September 2025 Monthly Activities The Addison at Park Crescent Sunday Monday Tuesday Wednesday Thursday Friday Saturday 3 10:00 • Silver Sneakers 10:00 O Groove n Move 11:00 • **Men & 9:30 🖨 **Schutt's **Labor Day** 10:00 Orum's Alive Light Exercise Apple Mill-Women's Group [GR] 10:00 • Yoga with Routine [GR] Cider & Donuts [BD] (Donuts & Coffee) [CD] 11:00 • Meet and Greet with Jodi [GR] 11:00 • Rosary [CH] 11:00 • Rosary [CH] Michelle (Senior 10:00 Saturday Morning 11:00 • Rosary [CH] 12:30 • Hand & Foot Card 11:00 • Bible Study With 11:30: 🧖 Featured Pasta Lunch Helpers) [FL] Warm-Up [FL] 12:30 **Make Masks for our **EXPLORE** Game [C] Brent Mackey [L] Special (\$5.00) [MD] Magical Masguerade 11:00 • Rosary [CH] 11:00 • Rosary [CH] 1:30 *****BHU Class1-**11:30 • WellFitRoc with Jesse 11:00 • Rosary [CH] 11:15 • Christian Worship **Event [AR]** 12:30 • Football Trivia [C] [GR] Physical: Follow the BY SENIOR LIFESTYLE 11:30 A Labor Day Dinner 2:00 • Calendar Meeting with **Euchre [CD] Service with Pastor 1:00 1:30 ≈ **BHU Kickoff-Review **Bouncing Ball [AR]** (1st Seating) [MD] Patti & Samir [FL] Campbell [CH] 2:00 ***Bowling League Class [CD] 1:30 • New Resident 1:00 • Hand & Foot Card 3:00 • Full Body Stretch & 12:15 • Discussion Group: 30 1:30 • **Echoes of the Past Celebration [CD] **Orientation with Keri** Game with Corkey Strengthen [GR] Minutes of Gratitude Writing Group with Sharon 2:30 • Afternoon walk with [CD] 6:30 • Evening Walk with neighbors [FL] 3:00 • Cash Bingo with 3:00 • Cash Bingo with 1:30 • Live Music with Jeff 1:00 A Labor Day Dinner Neighbors [FL] 3:00 • Poker [CD] Rosemary (\$1/Card) [CD] Bonnie (\$1/card) **Elliott and September** (2nd Seating) [MD] 6:30 • Wii Bowling Practice 6:30 • Left Center Right (LCR) 4:00 • Brain Riot: True or False **Birthday Celebration** [CD] [BR] 2:00 • Current Events [L] Dice Game [CD] Riddles [FL] **Echoes of the Past 6:30 • **Euchre [CD] 6:30 • Wii Bowling Practice 4:00 • Bingo with Jesse 6:30 • Poker [CD] 3:00 O Balance Class [GR] **Writing Group with** 6:30 • Wii Bowling Practice [CD] THE ADDISON OF 6:30 • Wii Bowling Practice [BR] Sharon [L] 6:30 • Evening Trivia [C] PARK CRESCENT 7:00 • Domino's [CD] a Senior Lifestyle community 9:30 • 9/11 Moment of 10:00 🖨 **Catholic Mass 10:00 ≈ **BHU Class 2-**○** 10:00 **○** **Shopping 9:30 🖨 **Buffalo Naval 10:00 • Drum's Alive [GR] Saturday Morning Warm- 13 1 10:00 **Social:Connection** at St. Charles [BD] Park & Lunch (All Silence [FP] 11:00 • Rosary [CH] Shuttle [BD] **Ouest [AR]** Day Event) [BD] 10:30 10:00 O Balloon Volleyball Rosary [CH] 11:00 • Tom's Travel:South Up [FL] 11:00 • Rosary [CH] 11:00 • **Men's Coffee Club [CD] 11:00 • Rosary [CH] 11:00 • Communion with Annette **Atlantic Crossing on** **Walking Club *Happy 10:30 🖨 11:30 ● Ambassador 11:00 • Bible Study With Brent 11:30 🧖 Featured Pasta Lunch 11:00 • Rosary [CH] Oceania Marina from Rio **Feet* Counting Every** *Brain Health University Meeting [CD] 11:30 Scrabble Time Challange Mackey [L] Special (\$5.00) [MD] 11:15 • Christian Worship Service **Brazil to Tenerife Canary** Step Together [BD] *Enjoy- Dining Partnership Event 12:30 • **Today's Women's 11:30 • WellFitRoc with Jesse Island [TR] [AR] 11:00 • Rosary [CH] with Eric & Linda [CH] Rosary [CH] 11:00 12:30 Hand & Foot Card Game 2:00 • Wii Bowling Practice [BR] 12:30 • **Silver Crown Group: Group [CD] [GR] 11:30 💂 **TJ Maxx Shopping [BD] A *Outing 1:00 A **Dollar Tree Shopping **Echoes of the Past [C] 3:00pi • Bonus Bingo with MJ Men & Women Surviving 12:15 Discussion Group: 30 1:30 *** ** BHU 3 Class-** Leadership & Volunteerism 1:00 🖨 **Shopping Shuttle [BD] (Extended Time) (\$2/ Life Changes* [CD] Writing Group with Sharor Minutes of Gratitude [FL] **Cognitive: Tangrams** Lectures & Learning **Euchre [CD] 1:00 Card) [CD] 12:30 Park Crescent Book Club 1:00 • Maintenance & 1:30 • Live Music with Michael [AR] 1:30 **Giant Crossword Puzzles** Housekeeping Meeting 2:00 Improvisation [CD] 4:00 Musical Ball- Some Dennehy [MH] Recreation & Entertainment 3:00 • Full Body Stretch & with Greg [FL] exercise and boost 1:00 • Hand & Foot Card Game 3:00 • **Decorate Floral Fall 3:00 **Manicures with Patti Self Expression & the Arts Strengthen [GR] strength & agility [GR] 3:00 3:00 • Cash Bingo with Bonnie with Corkey [C] Cash Bingo with Vases (AR) [AR] Spiritual Health & Religion Rosemary (\$1/Card) [CD] (\$1/card) [CD] 2:00 = **Shopping at Buff City 4:30 Hand & Foot Card Game 6:30 • Wii Bowling Practice 6:30 • Evening Trivia [C] 3:00 • Poker [CD] 6:30 • Poker [CD] 3:00 A SLC Magical Masguerade Strength & Vitality Soap (Plant Based Soaps) 6:30 • Wii Bowling League [BR] [BR] 6:30 • Left Center Right (LCR) 6:00 • **Euchre [CD] **Lotions & More! No Harsh** 6:30 • Wii Bowling Practice [BR] 7:00 • Domino's [CD] Travels & Treks **Echoes of the Past Dice Game [CD] Chemicals [BD] 6:30 • **Euchre [CD] 8:20 • Bills vs. Ravens on NBC **Writing Group with** 6:30 • Wii Bowling Practice 2:00 • Current Events [L] 6:30 • Wii Bowling Practice [BR] [BR] Sharon [L] 3:00 Pedal to the Music Around the World [GR] **Location Keys** 6:30 • Wii Bowling League [BR] 10:00 Orum's Alive [GR] 1 O **Activity Room** AR 10:00 ***BHU Class 4- Nutrition: 15 10:00 • Musical Ball-Some exercise 10:00 🖨 ****Catholic** 8 9:00 **A **Parkside** 10:00 • Groove n Move 10:00 O Silver Sneakers Some exercise Light Exercise 11:00 • Rosary [CH] BD Mass at St. with Samir [GR] Diner & **Back Door** and boost Routine [GR] 1:30 • **DIY Ceramic Plate Charles [BD] **Spice up Your Brain** 11:00 • Rosary [CH] Miniature Golf [BD] Billiard's Room strength & agility [GR] 11:00 • Rosary [CH] Painting [AR] 10:30 • Rosary [CH] 11:15 • Christian Worship Health [AR] 10:00 Saturday Morning 11:00 **Today's Women's Group 11:30: 🧖 Featured Pasta Lunch 12:30 Hand & Foot Card Game Café 11:00 • Communion with Service with Pastor 11:00 • **Men's Coffee Club Warm-Up [FL] (Let's Play Pokeno) [AR] Special (\$5.00) [MD] Annette [CH] Campbell [CH] CH [CD] 11:00 • Giant Crossword Chapel 11:00 • Rosary [CH] 11:30 • WellFitRoc with Jesse 1:00 • Food For Thought 1:00 • Bills vs. Jets (CBS) 12:15 Discussion Group: 30 12:00 • Baby Boomer TV Trivia 11:00 • Bible Study With [GR] Meeting with Kevin [CD] Puzzles [C] Courtyard Dining Room CD Minutes of Gratitude [FL] 1:00 • Ambassador Meeting [CD] Brent Mackey [L] 1:30 ***BHU Class 6 Sleep 11:00 • Rosary [CH] 2:00 • Wii Bowling Practice [FL] 2:00 • Resident Council Meeting 1:30 ***BHU Class5- Stress FL Front Living Room **Health- Sleep Smart for a** 11:00 • Rosary [CH] **Euchre [CD] 1:00 1:30 • Music with Karen Management: **Sharper Brain [AR]** FP 1:00 • Hand & Foot Card Front Patio 2:30 Afternoon Walk with 2:30 • Color Time: Relieving Labella [MD] 3:00 • Armchair Travel with Beth Neurographic Art [AR] 2:00 • Riddle Me This or That: Game with Corkey Neighbor's [FL] **Brancato: Bangkok and** GR Stress [AR] 1:30 • **Echoes of the Past 3:00 • Balance Class [GR] **Brain Teasers [CD] Group Exercise Room** Beyond [FL] Writing Group with Share 3:00 • Poker [CD] 3:00pl • Bonus Bingo with MJ Cash Bingo with Bonnie 6:30 • Evening Trivia [C] Library 6:30 • Wii Bowling Practice [BR] 2:00 • Current Events [L] (\$1/card) [CD] (Extended Time) (\$2/ 6:30 • Left Center Right 6:30 • Wii Bowling League 3:00 • Cash Bingo with 6:45 • **Echoes of the Past Card) [CD] 3:00 Pedal to the Music 6:30 • **Euchre [CD] Main Dining Room MD (LCR) Dice Game [BR] Writing Group with Sharon Rosemary (\$1/Card) [CD] 6:30 • Wii Bowling Practice [BR] 4:30 • Hand & Foot Card Around the World 7:00 • Domino's [CD] [CD] Main Hallway MH 6:30 • Poker [CD] Game [C] [GR] 8:15 • Bills vs. Dolphins 6:30 • Wii Bowling Practice 6:30 • Wii Bowling Practice [BR] Theater Room 6:00 • **Euchre [CD] (Prime Video) [BR] 6:30 • Wii Bowling League [BR]

