

calendar & activities
SEP 2020

The Estate At Hyde Park - Connect- 1st floor

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect

LOCATIONS

COURTYARD - CY
ENTIRE COMMUNITY - EC
LIVING ROOM - LR
OUTING - O
PARLOR - PAR
TV ROOM - TVR

RESIDENTS BIRTHDAYS

Glyn W. 9/6
Emily P. 9/16
James M. 9/28
Nell R. 9/30

WELCOME NEW RESIDENTS

SENIOR LIFESTYLE
Your Life, Your Style

WWW.SENIORLIFESTYLE.COM
Activities are subject to change

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Word Games [PAR]
AM Thymeless Cooking Club [PAR]
AM Discuss and Recall [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Decorate A Derby Hat [PAR]
PM Crosswords [PAR]
PM Music Bingo [PAR]
PM Music Appreciation: Dance Along [PAR]
PM Reminisce Corner [PAR]

2
AM The Joy Club [TVR]
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Brain Aerobics [PAR]
AM Thymeless Cooking Club [PAR]
PM Fill in the Blank [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Trivia [PAR]
PM Fact or Fiction [PAR]
PM Art and Unwind [PAR]
PM Therapeutic Music [PAR]
PM Complete the Song [PAR]
PM Audiobook Club [PAR]

3
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Random Acts of Kindness [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Pictionary [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Music for the Heart [PAR]
3:00 Game Show Games [PAR]
PM Letter Lists [PAR]
PM Name that Tune [PAR]
PM Reminisce Corner [PAR]

4
AM Stretch & Flex [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Wildlife Day Virtual Safari [PAR]
AM Globetrotters [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Resident Council Meeting [PAR]
PM Sunshine Club [PAR]
PM Finish the Phrase [PAR]
PM Color with Me [PAR]
PM Word Games [PAR]

5
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Categories [PAR]
AM Resident's Choice [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Coffee and Conversation [PAR]
AM Knitting Club
PM iN2L Exploration [PAR]
PM Daily Chronicle [PAR]
PM Bingo [PAR]
PM Family Feud [PAR]
PM Brain Aerobics [PAR]
PM Music Trivia [PAR]
PM Therapeutic Music [PAR]

6
AM Morning Energy [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Hymns and Harmonies [PAR]
AM Thymeless Cooking Club [PAR]
AM Thymeless Gardening Club [CY]
AM Bean Bag Twister [PAR]
AM Table Top Games [PAR]
PM Bingo [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Scrapbooking [PAR]
PM Trivia and Brain Teasers [PAR]
PM Creative Musings [PAR]
PM Conversation with Friends [PAR]

7
Labor Day
AM The Joy Club [TVR]
AM Chair Yoga [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Globetrotters [PAR]
AM Cranium Crunches [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Group Reading [PAR]
PM Travel Talk [PAR]
AM Sing Along [PAR]
PM Heads Up Game [PAR]
PM Name the Tune [PAR]
PM Spelling Bee [PAR]

8
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Word Games [PAR]
AM Thymeless Cooking Club [PAR]
AM Discuss and Recall [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Crafty Crew [PAR]
PM Crosswords [PAR]
PM Music Bingo [PAR]
PM Music Appreciation: Dance Along [PAR]
PM Reminisce Corner [PAR]

9
AM The Joy Club [TVR]
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Brain Aerobics [PAR]
AM Thymeless Cooking Club [PAR]
PM Fill in the Blank [PAR]
PM Essence
PM Shake Those Hips Day [PAR]
PM Daily Chronicle [PAR]
PM Trivia [PAR]
PM Fact or Fiction [PAR]
PM Crafty Crew [PAR]
AM Art and Unwind [PAR]
PM Complete the Song [PAR]
PM Audiobook Club [PAR]

10
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Random Acts of Kindness [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Pictionary [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Music for the Heart [PAR]
3:00 Game Show Games [PAR]
PM Letter Lists [PAR]
PM Name that Tune [PAR]
PM Reminisce Corner [PAR]

11
AM Stretch & Flex [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Globetrotters [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Sunshine Club [PAR]
PM Finish the Phrase [PAR]
PM Color with Me [PAR]
PM Word Games [PAR]

12
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Categories [PAR]
AM Resident's Choice [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Coffee and Conversation [PAR]
AM Knitting Club
PM iN2L Exploration [PAR]
PM Daily Chronicle [PAR]
PM Bingo [PAR]
PM Family Feud [PAR]
PM Brain Aerobics [PAR]
PM Music Trivia [PAR]
PM Therapeutic Music [PAR]

13
AM Morning Energy [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Hymns and Harmonies [PAR]
AM Thymeless Cooking Club [PAR]
AM Thymeless Gardening Club [CY]
PM Bingo [PAR]
PM Daily Chronicle [PAR]
PM Scrapbooking [PAR]
PM Trivia and Brain Teasers [PAR]
PM Creative Musings [PAR]
PM Conversation with Friends [PAR]

14
AM The Joy Club [TVR]
AM Chair Yoga [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Reminisce Kentucky Derby Day Traditions [PAR]
AM Globetrotters [PAR]
AM Cranium Crunches [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Group Reading [PAR]
PM Travel Talk [PAR]
AM Sing Along [PAR]
PM Heads Up Game [PAR]
PM Name the Tune [PAR]
PM Spelling Bee [PAR]

15
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Word Games [PAR]
AM Thymeless Cooking Club [PAR]
AM Discuss and Recall [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Crafty Crew [PAR]
PM Crosswords [PAR]
PM Music Bingo [PAR]
PM Music Appreciation: Dance Along [PAR]
PM Reminisce Corner [PAR]

