

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Daylight Saving Time Begins 1</p> <p>AM Helping Hands Homemakers</p> <p>AM Nutty Noodle</p> <p>AM 1:1 Remember When</p> <p>AM Christian Service</p> <p>PM Music Therapy</p> <p>PM Sagely Well-being</p> <p>PM Ice Cream Delivery</p> <p>PM Painting Picasso</p> <p>PM Essence Signature Program</p>	<p>2</p> <p>AM Helping Hands Homemakers</p> <p>AM Dicercize</p> <p>AM 1:1 Remember When</p> <p>AM Bible Study with Ruth</p> <p>AM Man Cave Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p> <p>PM Knit-Nac (Sewing and Knitting)</p> <p>PM Reminisce Reveal</p>	<p>Election Day 3</p> <p>AM Helping Hands Homemakers</p> <p>AM Volleyball</p> <p>AM Sparks Signature Program</p> <p>AM 1:1 Remember When</p> <p>AM Election Day Politics News and Views</p> <p>PM Music Therapy</p> <p>PM High Tea</p> <p>PM Heavenly Hands - Hand Massage</p> <p>8:00 Thymeless - Signature Program</p>	<p>4</p> <p>AM Helping Hands Homemakers</p> <p>AM Ring Toss with Razz</p> <p>AM Good News</p> <p>AM 1:1 Remember When</p> <p>AM Non-Denominational Bible study [ENT]</p> <p>PM Music Therapy</p> <p>PM Ice Cream Social</p> <p>PM Flower Arranging with Vera</p> <p>8:00 Thymeless - Signature Program</p>	<p>5</p> <p>AM Helping Hands Homemakers</p> <p>AM Horseshoes with Paul</p> <p>AM Catholic Communion</p> <p>AM Story Times</p> <p>AM 1:1 Remember When</p> <p>PM Patio Picnic [LAN]</p> <p>PM Mom's Homemade Cookie Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p>	<p>6</p> <p>AM Helping Hands Homemakers</p> <p>AM Balloon Badminton</p> <p>AM Coffee and Conversation</p> <p>AM Garden Green Thumb Club [LAN]</p> <p>AM 1:1 Remember When</p> <p>AM Spiritual Sing A Long with Lucille</p> <p>PM Music Therapy</p> <p>PM Happy Hour - Dance Party</p> <p>8:00 Thymeless - Signature Program</p>	<p>7</p> <p>AM Helping Hands Homemakers</p> <p>AM Basketball</p> <p>AM Pencil Art</p> <p>AM 1:1 Remember When</p> <p>PM Meditation with Betty</p> <p>PM Music Therapy</p> <p>PM Puzzle Parlor</p> <p>PM Pamper Party</p> <p>PM Essence Signature Program</p>	
<p>8</p> <p>AM Helping Hands Homemakers</p> <p>AM Nutty Noodle</p> <p>AM 1:1 Remember When</p> <p>AM Christian Service</p> <p>1:00 Piano Music with Alan Souza</p> <p>PM Music Therapy</p> <p>PM Sagely Well-being</p> <p>PM Ice Cream Delivery</p> <p>PM Painting Picasso</p> <p>PM Essence Signature Program</p>	<p>9</p> <p>AM Helping Hands Homemakers</p> <p>AM Dicercize</p> <p>AM 1:1 Remember When</p> <p>AM Bible Study with Ruth</p> <p>AM Man Cave Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p> <p>PM Homemade Homemakers "Culinary Experience"</p> <p>PM Reminisce Reveal</p>	<p>10</p> <p>AM Helping Hands Homemakers</p> <p>AM Volleyball</p> <p>AM Veterans Day Parade</p> <p>AM Sparks Signature Program</p> <p>AM Coffee and Conversation</p> <p>AM Reading Prayer with Lucille</p> <p>PM Music Therapy</p> <p>PM High Tea</p> <p>PM Heavenly