

calendar & activities
AUG 2019

The Estate At Hyde Park - Connect- 1st floor

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect

LOCATIONS

COURTYARD - CY
ENTIRE COMMUNITY - EC
LIVING ROOM - LR
OUTING - O
PARLOR - PAR
TV ROOM - TVR

RESIDENTS BIRTHDAYS

Clifton W. 8/6
Jeanne W. 8/13
Eddie B. 8/22
Gloria F. 8/27

WELCOME NEW RESIDENTS

Sonny S.
Joyce G.

SENIOR LIFESTYLE
Your Life, Your Style

WWW.SENIORLIFESTYLE.COM
Activities are subject to change

SUNDAY



AM ● News & Views [PAR]
AM ● The Amen Corner [PAR]
AM ● Morning Energy [PAR]
AM ● Praise & Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Cookies [PAR]
PM ● Bingo [PAR]
PM ● Puzzle with Me [PAR]
PM ● Trivia and Brain Teasers [PAR]
PM ● Creative Musings [PAR]
PM ● Board Games with Friends [PAR]

AM ● News & Views [PAR]
AM ● The Amen Corner [PAR]
AM ● Morning Energy [PAR]
AM ● Praise & Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Cookies [PAR]
PM ● Bingo [PAR]
PM ● Puzzle with Me [PAR]
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AM ● News & Views [PAR]
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AM ● Morning Energy [PAR]
AM ● Praise & Worship [PAR]
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AM ● Thymeless Cooking Club: Cookies [PAR]
PM ● Bingo [PAR]
PM ● Puzzle with Me [PAR]
PM ● Trivia and Brain Teasers [PAR]
PM ● Creative Musings [PAR]
PM ● Board Games with Friends [PAR]

AM ● News & Views [PAR]
AM ● The Amen Corner [PAR]
AM ● Morning Energy [PAR]
AM ● Praise & Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Cookies [PAR]
PM ● Bingo [PAR]
PM ● Puzzle with Me [PAR]
PM ● Trivia and Brain Teasers [PAR]
PM ● Creative Musings [PAR]
PM ● Board Games with Friends [PAR]

MONDAY



AM ● News & Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]
AM ● Globetrotters [PAR]
AM ● Nature Documentary [PAR]
PM ● Essence
PM ● Group Reading [PAR]
AM ● Neil Armstrong and the Moon [PAR]
AM ● Spark: Welcome to Spark & Jelly Bean Taste Test [LR]
AM ● Sing Along [PAR]
PM ● Heads Up Game [PAR]
PM ● Cranium Crunches [PAR]
PM ● Toss and Talk [PAR]
PM ● Spelling Bee [PAR]

AM ● News & Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]
AM ● Globetrotters [PAR]
AM ● Nature Documentary [PAR]
PM ● Essence
PM ● Group Reading [PAR]
AM ● Educational Class [PAR]
AM ● Spark: Chair Fun [LR]
AM ● Sing Along [PAR]
PM ● Heads Up Game [PAR]
PM ● Cranium Crunches [PAR]
PM ● Toss and Talk [PAR]
PM ● Spelling Bee [PAR]

AM ● News & Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]
AM ● Globetrotters [PAR]
AM ● Nature Documentary [PAR]
PM ● Portrait Drawing w/ Ileana [FR]
PM ● Essence
PM ● Group Reading [PAR]
AM ● Spark: Mandala Drawing [LR]
PM ● Women and the Right to Vote [PAR]
AM ● Sing Along [PAR]
PM ● Heads Up Game [PAR]
PM ● Cranium Crunches [PAR]
PM ● Toss and Talk [PAR]
PM ● Spelling Bee [PAR]

AM ● News & Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]
AM ● Globetrotters [PAR]
AM ● Nature Documentary [PAR]
PM ● Essence
PM ● Group Reading [PAR]
AM ● Spark: Name That Ingredient [LR]
AM ● The Impact of MLK's Words [PAR]
AM ● Sing Along [PAR]
PM ● Heads Up Game [PAR]
PM ● Cranium Crunches [PAR]
PM ● Toss and Talk [PAR]
PM ● Spelling Bee [PAR]

TUESDAY

AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Word Games [PAR]
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]
AM ● iN2L Exploration [PAR]
PM ● Discuss and Recall [PAR]
PM ● Crafty Crew [PAR]
PM ● Essence
PM ● TED Talk [PAR]
PM ● Music Bingo [PAR]
PM ● Music Appreciation: Elvis Presley [PAR]
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Word Games [PAR]
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]
AM ● iN2L Exploration [PAR]
PM ● Discuss and Recall [PAR]
PM ● Crafty Crew [PAR]
PM ● Essence
PM ● Go Bowling [PAR]
PM ● TED Talk [PAR]
PM ● Music Bingo [PAR]
PM ● Music Appreciation: Dance Along [PAR]
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]
AM ● Exploring Tampa [O]
AM ● Thymeless Gardening Club [CY]
AM ● Word Games [PAR]
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]
AM ● Discuss and Recall [PAR]
AM ● iN2L Exploration [PAR]
PM ● Crafty Crew [PAR]
PM ● Essence
PM ● Go Bowling [PAR]
PM ● TED Talk [PAR]
PM ● Music Bingo [PAR]
PM ● Music Appreciation: Dance Along [PAR]
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Word Games [PAR]
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]
AM ● Discuss and Recall [PAR]
AM ● iN2L Exploration [PAR]
PM ● Crafty Crew: Stuff the Backpacks [PAR]
PM ● Essence
PM ● Go Bowling [PAR]
PM ● TED Talk [PAR]
PM ● Music Bingo [PAR]
PM ● Music Appreciation: Dance Along [PAR]
PM ● Reminisce Corner [PAR]

