## October 2025 **Charter Senior Living of Danvers Assisted Living** Sunday Monday Wednesday Friday Tuesday Saturday Thursdav Charter-Wide Fun Day: National 10:00 Fit and Strong [MR] 9:30 Ocffee and The 9:30 •• Weekend Chronical [LR] Sausage Day! 10:30 → Core and Cardio [MR] Community & Connection Warrior Workout 10:00 🕶 Upper Body Strengthening 10:00 Energy Exercise [MR] 11:00 & Rosary with Mary Jo [LR] Exploration & Adventure 10:30 A Scenic Foliage Drive 10:30 •• Energy Exercise [MR] 10:00 😯 Saturday Stretches [LR] BEHIND 11:15 • Pop Up Shop Open [LR] Harmony & Introspection 11:00 🌣 Roll Out the Barrel Word Mining [MR] 11:00 Morning Meditation: Calm into 1:30 Monthly Activity Planning 10:30 OBible Study [MR] THE BREWS: 1:30 🆀 Bingo [MR] Intentions & Commitments Meeting [MR] the Weekend [MR] 1:30 • Big Win Bingo [MR] 3:00 9 "The Wurst Party Ever" Sausage An Oktoberfest 1:30 9 From Grain to Glass: Beer 3:00 Pop Up with the Outreach **Y** Knowledge & Learning Tasting [LR] 3:15 🏖 Saturday Sips Happy Librarian [LR] **Brewing Workshop [AR]** 3:30 3 '5 O'Clock Somewhere' Happy Hour Experience Hour [LR] ■ Motion & Movement 3:00 Quiddler Card Game **Total Brain Health Workout 24:** Let's Celebrate! [MR] 3:15 Thursday Poker Club [3FC] 6:15 Cinema Saturdays [MR] 6:15 Spin to Win: Spintopia Game [MR] Motivation & Creation 6:15 🎥 'Who Dunnit' Mystery Hour [MR] 5 10:00 Wake Up Stretch and Strength [MR 9:30 •• Upper Body 10:00 Fit and Strong [MR] **World Mental Health Day** 9:30 • Communion [MR] 9:30 → Fitness Xpress 9:30 Weekend 10:30 🕶 Core and Cardio [MR] and Strength [MR] Strengthening [MR] 9:30 • Coffee and The Chronical [MR] 10:15 • Sunday Stride: Warrior Workout 11:00 🦀 Rosary with Mary Jo 10:00 Energy Exercise [MR] [LR] 10:30 • Chair Cardio 10:30 😝 Outing to the Independent [LR] 9:45 🖨 Shopping Trip to Macy's 10:30 🔾 Pretzels for a PT Baking Event Kickboxing [MR] Walking Group [MR] Topsfield Fair 10:00 ← Energy Exercise [MR] 10:00 Saturday Stretches [LR] 11:15 🤏 Pop Up Shop Open [LR] **Drum Circle with Soulworks** 11:00 🌣 The History of the 11:00 Puzzle Packet Pickup [LR] 2:00 **Bingo** [MR] 10:30 🕶 Upper Body Strengthening [MR] 2:00 \(\frac{1}{2}\) Learning Through the Ages with 10:30 A Worship Service with Rythm [LR] Lederhosen and Dirndl [MR] 11:00 Morning Meditation: Calm into the 1:30 Sunday Crafternoon: 3:15 Tuesday Poker Club [2FC] Robin [MR] 3:15 👺 '5 O'Clock Somewhere' Happy Rev. Tamilio [LR] 2:00 Tommy Bahama Concert [LR] Weekend [MR] 3:15 Thursday Poker Club [3FC] Spooky Ceramics [AR] 3:30 🌣 Spin to Win: Spintopia Hour [LR] 3:30 @ "Craft Your Identity" Nametag