calendar & activities

The Estate At Hyde Park - Move- 2nd floor

FRIDAY

AM • News and Views

AM • Morning Exercise

JAN 2020

- Connect
- Contribute

- Move
- Reflect

LOCATIONS COURTYARD - CY ENTIRE COMMUNITY - EC LIVING ROOM - LR OUTING - O PARLOR - PAR TVROOM - TVR

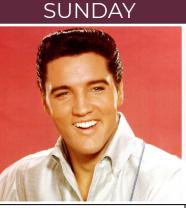
RESIDENTS BIRTHDAYS

WELCOME NEW RESIDENTS

Josie G. Loraine G. Bill D.

SENIOR LIFESTYLE Your Life, Your Style

WWW.SENIORLIFESTYLE.COM



AM • Praise and Worship Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Cookies [PAR] Puzzle with Me [PAR]

AM • Go Bowling [PAR] PM Bingo [PAR] PM • iN2L Exploration [PAR] PM • Creative Musings [PAR] PM • Sing Along [PAR]

Praise and Worship

AM • News and Views

AM • News and Views

AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Cookies [PAR] AM • Puzzle with Me [PAR]

AM • Go Bowling [PAR] PM • Bingo [PAR] PM • iN2L Exploration [PAR] PM • Creative Musings [PAR] PM • Sing Along [PAR]

AM • News and Views Praise and Worship

AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Cookies [PAR] Puzzle with Me [PAR]

AM • Go Bowling [PAR] PM • Bingo [PAR] PM • iN2L Exploration [PAR]

PM • Creative Musings [PAR] PM • Sing Along [PAR]

Praise and Worship

Puzzle with Me [PAR]

Cookies [PAR]

PM • iN2L Exploration [PAR]

PM • Creative Musings [PAR]

AM • Go Bowling [PAR]

PM • Sing Along [PAR]

PM • Bingo [PAR]

Thymeless Gardening Club [CY]

Thymeless Cooking Club:

PM • Spark: What's in the Bag? [PAR]

AM • News and Views

AM • News and Views AM • Chair Yoga [PAR]

AM • Thymeless Gardening Club [CY] **Thymeless Cooking Club: Healthy** Smoothies [PAR]

Spark [PAR] AM • Cranium Crunches [PAR] PM • Group Reading [PAR] PM • Globetrotters [PAR] PM • Jeopardy Trivia [PAR] PM • Bounce to the Beat [PAR]

PM • Daily Devotional [PAR]

PM • Daily Devotional [PAR]

AM • News and Views [PAR] AM Morning Exercise [PAR] AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club: Oatmeal Energy Bites [PAR] AM Discuss and Recall [PAR] AM • iN2L Exploration [PAR] PM • Crafty Crew [PAR]

PM • Music Appreciation [PAR] 3:00 • Music with Ralph PM Brain Aerobics [PAR] PM • Word Unscramble [PAR] PM • Reminisce Corner [PAR]

AM • News and Views [PAR] AM Range of Motion

AM • Thymeless Gardening Club [CY] AM Art and Unwind [PAR]

WEDNESDAY

AM • News and Views [PAR]

AM • Range of Motion [PAR]

AM • Thymeless Gardening Club [CY]

AM • Art and Unwind [PAR]

PM Bingo [PAR]

PM • January IQ [PAR]

PM • Karaoke Tunes [PAR]

AM • News and Views

AM Range of Motion

PM • Bingo [PAR]

AM • Art and Unwind [PAR]

PM • Fact or Fiction [PAR]

PM • Karaoke Tunes [PAR]

AM • News and Views

AM • Range of Motion

AM • Art and Unwind [PAR]

PM • Fact or Fiction [PAR]

PM • Karaoke Tunes [PAR]

AM • News and Views

AM • Range of Motion

PM • Bingo [PAR]

AM • Art and Unwind [PAR]

AM • Trivia, Talk, & Ticklers [PAR]

[PAR]

PM • Bingo [PAR]

AM • Thymeless Cooking Club [PAR]

PM • Catholic Communion, 1st floor [PAR]

AM • Thymeless Gardening Club [CY]

AM Thymeless Cooking Club [PAR]