WEDNESDAY



PM ● VJ Day Stories & Memories [PAR]
AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Art and Unwind [PAR]
PM ● Catholic Communion, 1st FI [PAR]
PM ● Essence
PM ● Fact or Fiction [PAR]
PM ● Bingo [PAR]
PM ● Balloon Pop [PAR]
PM ● Audiobook Club [PAR]

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Art and Unwind [PAR]
PM ● Catholic Communion, 1st FI [PAR]
PM ● Essence
PM ● Discuss & Recall: VJ Day [PAR]
PM ● Drum Circle [PAR]
PM ● Bingo [PAR]
PM ● Balloon Pop [PAR]
PM ● Audiobook Club [PAR]

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Art and Unwind [PAR]
PM ● Catholic Communion, 1st FI [PAR]
PM ● Essence
PM ● Fact or Fiction [PAR]
PM ● Bingo [PAR]
PM ● Balloon Pop [PAR]
PM ● Audiobook Club [PAR]

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Art and Unwind [PAR]
AM ● Cross Stitch [PAR]
PM ● Catholic Communion, 1st FI [PAR]
PM ● Essence
PM ● Puzzle with Me [PAR]
PM ● Fact or Fiction [PAR]
PM ● Bingo [PAR]
PM ● Balloon Pop [PAR]
PM ● Audiobook Club [PAR]

THURSDAY

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Daily Devotional [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Pictionary [PAR]
AM ● iN2L Exploration [PAR]
PM ● Music for the Heart [PAR]
PM ● Board Games with Friends [PAR]
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Daily Devotional [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Pictionary [PAR]
AM ● iN2L Exploration [PAR]
PM ● Essence
PM ● Music for the Heart [PAR]
2:30 ● Ice Cream Sandwich Social
PM ● Board Games with Friends [PAR]
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Daily Devotional [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Lunch Out at Bella's [O]
AM ● Pictionary [PAR]
AM ● iN2L Exploration [PAR]
PM ● Essence
PM ● Music for the Heart [PAR]
PM ● Noodle Ball [PAR]
PM ● Board Games with Friends [PAR]
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Daily Devotional [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Pictionary [PAR]
AM ● iN2L Exploration [PAR]
PM ● Essence
PM ● Music for the Heart [PAR]
PM ● Noodle Ball [PAR]
4:00 ● Back to School Luau
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]
AM ● Dance to the Beat [PAR]
AM ● Daily Devotional [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Pictionary [PAR]
AM ● iN2L Exploration [PAR]
1:00 ● Tampa Museum of Art [O]
PM ● Essence
PM ● Music for the Heart [PAR]
PM ● Board Games with Friends [PAR]
PM ● Reminisce Corner [PAR]

FRIDAY

AM ● News & Views [PAR]
AM ● Stretch & Flex [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Parfait [PAR]
AM ● Globetrotters [PAR]
PM ● Sunshine Club [PAR]
PM ● Ice Cream Happy Hour
3:00 ● Yoga with Karen
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]
AM ● Stretch & Flex [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Parfait [PAR]
AM ● Globetrotters [PAR]
PM ● Essence
PM ● Sunshine Club [PAR]
PM ● Resident Council Meeting [PAR]
3:00 ● All Shook Up Social
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]
AM ● Stretch & Flex [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Parfait [PAR]
AM ● Globetrotters [PAR]
PM ● Essence
PM ● Sunshine Club [PAR]
PM ● Ice Cream Happy Hour
PM ● Therapeutic Music [PAR]
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]
AM ● Stretch & Flex [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Parfait [PAR]
AM ● Globetrotters [PAR]
PM ● Essence
PM ● Sunshine Club [PAR]
PM ● Ice Cream Happy Hour
PM ● Therapeutic Music [PAR]
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]
AM ● Stretch & Flex [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Parfait [PAR]
AM ● Globetrotters [PAR]
PM ● Essence
PM ● Sunshine Club [PAR]
PM ● Ice Cream Happy Hour
PM ● Therapeutic Music [PAR]
PM ● Popcorn Movie Night [PAR]

SATURDAY

AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Muffins [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Art and Unwind [PAR]
PM ● iN2L Exploration [PAR]
PM ● Scrapbooking [PAR]
PM ● Balloon Volleyball [PAR]
PM ● Puzzles with Friends [PAR]

AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Muffins [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Art and Unwind [PAR]
PM ● iN2L Exploration [PAR]
PM ● Scrapbooking [PAR]
PM ● Balloon Volleyball [PAR]
PM ● Puzzles with Friends [PAR]

Adventure Camp Day
AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Smores [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Art and Unwind [PAR]
PM ● Archery 101 [PAR]
PM ● Therapeutic Music [PAR]
PM ● Balloon Volleyball [PAR]
PM ● Puzzles with Friends [PAR]

AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Muffins [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Art and Unwind [PAR]
PM ● iN2L Exploration [PAR]
PM ● Drum Circle [PAR]
PM ● Balloon Volleyball [PAR]
PM ● Puzzles with Friends [PAR]

AM ● News & Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club: Muffins [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Round Table Talk [PAR]
AM ● Art and Unwind [PAR]
PM ● iN2L Exploration [PAR]
PM ● Scrapbooking [PAR]
PM ● Balloon Volleyball [PAR]
PM ● Puzzles with Friends [PAR]