Graft and Unwind: Homemade Stress 1:30 Big Win Bingo [MR] 3:30 🖀 Left, Right, Center for Dimes [LR] 2:30 Sunday Movie Matinee Game [MR] 6:30 Casino Bingo (25 cents/card) Balls and Galaxy Jars [AR] Craft [AR] 3:15 👺 Saturday Sips Happy 6:15 👺 'Who Dunnit' Mystery Hour [MR] [MR] 6:15 (3) Inspirational and Spiritual 2:00 Rummikub [2FC] 6:15 Classic Movie Monday [MR] Hour [LR] 3:00 Pumpkin Beer and Cheese Pairings Entertainment [MR] [LR] 6:15 Cinema Saturdays [MR] 10:00 Fit and Strong [MR] 9:30 Coffee and The 9:30 • Communion [MR] **Columbus Day** 9:30 Resistance Band 10:00 🕶 Upper Body 9:30 •• Weekend Warrior 10:30 •• Core and Cardio [MR] Workout [LR] 10:15 ■ Sunday Stride: Chronical [LR] Conditioning [MR] 10:00 🕶 Wake Up Stretch Strengthening 10:00 Saturday Stretches [LR] Independent 11:00 & Rosary with Mary Jo 10:00 • Energy Exercise and Strength [MR] 10:00 •• Cardio Xpress [MR] [MR] 10:30 🌣 Bible Study [MR] Walking Group [MR] 10:30 A Shopping Trip to The Paper 10:30 🕶 Chair Cardio Kickboxing [MR] 10:30 🕶 Energy Exercise [MR] 11:15 🔏 Pop Up Shop Open [LR] 11:00 🌣 Puzzle Packet Pickup [LR] 10:30 •• Upper Body Strengthening Store 11:00 🔏 Autumn Painting [AR] 11:00 🤴 CLUBS Categories [MR] 1:30 Pass the Musical Pretzel Game Rain Date 10/19) [ALCY] 1:30 Sunday Crafternoon: Pumpkin 1:30 🌣 Connecting with Art with [MR] 1:30 🎥 Pokeno 1:30 • Big Win Bingo [MR] [LR] Suncatchers [AR] Margie [MR] 1:30 👺 Bingo [MR] 11:00 Morning Meditation: Calm 3:00 O Book Club: Share What You're 3:15 👺 Saturday Sips Happy Hour [LR] 3:15 🏖 Thursday Poker Club [3FC] 2:30 Sunday Movie Matinee [MR] 3:15 🎇 Tuesday Poker Club [2FC] 3:00 Monthly Birthday into the Weekend [MR] Reading this Month! [LR] 4:00 🌣 'Powerful in Pink' Breast Cancer 6:15 Cinema Saturdays [MR] 4:25 🎥 Football Sunday: Pats vs. 2:00 🏖 Josef Rocks the House [LR] 6:15 (2) Inspirational and Spiritual **Celebration Featuring** 6:15 Classic Movie Monday [MR] Awareness Event [LR] Entertainment [MR] 3:30 **Transport** Rummikub [2FC] Saints [MR] Ray Novack! [LR] 6:15 "Who Dunnit' Mystery Hour [MR] weekend Warrior Workout $2\overline{5}$ 10:00 • Wake Up Stretch 10:00 ■ Resistance Band Flu Shot Clinic (Pre-registration 10:00 Fit and Strong [MR] 9:30 • Coffee and The 9:30 • Communion [MR] 9:30 Weekend Chronical [LR] and Strength [MR] required) Conditioning [MR] 10:30 → Core and Cardio 10:15 ■ Sunday Stride: 10:00 Energy Exercise [MR] 10:30 •• Chair Cardio Independent 0:30 •• Tabata Interval [MR] [LR] Strengthening [MR] Kickboxina [MR] Walking Group [MR] Cardio [MR] 11:00 🏖 Rosary with Mary Jo [AR] 10:00 Saturday Stretches [LR] 10:30 ← Energy