September 2025 Charter Senior Living of Dedham Assisted Living Calendar Sunday Monday Tuesdav Wednesdav Thursdav Friday Saturday **1**0:00 ↔ Morning Yoga- Sunrise Salute to the Day! [ALR] 10:00 ← Can't WEIGHT for the 10:00 • Train Hard Tuesday- All Over 10:30 ← Front Porch Fitness! [SIP] 10:30, 🌾 Word Games and Brain Labor Day Weekend- Friday Fitness [ALR] Workout [ALR] 11:00 🌣 Total Brain Health Class Teasers [ALR] Labor Day 11:00 🔾 Library Pop-Up! [ALR] 10:30 Wisdom from Country Roads 10:00 & St. Mary First Friday Worship Session [AR] 11:00 - Sweat it out Saturday! 9:00ai & Beauty Salon Open! [S] Twisted Words Tuesday! Word Mindfulness Journaling [ALR] 10:30 A Mass with Father Dominic 11:30 🍄 Crosswords and Collaboration! [ALR] 9:45 🖨 Grocery Store Trip to Stop and Shop l 1:00 💠 Boardom Busters- Let's Play A Game [ALR] | 11:15 🤏 Playing with Petals- Flower Arranging! [AR Games [ALR] 12:00 🌣 Dabble in Scrabble! [ALR] 1:00 Shakespeare Society [T] Country Roads Karaoke- With Sydney + 1:00 9 Fall Tie Dye Partay! [SIP] 1:55 A Out to Lunch Bunch-UNO's Pizzeria [BT] 2:00 9 Fall Crafting- Rustic Sign Making 2:30 & Nailed It! Nail Painting with Danalie Crossword Handouts for Labor Day Diane! [T] 1:30
Compassion Care Collective Group Chat 1:00 Trivia! Let's See What You Know [ALR] [ALR] 1:00 A Outing to the Dedham Community Theate [ALR] 1:30 Hey! It's Friday! Let's Play Croquet [ALR] 1:00 • Embroidery :) [AR] 3:00 Home Sweet Home Happy Hour 12:45 😝 A Time to Shop [BT] + Coffee! [BT] 2:00 RummiKub Time! [ALR] 2:00 Saturday Scrapbooking! [ALR] 3:00 👺 It's 3 O'Clock Somewhere! Thirsty 1:00 Movie Matinee in the Day! [T] 3:00 🁺 Friday Happy Hour w/ Piano by Bonnie Club! [T] 3:30 👺 BINGO! Activity Room:) [AR] Thursday [ALR] 3:00 O Rebus Games [ALR] 2:00 Harvest Greeting Card Making [ALR] MacLeod [ALR] 2:30 Mah-jongg Mamas [3] 3:00 Resident Council Meeting [T] 6:15 Midweek Movie Madness- Movie 3:30 Resident Run Bingo Fridays :) [2] 3:30 BINGO - Danalie Makes the Call [2] 3:30 👺 Bingo! Residents Make the Call-2nd 3:30 👺 Bingo! Danalie Makes the Call- 2nd Floor! 3:30 👺 BINGO - Danalie Makes the Call-2nd Floor Night! [T] 6:15 Priday Night Movies! [T] 6:15 Saturday Screening- Movie Time! [T] Floor [2] 6:15 Monday Night Movies In [T] 6:15 Tuesday Flick Fix- Movie Time [T] 6:15 🖀 Lights, Camera, Cozy- Movie Night! [T] 0 10:30 ↔ Front Porch Fitness! [SIP] 8 10:00 ↔ Train Hard Tuesday- All Over Workout [ALR] **Donut Sunday** 9:00ai & Beauty Salon Open! [S] 10:00 •• Morning Yoga- Sunrise Salute 10:00 ← Can't WEIGHT for the 10:30, 🌣 Word Games and Brain to the Day! [ALR] Weekend- Friday Fitness [ALR] Teasers [ALR] 9:45 A Grocery Store Trip to 11:00 🌣 Total Brain Health Class 9:30 Wake and Caffeinate! Mindfulness Journaling [ALR] Communion Service with St. Trader Joes! [BT] 11:00 🌣 Twisted Words Tuesday! Session [AR] 1:00 •• Sweat it out Saturday! Morning Coffee and 11:00 🌣 Boardom Busters- Let's Play A Mary's [T] 10:00 🕶 Tai Chi with Wanda [ALR] Word Games [ALR] 1:30 🌣 Crosswords and Collaboration! [ALR] Chat [ALR] I1:15 🔏 Playing with Petals- Flower Arranging! [AR] Game [ALR] Teach Me Tuesday- Pickling/ 2:00 🌣 Dabble in Scrabble! [ALR] 11:00 🔆 Cranium Crunches! [ALR] 1:00 A Makin' Smore's! [AR] 10:00 🕸 Sunday Mass on TV 12:30 😝 Going to the Casino! Encore Babayy [BT] 11:55 😝 Out to Lunch Bunch- Burton's Grill and Bar 2:30 & Nailed It! Nail Painting with Danalie Canning [AR] 12:45 😝 A Time to Shop-Michaels [BT] 1:00 Shakespeare Society [T] 10:30 - Sunday Stroll- Let's Get Outside! 