

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect

LOCATIONS
COURTYARD - CY
ENTIRE COMMUNITY - EC
LIVING ROOM - LR
OUTING - O
PARLOR - PAR
TV ROOM - TVR

RESIDENTS BIRTHDAYS

Mary S. 1/12

WELCOME NEW RESIDENTS
Edward P.

SENIOR LIFESTYLE
Your Life, Your Style

WWW.SENIORLIFESTYLE.COM
Activities are subject to change

January cont'd 31

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Praise and Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Table Topics [PAR]
AM ● How Many Words? [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Music Trivia [PAR]
PM ● Senior Spotlight [PAR]
PM ● Reminisce with me [PAR]
PM ● Reminiscing [PAR]
PM ● Creative Musings [PAR]
PM ● Sing Along [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Praise and Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Table Topics [PAR]
AM ● How Many Words? [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Senior Spotlight [PAR]
PM ● Reminisce with me [PAR]
PM ● Creative Musings [PAR]
PM ● Sing Along [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Praise and Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Table Topics [PAR]
AM ● How Many Words? [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Senior Spotlight [PAR]
PM ● Music Trivia [PAR]
PM ● Reminisce with me [PAR]
PM ● Reminiscing [PAR]
PM ● Creative Musings [PAR]
PM ● Sing Along [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Praise and Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Table Topics [PAR]
AM ● How Many Words? [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Senior Spotlight [PAR]
PM ● Reminisce with me [PAR]
PM ● Reminiscing [PAR]
PM ● Creative Musings [PAR]
PM ● Sing Along [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Praise and Worship [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Table Topics [PAR]
AM ● How Many Words? [PAR]
PM ● Daily Chronicle [PAR]
PM ● Mala Project [PAR]
PM ● Senior Spotlight [PAR]
PM ● Reminisce with me [PAR]
PM ● Charades [PAR]
PM ● Creative Musings [PAR]
PM ● Sing Along [PAR]



AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Kick off- Better Together [EC]
AM ● Cranium Crunches [PAR]
AM ● Complete the Song [PAR]
PM ● Daily Chronicle [PAR]
PM ● Globetrotters [PAR]
PM ● Resident Council Meeting [PAR]
PM ● Jeopardy Trivia [PAR]
PM ● Group Reading [PAR]
PM ● Daily Devotional [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Buddhism 101 [PAR]
AM ● Complete the Song [PAR]
PM ● Daily Chronicle [PAR]
PM ● Globetrotters [PAR]
PM ● Jeopardy Trivia [PAR]
PM ● Group Reading [PAR]
PM ● Daily Devotional [PAR]

Martin Luther King, Jr. Day
AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Cranium Crunches [PAR]
AM ● Complete the Song [PAR]
PM ● Daily Chronicle [PAR]
PM ● The Life of Dr. King [PAR]
PM ● Jeopardy Trivia [PAR]
PM ● Group Reading [PAR]
PM ● Daily Devotional [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Chair Yoga [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Islam 101 [PAR]
AM ● Complete the Song [PAR]
PM ● Daily Chronicle [PAR]
PM ● Globetrotters [PAR]
PM ● Jeopardy Trivia [PAR]
PM ● Group Reading [PAR]
PM ● Daily Devotional [PAR]



AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Word Games [PAR]
AM ● Thymeless Cooking Club [PAR]
AM ● Discuss and Recall [PAR]
AM ● Christianity 101 [PAR]
PM ● Daily Chronicle [PAR]
PM ● Crafty Crew [PAR]
PM ● Music Appreciation [PAR]
PM ● Brain Aerobics [PAR]
PM ● Word Unscramble [PAR]
PM ● Reminisce Corner [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Word Games [PAR]
AM ● Thymeless Cooking Club [PAR]
AM ● Discuss and Recall [PAR]
AM ● iN2L Exploration [PAR]
PM ● Daily Chronicle [PAR]
PM ● Crafty Crew [PAR]
PM ● Music Appreciation [PAR]
PM ● Wisdom From The Dalai Lama [PAR]
PM ● Word Unscramble [PAR]
PM ● Reminisce Corner [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Judaism 101 [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Discuss and Recall [PAR]
AM ● iN2L Exploration [PAR]
PM ● Daily Chronicle [PAR]
PM ● Crafty Crew [PAR]
PM ● Music Appreciation [PAR]
PM ● Brain Aerobics [PAR]
PM ● Word Unscramble [PAR]
PM ● Reminisce Corner [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Virtual Mecca [PAR]
AM ● Thymeless Cooking Club [PAR]
AM ● Discuss and Recall [PAR]
AM ● iN2L Exploration [PAR]
PM ● Daily Chronicle [PAR]
PM ● Crafty Crew [PAR]
PM ● Music Appreciation [PAR]
PM ● Brain Aerobics [PAR]
PM ● Word Unscramble [PAR]
PM ● Reminisce Corner [PAR]



AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Move and Groove [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Letter Lists [PAR]
AM ● Thymeless Cooking Club [PAR]
AM ● Health Chat [PAR]
AM ● Scrapbooking [PAR]
PM ● Daily Chronicle [PAR]
PM ● Bible Scavenger Hunt [PAR]
PM ● Music for the Heart [PAR]
PM ● Game Show Games [PAR]
PM ● Audiobook Club [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Move and Groove [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Letter Lists [PAR]
AM ● Thymeless Cooking Club [PAR]
AM ● Hinduism 101 [PAR]
AM ● Scrapbooking [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Music for the Heart [PAR]
PM ● Game Show Games [PAR]
PM ● Round Table Discussion [PAR]
PM ● Audiobook Club [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Move and Groove [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Letter Lists [PAR]
AM ● Thymeless Cooking Club [PAR]
AM ● Tzedakah Boxes [PAR]
AM ● Scrapbooking [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Music for the Heart [PAR]
PM ● Game Show Games [PAR]
PM ● Audiobook Club [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Move and Groove [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Letter Lists [PAR]
AM ● Thymeless Cooking Club [PAR]
AM ● More Religions 101 [PAR]
AM ● Scrapbooking [PAR]
PM ● Daily Chronicle [PAR]
PM ● More Religions 101 [PAR]
PM ● Music for the Heart [PAR]
PM ● Game Show Games [PAR]
PM ● Audiobook Club [PAR]

New Year's Day 1
AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Name 5 [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Sunshine Club [PAR]
AM ● Your Favorite Things [PAR]
PM ● Daily Chronicle [PAR]
PM ● Reminiscing New Year's Traditions [PAR]
PM ● Reminisce with Me [PAR]
PM ● One Word Storytelling [PAR]
PM ● Word Games [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Name 5 [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Sunshine Club [PAR]
AM ● Inspirational Stories [PAR]
PM ● Daily Chronicle [PAR]
PM ● Globetrotters [PAR]
PM ● Reminisce with Me [PAR]
PM ● One Word Storytelling [PAR]
PM ● Word Games [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Name 5 [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Sunshine Club [PAR]
AM ● Your Favorite Things [PAR]
PM ● Daily Chronicle [PAR]
PM ● Globetrotters [PAR]
PM ● Reminisce with Me [PAR]
PM ● Karma and Random Acts of Kindness [PAR]
PM ● One Word Storytelling [PAR]
PM ● Word Games [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Name 5 [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● World Religion Word Game [PAR]
AM ● World Religion Word Game [PAR]
AM ● Your Favorite Things [PAR]
PM ● Daily Chronicle [PAR]
PM ● Globetrotters [PAR]
PM ● Reminisce with Me [PAR]
PM ● One Word Storytelling [PAR]
PM ● Word Games [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Morning Exercise [PAR]
AM ● Name 5 [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● World Religion Jeopardy [PAR]
AM ● Your Favorite Things [PAR]
PM ● Daily Chronicle [PAR]
PM ● Globetrotters [PAR]
PM ● Reminisce with Me [PAR]
PM ● One Word Storytelling [PAR]
PM ● Word Games [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Stretch and Flex [PAR]
AM ● Categories [PAR]
AM ● Dance to the Beat [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Knitting Club
AM ● Resident's Choice [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Family Feud [PAR]
PM ● Brain Aerobics [PAR]
PM ● Bingo [PAR]
PM ● Name that Tune [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Stretch and Flex [PAR]
AM ● Categories [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Knitting Club
AM ● Resident's Choice [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Family Feud [PAR]
PM ● Brain Aerobics [PAR]
PM ● Cross Craft [PAR]
PM ● Name that Tune [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Stretch and Flex [PAR]
AM ● Categories [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Knitting Club
AM ● Resident's Choice [PAR]
AM ● Zumba Dance [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Family Feud [PAR]
PM ● Brain Aerobics [PAR]
PM ● Bingo [PAR]
PM ● Name that Tune [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Stretch and Flex [PAR]
AM ● Categories [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Knitting Club
AM ● Discussion: Religion and Spirituality [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Family Feud [PAR]
PM ● Brain Aerobics [PAR]
PM ● Bingo [PAR]
PM ● Name that Tune [PAR]

AM ● Happy Good Times Club [TVR]
AM ● News and Views [PAR]
AM ● Stretch and Flex [PAR]
AM ● Categories [PAR]
AM ● Thymeless Gardening Club [CY]
AM ● Thymeless Cooking Club [PAR]
AM ● Chair Zumba [PAR]
AM ● Coffee and Conversation [PAR]
AM ● Knitting Club
AM ● Resident's Choice [PAR]
PM ● Daily Chronicle [PAR]
PM ● iN2L Exploration [PAR]
PM ● Family Feud [PAR]
PM ● Brain Aerobics [PAR]
PM ● Bingo [PAR]
PM ● Name that Tune [PAR]

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