AM • Trivia, Talk, & Ticklers [PAR]

PM • Catholic Communion, 1st floor

PM • Board Games with Friends [PAR]

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Catholic Communion. 1st floor

PM • Music and Movement [PAR]

PM • Board Games with Friends [PAR]

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

PM • Catholic Communion, 1st floor

AM • Trivia, Talk, & Ticklers [PAR]

Fact or Fiction [PAR]

PM • Board Games with Friends [PAR]

AM • Trivia, Talk, & Ticklers [PAR]

AM • Trivia, Talk, & Ticklers [PAR] PM • Bingo [PAR] PM • Catholic Communion, 1st floor [PAR] Fact or Fiction [PAR] PM • Karaoke Tunes [PAR]

AM • News and Views AM Move and Groove

AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club [PAR]

THURSDAY

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

AM • News and Views [PAR]

AM Move and Groove

AM • Health Chat [PAR]

AM • Scrapbooking [PAR]

PM • iN2L Exploration [PAR]

PM • Audiobook Club [PAR]

AM • News and Views

AM Move and Groove

AM • Health Chat [PAR]

AM • Scrapbooking [PAR]

PM • iN2L Exploration [PAR]

PM • Audiobook Club [PAR]

AM • News and Views

AM • Move and Groove

AM • Health Chat [PAR]

AM • Zumba Dance [PAR]

AM • Scrapbooking [PAR]

4:00 • Buccaneer Bash

AM • News and Views

AM • Move and Groove

AM • Health Chat [PAR]

AM • Scrapbooking [PAR]

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

1:00 • Lunch Out at Bella's [O]

PM • iN2L Exploration [PAR]

PM • Audiobook Club [PAR]

PM • Music for the Heart [PAR]

PM • iN2L Exploration [PAR]

PM • Audiobook Club [PAR]

PM • Music for the Heart [PAR]

PM • Music for the Heart [PAR]

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club [PAR]

AM • Thymeless Gardening Club

AM • Thymeless Cooking Club

[PAR]

PM • Music for the Heart [PAR]

AM • Dance to the Beat [PAR]

Lunch [0]

[PAR] AM • Thymeless Gardening Club AM • Thymeless Cooking Club: Parfait [PAR] AM • Sunshine Club [PAR] PM • Globetrotters [PAR] 3:00 • Yoga with Karen PM • One Word Storytelling [PAR] PM • Popcorn Movie Night [PAR]

PM • Popcorn Movie Night [PAR]

AM • Morning Exercise

Parfait [PAR]

PM • Reminiscing [PAR]

PM • One Word Storytelling [PAR]

PM • Popcorn Movie Night [PAR]

[PAR]

10:00 • Paws for Friendship AM • Stretch and Flex [PAR] AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Muffins AM • Toss and Talk [PAR] AM • Art and Unwind [PAR] PM • iN2L Exploration [PAR] PM • Noodle Ball [PAR] PM • Music Bingo [PAR]

SATURDAY

AM • News and Views [PAR]

AM • News and Views AM • News and Views [PAR] 0:00 Paws for Friendship AM • Morning Exercise AM • Stretch and Flex [PAR] AM • Thymeless Gardening Club AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Muffins

AM • Thymeless Cooking Club: Parfait [PAR] AM • Toss and Talk [PAR] AM • Sunshine Club [PAR] AM • Art and Unwind [PAR] PM • Globetrotters [PAR] PM • iN2L Exploration [PAR] PM • Music Bingo [PAR] PM • Noodle Ball [PAR] PM • Music Bingo [PAR] PM • One Word Storytelling [PAR]

AM • News and Views AM • News and Views [PAR] 10:00 • Paws for Friendship AM • Morning Exercise

AM Stretch and Flex [PAR] AM • Thymeless Gardening Club AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Muffins AM • Thymeless Cooking Club:

Parfait [PAR] AM • Toss and Talk [PAR] AM • Sunshine Club [PAR] AM • Art and Unwind [PAR] PM • Globetrotters [PAR] PM • iN2L Exploration [PAR] PM • Reminiscing [PAR] 2:30 • Gasparilla Parade [O]

