

May 2026

DC at San Pablo AL Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May cont'd 31 Puzzle Challenge 11:00 ↔ Chair Exercise with Sharon [LR] 11:00 🌺 Sunday Sermon: [LR] 1:30 🌊 Gospel greats [LR] 2:00 👁️ Rummikub [LR] 3:00 🌿 Movie matinee [LR] 5:30 🌿 A Night of Classical Music [LR]	 By Discovery Senior Living	Location Keys Activity Room AR Front Porch FP Living Room LR Memory Care MC Private Dining PD	🌊 Emotional 🌿 Environmental 🌟 Intellectual 🧠 Memory Enhancing ↔ Physical 🎮 Recreational 👁️ Sensory 📄 Sign-Up Required 🌿 Social 🌺 Spiritual 🏛️ Spiritual - Christian	Activity/ Outing are subject to change. Please refer to daily sheet for most current changes and locations.	10:15 ↔ Cardio Drumming [AR] 11:00 🌺 Mindfulness Meditation [AR] 1:30 🌟 Shout it Out [AR] 2:30 🌿 Cinco de Mayo Celebration with Howard [AR] 3:30 🌿 Dance Of The Times [AR] 6:00 🌿 A Blast from the Past [LR]	Puzzle Challenge 2 10:15 Gardening Club [AR] 11:00 ↔ Chair Exercise with Sharon [LR] 1:30 🌟 Casino Game with Richard [AR] 1:30 🌿 Saturday Matinee: [LR] 3:00 🌟 Uno Challenge [LR] 4:00 🎮 Rummikub [LR] 5:30 🌿 Night of Comedy [LR]
Puzzle Challenge 3 11:00 ↔ Chair Exercise with Sharon [LR] 11:00 🌺 Sunday Sermon: [LR] 1:30 🌊 Gospel greats [LR] 2:00 👁️ Rummikub [LR] 3:00 🌿 Movie matinee [LR] 5:30 🌿 A Night of Classical Music [LR]	4 10:15 ↔ Chair Aerobic Fitness [AR] 11:00 🌟 Story Wise [AR] 1:30 📖 Bible study [AR] 2:30 ↔ Walking Club [FP] 3:00 🌟 Show me your Number [AR] 4:00 🎮 King In the Corner [AR] 5:30 🌿 50's/60's sitcom [LR]	Cinco de Mayo 5 10:15 👁️ Silver Sneakers Workout [AR] 11:00 🏛️ Visit with Pastor Dave [AR] 1:30 ↔ Kite flying [FP] 2:30 🌟 Trivia [AR] 3:00 ↔ Tai Chi with Pat F [AR] 4:00 ↔ Memory Game [AR] 5:30 🌿 An Evening at The Symphony [LR]	6 10:15 ↔ Chair Zumba [AR] 11:00 👁️ Daily Chronicles [AR] 11:00 🌊 Jumbo Shrimp Baseball Game [AR] 1:30 🌊 The Easty Boyz [AR] 2:30 🌟 Science and Technology [AR] 3:30 👁️ Creative Arts: [AR] 4:00 🌿 Uno Challenge [AR] 5:30 🌿 Evening of Mystery [LR]	Puzzle Challenge 7 10:15 ↔ Chair yoga [AR] 11:00 🏛️ Chaplin Robert [AR] 1:30 ↔ Balloon Volleyball [AR] 2:30 🌟 Casino Games with Richard [AR] 4:00 🎮 Rummikub [AR] 6:00 🌿 A Night at the Opera [LR]	8 10:15 ↔ Cardio Drumming [AR] 11:00 🌺 Mindfulness Meditation [AR] 1:30 🌟 Shout it Out [PD] 2:30 🌿 Mother's Day Tea Party with Vivian [AR] 3:30 🌿 Dance Of The Times [AR] 6:00 🌿 A Blast from the Past [LR]	Puzzle Challenge 9 10:15 Gardening Club [AR] 11:00 ↔ Chair Exercise with Sharon [LR] 1:30 🌟 Casino Game with Richard [AR] 2:45 🎮 Choir Rehearsal [LR] 3:30 🌟 Uno Challenge [LR] 4:00 🎮 Rummikub [LR] 5:30 🌿 Night of Comedy [LR]
