March 2024 Theme-

Monthly Activities



WWW.SENIORLIFESTYLE.COM Activities are subject to change

- *BOOKMARKS
- *SPARK
- *THYMELESS
- _CONNECT
- _CONTRIBUTE
- FEEL
- GROW
- MOVE
- _REFLECT

9:00 • Devotions 9:00 • Devotions 9:00 • Devotions 10:00 • Seated Exercises

Tuesday

10:45 • Favorite Female

Party

2:00 • Snacks with Friends

5:30 • Evening Cinema

12:00 Fancy Nails

9:00 • Devotions

10:45 • IN2L Trivia

12:00 Fancy Nails

1:00 • Bingo

10:00 • Seated Exercises

2:00 • Snacks with Friends

5:30 • Evening Cinema

1:00 • Bingo

Musician Listening

Monday

10:00 • Seated Exercises

10:45 • Women's History

Mandalas

11:30 🍴 Thymeless Gardening

2:00 • Snacks with Friends

Card Games

5:30 • Evening Cinema

9:00 • Devotions

11:30 Thymeless

1:00 • Baking

10:00 • Seated Exercises

Gardening

12:00 • Music Jam Session

2:00 • Snacks with Friends

5:30 • Evening Cinema

12:00 • Spark Program -Puzzles

Month Inspired



Wednesday	Thursday							
	tory Month							
March 1 - March 31								
Dovotions	0:00 • Devotions							

9:00 • Devotions 10:00 • Seated Exercises 10:15 • Manna Life Center Ministries Outreach 12:00 🞓 Spark Program -Brain Games 12:30 • Book Club

Saturday

- 1:30 Afternoon Stroll 3:30 • Art for Relaxation 5:30 • Friday Night Movie & Popcorn

Outreach

1:30 • Afternoon Stroll

3:30 • Art for Relaxation

5:30 • Evening Cinema

12:30 • Book Club

		A					5:30	 Evening Cinema
9:00 • Devotions	6	9:00	Devotions	7	9:00	Devotions	9:00	Devotions
10:00 • Seated Exercises	n	10:00	 Seated Exercises 		10:00	Seated Exercises	10:00	Seated Exercises
10:45 • Whiteboard		10:45	March Word Finds	-	10:45	Whiteboard	10:15	 Manna Life Center
Games		12:00	Bookmarks Reading Pro	gram		Games		Ministries

Friday

9:00 • Devotions

1:00 • Bingo

10:00 • Seated Exercises 10:45 • Whiteboard

Games

2:00 • Snacks with Friends

10:45 • White 11:30 🍴 Thymeless Gardening 1:00 • Balloon Toss 12:00 Hallway Bowling 2:00 • Snacks with Friends 1:00 • Hair Care Hour 5:30 • Evening Cinema 2:00 • Snacks with Friends 5:30 • Evening Cinema

9:00 • Devotions

12:00 *Bookmarks*

10:00 • Seated Exercises

.Johnnie

- 11:30 🍴 Thymeless Gardening 12:00 Spark Program -Brain Games 1:00 • Bingo 2:00 • Snacks with Friends 5:30 Friday Night Movie & Popcorn
 - 9:00 Devotions 16 10:00 • Seated Exercises 10:15 • Manna Life Center

Ministries

Outreach

1:30 • Afternoon Stroll

12:30 • Book Club

9:00 • Devotions

10:00 • Seated Exercises

- Reading Program Games 1:00 • Balloon Toss 11:30 🍴 Thymeless Gardening 2:00 • Snacks with Friends 12:00 🞓 Spark Program -Brain Games 4:30 • Piano Sing Along with Miss
- 1:00 Bingo 2:00 • Snacks with Friends 5:30 • Evening Cinema 5:30 Friday Night Movie & Popcorn

9:00 • Devotions

10:45 • Whiteboard

9:00 • Devotions

10:45 • Whiteboard

10:00 • Seated Exercises

10:00 • Seated Exercises

3:30 • Art for Relaxation 5:30 • Evening Cinema

St. Patrick's Day 9:00 Devotions 9:30 • iN2L- Spiritual Hymns 10:00 • Seated Exercises 12:30 • Crossword Puzzles 1:30 Afternoon Stroll 2:00 • Church With True Vine Ministries 3:30 • Checkers