Hands - Hand Massage</p> <p>8:00 Thymeless - Signature Program</p>	<p>Veterans Day 11</p> <p>AM Helping Hands Homemakers</p> <p>AM Ring Toss with Razz</p> <p>AM Good News</p> <p>AM 1:1 Remember When</p> <p>AM Non-Denominational Bible study [ENT]</p> <p>PM Music Therapy</p> <p>PM Ice Cream Social</p> <p>PM Flower Arranging with Vera</p> <p>8:00 Thymeless - Signature Program</p>	<p>12</p> <p>AM Helping Hands Homemakers</p> <p>AM Horseshoes with Paul</p> <p>AM Catholic Communion</p> <p>AM Story Times</p> <p>AM 1:1 Remember When</p> <p>PM Patio Picnic [LAN]</p> <p>PM Mom's Homemade Cookie Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p>	<p>13</p> <p>AM Helping Hands Homemakers</p> <p>AM Balloon Badminton</p> <p>AM Coffee and Conversation</p> <p>AM Garden Green Thumb Club [LAN]</p> <p>AM 1:1 Remember When</p> <p>AM Spiritual Sing A Long with Lucille</p> <p>PM Music Therapy</p> <p>PM Happy Hour</p> <p>8:00 Thymeless - Signature Program</p>	<p>14</p> <p>AM Helping Hands Homemakers</p> <p>AM Basketball</p> <p>AM Pencil Art</p> <p>AM 1:1 Remember When</p> <p>PM Meditation with Betty</p> <p>PM Music Therapy</p> <p>PM Puzzle Parlor</p> <p>PM Pamper Party</p> <p>PM Essence Signature Program</p>	
<p>15</p> <p>AM Helping Hands Homemakers</p> <p>AM Nutty Noodle</p> <p>AM 1:1 Remember When</p> <p>AM Christian Service</p> <p>PM Music Therapy</p> <p>PM Sagely Well-being</p> <p>PM Ice Cream Delivery</p> <p>PM Painting Picasso</p> <p>PM Essence Signature Program</p>	<p>16</p> <p>AM Helping Hands Homemakers</p> <p>AM Dicercize</p> <p>AM 1:1 Remember When</p> <p>AM Bible Study with Ruth</p> <p>AM Man Cave Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p> <p>PM Knit-Nac (Sewing and Knitting)</p> <p>PM Reminisce Reveal</p>	<p>17</p> <p>AM Helping Hands Homemakers</p> <p>AM Volleyball</p> <p>AM Sparks Signature Program</p> <p>AM 1:1 Remember When</p> <p>AM Coffee and Conversation</p> <p>AM Reading Prayer with Lucille</p> <p>PM Music Therapy</p> <p>PM High Tea</p> <p>PM Heavenly Hands - Hand Massage</p>	<p>18</p> <p>AM Helping Hands Homemakers</p> <p>AM Ring Toss with Razz</p> <p>AM Good News</p> <p>AM 1:1 Remember When</p> <p>AM Non-Denominational Bible study [ENT]</p> <p>PM Music Therapy</p> <p>PM Ice Cream Social</p> <p>PM Flower Arranging with Vera</p> <p>8:00 Thymeless - Signature Program</p>	<p>19</p> <p>AM Helping Hands Homemakers</p> <p>AM Horseshoes with Paul</p> <p>AM Catholic Communion</p> <p>AM Story Times</p> <p>AM 1:1 Remember When</p> <p>PM Patio Picnic [LAN]</p> <p>PM Mom's Homemade Cookie Club</p> <p>PM Music Therapy</p> <p>PM Pen Pal "Thankful Thursday"</p>	<p>20</p> <p>AM Helping Hands Homemakers</p> <p>AM Balloon Badminton</p> <p>AM Coffee and Conversation</p> <p>AM Garden Green Thumb Club [LAN]</p> <p>AM 1:1 Remember When</p> <p>AM Spiritual Sing A Long with Lucille</p> <p>PM Music Therapy</p> <p>PM Happy Hour</p> <p>8:00 Thymeless - Signature Program</p>	<p>21</p> <p>AM Helping Hands Homemakers</p> <p>AM Basketball</p> <p>AM Pencil Art</p> <p>AM 1:1 Remember When</p> <p>PM Meditation with Betty</p> <p>PM Music Therapy</p> <p>PM Puzzle Parlor</p> <p>PM Pamper Party</p> <p>PM Essence Signature Program</p>	
