

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect



“It is not happy people  
who are thankful, it is  
thankful people who  
are happy.”  
— Unknown



AM ● Helping Hands  
AM ● Horseshoes with Brian  
10:00 Alzheimer's Association  
Support Group with  
Victoria [CR]  
12:00 Patio on the Green [LAN]  
PM Bingo Bash  
PM ● Meditation of the Minds  
PM ● 3 of a Kind (IN2L)  
PM ● Pottery Class [CS]  
3:00 **Thymeless - Signature Program**  
3:30 **Folk Dance Happy Hour with Angela**  
PM ● How much Did it Cost - Competition  
PM **Essence Signature Session**

AM ● Helping Hands  
AM ● Stretch It Out  
AM ● Words That Begin with  
the Letter...  
PM Bingo Bash  
PM ● Purple Hat - Friends  
Forever  
PM ● Sensory Soak [CS]  
PM ● Remember When....

LOCATIONS  
CREATIVE STUDIO - CS  
DEN - D  
DINING ROOM - DR  
GREAT ROOM - GR

Birthdays

J. Coles 11/22  
S. Stiene 11/22

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**Daylight Saving Time  
Begins** 3  
AM ● Helping  
Hands  
AM ● Stretch It Out  
AM ● Sunday Crafts [CS]  
AM ● Christian Services [CS]  
AM ● Good News Headlines  
PM Bingo Bash  
PM ● Name That 50's  
Famous Star

AM ● Helping Hands  
AM ● Yard Dart  
Competition [GR]  
AM ● Spiritual Music Karaoke  
(IN2L)  
AM ● Brain Fitness Enrich  
AM ● Puzzle Parlor  
PM Bingo Bash  
PM Man Cave Club  
PM Pet Therapy  
3:00 **Thymeless - Signature  
Program**  
PM ● Ladies' Pamper Party [CS]

**Election Day** 5  
AM ● Helping Hands  
AM ● Common Sayings  
[CS]  
AM ● Chair Zumba with Dynamic  
Therapy Group  
PM Bingo Bash  
PM ● Family Feud Competition  
PM ● Brain Fitness - Meditation  
[GR]  
PM ● Flower Facials with Vera  
PM **Essence Signature Session**

AM ● Helping Hands  
AM Move to the Music -  
Presented by James  
AM ● Creating Gift Notes  
for our Volunteers - Arts and  
Crafts Class [CS]  
AM ● Non-Denominational Bible study  
**Sparks Signature Program [CS]**  
AM ● Travel Across the World  
PM Bingo Bash  
— **Veteran's Pining Ceremony**  
3:00 Ice Cream Social [DR]  
PM ● Walking Club  
PM ● Flower Arranging [CS]  
PM **Essence Signature Session**

AM ● Helping Hands  
AM ● Balloon  
Badminton  
AM ● Daily Chronicles  
AM ● Bible Study with Lucille [CS]  
AM ● Green Thumb Gardening with  
Razz  
AM **Bookmarks Signature  
Program**  
1:00 Pink Puddle Party  
PM Bingo Bash  
PM ● Name that Sound

AM ● Helping Hands  
AM ● Horseshoes with  
Brian  
11:30 **Sommer's  
Restaurant- Meal from Scratch**  
PM Bingo Bash  
PM ● Meditation of the Minds  
PM ● 3 of a Kind (IN2L)  
PM ● Pottery Class [CS]  
3:00 **Thymeless - Signature Program**  
PM ● How much Did it Cost -  
Competition  
PM **Essence Signature Session**  
PM Popcorn and Movie - Linda's  
Choice

AM ● Helping  
Hands  
AM ● Bowling  
AM ● Words That Begin with  
the Letter...  
PM Bingo Bash  
PM Man Cave Men's Club  
PM ● Purple Hat - Friends  
Forever  
PM ● Sensory Soak [CS]  
PM ● Remember When....

AM ● Helping  
Hands  
AM ● Parachute  
Party with Paul  
AM ● Sunday Crafts [CS]  
AM ● Christian Services [CS]  
AM ● Good News Headlines  
PM Bingo Bash  
PM ● Name That 50's  
Famous Star

**Veterans Day** 11  
AM ● Helping Hands  
AM ● Yard Dart  
Competition [GR]  
AM ● Spiritual Music Karaoke (IN2L)  
AM ● Brain Fitness Enrich  
AM ● Puzzle Parlor  
PM Bingo Bash  
PM Man Cave Club  
PM Pet Therapy  
3:00 **Thymeless - Signature Program**  
PM ● Ladies' Pamper Party [CS]

