

calendar & activities  
JAN 2020

The Estate At Hyde Park - Move- 1st floor

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect

LOCATIONS  
COURTYARD - CY  
ENTIRE COMMUNITY - EC  
LIVING ROOM - LR  
OUTING - O  
PARLOR - PAR  
TV ROOM - TVR

RESIDENTS BIRTHDAYS

Mary S. 1/12

WELCOME NEW RESIDENTS

Josie G.  
Loraine G.  
Bill D.

SENIOR LIFESTYLE  
Your Life, Your Style

WWW.SENIORLIFESTYLE.COM  
Activities are subject to change

SUNDAY



AM ● News & Views [PAR]  
AM ● The Amen Corner [PAR]  
AM ● Morning Energy [PAR]  
AM ● Praise & Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
PM ● Bingo [PAR]  
PM ● Puzzle with Me [PAR]  
PM ● Trivia and Brain Teasers [PAR]  
PM ● Creative Musings [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News & Views [PAR]  
AM ● The Amen Corner [PAR]  
AM ● Morning Energy [PAR]  
AM ● Praise & Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
PM ● Bingo [PAR]  
PM ● Puzzle with Me [PAR]  
PM ● Trivia and Brain Teasers [PAR]  
PM ● Creative Musings [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News & Views [PAR]  
AM ● The Amen Corner [PAR]  
AM ● Morning Energy [PAR]  
AM ● Praise & Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
PM ● Bingo [PAR]  
PM ● Puzzle with Me [PAR]  
PM ● Trivia and Brain Teasers [PAR]  
PM ● Creative Musings [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News & Views [PAR]  
AM ● The Amen Corner [PAR]  
AM ● Morning Energy [PAR]  
AM ● Praise & Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
PM ● Bingo [PAR]  
PM ● Puzzle with Me [PAR]  
PM ● Trivia and Brain Teasers [PAR]  
PM ● Creative Musings [PAR]  
PM ● Board Games with Friends [PAR]

MONDAY



AM ● News & Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Globetrotters [PAR]  
AM ● Nature Documentary [PAR]  
PM ● Essence  
PM ● Group Reading: Epiphany [PAR]  
PM ● Spark [LR]  
AM ● Sing Along [PAR]  
PM ● Heads Up Game [PAR]  
PM ● Toss and Talk [PAR]  
PM ● Spelling Bee [PAR]

AM ● News & Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Globetrotters [PAR]  
AM ● Nature Documentary [PAR]  
PM ● Essence  
PM ● Group Reading [PAR]  
PM ● Go Bowling [PAR]  
AM ● Spark [LR]  
3:00 ● Dance with Yomenko  
PM ● Sing Along [PAR]  
PM ● Heads Up Game [PAR]  
PM ● Toss and Talk [PAR]  
PM ● Spelling Bee [PAR]

**Martin Luther King, Jr. Day**  
AM ● News & Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Globetrotters [PAR]  
AM ● MLK: Selma to Montgomery [PAR]  
PM ● Portrait Drawing w/ Ileana [FR]  
PM ● Essence  
PM ● Group Reading [PAR]  
PM ● Go Bowling [PAR]  
AM ● Spark [LR]  
AM ● Sing Along [PAR]  
PM ● Heads Up Game [PAR]  
PM ● Toss and Talk [PAR]  
PM ● Spelling Bee [PAR]

AM ● News & Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Globetrotters [PAR]  
AM ● Nature Documentary [PAR]  
PM ● Essence  
PM ● Group Reading [PAR]  
PM ● Go Bowling [PAR]  
AM ● Spark [LR]  
AM ● Sing Along [PAR]  
PM ● Heads Up Game [PAR]  
PM ● Toss and Talk [PAR]  
PM ● Spelling Bee [PAR]

TUESDAY

AM ● News & Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Word Games [PAR]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
PM ● Essence  
PM ● TED Talk [PAR]  
3:00 ● Johnny T Elvis Show  
PM ● Music Bingo [PAR]  
PM ● Music Appreciation: Dance Along [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Word Games [PAR]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
PM ● Essence  
PM ● Puzzle Time [PAR]  
PM ● TED Talk [PAR]  
PM ● Music Bingo [PAR]  
PM ● Music Appreciation: Dance Along [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Word Games [PAR]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
PM ● Essence  
PM ● TED Talk [PAR]  
PM ● Music Bingo [PAR]  
PM ● Music Appreciation: Dance Along [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Word Games [PAR]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● Cross Stitch [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
PM ● Essence  
PM ● Puzzle with Me [PAR]  
PM ● TED Talk [PAR]  
3:00 ● Music with Ralph  
PM ● Music Bingo [PAR]  
PM ● Music Appreciation: Dance Along [PAR]  
PM ● Reminisce Corner [PAR]