1:00 9 Pumpkin Picasso- Painting Mini Total Brain Health Class Session [AR] 1:00 Patchwork Party: Quilter's Club [AR] 2:00 9 Fall Crafting-Fall Decorations [AR] Pumpkins! [AR] 1:00 🌣 Trivia! Let's See What You Know [ALR] 1:00 • Embroidery :) [AR] 3:00 Home Sweet Home Happy Hour 2:00 A Music with Steve Rudolph! [ALR] 1:30 Hey! It's Friday! Let's Play Croquet [ALR] 11:00 Daily Chronicles; What's Hands Dirty! [AR] 2:00 Saturday Scrapbooking! [ALR] 3:00 👺 It's 3 O'Clock Somewhere! Thirsty 2:00 RummiKub Time! [ALR] Happened in History on this Day? 3:30 👺 Bingo! Danalie Makes the Call- 2nd 3:30 Bingo! Residents Make the Call-2nd 3:30 BINGO! Activity Room:) [AR] Thursday [ALR] 3:00 🁺 Friday Happy Hour w/ Piano by Bonnie 3:00 PRebus Games [ALR] Printables at Front desk [ALR] 3:30 👺 BINGO - Danalie Makes the Call-2nd Floor MacLeod [ALR] 3:30 🏖 BINGO - Danalie Makes the Call [2] Floor [2] 6:15 Midweek Movie Madness- Movie 1:00 ° Crossword Puzzles Time! [ALR] 6:15 🏖 Tuesday Flick Fix- Movie Time [T] 3:30 Resident Run Bingo Fridays:) [2] 6:15 A Monday Night Movies In [T] 6:15 Saturday Screening- Movie Time! [T] Night! [T] 6:15 👺 Lights, Camera, Cozy-Movie Night! [T] 6:15 Friday Night Movies! [T] 3:30 BINGO Residents Make the Call 10:00 - Can't WEIGHT for the 0:30 Front Porch Fitness! 8 **Donut Sunday** 9:00aı 🦀 Beauty Salon Open! [S] 10:00 H Train Hard Tuesday- All 10:00 • Morning Yoga- Sunrise 0:30, 🌣 Word Games and Brain Weekend- Friday Fitness [ALR] 9:45 🖨 Grocery Store Trip to Star Over Workout [ALR] Salute to the Day! [ALR] Teasers [ALR] [SIP] 9:30 Wake and Caffeinate! Communion Service with St. Market [BT] 11:00 ϔ Twisted Words Tuesday! Mindfulness Journaling 1:00 • Sweat it out Saturday! 11:00 🌣 Total Brain Health Morning Coffee and Marv's [T] 10:30 🕶 Falling in Love with Mondays-Word Games [ALR] [ALR] Class Session [AR] Chat [ALR] 11:15 🔏 Playing with Petals- Flower Arranging! [AR Stretching Class [ALR] 1:00 Screen Printing Tote Bags [AR] Boardom Busters- Let's Play A Game 12:00 🌣 Dabble in Scrabble! [ALR] Crosswords and Collaboration! 10:00 🦀 Sunday Mass on TV 1:55 🚗 Out to Lunch Bunch-The Farmhouse [BT] 11:00 🍄 Cranium Crunches! [ALR] 2:00-! 🚗 Garden Club of America Flower 2:30 & Nailed It! Nail Painting with Danalie 1:00 Trivia! Let's See What You Know [ALR] 10:30 - Sunday Stroll- Let's Get Outside! 12:45 😝 A Time to Shop-TJ MAxx [BT] 1:00 9 Fall Baking- Pumpkin Muffins! [AR] Show at the Hilton, Dedham [BT] 1:30 Hey! It's Friday! Let's Play Croquet [ALR] 1:00 Shakespeare Society [T] [SIP] 1:00 9 Patchwork Party: Quilter's Club [AR] Total Brain Health Class Session [AR] 2:00 Resident Council Meeting [T] 1:00 • Embroidery :) [AR] 2:00 RummiKub Time! [ALR] 3:00 🤏 Fall Crafting- Wreaths! [AR] 11:00 Oaily Chronicles; What's 3:00 👺 It's 3 O'Clock Somewhere! Thirsty 2:00 Saturday Scrapbooking! [ALR] 2:30 Mah-jongg Mamas [3] 3:00 🁺 Friday Happy Hour w/ Piano by Bonnie Happened in History on this Day? Thursday [ALR] MacLeod [ALR] 3:30 Bingo! Danalie Makes the Call- 2nd 3:00 PRebus Games [ALR] Printables at Front