calendar & activities

## The Estate At Hyde Park - Move- 1st floor

## JAN 2020

- Connect
- Contribute

- Move
- Reflect

LOCATIONS COURTYARD - CY ENTIRE COMMUNITY - EC LIVING ROOM - LR OUTING - O PARLOR - PAR TVROOM - TVR

## RESIDENTS BIRTHDAYS

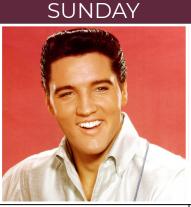
Mary S. 1/12

## WELCOME NEW RESIDENTS

Josie G. Loraine G. Bill D.

SENIOR LIFESTYLE Your Life, Your Style

WWW.SENIORLIFESTYLE.COM Activities are subject to change



AM • News & Views [PAR] AM • The Amen Corner AM • Morning Energy [PAR] AM • Praise & Worship [PAR] AM Thymeless Gardening Club AM • Thymeless Cooking Club: PM • Bingo [PAR]

PM • Puzzle with Me [PAR] PM • Trivia and Brain Teasers [PAR] PM • Creative Musings [PAR] PM • Board Games with Friends [PAR] AM • News & Views [PAR]

PM Board Games with Friends [PAR]

AM • News & Views [PAR]

AM • Morning Energy [PAR]

AM Praise & Worship [PAR]

Cookies [PAR]

PM • Puzzle with Me [PAR]

PM • Creative Musings [PAR]

AM • News & Views [PAR]

AM Morning Energy [PAR]

AM • Praise & Worship [PAR]

Cookies [PAR]

PM • Puzzle with Me [PAR]

PM • Creative Musings [PAR]

PM • Bingo [PAR]

AM • Thymeless Gardening Club

AM • Thymeless Cooking Club:

PM • Trivia and Brain Teasers [PAR]

PM • Board Games with Friends [PAR]

AM • The Amen Corner

PM • Bingo [PAR]

AM • Thymeless Gardening Club

PM • Trivia and Brain Teasers [PAR]

PM • Board Games with Friends [PAR]

AM • Thymeless Cooking Club:

AM • The Amen Corner

AM • The Amen Corner

AM • Morning Energy [PAR] AM • Praise & Worship [PAR] AM • Thymeless Gardening Club AM • Thymeless Cooking Club: Cookies [PAR] PM • Bingo [PAR] PM • Puzzle with Me [PAR] PM • Trivia and Brain Teasers [PAR] PM • Creative Musings [PAR]

AM • Sing Along [PAR] PM • Heads Up Game [PAR] PM Toss and Talk [PAR] PM • Spelling Bee [PAR] Martin Luther King, Jr. Day AM • News & Views [PAR]

AM • News & Views [PAR]

AM Globetrotters [PAR]

PM • Group Reading [PAR]

PM • Go Bowling [PAR]

3:00 Dance with Yomenko

PM • Essence

AM • Spark [LR]

AM • Thymeless Gardening Club

AM • Nature Documentary [PAR]

Thymeless Cooking Club Healthy Smoothies [PAR]

AM • Chair Yoga [PAR]

AM • Chair Yoga [PAR] AM • Thymeless Gardening Club AM • Thymeless Cooking Club: Healthy Smoothi AM • Globetrotters [PAR]

AM MLK: Selma to Montgomery [PAR] PM • Portrait Drawing w/ Ileana [FR] PM Group Reading [PAR] PM Go Bowling [PAR] AM Spark [LR]

AM Sing Along [PAR] PM • Heads Up Game [PAR]
PM • Toss and Talk [PAR] PM • Spelling Bee [PAR] AM News & Views [PAR]

AM • Thymeless Gardening

Smoothies [PAR]

AM • Nature Documentary [PAR]

AM • Chair Yoga [PAR]

Club [CY]

AM • Globetrotters [PAR]

PM • Group Reading [PAR]

PM • Heads Up Game [PAR]

PM • Toss and Talk [PAR]

PM • Spelling Bee [PAR]

PM Go Bowling [PAR]

AM Sing Along [PAR]

PM • Essence

AM • Spark [LR]

AM News & Views [PAR] AM • Morning Exercise [PAR] AM • Thymeless Cooking Club: Healthy

AM • Thymeless Gardening Club AM Word Games [PAR] AM • Thymeless Cooking Club: Oatmeal Energy Bites [PAR] AM Discuss and Recall [PAR] AM • Cross Stitch [PAR]

AM • iN2L Exploration [PAR] PM • Crafty Crew [PAR] PM • Essence PM Puzzle with Me [PAR] PM • TED Talk [PAR] 3:00 • Music with Ralph PM • Music Bingo [PAR]