Mother's Day Puzzle Challenge 10 11:00 ↔ Chair Exercise with Sharon [LR] 11:00 🌺 Sunday Sermon: [LR] 1:30 🌊 Gospel greats [LR] 2:00 👁️ Rummikub [LR] 3:00 🌿 Movie matinee [LR] 5:30 🌿 A Night of Classical Music [LR]	11 10:15 ↔ Chair Aerobic Fitness [AR] 10:15 ↔ Tip Tap Shape [MC] 11:00 🌟 Story Wise [AR] 1:30 📖 Bible study [AR] 2:30 ↔ Walking Club [FP] 3:00 🌟 Show me your Number [AR] 4:00 🎮 King In the Corner [AR] 5:30 🌿 50's/60's sitcom [LR]	12 10:15 👁️ Silver Sneakers Workout [AR] 11:00 🏛️ Visit with Pastor Dave [AR] 1:30 ↔ Physical Health Presented by Bob [AR] 2:30 🌟 Trivia [AR] 3:00 👁️ Culinary Creations [AR] 4:00 ↔ Bowling Tournament [AR] 5:30 🌿 An Evening at The Symphony [LR]	13 10:00 📄 Shopping at Walmart [FP] 10:15 ↔ Chair Zumba [AR] 11:00 👁️ Daily Chronicles [AR] 1:30 ↔ Cornhole Tournament [AR] 2:30 🎮 \$ BINGO \$ [AR] 3:30 👁️ Creative Arts: [AR] 4:00 🌿 Uno Challenge [AR] 5:30 🌿 Evening of Mystery [LR]	Puzzle Challenge 14 10:15 ↔ Chair yoga [AR] 11:00 🌟 Brain Teaser [AR] 1:30 ↔ Cornhole Tournament [AR] 2:30 🌟 Casino Games with Richard [AR] 4:00 🎮 Rummikub [AR] 6:00 🌿 A Night at the Opera [LR]	15 10:15 ↔ Cardio Drumming [AR] 11:00 🌺 Mindfulness Meditation [AR] 11:30 📄 Guy's Outing With Aaron [FP] 1:30 🌟 Shout it Out [AR] 2:30 🌿 Happy hour with Ulysses [AR] 3:30 🌿 Dance Of The Times [AR] 6:00 🌿 A Blast from the Past [LR]	Puzzle Challenge 16 10:15 Gardening Club [AR] 11:00 ↔ Chair Exercise with Sharon [LR] 1:30 🌟 Casino Game with Richard [AR] 1:30 🌿 Saturday Matinee: [LR] 3:30 🌟 Uno Challenge [LR] 4:00 🎮 Rummikub [LR] 5:30 🌿 Night of Comedy [LR]
Puzzle Challenge 17 11:00 ↔ Chair Exercise with Sharon [LR] 11:00 🌺 Sunday Sermon: [LR] 1:30 🌊 Gospel greats [LR] 2:00 👁️ Rummikub [LR] 3:00 🌿 Movie matinee [LR] 5:30 🌿 A Night of Classical Music [LR]	18 10:15 ↔ Chair Aerobic Fitness [AR] 11:00 🌟 Story Wise [AR] 1:30 📖 Bible study [AR] 2:30 ↔ Walking Club [FP] 3:00 🌟 Show me your Number [AR] 4:00 🎮 King In the Corner [AR] 5:30 🌿 50's/60's sitcom [LR]	19 10:15 👁️ Silver Sneakers Workout [AR] 11:00 🏛️ Visit with Pastor Dave [AR] 1:30 👁️ Daily Chronicles [AR] 2:00 🌟 Food for Thought with Chef Mario [AR] 2:30 🌟 Trivia [AR] 3:00 ↔ Tai Chi with Pat F [AR] 4:00 ↔ Memory Game [AR] 5:30 🌿 An Evening at The Symphony [LR]	20 10:15 ↔ Chair Zumba [AR] 11:00 👁️ Daily Chronicles [AR] 11:00 🌊 Lunch at Orange Blossom [FP] 1:30 ↔ Cornhole Tournament [AR] 2:30 🌿 Afternoon movie [LR] 3:30 👁️ Creative Arts: [AR] 4:00 🌿 Uno Challenge [AR] 5:30 🌿 Evening of Mystery [LR]	Puzzle Challenge 21 10:15 ↔ Chair yoga [AR] 11:00 🏛️ Chaplin Robert [AR] 1:30 ↔ Balloon Volleyball [AR] 2:30 🌟 Casino Games with Richard [AR] 4:00 🎮 Rummikub [AR] 6:00 🌿 A Night at the Opera [LR]	22 10:15 ↔ Cardio Drumming [AR] 11:00 🌺 Mindfulness Meditation [AR] 12:00 🌿 Memorial Day Barbecue [AR] 2:30 🌟 Shout it Out [AR] 3:30 🌿 Dance Of The Times [AR] 6:00 🌿 A Blast from the Past [LR]	Puzzle Challenge 23 10:15 Gardening Club [AR] 11:00 ↔ Chair Exercise with Sharon [LR] 1:30 🌟 Casino Game with Richard [AR] 2:45 🎮 Choir Rehearsal [LR] 3:30 🌟 Uno Challenge [LR] 4:00 🎮 Rummikub [LR] 5:30 🌿 Night of Comedy [LR]
Puzzle Challenge 24 11:00 ↔ Chair Exercise with Sharon [LR] 11:00 🌺 Sunday Sermon: [LR] 1:30 🌊 Gospel greats [LR] 2:00 👁️ Rummikub [LR] 3:00 🌿 Movie matinee [LR] 5:30 🌿 A Night of Classical Music [LR]	Memorial Day 25 10:15 ↔ Chair Aerobic Fitness [AR] 10:15 ↔ Tip Tap Shape [AR] 1:30 📖 Bible study [AR] 2:30 ↔ Walking Club [FP] 3:00 🌟 Show me your Number [AR] 4:00 🎮 King In the Corner [AR] 5:30 🌿 50's/60's sitcom [LR]	26 10:15 👁️ Silver Sneakers Workout [AR] 11:00 🏛️ Visit with Pastor Dave [AR] 1:30 🌟 Resident Council with ED Dana [AR] 2:30 🌟 Trivia [AR] 3:00 👁️ Culinary Creations [AR] 4:00 ↔ Bowling Tournament [AR] 5:30 🌿 An Evening at The Symphony [LR]	27 10:00 📄 Shopping at Aldi,s [FP] 10:15 ↔ Chair Zumba [AR] 11:00 👁️ Daily Chronicles [AR] 1:30 ↔ Cornhole Tournament [AR] 2:30 🎮 \$ BINGO \$ [AR] 3:30 👁️ Creative Arts: [AR] 4:00 🌿 Uno Challenge [AR] 5:30 🌿 Evening of Mystery [LR]	Puzzle Challenge 28 10:15 ↔ Chair yoga [AR] 11:00 🌟 Brain Teaser [AR] 1:30 ↔ Ice Cream Social with Sherry Ann [AR] 2:30 🌟 Casino Games with Richard [AR] 4:00 🎮 Rummikub [AR] 6:00 🌿 A Night at the Opera [LR]	29 10:15 ↔ Cardio Drumming [AR] 11:00 🌺 Mindfulness Meditation [AR] 1:00 🌟 Feeding the Culture Nonna's watch Party with Mario [AR] 2:30 🌿 Happy Birthday Hour with Darryl [AR] 3:30 🌿 Dance Of The Times [AR] 6:00 🌿 A Blast from the Past [LR]	Puzzle Challenge 30 10:15 Gardening Club [AR] 11:00 ↔ Chair Exercise with Sharon [LR] 1:30 🌟 Casino Game with Richard [AR] 1:30 🌿 Saturday Matinee: [LR] 3:30 🌟 Uno Challenge [LR] 4:00 🎮 Rummikub [LR] 5:30 🌿 Night of Comedy [LR]