desk [ALR] ALR 3:30 🁺 BINGO - Danalie Makes the Call-2nd 3:30 🁺 Resident Run Bingo Fridays :) [2] 3:30 👺 Bingo! Residents Make the Call-2nd Floor! [2] 3:30 BINGO - Danalie Makes the Call [2] 1:00 Crossword Puzzles Time! [ALR] 3:30 BINGO! Activity Room:) [AR] 6:15 RFriday Night Movies! [T] 6:15 Tuesday Flick Fix- Movie Time [T] Floor [2] 6:15 Saturday Screening- Movie Time! [T] Floor [2] 6:15 Midweek Movie Madness- Movie 4:30-6 3:30 BINGO Residents Make the Call 6:15 A Monday Night Movies In [T] Grand Reopening of Charter! -Corporate Event Hosted Night! [T] 10:30, 🌣 Word Games and Brain 10:30 ← Front Porch Fitness! [SIP] 10:00 ← Can't WEIGHT for the 9:00ai & Beauty Salon Open! [S] 10:00 •• Train Hard Tuesday- All 10:00 Morning Yoga- Sunrise **Donut Sunday** Weekend- Friday Fitness [ALR] 11:00 🌣 Total Brain Health Class Salute to the Day! [ALR] Teasers [ALR] 9:45 🖨 Grocery Store Trip to Over Workout [ALR] 9:30 • Wake and Caffeinate! Communion Service with St. Wegman's [BT] Twisted Words Tuesday! Session [AR] Mindfulness Journaling 1:00 • Sweat it out Saturday! Morning Coffee and Mary's [T] 11:30 🌣 Crosswords and [ALR] 10:00 🕶 Tai Chi with Wanda [ALR] Word Games [ALR] Chat [ALR] 1:15 Playing with Petals- Flower Arranging! [AF Collaboration! [ALR] 11:00 Boardom Busters- Let's Play A Game 12:00 🌣 Dabble in Scrabble! [ALR] Artist Talk w/ Charter Resident 11:00 🌣 Cranium Crunches! [ALR] 10:00 🕸 Sunday Mass on TV 11:55 🚗 Out to Lunch Bunch-Tavern in the Square 1:00 9 Fall Crafting- "Spoonful" of Love Wall [ALR] Nailed It! Nail Painting with Danalie 12:45 😝 A Time to Shop-Walmart [BT] Artists [ALR] 2:30 10:30 - Sunday Stroll- Let's Get Outside! Art [AR] Vollleyball in the Fall- Volleyball 1:00 Patchwork Party: Quilter's Club [AR] 2:00 Music with Steve King- September 1:00 Trivia! Let's See What You Know [ALR] 1:00 Shakespeare Society [T] Birthday Celebration! [ALR] Game [ALR] 1:00 • Embroidery :) [AR] 2:00 • Total Brain Health Class Session 1:30 Hey! It's Friday! Let's Play Croquet [ALR] 11:00 Openition Daily Chronicles: What's Holy Days Jewish Holiday 2:00 Total Brain Health Class Session [AR] 3:00 @ Gardening Together- Getting our 2:00 Saturday Scrapbooking! [ALR] 2:00 RummiKub Time! [ALR] Performance [ALR] Happened in History on this Day? 3:00 👺 It's 3 O'Clock Somewhere! Thirsty Hands Dirty! [AR] 3:30 👺 Bingo! Residents Make the Call-2nd 3:00 🁺 Friday Happy Hour w/ Piano by Bonnie 3:00 PRebus Games [ALR] 3:00 Home Sweet Home Happy Hour [ALR] Thursday [ALR] Printables at Front desk [ALR] 3:30 Bingo! Danalie Makes the Call- 2nd MacLeod [ALR] 3:30 🏖 BINGO - Danalie Makes the Call [2] Floor [2] 3:30 👺 BINGO! Activity Room:) [AR] 3:30 BINGO - Danalie Makes the Call-2nd 3:30 🆀 Resident Run Bingo Fridays :) [2] 1:00 Orossword Puzzles Time! [ALR] Floor! [2] 6:15 Monday Night Movies In [T] 6:15 Saturday Screening-Movie Time! [T] 6:15 Midweek Movie Madness- Movie Night! Floor [2] 6:15 Tuesday Flick Fix- Movie Time [T] 6:15 Friday Night Movies! [T] 3:30 BINGO Residents Make the Call 6:15 Lights, Camera, Cozy-Movie Night! [T] Beauty Salon Open! [S] 10:00 + Train Hard Tuesday- All **Donut Sunday Location Keys** 9:45 😝 Grocery Store Trip to Stop Over Workout [ALR] 9:30 Wake and Caffeinate! Community & Connection and Shop! [BT] Twisted Words Tuesday!