PM • Music Appreciation: Dance Along [PAR]

PM Reminisce Corner [PAR]

AM • News & Views [PAR] AM • Dance to the Beat AM • Thymeless

Gardening Club [CY] AM • Thymeless Cooking Club [PAR] AM Art and Unwind [PAR] PM • Catholic Communion, 1st FI [PAR] PM • Essence

PM • Fact or Fiction [PAR] PM • Bingo [PAR] PM • Balloon Pop [PAR] PM • Audiobook Club [PAR] AM News & Views [PAR] AM 

Dance to the Beat [PAR] AM • Daily Devotional [PAR]

AM • Thymeless Gardening Club [CY]

AM • Pictionary [PAR]

PM • Reminisce Corner [PAR]

AM • News & Views [PAR AM • News & Views [PAR]
10:00 • Paws for Friendship AM • Stretch & Flex [PAR] AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Parfait AM • Globetrotters [PAR]

FRIDAY

PM • Essence PM • Sunshine Club [PAR] PM • Ice Cream Happy Hour 3:00 • Yoga with Karen PM • Popcorn Movie Night [PAR]

AM News & Views

[PAR]

[PAR]

AM • Globetrotters [PAR]

PM • Sunshine Club [PAR]

AM • News & Views [PAR]

PM • Ice Cream Happy Hour

PM • Popcorn Movie Night [PAR]

PM • Essence

AM • Coffee and Conversation [PAR] AM • Art and Unwind [PAR] PM • iN2L Exploration [PAR] PM • Scrapbooking [PAR] PM Balloon Volleyball [PAR] PM • Puzzles with Friends [PAR]

AM • News & Views [PAR]

0:00 • Paws for Friendship

SATURDAY

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club: Muffin

AM • News & Views [PAR]

AM Morning Exercise

10:00 • Paws for Friendship [PAR] [PAR] AM • Stretch & Flex AM • Morning Exercise AM • Thymeless Gardening Club AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Muffins

AM • Thymeless Cooking Club: Parfait [PAR] AM • Coffee and Conversation [PAR] AM • Globetrotters [PAR] AM • Art and Unwind [PAR] PM • Essence PM • iN2L Exploration [PAR]

PM • Sunshine Club [PAR] PM • Scrapbooking [PAR] PM Balloon Volleyball [PAR] PM • Ice Cream Happy Hour PM • Puzzles with Friends [PAR] PM • Popcorn Movie Night [PAR] AM • News & Views [PAR] AM • News & Views

AM • Stretch & Flex AM Morning Exercise [PAR] AM • Thymeless Gardening Club AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Muffin

AM • Thymeless Cooking Club: Parfait [PAR] AM • Coffee and Conversation [PAR] AM • Globetrotters [PAR] AM • Art and Unwind [PAR]

PM • Essence 2:30 • Gasparilla Parade [0] PM • Sunshine Club [PAR] PM • iN2L Exploration [PAR] PM • Ice Cream Happy Hour PM • Scrapbooking [PAR] PM Popcorn Movie Night [PAR]

PM Balloon Volleyball [PAR] PM • Puzzles with Friends [PAR] AM • News & Views [PAR] AM • News & Views 10:00 • Paws for Friendship

AM • Stretch & Flex AM Morning Exercise AM • Thymeless Gardening Club AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Muffin AM • Thymeless Cooking Club: Parfait [PAR]

AM • Coffee and Conversation [PAR] AM • Art and Unwind [PAR] PM • iN2L Exploration [PAR]

PM • Scrapbooking [PAR] PM • Balloon Volleyball [PAR] PM • Puzzles with Friends [PAR]

[PAR]



AM • Chair Yoga [PAR] Club [CY] AM • Thymeless Cooking Club: Healthy Smoothies [PAR]

AM • Globetrotters [PAR] AM • Nature Documentary [PAR] PM • Essence PM • Essence PM • Group Reading: Epiphany [PAR]

AM • Spark [LR] AM • Sing Along [PAR] PM • Heads Up Game [PAR] PM • Toss and Talk [PAR] PM • Spelling Bee [PAR]

PM • Reminisce Corner [PAR] AM • News & Views [PAR] AM Morning Exercise [PAR] AM • Thymeless Gardening

Club [CY]

AM • Word Games [PAR]

AM • Discuss and Recall [PAR]

AM • iN2L Exploration [PAR]

PM • Crafty Crew [PAR]

3:00 Johnny T Elvis Show

PM • Music Bingo [PAR]

PM • TED Talk [PAR]

PM • Essence

AM • Thymeless Cooking Club: Oatmeal Energy Bites [PAR]

