

calendar & activities  
JAN 2020

The Estate At Hyde Park - Move- 2nd floor

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect

LOCATIONS  
COURTYARD - CY  
ENTIRE COMMUNITY - EC  
LIVING ROOM - LR  
OUTING - O  
PARLOR - PAR  
TV ROOM - TVR

RESIDENTS BIRTHDAYS

Mary S. 1/12

WELCOME NEW RESIDENTS

Josie G.  
Loraine G.  
Bill D.

SENIOR LIFESTYLE  
Your Life, Your Style

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Activities are subject to change



**New Year's Day**  
AM ● News and Views [PAR]  
AM ● Range of Motion [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
AM ● Trivia, Talk, & Ticklers [PAR]  
PM ● Bingo [PAR]  
PM ● Catholic Communion, 1st floor [PAR]  
PM ● January IQ [PAR]  
PM ● Karaoke Tunes [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News and Views [PAR]  
AM ● Move and Groove [PAR]  
AM ● Dance to the Beat [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Health Chat [PAR]  
AM ● Scrapbooking [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Music for the Heart [PAR]  
PM ● Audiobook Club [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Sunshine Club [PAR]  
PM ● Globetrotters [PAR]  
3:00 ● Yoga with Karen  
PM ● One Word Storytelling [PAR]  
PM ● Popcorn Movie Night [PAR]

AM ● News and Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Stretch and Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Toss and Talk [PAR]  
AM ● Art and Unwind [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Noodle Ball [PAR]  
PM ● Music Bingo [PAR]

AM ● News and Views [PAR]  
AM ● Praise and Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
AM ● Puzzle with Me [PAR]  
AM ● Go Bowling [PAR]  
PM ● Bingo [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Creative Musings [PAR]  
PM ● Sing Along [PAR]

AM ● News and Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Spark [PAR]  
AM ● Cranium Crunches [PAR]  
PM ● Group Reading [PAR]  
PM ● Globetrotters [PAR]  
PM ● Jeopardy Trivia [PAR]  
PM ● Daily Devotional [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
3:00 ● Johnny T Elvis Show  
PM ● Music Appreciation [PAR]  
PM ● Brain Aerobics [PAR]  
PM ● Word Unscramble [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News and Views [PAR]  
AM ● Range of Motion [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
AM ● Trivia, Talk, & Ticklers [PAR]  
PM ● Bingo [PAR]  
PM ● Catholic Communion, 1st floor [PAR]  
PM ● Fact or Fiction [PAR]  
PM ● Karaoke Tunes [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News and Views [PAR]  
AM ● Move and Groove [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Health Chat [PAR]  
AM ● Scrapbooking [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Music for the Heart [PAR]  
PM ● Audiobook Club [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Sunshine Club [PAR]  
PM ● Globetrotters [PAR]  
PM ● Music Bingo [PAR]  
PM ● One Word Storytelling [PAR]  
PM ● Popcorn Movie Night [PAR]

AM ● News and Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Stretch and Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Toss and Talk [PAR]  
AM ● Art and Unwind [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Noodle Ball [PAR]  
PM ● Music Bingo [PAR]

AM ● News and Views [PAR]  
AM ● Praise and Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
AM ● Puzzle with Me [PAR]  
AM ● Go Bowling [PAR]  
PM ● Bingo [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Creative Musings [PAR]  
PM ● Sing Along [PAR]

AM ● News and Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Spark [PAR]  
AM ● Cranium Crunches [PAR]  
PM ● Group Reading [PAR]  
PM ● Globetrotters [PAR]  
3:00 ● Dance with Yomenko  
PM ● Jeopardy Trivia [PAR]  
PM ● Daily Devotional [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
PM ● Music Appreciation [PAR]  
PM ● Brain Aerobics [PAR]  
PM ● Word Unscramble [PAR]  
PM ● Round Table Discussion [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News and Views [PAR]  
AM ● Range of Motion [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
AM ● Trivia, Talk, & Ticklers [PAR]  
PM ● Bingo [PAR]  
PM ● Catholic Communion, 1st floor [PAR]  
PM ● Fact or Fiction [PAR]  
PM ● Music and Movement [PAR]  
PM ● Karaoke Tunes [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News and Views [PAR]  
AM ● Move and Groove [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Health Chat [PAR]  
AM ● Scrapbooking [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Music for the Heart [PAR]  
4:00 ● Buccaneer Bash  
PM ● Audiobook Club [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Sunshine Club [PAR]  
PM ● Globetrotters [PAR]  
PM ● Reminiscing [PAR]  
PM ● One Word Storytelling [PAR]  
PM ● Popcorn Movie Night [PAR]

