St. Francis [MC AR] 8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Bookmarks [MC AR] 1:30 Chair Soccer [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 2:00 Ice Cream social and Concert: [MC AR] 3:30 Manicures and Hand Massage [MC AR] 4:00 Uno Challenge [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 8:45 Women's Bible Study with Kim Buterac [DR-AL] 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 11:00 Quizzards [MC AR] 12:30 Activities meeting [MC AR] 12:30 TRIVIA CLUB [MC AR] 1:00 Bingo [MC AR] 1:30 WELCOMING CLUB [MC AR] 1:45 Snack and Chat [MC AR] 2:15 Scenic Drive 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit [MC AR] 11:00 Bookmarks [MC AR] 12:30 Memory Lane [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 3:00 Brain Games [MC AR] 3:00 Root beer floats &amp; Fellowship [AR] 4:00 Chair Volleyball [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Quizzards [MC AR] 1:00 Art Club [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Sensory Explorations Club [MC AR] 3:00 Happy Hour [MC AR] 3:00 Happy Hour: Sponsored by Grace Miller [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 12:30 Discover your Mark [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Women's Red Hat Society [AR] 3:00 Name That Tune [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>
<p>8:45 Spiritual Inspirations Daily 9:00 Sunday Morning Movie [MC AR] 10:30 Moving to the Music Exercise [MC AR] 1:45 Snack and Chat [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Bingo [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Bible Study with the Rock Church [MC AR] 10:30 Sit and Be Fit [MC AR] 1:00 Art Club [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Bingo [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Evening Movie [MC AR]</p>	<p>8:30 Catholic Communion and Rosary St. Francis [MC AR] 8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Bookmarks [MC AR] 1:00 Key club [MC AR] 1:30 Chair Soccer [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 3:30 Manicures and Hand Massage [MC AR] 4:00 Uno Challenge [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 8:45 Women's Bible Study with Kim Buterac [DR-AL] 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 11:00 BRAINIACS/READING 11:00 Quizzards [MC AR] 1:00 Bingo [MC AR] 1:15 Chef's Corner 1:45 Snack and Chat [MC AR] 2:00 Birthday Party [AR] 2:15 Scenic Drive 3:45 High School Band or Chorus 4:00 Brain Games [MC AR] 4:00 High School Band or Chorus 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit [MC AR] 11:00 Bookmarks [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 3:00 Brain Games [MC AR] 3:00 Cooking Club/Thymeless [AR] 3:00 Root beer floats with Coda/Thymeless [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Quizzards [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Sensory Explorations Club [MC AR] 3:00 Happy Hour [MC AR] 3:00 Happy Hour: Sponsored by Teresa Miller with artist Bobby Jackson [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Moving to the Music Exercise [MC AR] 12:30 Discover your Mark [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert: Mitch Urban [MC AR] 3:00 Name That Tune [MC AR] 4:00 Brain Games [MC AR] 6:00 Evening Movie [MC AR]</p>
<p>8:45 Spiritual Inspirations Daily 9:00 Sunday Morning Movie [MC AR] 10:30 Moving to the Music Exercise [MC AR] 1:00 Church of Christ service and activities [MC AR] 1:45 Snack and Chat [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Bingo [MC AR]</p>	<p>8:45 Spiritual Inspirations Daily 9:00 Bible Study with the Rock Church [MC AR] 10:30 Sit and Be Fit [MC AR] 1:00 Art Club [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Bingo [MC AR] 3:00 Brain Games [MC AR] 4:00 Daily Chronicle 6:00 Evening Movie [MC AR]</p>	<p>8:30 Catholic Communion and Rosary St. Francis [MC AR] 8:45 Spiritual Inspirations Daily 9:00 Daily Chronicle [MC AR] 10:30 Sit and Be Fit - Yoga [MC AR] 11:00 Bookmarks [MC AR] 1:30 Chair Soccer [MC AR] 1:45 Snack and Chat [MC AR] 2:00 Concert [MC AR] 3:30 Manicures and Hand Massage [MC AR] 4:00 Uno Challenge [MC AR] 6:00 Evening Movie [MC AR]</p>	<p>PINE TRAILS AT CASTLE ROCK 864 Barranca Drive Castle Rock, CO 80104 720.708.1645</p>			<p>Memory Care</p>

"The meeting of preparation with opportunity generates the offspring we call luck."  
— Anthony Robbins

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Resident Birthdays

Joyce T. 3/3  
Shinji M. 3/4  
Winifred T. 3/8  
Suzanne G. 3/9