

May 2026 Rittenhouse Memory Care										created with 			
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
► May cont'd 10:00 Over 50 Fitness Fusion [AR] 11:00 Hand Massages 2:00 Sing Along To The Oldies 3:30 Puzzle Solving 6:00 Soothing Music [AR] 31		 Location Keys Activity Room Courtyard AR CY 						10:00 Senior Cardio Blast [AR] 11:00 Nail Care [AR] 2:00 Cinco de Mayo Social [AR] 3:30 Puzzle Solving [AR] 6:00 Winding down with a Movie [AR] 1		10:00 Boomer Boosters [AR] 11:00 Arts & Crafts 2:00 Puzzle Solving 3:30 Hand Massages 6:00 Movie & Popcorn [AR] 2			
10:00 Over 50 Fitness Fusion [AR] 11:00 Hand Massages [AR] 2:00 Sing Along To The Oldies 3:30 Puzzle Solving 6:00 Soothing Music [AR] 3		10:00 Hip Hop for Seniors [AR] 11:00 Read Along With a Story [AR] 2:00 Watercolors Painting [AR] 3:30 Ball Toss [AR] 6:00 Winding down to Classic Movies [AR] 4		10:00 Silver Stretch & Stride [AR] 11:00 Nail Care [AR] 2:00 Chatting about Cinco de Mayo [AR] 3:30 Planting Flowers [CY] 6:00 Sing Along To The Oldies [AR] 5		10:00 Golden Age Gym Workout [AR] 10:30 Watercolor painting [AR] 2:00 Movie Matinee [AR] 3:30 Painting Trees & Flowers [AR] 6:00 Unwind to Oldies Movie [AR] 6		10:00 Ageless Warriors Workout [AR] 11:00 Sing Along To The Oldies [AR] 2:00 Puzzle Solving [AR] 3:30 Making Homemade Flowers [AR] 6:00 Evening Matinee [AR] 7		10:00 Senior Cardio Blast [AR] 11:00 Nail Care [AR] 2:00 Magnolia May Social 3:30 Puzzle Solving [AR] 6:00 Winding down with a Movie [AR] 8		10:00 Boomer Boosters [AR] 11:00 Arts & Crafts 2:00 Puzzle Solving 3:30 Hand Massages 6:00 Movie & Popcorn [AR] 9	
Mother's Day 10:00 Over 50 Fitness Fusion [AR] 11:00 Hand Massages [AR] 2:00 Sing Along To The Oldies 3:30 Puzzle Solving 6:00 Soothing Music [AR] 10		10:00 Hip Hop for Seniors [AR] 11:00 Read Along With a Story [AR] 2:00 Watercolors Painting [AR] 3:30 Ball Toss [AR] 6:00 Winding down to Classic Movies [AR] 11		10:00 Absolute Balance for Seniors [AR] 2:00 Discussing Mothers Day 3:30 Planting Flowers [CY] 6:00 Sing Along To The Oldies [AR] 12		10:00 Golden Age Gym Workout [AR] 2:00 Movie Matinee [AR] 3:30 Painting Trees & Flowers [AR] 6:00 Unwind to Oldies Movie [AR] 13		10:00 Ageless Warriors Workout [AR] 11:00 Sing Along To The Oldies [AR] 2:00 Birthday Party [AR] 3:30 Making Homemade Flowers [AR] 6:00 Evening Matinee [AR] 14		10:00 Senior Cardio Blast [AR] 11:00 Nail Care [AR] 2:00 May Melodies Social 3:30 Puzzle Solving [AR] 6:00 Winding down with a Movie [AR] 15		10:00 Boomer Boosters [AR] 11:00 Arts & Crafts 2:00 Puzzle Solving 3:30 Hand Massages 6:00 Movie & Popcorn [AR] 16	
10:00 Over 50 Fitness Fusion [AR] 11:00 Hand Massages [AR] 2:00 Sing Along To The Oldies 3:30 Puzzle Solving 6:00 Soothing Music [AR] 17		10:00 Hip Hop for Seniors [AR] 11:00 Read Along With a Story [AR] 2:00 Watercolors Painting [AR] 3:30 Ball Toss [AR] 6:00 Winding down to Classic Movies [AR] 18		10:00 Absolute Balance for Seniors [AR] 2:00 Discussing Mothers Day 3:30 Planting Flowers [CY] 6:00 Sing Along To The Oldies [AR] 19		10:00 Golden Age Gym Workout [AR] 2:00 Movie Matinee [AR] 3:30 Painting Trees & Flowers [AR] 6:00 Unwind to Oldies Movie [AR] 20		10:00 Ageless Warriors Workout [AR] 11:00 Sing Along To The Oldies [AR] 2:00 Puzzle Solving [AR] 3:30 Making Homemade Flowers [AR] 6:00 Evening Matinee [AR] 21		10:00 Senior Cardio Blast [AR] 11:00 Nail Care [AR] 2:00 Mid -May Mixer [CY] 3:30 Puzzle Solving [AR] 6:00 Winding down with a Movie [AR] 22		10:00 Boomer Boosters [AR] 11:00 Arts & Crafts 2:00 Puzzle Solving 3:30 Hand Massages 6:00 Movie & Popcorn [AR] 23	
10:00 Over 50 Fitness Fusion [AR] 11:00 Hand Massages [AR] 2:00 Sing Along To The Oldies 3:30 Puzzle Solving 6:00 Soothing Music [AR] 24		Memorial Day 10:00 Hip Hop for Seniors [AR] 11:00 Read Along With a Story [AR] 2:00 Watercolors Painting [AR] 3:30 Ball Toss [AR] 6:00 Winding down to Classic Movies [AR] 25		10:00 Absolute Balance for Seniors [AR] 2:00 Discussing Mothers Day 3:30 Planting Flowers [CY] 6:00 Sing Along To The Oldies [AR] 26		10:00 Golden Age Gym Workout [AR] 2:00 Movie Matinee [AR] 3:30 Painting Trees & Flowers [AR] 6:00 Unwind to Oldies Movie [AR] 27		10:00 Ageless Warriors Workout [AR] 11:00 Sing Along To The Oldies [AR] 2:00 Puzzle Solving [AR] 3:30 Making Homemade Flowers [AR] 6:00 Evening Matinee [AR] 28		10:00 Senior Cardio Blast [AR] 11:00 Nail Care [AR] 2:00 Springtime Splendor Social [AR] 3:30 Puzzle Solving [AR] 6:00 Winding down with a Movie [AR] 29		10:00 Boomer Boosters [AR] 11:00 Arts & Crafts 2:00 Puzzle Solving 3:30 Hand Massages 6:00 Movie & Popcorn [AR] 30	
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