5:30 • Evening Cinema

9:00 • Devotions 10:00 • Seated Exercises 10:45 • St. Patrick's Day Mandalas 11:30 | Thymeless Gardening

5:30 • Evening Cinema

- 2:00 Snacks with Friends 3:00 • Card Games
- 10:00 Seated Exercises 10:45 • Women Inventors/ What is your Favorite Invention? 12:00 Fancy Nails 1:00 • Bingo

2:00 • Snacks with Friends

5:30 • Evening Cinema

- 9:00 Devotions
 - 10:45 Whiteboard

9:00 • Devotions

9:00 • Devotions

10:45 • Whiteboard

0:00 • Seated Exercises

11:30 🍴 Thymeless Gardening

2:00 • Snacks with Friends

Games

1:00 • Hair Care Hour

5:30 • Evening Cinema

11:30 🍴 Thymeless Gardening 1:00 Hair Care Hour 2:00 • Snacks with Friends 5:30 • Evening Cinema

0:00 • Seated Exercises

- 9:00 Devotions 10:00 • Seated Exercises 10:45 • Spring Mandalas 12:00 // Bookmarks Reading Program
- 1:00 TIC TAC TOE 2:00 • Snacks with Friends 5:30 • Evening Cinema
- l 1:30 🍴 Thymeless Gardening 12:00 Spark Program -Brain Games 1:00 • Bingo 2:00 • Snacks with Friends 5:30 • Friday Night Movie & Popcorn 5:30 • Evening Cinema
- 10:15 Manna Life Center Ministries Outreach 12:30 • Book Club 1:30 • Afternoon Stroll 3:30 • Art for Relaxation

- 9:00 Devotions 9:30 • iN2L- Spiritual
- Hymns 10:00 • Seated Exercises

Sunday

March cont'd

9:00 • Devotions

3:30 • Checkers

9:00 Devotions

3:30 • Checkers

9:00 • Devotions

3:30 • Checkers

9:30 • iN2L- Spiritual

Hymns

10:00 • Seated Exercises

12:30 • Crossword Puzzles

Ministries

5:30 • Evening Cinema

2:00 • Church With True Vine

9:30 • iN2L- Spiritual

Hvmns

10:00 • Seated Exercises

12:30 • Crossword Puzzles

Ministries

5:30 • Evening Cinema

Daylight Saving Time Begins

Afternoon Stroll

2:00 • Church With True Vine

5:30 • Evening Cinema

9:30 • iN2L- Spiritual

Hymns

10:00 • Seated Exercises

12:30 • Crossword Puzzles Afternoon Stroll

2:00 • Church With True Vine Ministries

Easter

1:30

1:30

- 12:30 Crossword Puzzles 1:30 Afternoon Stroll 2:00 • Church With True Vine
- Ministries 3:30 • Checkers 5:30 • Evening Cinema
- 9:00 Devotions 10:00 • Seated Exercises 10:45 • IN2L Travel Time 11:30 🍴 Thymeless Gardening

3:00 Patio Walk

5:30 • Evening Cinema

- 2:00 Snacks with Friends
- 9:00 Devotions 10:00 • Seated Exercises 10:45 • Limerick Fun 12:00 Fancy Nails

1:00 • Bingo

- 2:00 Snacks with Friends 5:30 • Evening Cinema
- 9:00 Devotions 10:00 • Seated Exercises 10:45 • Whiteboard Games
- 11:30 🍴 Thymeless Gardening
- 1:00 Hair Care Hour 2:00 • Piano Sing Along with Miss Johnnie 2:00 • Snacks with Friends 5:30 • Evening Cinema
- 9:00 Devotions 10:00 • Seated Exercises 10:45 • Famous Women Ouotes and
- Discussion 12:00 뢷 Bookmarks Reading Program 1:00 • Balloon Toss to 60's Music 2:00 • Snacks with Friends 5:30 • Evening Cinema
- 10:00 Seated Exercises 10:45 • Whiteboard Games 11:30 🍴 Thymeless Gardening 12:00 🞓 Spark Program -Brain Games 1:00 • Bingo

9:00 • Devotions

- 10:15 Manna Life Center 2:00 • Snacks with Friends 5:30 • Friday Night Movie & Popcorn
 - Outreach 12:30 • Book Club 1:30 • Afternoon Stroll 3:30 • Art for Relaxation 5:30 • Evening Cinema

10:00 • Seated Exercises

Ministries

9:00 • Devotions

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