Morning Coffee and Chat [ALR]

10:00 🦀 Sunday Mass on TV

10:30 - Sunday Stroll- Let's Get Outside!

Happened in History on this Day? Printables at Front desk [ALR]

1:00 Crossword Puzzles Time! [ALR]

3:30 🎥 BINGO Residents Make the Call

10:30 🕶 Falling in Love with Mondays-Stretching Class [ALR]

1:00 Tranium Crunches! [ALR] 12:45 😝 A Time to Shop- Paper Store [BT]

1:00 Patchwork Party: Quilter's Club [AR] 2:00 Total Brain Health Class Session

3:30 Bingo! Residents Make the Call-2nd Floor [2]

6:15 🎇 Monday Night Movies In [T]

Word Games [ALR] Crochet/Rug Hooking Small Area Rugs [AR]

2:00 Total Brain Health Class Session [AR] 2:30 Mah-jongg Mamas [3] 3:30 Bingo! Danalie Makes the Call- 2nd Floor! [2]

4:00-(Country Roads and Kitchen Tables Event [ALR]

2nd Floor 3rd Floor **AL Living Room Activity Room Beauty Salon** Bus Trip LR Living Room SIP Screened in Porch Theater

Exploration & Adventure

Harmony & Introspection

Intentions & Commitments

Y Knowledge & Learning

Motion & Movement

Motivation & Creation



"By all these lovely tokens, September days are here, with summer's best of weather and autumn's best of cheer."

- H.H. Jackson