Exercise [MR] 11:00 & Morning Meditation: Calm into 11:00 🍄 Puzzle Packet Pickup [LR] 11:15 9 Pop Up Shop Open [LR] 11:00 🔏 Creative Cortex: Trivia Time! 11:00 A Shopping Trip to Walmart 1:30 👺 Bingo [MR] the Weekend [MR] 10:30 🌣 Bible Study [MR] 1:00 🁺 Football Sunday: Pats vs. [MR] 2:00 Prian Kane Jazz Concert [LR] 2:00 👺 Beer Hall Pregame 2:00 Resident Council Meeting - All 11:15 😝 Lunch at Rev Kitchen 1:30 • Big Win Bingo [MR] Titans [MR] 1:30 Food Talk with Chef Chanel/ 3:15 Tuesday Poker Club [2FC] Oktoberfest Social [LR] 2:00 Y Rummikub [AR] are Welcome [LR] Joey [MR] 3:15 👺 Saturday Sips Happy 1:30 9 Independent Board Games & 3:30 A Mindfulness in the Bavarian 3:15 Thursday Poker Club [3FC] 3:15 👺 '5 O'Clock Somewhere' Happy 3:00 A Outing to Twisted Fate Brewing Adult Coloring [AR] 3:00 🌣 Spin to Win: Spintopia Game Alps [MR] 3:30 🔆 Quiddler Card Game Hour [LR] Hour [LR] 3:00 Singalong with Steve O. [LR] 5:30 Sunday Evening Movie [MR] [MR] 6:15 (3) Inspirational and Spiritual 6:15 🌣 'Who Dunnit' Mystery Hour 6:15 A Cinema Saturdays [MR] 6:15 Classic Movie Monday [MR] Entertainment [MR] [MR] Tamilio [LR] 9:30 • Communion [MR] 10:00 •• Wake Up Stretch and 9:45 A Shopping Trip to 10:00 Fit and Strong [MR] Halloween 10:00 🕶 Upper Body **Resident Birthdays** Strength [MR] 10:15 ■ Sunday Stride: **Dollar Tree** 10:30 •• Core and Cardio 9:30 🏖 Coffee and The Strenathenina 10:30 + Chair Cardio Independent 10:00 ■ Resistance Band [MR] William R. 10/6 Chronical [LR] [MR] Kickboxing [MR] Walking Group [MR] Conditioning [MR] 11:00 & Rosary with Mary Jo [AR] 10:00 •• Energy Exercise [MR] 10/11 10:30 🕶 Energy Exercise [MR] Helen D. 11:00 9 Total Brain Health Workout 1: 11:00 🌣 Puzzle Packet Pickup [LR] 10:30 🕶 Tabata Interval Cardio [MR] 11:15 9 Pop Up Shop Open [LR] Mirror Mirror [MR] 11:00 🦩 October Jeopardy [MR] 10/21 Catherine S. 2:00 Concert with Nate [LR] 1:00 See Football Sunday: Pats vs. 1:30 Travelogue: California 1:30 Pumpkin Judging and The Great 1:30 👺 Bingo [MR] Browns [MR] 3:15 Tuesday Poker Club [2FC] Dreamin' [MR] 11:00 Morning Meditation: Calm 10/22 Donald J. Pumpkin mini-games [LR] 1:30 Pumpkin Painting/Decorating 3:15 👺 '5 O'Clock Somewhere' 3:30 🌣 Spin to Win: Spintopia Game 3:15 Thursday Poker Club [3FC] into the Weekend [MR] Grab the Pumpkin' Reverse 3:30 😲 10/25 Marlene R. [MR] 6:15 🎇 'Who Dunnit' Mystery Hour 2:00 Costume Judging, Boos and Happy Hour [LR] Bingo [MR] 5:30 Sunday Evening Movie [MR] 6:15 (3) Inspirational and Spiritual [MR] 10/27 6:15 Classic Movie Monday [MR] Brews [LR] Joseph K. Entertainment [MR] 3:30 Y Halloween Trivia [MR] 10/29 Paul G.