WEDNESDAY

**New Year's Day**  
AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
PM ● Catholic Communion, 1st FI [PAR]  
PM ● Essence  
PM ● January IQ [PAR]  
PM ● Bingo [PAR]  
PM ● Balloon Pop [PAR]  
PM ● Audiobook Club [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
PM ● Catholic Communion, 1st FI [PAR]  
PM ● Essence  
PM ● Fact or Fiction [PAR]  
PM ● Bingo [PAR]  
PM ● Balloon Pop [PAR]  
PM ● Audiobook Club [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
PM ● Catholic Communion, 1st FI [PAR]  
PM ● Essence  
PM ● Fact or Fiction [PAR]  
PM ● Bingo [PAR]  
PM ● Noodle Ball [PAR]  
PM ● Balloon Pop [PAR]  
PM ● Audiobook Club [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
PM ● Catholic Communion, 1st FI [PAR]  
PM ● Essence  
PM ● Fact or Fiction [PAR]  
PM ● Bingo [PAR]  
PM ● Noodle Ball [PAR]  
PM ● Balloon Pop [PAR]  
PM ● Audiobook Club [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
PM ● Catholic Communion, 1st FI [PAR]  
PM ● Essence  
PM ● Fact or Fiction [PAR]  
PM ● Bingo [PAR]  
PM ● Balloon Pop [PAR]  
PM ● Audiobook Club [PAR]

THURSDAY

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Daily Devotional [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Pictionary [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Essence  
PM ● Music for the Heart [PAR]  
PM ● Therapeutic Music [PAR]  
PM ● Board Games with Friends [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Daily Devotional [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Pictionary [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Essence  
PM ● Music for the Heart [PAR]  
PM ● Board Games with Friends [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Daily Devotional [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Pictionary [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Essence  
PM ● Music for the Heart [PAR]  
PM ● Therapeutic Music [PAR]  
4:00 ● Buccaneer Bash  
PM ● Board Games with Friends [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Daily Devotional [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
11:00 ● Lunch Out at Bella's [O]  
AM ● Pictionary [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Essence  
PM ● Music for the Heart [PAR]  
PM ● Therapeutic Music [PAR]  
PM ● Board Games with Friends [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News & Views [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Daily Devotional [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
11:00 ● Tampa Firefighters Museum & Lunch [O]  
AM ● Pictionary [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Essence  
PM ● Music for the Heart [PAR]  
PM ● Therapeutic Music [PAR]  
PM ● Board Games with Friends [PAR]  
PM ● Reminisce Corner [PAR]

FRIDAY

AM ● News & Views [PAR]  
AM ● Stretch & Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Globetrotters [PAR]  
PM ● Essence  
PM ● Sunshine Club [PAR]  
PM ● Ice Cream Happy Hour  
3:00 ● Yoga with Karen  
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]  
AM ● Stretch & Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Globetrotters [PAR]  
PM ● Essence  
PM ● Sunshine Club [PAR]  
PM ● Ice Cream Happy Hour  
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]  
AM ● Stretch & Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Globetrotters [PAR]  
PM ● Essence  
PM ● Sunshine Club [PAR]  
PM ● Ice Cream Happy Hour  
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]  
AM ● Stretch & Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Globetrotters [PAR]  
PM ● Essence  
PM ● Sunshine Club [PAR]  
PM ● Ice Cream Happy Hour  
PM ● Popcorn Movie Night [PAR]

AM ● News & Views [PAR]  
AM ● Stretch & Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Round Table Talk [PAR]  
AM ● Globetrotters [PAR]  
PM ● Essence  
PM ● Sunshine Club [PAR]  
3:00 ● Birthday Party with Rick  
PM ● Ice Cream Happy Hour  
PM ● Popcorn Movie Night [PAR]

SATURDAY

AM ● News & Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Coffee and Conversation [PAR]  
AM ● Art and Unwind [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Scrapbooking [PAR]  
PM ● Balloon Volleyball [PAR]  
PM ● Puzzles with Friends [PAR]

AM ● News & Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Coffee and Conversation [PAR]  
AM ● Art and Unwind [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Scrapbooking [PAR]  
PM ● Balloon Volleyball [PAR]  
PM ● Puzzles with Friends [PAR]

AM ● News & Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Coffee and Conversation [PAR]  
AM ● Art and Unwind [PAR]  
2:30 ● Gasparilla Parade [O]  
PM ● iN2L Exploration [PAR]  
PM ● Scrapbooking [PAR]  
PM ● Balloon Volleyball [PAR]  
PM ● Puzzles with Friends [PAR]

AM ● News & Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Coffee and Conversation [PAR]  
AM ● Art and Unwind [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Scrapbooking [PAR]  
PM ● Balloon Volleyball [PAR]  
PM ● Puzzles with Friends [PAR]