[BR]

September 2025

The Addison at Park Crescent

Monthly Activities



THE ADDISON OF PARK CRESCENT a Senior Lifestyle community

- *Brain Health University
- *Enjoy- Dining Partnership Event
- A *Outing
- Leadership & Volunteerism
- Lectures & Learning
- Recreation & Entertainment
- Self Expression & the Arts
- Spiritual Health & Religion
- Strength & Vitality
- Travels & Treks

Location Keys

AR
BD
BR
С
CH
CD
FL
FP
GR
L
MD
MH
TR

Sunday 10:00 🖨 **Catholic Mass at St.

- Charles [BD] 10:30 • Rosary [CH] 11:00 • Communion with Annette [CH]
- [BR] 2:30 • Activity Puzzles [AR] | 12:30 3:00p Bonus Bingo with MJ (Extended Time) (\$2/

2:00 • Wii Bowling Practice

- Card) [CD] 4:00 • Mocktail Happy Hour
- 4:30 Hand & Foot Card Game [C]
- 6:00 **Euchre [CD]

10:00 **≈** **BHU Class7-Physical: Mind Flex [AR]

11:00 • **Men's Coffee Club [CD] 11:00 • Bible Study With Brent Mackey [L]

Monday

- 11:00 Rosary [CH] 11:30 A **Schooners Riverside Pub [BD] **Silver Crown Group: **Men & Women Surviving**
- Life Changes* [CD] 1:00 • Hand & Foot Card Game with Corkey [C]
- 2:00 Current Events [L] 3:00 Pedal to the Music Around the World [GR]
- 6:30 Wii Bowling League [BR]

↑ 10:00 **□** **Shopping Shuttle [BD]

Tuesday

- 11:00 Rosary [CH] 12:30 • Today's Women's
- Group [CD] 1:00 ● Blood Pressure Checks [FL]
- 1:30 **Painting with a Twist & Sip [AR]
- 2:30 A **Walmart Shopping 3:00 • Full Body Stretch &
- Strengthen [GR] 6:30 • Wii Bowling Practice [BR]
- 6:45 **Echoes of the Past **Writing Group with** Sharon [L]

