**Calendar & Activities January 2020**

**Sunday, January 5th**
- Helping Hands
- Creative Moves with Courtenay
- Scrabble Scramble
- Meditation with Matt
- How much do I cost?
- Evening Movie

**Monday, January 6th**
- Helping Hands
- Purple Sneakers
- Tea Party Tuesday
- Ice Cream Social [DR]
- Movie Matinee - Need Movie
- Painting with Sheila
- Walking Club

**Tuesday, January 7th**
- Helping Hands
- Purple Sneakers
- Meditation with Matt
- How much do I cost?
- Evening Movie

**Wednesday, January 8th**
- Helping Hands
- Chai Zumba with Dynamic Therapy Group
- Baseline Evaluation
- Catholic Communion [ER]
- Ice Cream Social [DR]
- Evening Movie

**Thursday, January 9th**
- Helping Hands
- Purple Sneakers
- Party to Percussion - Envisioned
- Chai Zumba with Dynamic Therapy Group
- Ice Cream Social [DR]
- Movie Matinee - Need Movie
- Evening Movie

**Friday, January 10th**
- Helping Hands
- Purple Sneakers
- Evening Movie
- Ladies Pancake Party
- Catholic Communion [ER]
- Ice Cream Social [DR]
- Evening Movie

**Saturday, January 11th**
- Helping Hands
- Purple Sneakers
- Evening Movie
- Ring Toss with Razz
- Spiritual Sing Along
- Ice Cream Social [DR]
- Evening Movie

**Resident Birthdays**
- Rose L. - 1/7
- William A. - 1/15
- Asbury K. - 1/23

**Connect**
**Contribute**
**Feel**
**Grow**
**Move**
**Reflect**

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"Yesterday was not your calendar & activities. Why not?"

– Dr. Steve Maraboli