<p>22</p> <p>AM Helping Hands Homemakers</p> <p>AM Nutty Noodle</p> <p>AM 1:1 Remember When</p> <p>AM Christian Service</p> <p>1:00 Piano Music with Alan Souza</p> <p>PM Music Therapy</p> <p>PM Sagely Well-being</p> <p>PM Ice Cream Delivery</p> <p>PM Painting Picasso</p> <p>PM Essence Signature Program</p>	<p>23</p> <p>AM Helping Hands Homemakers</p> <p>AM Dicercize</p> <p>AM 1:1 Remember When</p> <p>AM Bible Study with Ruth</p> <p>AM Man Cave Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p> <p>PM Knit-Nac (Sewing and Knitting)</p> <p>PM Reminisce Reveal</p>	<p>24</p> <p>AM Helping Hands Homemakers</p> <p>AM Volleyball</p> <p>AM Sparks Signature Program</p> <p>AM 1:1 Remember When</p> <p>AM Coffee and Conversation</p> <p>AM Reading Prayer with Lucille</p> <p>PM Music Therapy</p> <p>PM High Tea</p> <p>PM Heavenly Hands - Hand Massage</p> <p>8:00 Thymeless - Signature Program</p>	<p>25</p> <p>AM Helping Hands Homemakers</p> <p>AM Ring Toss with Razz</p> <p>AM Good News</p> <p>AM 1:1 Remember When</p> <p>AM Non-Denominational Bible study [ENT]</p> <p>11:30 Thanksgiving - Zoom</p> <p>PM Music Therapy</p> <p>PM Ice Cream Social</p> <p>PM Flower Arranging with Vera</p> <p>8:00 Thymeless - Signature Program</p>	<p>Thanksgiving 26</p> <p>AM Helping Hands Homemakers</p> <p>AM Horseshoes with Paul</p> <p>AM Catholic Communion</p> <p>AM Story Times</p> <p>AM 1:1 Remember When</p> <p>PM Patio Picnic [LAN]</p> <p>PM Mom's Homemade Cookie Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p>	<p>27</p> <p>AM Helping Hands Homemakers</p> <p>AM Balloon Badminton</p> <p>AM Coffee and Conversation</p> <p>AM Garden Green Thumb Club [LAN]</p> <p>AM 1:1 Remember When</p> <p>AM Spiritual Sing A Long with Lucille</p> <p>PM Music Therapy</p> <p>PM Happy Hour</p> <p>8:00 Thymeless - Signature Program</p>	<p>28</p> <p>AM Helping Hands Homemakers</p> <p>AM Basketball</p> <p>AM Pencil Art</p> <p>AM 1:1 Remember When</p> <p>PM Meditation with Betty</p> <p>PM Music Therapy</p> <p>PM Puzzle Parlor</p> <p>PM Pamper Party</p> <p>PM Essence Signature Program</p>	
<p>29</p> <p>AM Helping Hands Homemakers</p> <p>AM Nutty Noodle</p> <p>AM 1:1 Remember When</p> <p>AM Christian Service</p> <p>PM Music Therapy</p> <p>PM Sagely Well-being</p> <p>PM Ice Cream Delivery</p> <p>PM Painting Picasso</p> <p>PM Essence Signature Program</p>	<p>30</p> <p>AM Helping Hands Homemakers</p> <p>AM Dicercize</p> <p>AM 1:1 Remember When</p> <p>AM Bible Study with Ruth</p> <p>AM Man Cave Club</p> <p>PM Music Therapy</p> <p>PM Bookmarks Signature Program</p> <p>PM Knit-Nac (Sewing and Knitting)</p> <p>PM Reminisce Reveal</p>						