AM ● News and Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Stretch and Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Toss and Talk [PAR]  
AM ● Art and Unwind [PAR]  
PM ● iN2L Exploration [PAR]  
2:30 ● Gasparilla Parade [O]  
PM ● Noodle Ball [PAR]  
PM ● Music Bingo [PAR]

AM ● News and Views [PAR]  
AM ● Praise and Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
AM ● Puzzle with Me [PAR]  
AM ● Go Bowling [PAR]  
PM ● Bingo [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Creative Musings [PAR]  
PM ● Sing Along [PAR]

**Martin Luther King, Jr. Day**  
AM ● News and Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Spark [PAR]  
AM ● Cranium Crunches [PAR]  
PM ● Portrait Drawing w/ Ileana [FR]  
PM ● Group Reading [PAR]  
PM ● Globetrotters [PAR]  
PM ● Jeopardy Trivia [PAR]  
PM ● Daily Devotional [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
PM ● Music Appreciation [PAR]  
PM ● Brain Aerobics [PAR]  
PM ● Word Unscramble [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News and Views [PAR]  
AM ● Range of Motion [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
AM ● Trivia, Talk, & Ticklers [PAR]  
PM ● Bingo [PAR]  
PM ● Catholic Communion, 1st floor [PAR]  
PM ● Fact or Fiction [PAR]  
PM ● Karaoke Tunes [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News and Views [PAR]  
AM ● Move and Groove [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
11:00 ● Lunch Out at Bella's [O]  
AM ● Health Chat [PAR]  
AM ● Scrapbooking [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Music for the Heart [PAR]  
PM ● Audiobook Club [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Sunshine Club [PAR]  
PM ● Globetrotters [PAR]  
PM ● Reminiscing [PAR]  
PM ● One Word Storytelling [PAR]  
PM ● Popcorn Movie Night [PAR]

AM ● News and Views [PAR]  
10:00 ● Paws for Friendship [PAR]  
AM ● Stretch and Flex [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Muffins [PAR]  
AM ● Toss and Talk [PAR]  
AM ● Art and Unwind [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Noodle Ball [PAR]  
PM ● Music Bingo [PAR]

AM ● News and Views [PAR]  
AM ● Praise and Worship [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Cookies [PAR]  
AM ● Puzzle with Me [PAR]  
AM ● Go Bowling [PAR]  
PM ● Spark: What's in the Bag? [PAR]  
PM ● Bingo [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Creative Musings [PAR]  
PM ● Sing Along [PAR]

AM ● News and Views [PAR]  
AM ● Chair Yoga [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Healthy Smoothies [PAR]  
AM ● Spark [PAR]  
AM ● Cranium Crunches [PAR]  
PM ● Group Reading [PAR]  
PM ● Globetrotters [PAR]  
PM ● Jeopardy Trivia [PAR]  
PM ● Bounce to the Beat [PAR]  
PM ● Daily Devotional [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Oatmeal Energy Bites [PAR]  
AM ● Discuss and Recall [PAR]  
AM ● iN2L Exploration [PAR]  
PM ● Crafty Crew [PAR]  
PM ● Music Appreciation [PAR]  
3:00 ● Music with Ralph  
PM ● Brain Aerobics [PAR]  
PM ● Word Unscramble [PAR]  
PM ● Reminisce Corner [PAR]

AM ● News and Views [PAR]  
AM ● Range of Motion [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Art and Unwind [PAR]  
AM ● Trivia, Talk, & Ticklers [PAR]  
PM ● Bingo [PAR]  
PM ● Catholic Communion, 1st floor [PAR]  
PM ● Fact or Fiction [PAR]  
PM ● Karaoke Tunes [PAR]  
PM ● Board Games with Friends [PAR]

AM ● News and Views [PAR]  
AM ● Move and Groove [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club [PAR]  
AM ● Chair Zumba [PAR]  
11:00 ● Tampa Firefighters Museum & Lunch [O]  
AM ● Health Chat [PAR]  
AM ● Scrapbooking [PAR]  
PM ● iN2L Exploration [PAR]  
PM ● Music for the Heart [PAR]  
PM ● Audiobook Club [PAR]

AM ● News and Views [PAR]  
AM ● Morning Exercise [PAR]  
AM ● Thymeless Gardening Club [CY]  
AM ● Thymeless Cooking Club: Parfait [PAR]  
AM ● Sunshine Club [PAR]  
PM ● Globetrotters [PAR]  
3:00 ● Birthday Party with Rick  
PM ● Music Trivia [PAR]  
PM ● Reminiscing [PAR]  
PM ● One Word Storytelling [PAR]  
PM ● Popcorn Movie Night [PAR]