AM ● Helping Hands  
AM ● Common Sayings  
[CS]  
AM ● Chair Zumba with Dynamic  
Therapy Group  
PM Bingo Bash  
PM ● Family Feud Competition  
3:00 **High Tea - Tea Tasting**  
PM ● Brain Fitness - Meditation  
[GR]  
PM ● Flower Facials with Vera  
PM **Essence Signature Session**

AM ● Helping Hands  
AM ● Coffee and  
Conversation [CS]  
AM ● Non-Denominational  
Bible study  
AM **Sparks Signature Program [CS]**  
AM ● Travel Across the World  
PM Bingo Bash  
2:30 CHIMES ENTERTAINMENT  
3:00 Ice Cream Social [DR]  
PM ● Walking Club  
PM ● Flower Arranging [CS]  
PM **Essence Signature Session**

AM ● Helping Hands  
AM ● Balloon  
Badminton  
AM ● Daily Chronicles  
AM ● Bible Study with Lucille [CS]  
AM ● Green Thumb Gardening with  
Razz  
AM **Bookmarks Signature  
Program**  
1:00 Pink Puddle Party  
PM Bingo Bash  
PM ● Name that Sound

AM ● Helping Hands  
AM ● Horseshoes with  
Brian  
11:00 November Nature  
Walk  
PM Bingo Bash  
PM ● Meditation of the Minds  
PM ● 3 of a Kind (IN2L)  
PM ● Pottery Class [CS]  
3:00 **Thymeless - Signature Program**  
PM ● How much Did it Cost -  
Competition  
PM **Essence Signature Session**

AM ● Helping  
Hands  
AM ● Stretch It Out  
AM ● Words That Begin with  
the Letter...  
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PM ● Purple Hat - Friends  
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Competition [GR]  
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(IN2L)  
AM ● Brain Fitness Enrich  
AM ● Puzzle Parlor  
PM Bingo Bash  
PM Man Cave Club  
PM Pet Therapy  
3:00 **Thymeless - Signature  
Program**  
PM ● Ladies' Pamper Party [CS]

AM ● Helping Hands  
AM ● Common  
Sayings [CS]  
AM ● Chair Zumba with  
Dynamic Therapy Group  
PM Bingo Bash  
PM ● Family Feud Competition  
PM ● Brain Fitness - Meditation  
[GR]  
PM ● Flower Facials with Vera  
PM **Essence Signature  
Session**

AM ● Helping Hands  
AM ● Coffee and  
Conversation [CS]  
AM ● Non-Denominational Bible  
study  
AM **Sparks Signature Program  
[CS]**  
AM ● Travel Across the World  
PM Bingo Bash  
3:00 Taste of Home with Brenda  
PM ● Walking Club  
PM ● Flower Arranging [CS]  
PM **Essence Signature Session**

AM ● Helping Hands  
9:00 Party to Percussion -  
Entertainment  
AM ● Balloon Badminton  
AM ● Daily Chronicles  
AM ● Bible Study with Lucille [CS]  
AM ● Green Thumb Gardening with  
Razz  
AM **Bookmarks Signature Program**  
1:00 Pink Puddle Party  
PM Bingo Bash  
PM ● Name that Sound

AM ● Helping Hands  
AM ● Horseshoes with Brian  
12:00 **Volunteer Appreciation  
Lucheon (Invitation Only)  
[ER]**  
PM Bingo Bash  
PM ● Meditation of the Minds  
PM ● 3 of a Kind (IN2L)  
PM ● Pottery Class [CS]  
3:00 **Thymeless - Signature Program**  
PM ● How much Did it Cost - Competition  
PM **Essence Signature Session**  
PM Popcorn and Movie - Linda's Choice

AM ● Helping  
Hands  
AM ● Bowling  
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AM ● Coffee and  
Conversation [CS]  
AM ● Non-Denominational Bible  
study  
AM **Sparks Signature Program  
[CS]**  
AM ● Travel Across the World  
PM Bingo Bash  
PM ● Walking Club  
PM ● Flower Arranging [CS]  
PM **Essence Signature Session**

**Thanksgiving** 28  
AM ● Helping Hands  
AM ● Balloon Badminton  
AM ● Daily Chronicles  
AM ● Bible Study with Lucille [CS]  
AM ● Green Thumb Gardening with  
Razz  
AM **Bookmarks Signature Program**  
12:00 **Thanksgiving Lunch**  
1:00 Pink Puddle Party  
PM Bingo Bash  
PM ● Name that Sound

AM ● Helping Hands  
AM ● Horseshoes with  
Brian  
11:00 Going to the Movies  
PM Bingo Bash  
PM ● Meditation of the Minds  
PM ● 3 of a Kind (IN2L)  
PM ● Pottery Class [CS]  
3:00 **Thymeless - Signature Program**  
PM ● How much Did it Cost -  
Competition  
PM **Essence Signature Session**

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