30

23 10:00 A ** Kelly's Farmers 2

Wednesday

- 10:00 O Yoga & Meditation
- 11:00 Rosary [CH] 11:30: Reatured Pasta Lunch Special (\$5.00) [MD] 11:30 • WellFitRoc with Jesse
- [GR] 12:30 • Expanding Minds: **Memory Trigger Games**
- 1:30 ***BHU Class 8- Nutrition Taste the Rainbow [AR] 1:30 • **Echoes of the Past
- Writing Group with Sharon
- 3:00 Cash Bingo with Rosemary (\$1/Card) [CD] 6:30 • Poker [CD]
- 6:30 Wii Bowling Practice [BR]

Thursday

- Balloon Volleyball [BR] 25 10:00 Drum's Alive [GR] 26 10:00 O Balloon
- 11:00 Rosary [CH] 12:15 • Discussion Group: 30 Minutes of Gratitude [FL]
- 1:30 Mariannna **Gonzales:** Oktoberfest [AR]
- 3:00 O Balance Class [GR]
- 6:30 Evening Trivia [C] 6:30 • Wii Bowling League [BR]
- 7:00 Domino's [CD] 11:15 • Christian Worship Service with Eric &

Linda [CH]

Friday

- 11:00 Tom's Travel:Alaska on **Grill-Class Cunard Queer Elizabeth for Spring Mountain and Glacier** Views [TR]
- 12:30 Hand & Foot Card Game [C] 1:00 🤌 **Cooking With Kevin [CD]
- 1:30 ***BHU Class 9- Cognitive: Twisted Idioms [AR] 3:00 • Cash Bingo with Bonnie
- (\$1/card) [CD] 4:00 🖨 **Dinner at Bella Pasta
- 6:30 **Euchre [CD] 6:30 • Wii Bowling Practice [BR]

10:00 **A **Shopping** (Wegmans, Tops, Aldis) [BD]

Saturday

- 10:30 🖨 **Walking Club *Happy **Feet* Counting Every** Step Together at the Community [BD]
- Rosary [CH] 11:00 **Euchre [CD] 1:00
- Improvisation [CD] 2:00 **Manicures with Patti 3:00
- 3:00 Poker [CD]
- 6:30 Left Center Right (LCR) Dice Game [CD]
- 6:30 Wii Bowling Practice

10:00 🖨 **Catholic Mass 🥎 🔘 at St. Charles [BD]

- 10:30 Rosary [CH]
- 11:00 Communion with Annette [CH]
- 1:00 Bills vs. Saints (CBS)
- 2:00 Wii Bowling Practice [BR]
- 2:30 Giant Word Puzzles [C] 3:00pi • Bonus Bingo with MJ
 - (Extended Time) (\$2/ Card) [CD]
- 4:00 A **Late Afternoon **Mystery Drive [BD]**
- 4:30 Hand & Foot Card Game
- 6:00 **Euchre [CD]

Sleep & Stress: **Essential Oils for** Sleep and Relaxation [AR] 11:00 • **Men's Coffee Club (Corn

- Hole) [CD] 11:00 • Bible Study With Brent
- Mackey [L] 11:00 • Rosary [CH] 12:00 • **Let's Make Fall Inspired **Apple Puff Pastry Donuts**
- 1:00 Hand & Foot Card Game with Corkey [C]
- 2:00 Fire Safety with Ashley from Ridge Road Fire Dept. [MD]
- 3:00 Pedal to the Music Around the World [GR] 6:30 • Wii Bowling League [BR]

- Shopping [L] 10:30 **≈** **BHU Class: **Graduation Day!** [CD]
- 11:00 **Today's Women's Group [CD]
- 11:00 Rosary [CH] 12:30 • End of the Month **September Jeopardy**
- [FL] 2:00 • Town Hall Meeting with Directors [MD]
- 3:00 Full Body Stretch & Strengthen [GR]
- 6:30 Wii Bowling Practice 6:45 • **Echoes of the Past **Writing Group with**

Sharon [L]

Happy Birthday to Our **Programming Team**

Patti 9/15 Samir 9/16



September Birthday Happy Birthday!!

Ron W. 9/4 Betty D. 9/12 William G. 9/16 **Marlyn P. 9/20** Alice R. 9/21 **Gloria M. 9/22 James B. 9/22**

Judy D. 9/24 **Robert S. 9/26**





"By all these lovely tokens, September days are here, with summer's best of weather and autumn's best of cheer."

- H.H. Jackson