Club [CY] AM • Word Games [PAR] AM • Thymeless Cooking Club: Oatmeal Energy Bites [PAR]

PM • Music Appreciation: Dance Along [PAR]

**TUESDAY** 

AM • Discuss and Recall [PAR] AM • iN2L Exploration [PAR] PM • Crafty Crew [PAR] PM • Essence PM • Puzzle Time [PAR]

PM • TFD Talk [PAR] PM • Music Bingo [PAR] PM • Music Appreciation: Dance Along [PAR PM Reminisce Corner [PAR]

AM • Word Games [PAR]

**Energy Bites [PAR]** 

AM • Discuss and Recall [PAR]

PM • Music Appreciation: Dance Along [PAR]

AM • iN2L Exploration [PAR]

PM • Crafty Crew [PAR]

PM • Music Bingo [PAR]

PM • Reminisce Corner [PAR]

PM • TED Talk [PAR]

PM • Essence

PM • Balloon Pop [PAR] PM • Audiobook Club [PAR] AM • News & Views [PAR]

AM • News & Views [PAR] AM • Morning Exercise [PAR] AM • Dance to the Beat [PAR]

Gardening Club [CY] AM • Thymeless Cooking Club: Oatmeal AM • Thymeless Cooking Club [PAR] AM • Art and Unwind [PAR] PM • Catholic Communion, 1st FI [PAR]

PM • Essence PM • Fact or Fiction [PAR] PM • Bingo [PAR] PM Noodle Ball [PAR]

WEDNESDAY

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Catholic Communion, 1st FI [PAR]

AM News & Views [PAR]

AM • Art and Unwind [PAR]

PM • January IQ [PAR]

PM • Balloon Pop [PAR]

PM • Audiobook Club [PAR]

AM • News & Views [PAR]

AM • Art and Unwind [PAR]

PM • Fact or Fiction [PAR]

PM • Audiobook Club [PAR]

AM • News & Views [PAR]

AM • Art and Unwind [PAR]

PM • Fact or Fiction [PAR]

PM Noodle Ball [PAR]

Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Catholic Communion, 1st FI [PAR]

AM • Dance to the Beat

AM • Thymeless

PM • Essence

PM • Bingo [PAR]

PM • Balloon Pop [PAR]

Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Catholic Communion, 1st FI [PAR

AM • Dance to the Beat

Thymeless

PM • Essence

PM • Bingo [PAR]

PM • Bingo [PAR]

PM • Essence

AM • Dance to the Beat

PM • Balloon Pop [PAR] PM • Audiobook Club [PAR]

AM • Thymeless Cooking Club [PAR] 1:00 • Tampa Firefighters Museum & Lunch

**THURSDAY** 

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Board Games with Friends [PAR]

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Board Games with Friends [PAR]

AM • News & Views [PAR

AM 

Dance to the Beat

AM Daily Devotional

AM • Pictionary [PAR]

PM • Essence

AM • iN2L Exploration [PAR]

PM • Music for the Heart [PAR]

PM • Therapeutic Music [PAR]

PM • Reminisce Corner [PAR]

AM • News & Views [PAR]

AM • Dance to the Beat

AM • Daily Devotional

AM • Pictionary [PAR]

PM • Essence

AM • iN2L Exploration [PAR]

PM • Music for the Heart [PAR]

PM • Reminisce Corner [PAR]

AM • News & Views [PAR]

AM • Daily Devotional [PAR]

AM • iN2L Exploration [PAR]

PM • Music for the Heart [PAR]

PM • Therapeutic Music [PAR]

PM Reminisce Corner [PAR]

AM • News & Views [PAR]

AM Daily Devotional [PAR]

1:00 • Lunch Out at Bella's [O]

AM • iN2L Exploration [PAR]

PM • Music for the Heart [PAR]

PM • Therapeutic Music [PAR]

PM • Reminisce Corner [PAR]

PM • Board Games with Friends [PAR]

AM • Pictionary [PAR]

PM • Essence

AM • Dance to the Beat

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Board Games with Friends [PAR]

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

AM Dance to the Beat

AM Pictionary [PAR]

4:00 • Buccaneer Bash

PM • Essence

AM • iN2L Exploration [PAR] PM • Essence PM • Music for the Heart [PAR] PM • Therapeutic Music [PAR] PM • Board Games with Friends [PAR] AM • Stretch & Flex [PAR] AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Parfait AM Round Table Talk [PAR]

AM • Globetrotters [PAR] PM • Essence PM • Sunshine Club [PAR] 3:00 • Birthday Party with Rick PM • Ice Cream Happy Hour

PM • Popcorn Movie Night [PAR]