PM Noodle Ball [PAR] PM • One Word Storytelling [PAR] PM • Music Bingo [PAR] PM Popcorn Movie Night [PAR] AM • News and Views AM • News and Views

10:00 Paws for Friendship AM • Stretch and Flex [PAR] AM • Thymeless Gardening Club [CY]

AM • Thymeless Gardening Club AM • Thymeless Cooking Club: Muffin AM • Thymeless Cooking Club: AM • Toss and Talk [PAR] AM • Sunshine Club [PAR] AM • Art and Unwind [PAR] PM • Globetrotters [PAR]

PM • iN2L Exploration [PAR] PM Noodle Ball [PAR] PM • Music Bingo [PAR] PM • One Word Storytelling [PAR] PM • Popcorn Movie Night [PAR]

AM • News and Views AM • Morning Exercise

AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Parfait AM Sunshine Club [PAR] PM • Globetrotters [PAR] 3:00 • Birthday Party with Rick PM • Music Trivia [PAR] PM • Reminiscing [PAR]



[PAR] AM • Chair Yoga [PAR] AM • Thymeless Gardening Club AM • Thymeless Cooking Club

Healthy Smoothies [PAR] Spark [PAR] AM • Cranium Crunches [PAR] PM • Group Reading [PAR]

MONDAY

PM • Globetrotters [PAR] PM • Jeopardy Trivia [PAR] PM • Daily Devotional [PAR]

> AM • Morning Exercise Gardening Club [CY] AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: moothies [PAR] AM Discuss and Recall [PAR]

AM • Cranium Crunches [PAR] PM • Group Reading [PAR] PM • Globetrotters [PAR]

PM • Jeopardy Trivia [PAR] PM • Daily Devotional [PAR]

PM • Brain Aerobics [PAR] PM • Word Unscramble [PAR] PM • Round Table Discussion [PAR] PM • Reminisce Corner [PAR] AM • News and Views

Oatmeal Energy Bites [PAR]

TUESDAY

AM • News and Views

AM • Morning Exercise

AM • Thymeless Gardening Club [CY]

Oatmeal Energy Bites [PAR]

AM • Thymeless Cooking Club:

AM • Discuss and Recall [PAR]

PM • Music Appreciation [PAR]

PM • Word Unscramble [PAR]

PM Reminisce Corner [PAR]

AM • iN2L Exploration [PAR]

PM • Music Appreciation [PAR]

PM • Crafty Crew [PAR]

AM • iN2L Exploration [PAR]

PM • Crafty Crew [PAR]

3:00 • Johnny T Elvis Show

PM • Brain Aerobics [PAR]

AM • News and Views

AM • Morning Exercise

AM • Thymeless Gardening Club [CY]

AM • Thymeless Cooking Club: **Oatmeal Energy Bites [PAR]** AM • Discuss and Recall [PAR] AM • iN2L Exploration [PAR]

PM • Crafty Crew [PAR] PM • Music Appreciation [PAR]

PM • Karaoke Tunes [PAR] PM • Board Games with Friends [PAR]

AM Chair Zumba [PAR]

AM • Scrapbooking [PAR]

PM • iN2L Exploration [PAR] PM • Music for the Heart [PAR] PM • Audiobook Club [PAR]

Mary S. 1/12

Activities are subject to change

AM • Chair Yoga [PAR] AM • Thymeless

AM • Thymeless Cooking Club: Healthy Spark [PAR]

3:00 • Dance with Yomenko

Martin Luther King, Jr. Day

AM • News and Views

AM • Chair Yoga [PAR] AM • Thymeless Gardening Club [CY] AM • Thymeless Cooking Club: Healthy

Spark [PAR] AM • Cranium Crunches [PAR]

PM • Portrait Drawing w/ Ileana [FR] PM • Group Reading [PAR] PM • Globetrotters [PAR] PM • Jeopardy Trivia [PAR]

PM Brain Aerobics [PAR] PM • Word Unscramble [PAR] PM • Reminisce Corner [PAR]

AM • Thymeless Cooking Club [PAR]

PM • Board Games with Friends [PAR]

11:00 • Tampa Firefighters Museum & AM • Health Chat [PAR]