

calendar & activities										The Sheridan at Lakewood Ranch																															
SEP 2020																																									
SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
<div><div></div><div>SENIOR LIFESTYLE</div><div>your <i>life</i>, your <i>style</i></div></div>					9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Table Talk [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			1			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 Brain Health University [ENT] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Quiz Me From A to Z [GR] 4:00 Music with Alexa [GR]			2			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Clock Words [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			3			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Noodle Doodle [GR] 4:00 Music with Alexa [GR]			4			Kentucky Derby Day 9:30 Chair Yoga [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 11:00 Stories with Billy Graham [ENT] 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 You Be The Judge [GR] 4:00 Music with Alexa [GR]			5									
9:30 Church [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Hand and Foot [GR] 2:00 Movie Matinee [ENT] 2:00 Word Jumble [GR] 3:00 Team Crossword [GR] 4:00 Music with Alexa [GR]			6			Labor Day 9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 2:00 Poker Club [CS] 3:30 Clock Words [GR] 4:00 Music with Alexa [GR]			7			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Table Talk [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			8			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 Brain Health University [ENT] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Quiz Me From A to Z [GR] 4:00 Music with Alexa [GR]			9			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Clock Words [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			10			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Noodle Doodle [GR] 4:00 Music with Alexa [GR]			11			National Chocolate Day 9:30 Chair Yoga [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 11:00 Stories with Billy Graham [ENT] 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 You Be The Judge [GR] 4:00 Music with Alexa [GR]			12		
National Grandparents Day 9:30 Church [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Hand and Foot [GR] 2:00 History of Milton Hershey [GR] 2:00 Movie Matinee [ENT] 3:00 Crosswords [GR] 4:00 Music with Alexa [GR]			13			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 2:00 Poker Club [CS] 3:30 Clock Words [GR] 4:00 Music with Alexa [GR]			14			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Table Talk [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			15			World Guacamole Day 9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 Brain Health University [ENT] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Quiz Me From A to Z [GR] 4:00 Music with Alexa [GR]			16			National Monte Cristo Day 9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Clock Words [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			17			Rosh Hashanah 9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Noodle Doodle [GR] 4:00 Music with Alexa [GR]			18			9:30 Chair Yoga [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 11:00 Stories with Billy Graham [ENT] 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 You Be The Judge [GR] 4:00 Music with Alexa [GR]			19		
National Pepperoni Pizza Day 9:30 Church [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Hand and Foot [GR] 2:00 Movie Matinee [ENT] 2:00 Musical Notes [GR] 3:00 Team Crossword [GR] 4:00 Music with Alexa [GR]			20			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 2:00 Poker Club [CS] 3:30 Clock Words [GR] 4:00 Music with Alexa [GR]			21			National Ice Cream Cone Day 9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Table Talk [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			22			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 Brain Health University [ENT] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Mindful Hand Massage 2:00 Movie Matinee [ENT] 3:00 Quiz Me From A to Z [GR] 4:00 Music with Alexa [GR]			23			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Senior Outdoor Olympics 2:00 Movie Matinee [ENT] 3:00 Clock Words [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			24			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 2:00 Movie Matinee [ENT] 3:00 Noodle Doodle [GR] 4:00 Music with Alexa [GR]			25			National Love Note Day 9:30 Chair Yoga [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 11:00 Stories with Billy Graham [ENT] 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 You Be The Judge [GR] 4:00 Music with Alexa [GR]			26		
Yom Kippur 9:30 Church [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Hand and Foot [GR] 2:00 Movie Matinee [ENT] 2:00 September in History [GR] 3:00 Team Crossword [GR] 4:00 Music with Alexa [GR]			27			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 2:00 Poker Club [CS] 3:30 Clock Words [GR] 4:00 Music with Alexa [GR]			28			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 News and Views [GR] 10:30 Puzzles [GR] 11:00 Flamingo Walk 11:00 Meditation Sensation [ENT] 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Table Talk [GR] 4:00 Music with Alexa [GR] 6:30 Hand and Foot [CR]			29			9:30 Exercise [ENT] 10:00 Coffee and Conversation 10:15 Brain Health University [ENT] 10:30 Puzzles [GR] 11:00 Flamingo Walk 1:00 Rummikub & Table Top Games [GR] 2:00 Movie Matinee [ENT] 3:00 Quiz Me From A to Z [GR] 4:00 Music with Alexa [GR]			30						Resident Birthdays Doris C. 9/6 Steve K. 9/8 Bill W. 9/14 Gigi N. 9/17 Belle H. 9/22 Norman S. 9/28			“When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow.” — Shauna Niequist											