



Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<div><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div>	<div><div>March cont'd</div><div>31</div><div><p><b>Easter</b></p><p>9:00 <span>●</span> Daily Chronicles</p><p>9:00 <span>●</span> Morning Meditation</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Sunday Devotion</p><p>2:00 <span>●</span> Afternoon Treats</p><p>2:00 <span>●</span> Easter Egg Extravaganza.</p><p>4:00 <span>●</span> Classic Movie (ch25)</p></div></div>	<div></div>	Please Contact The Memory Care Director of The Addison of Indian Trail Community, Monroe NC for Comments or Requests. Email: TDuff@Seniorlifestyle.com			<div><div>Employee Appreciation Day</div><div>1</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Fitness Fun Friday</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Arts &amp; Crafts</p><p>5:30 <span>●</span> Mellow Music</p></div></div>	<div><div>Cat In The Hat Day</div><div>2</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Let's Move</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> World Listening Party</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div></div>						
	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Morning Meditation</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Sunday Devotion</p><p>1:00 <span>●</span> Sunday Football-TBA</p><p>2:00 <span>●</span> Afternoon Treats</p><p>4:00 <span>●</span> Classic Movie (ch25)</p></div>	<div><div>3</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Meditation Monday</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:30 <span>●</span> BUNNY BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>4</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Moving To Music</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Primp &amp; Pamper</p><p>1:30 <span>●</span> Reminiscing With Friends</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Arts &amp; Crafts</p><p>5:30 <span>●</span> Mellow Music</p></div>	<div><div>5</div></div>	<div><div>Oreo Cookie Day</div><div>6</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:30 <span>●</span> Ball Game</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Group Discussion</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div></div>	<div><div>7</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>1:30 <span>●</span> BUNNY BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Aromatherapy</p><p>5:30 <span>●</span> Mellow Music</p></div>	<div><div>8</div></div>	<div><div>International Women's Day</div><div>8</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:00 <span>●</span> Afternoon Treats</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Arts &amp; Crafts</p><p>3:30 <span>●</span> Friday Trivia</p><p>5:30 <span>●</span> Mellow Music</p></div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Let's Move</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> World Listening Party</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>9</div></div>
	<div><p>*Diversity Event</p><p><span>●</span> _CONNECT</p><p><span>●</span> _CONTRIBUTE</p><p><span>●</span> _FEEL</p><p><span>●</span> _GROW</p><p><span>●</span> _MOVE</p><p><span>●</span> _REFLECT</p><p><span>●</span> explore - Lectures &amp; Learning</p><p><span>●</span> explore - Recreation &amp; Entertainment</p><p><span>●</span> explore - Strength &amp; Vitality</p></div>	<div><div>Daylight Saving Time Begins</div><div>Ramadan Begins</div><div>10</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:00 <span>●</span> Morning Meditation</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Sunday Devotion</p><p>1:00 <span>●</span> Sunday Football-TBA</p><p>2:00 <span>●</span> Afternoon Treats</p><p>4:00 <span>●</span> Classic Movie (ch25)</p></div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Meditation Monday</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:30 <span>●</span> BINGO! BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>11</div></div>	<div><div>National Girl Scout Day</div><div>12</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Moving To Music</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Primp &amp; Pamper</p><p>1:30 <span>●</span> Reminiscing With Friends</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Arts &amp; Crafts</p><p>5:30 <span>●</span> Mellow Music</p></div></div>	<div><div>13</div></div>	<div><div>March Madness Starts</div><div>14</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>1:30 <span>●</span> 3.14 Pie Day</p><p>1:30 <span>●</span> BINGO! BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Aromatherapy</p><p>5:30 <span>●</span> Mellow Music</p></div></div>	<div><div>15</div></div>	<div><div>Military Appreciation Day</div><div>16</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Let's Move</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> World Listening Party</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div></div>	<div><div>17</div></div>			
	<div><div>St. Patrick's Day</div><div>17</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:00 <span>●</span> Morning Meditation</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Sunday Devotion</p><p>2:00 <span>●</span> Afternoon Treats</p><p>2:00 <span>●</span> Let's Learn About St. Patrick's Day</p><p>4:00 <span>●</span> Classic Movie (ch25)</p></div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Meditation Monday</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:30 <span>●</span> BINGO! BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>18</div></div>	<div><div>Spring/Fall Equinox</div><div>19</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Moving To Music</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Primp &amp; Pamper</p><p>1:30 <span>●</span> Reminiscing With Friends</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Arts &amp; Crafts</p><p>5:30 <span>●</span> Mellow Music</p></div></div>	<div><div>20</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:30 <span>●</span> Ball Game</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Group Discussion</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>21</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>1:30 <span>●</span> BINGO! BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Aromatherapy</p><p>5:30 <span>●</span> Mellow Music</p></div>	<div><div>22</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Let's Move</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> World Listening Party</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>23</div></div>		
	<div><div>Palm Sunday</div><div>24</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:00 <span>●</span> Morning Meditation</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Sunday Devotion</p><p>2:00 <span>●</span> Afternoon Treats</p><p>4:00 <span>●</span> Classic Movie (ch25)</p></div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Meditation Monday</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:30 <span>●</span> BINGO! BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>25</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Moving To Music</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Primp &amp; Pamper</p><p>1:30 <span>●</span> Reminiscing With Friends</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Arts &amp; Crafts</p><p>5:30 <span>●</span> Mellow Music</p></div>	<div><div>26</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:30 <span>●</span> Ball Game</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Group Discussion</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>27</div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>1:30 <span>●</span> BINGO! BINGO!</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Aromatherapy</p><p>5:30 <span>●</span> Mellow Music</p></div>	<div><div>28</div></div>	<div><div>Good Friday</div><div>29</div><div><p>9:00 <span>●</span> Daily Chronicles</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>11:00 <span>●</span> Trivia Fun</p><p>1:00 <span>●</span> Afternoon Treats</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> Arts &amp; Crafts</p><p>3:30 <span>●</span> Friday Trivia</p><p>5:30 <span>●</span> Mellow Music</p></div></div>	<div><p>9:00 <span>●</span> Daily Chronicles</p><p>9:30 <span>●</span> Let's Move</p><p>10:00 <span>●</span> Healthy Snacks &amp; Hydration</p><p>2:00 <span>●</span> Afternoon Treats</p><p>3:30 <span>●</span> World Listening Party</p><p>5:30 <span>●</span> Devotions (out take with dinner)</p></div>	<div><div>30</div></div>	

Continued at top