16
AM The Joy Club [TVR]
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Brain Aerobics [PAR]
AM Thymeless Cooking Club [PAR]
PM Fill in the Blank [PAR]
AM A-Z Word Game [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Trivia [PAR]
PM Fact or Fiction [PAR]
PM Art and Unwind [PAR]
PM Therapeutic Music [PAR]
PM Complete the Song [PAR]
PM Audiobook Club [PAR]

17
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Random Acts of Kindness [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Pictionary [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Music for the Heart [PAR]
3:00 Game Show Games [PAR]
PM Letter Lists [PAR]
PM Name that Tune [PAR]
PM Reminisce Corner [PAR]

18
AM Stretch & Flex [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Horse Racing [PAR]
AM Globetrotters [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Sunshine Club [PAR]
PM Finish the Phrase [PAR]
PM Color with Me [PAR]
PM Word Games [PAR]

19
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Categories [PAR]
AM Resident's Choice [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Coffee and Conversation [PAR]
AM Knitting Club
PM iN2L Exploration [PAR]
PM Daily Chronicle [PAR]
PM Bingo [PAR]
PM Family Feud [PAR]
PM Brain Aerobics [PAR]
PM Music Trivia [PAR]
PM Therapeutic Music [PAR]

20
AM Morning Energy [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Hymns and Harmonies [PAR]
AM Thymeless Cooking Club [PAR]
AM Thymeless Gardening Club [CY]
AM Bean Bag Twister [PAR]
AM Table Top Games [PAR]
PM Bingo [PAR]
PM Daily Chronicle [PAR]
PM Scrapbooking [PAR]
PM Trivia and Brain Teasers [PAR]
PM Creative Musings [PAR]
PM Conversation with Friends [PAR]

21
AM The Joy Club [TVR]
AM Chair Yoga [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Globetrotters [PAR]
AM Cranium Crunches [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Group Reading [PAR]
PM Travel Talk [PAR]
AM Sing Along [PAR]
PM Heads Up Game [PAR]
PM Name the Tune [PAR]
PM Spelling Bee [PAR]

22
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Word Games [PAR]
AM Thymeless Cooking Club [PAR]
AM Discuss and Recall [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Crafty Crew [PAR]
PM Crosswords [PAR]
PM Music Bingo [PAR]
PM Music Appreciation: Dance Along [PAR]
PM Reminisce Corner [PAR]

23
AM The Joy Club [TVR]
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Brain Aerobics [PAR]
AM Thymeless Cooking Club [PAR]
PM Fill in the Blank [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Trivia [PAR]
PM Fact or Fiction [PAR]
PM Art and Unwind [PAR]
PM Complete the Song [PAR]
PM Audiobook Club [PAR]
PM Therapeutic Music [PAR]

24
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Random Acts of Kindness [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Pictionary [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Music for the Heart [PAR]
3:00 Game Show Games [PAR]
PM Letter Lists [PAR]
PM Name that Tune [PAR]
PM Reminisce Corner [PAR]

25
AM Stretch & Flex [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Globetrotters [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Sunshine Club [PAR]
PM Finish the Phrase [PAR]
PM Color with Me [PAR]
PM Word Games [PAR]

26
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Categories [PAR]
AM Resident's Choice [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Coffee and Conversation [PAR]
AM Knitting Club
PM iN2L Exploration [PAR]
PM Daily Chronicle [PAR]
PM Bingo [PAR]
PM Family Feud [PAR]
PM Brain Aerobics [PAR]
PM Music Trivia [PAR]
PM Therapeutic Music [PAR]

27
AM Morning Energy [PAR]
AM The Joy Club [TVR]
AM News & Views [PAR]
AM Hymns and Harmonies [PAR]
AM Thymeless Cooking Club [PAR]
AM Thymeless Gardening Club [CY]
PM Bingo [PAR]
PM Daily Chronicle [PAR]
PM Scrapbooking [PAR]
PM Trivia and Brain Teasers [PAR]
PM Creative Musings [PAR]
PM Conversation with Friends [PAR]

28
AM The Joy Club [TVR]
AM Chair Yoga [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Thymeless Cooking Club [PAR]
AM Globetrotters [PAR]
AM Cross Stitch [PAR]
AM Cranium Crunches [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Group Reading [PAR]
PM Travel Talk [PAR]
AM Sing Along [PAR]
PM Heads Up Game [PAR]
PM Name the Tune [PAR]
PM Spelling Bee [PAR]

29
AM The Joy Club [TVR]
AM Morning Exercise [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Word Games [PAR]
AM Thymeless Cooking Club [PAR]
AM Discuss and Recall [PAR]
AM iN2L Exploration [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Crafty Crew [PAR]
PM Crosswords [PAR]
PM Music Bingo [PAR]
PM Music Appreciation: Dance Along [PAR]
PM Reminisce Corner [PAR]

30
AM The Joy Club [TVR]
AM The Joy Club [TVR]
AM Dance to the Beat [PAR]
AM News & Views [PAR]
AM Thymeless Gardening Club [CY]
AM Brain Aerobics [PAR]
AM Thymeless Cooking Club [PAR]
AM Photo Booth [PAR]
PM Fill in the Blank [PAR]
PM Essence
PM Daily Chronicle [PAR]
PM Trivia [PAR]
PM Fact or Fiction [PAR]
PM Art and Unwind [PAR]
PM Therapeutic Music [PAR]
PM Complete the Song [PAR]
PM Audiobook Club [PAR]

