September 2025 **Charter Senior Living of Shiloh** Sunday Monday Tuesday Wednesday Thursday Friday Saturday **1** Happy Birthday Norva 5 10:30 Stretching/ Happy Birthday Kathrine S. 9:30 😝 Walmart 10:00 🌣 Daily Delight 9:00 Morning Stroll "Leah" H. Balancing 10:00 🌣 Daily Delight 10:30 **↔ Front Porch** 10:00 🌣 Daily Delight **Shopping Trip** Exercises [DR] 10:00 National Food 10:30 😝 Cutters Lunch 10:00 🌣 Daily Delight 10:00 🌣 Daily Delight **Fitness** 11:00 Pencil & Puzzle Time [LOB] 10:30 •• Exercise Time with Legacy Bank Day [LOB] 1:00 😯 Resident Council [GR] Outing 10:30 •• Exercise Time with 2:00 Hydration Station [GR] 10:30 🌣 Total Brain Health: Think [DR] 1:00 Food Council with Melva 1:30 👺 Bingo Bonanza Hour Legacy [DR] 2:00 Left Right Center [GR] 1:00 • Food Council [GR] Positive [GR] [GR] [DR] **CHARTER SENIOR LIVING** 2:00 A Hollar & Win BINGO-2:00 A Happy Hour & Trivia [DR] Total Brain Health: 2:00 3:00 Green Thumb Gathering 5:00 Cranium Crunches [GR] 5:00 R Cowbov Cinema OF SHILOH Yeehaw [DR] 5:00 Color Me Happy [FR] **Relaxing Massages [GR]** [DR] [THTR] Hometown History [DR] 5:30 ← Evening Stroll [OUTS] 3:00 5:30 • Artistic Expressions [FR] 5:00 • Watercolor Wonders [GR] [GR] 8 10:00 Daily Delight 10:00 • Manicures/ Happy Birthday Dave H. 10:30 Stretching/ 9:00 Morning Stroll 10:00 🌣 Daily Delight 10:00 & Christ Church Pedicures [GR] Balancing 10:30 Exercise Time 10:00 🌣 Daily Delight 10:00 🌣 Daily Delight Service [DR] 10:30 ← ChairFit 1:00 Seeds & Beaks Exercises [DR] with Legacy [DR] 10:30 🌣 **Total Brain** 10:30 Exercise Time 10:00 🍄 Daily Delight Bands [DR] [OUTS] 11:00 Pencil & Puzzle Time [LOB] 1:00 Activity Committee [GR] Health: Tell Me About It with Legacy [DR] 10:30 Total Brain Health: 1:30 & Bryan Foggs-2:00 Arts and Crafts Table [DR] 2:00 • Hydration Station [GR] [GR] 1:30 **Bingo** [DR] 1:30 A Hollar & Win BINGO-2:00 & National Grandparents Day-Repeat After Me [GR] **Entertainer [DR]** 2:00 Left Right Center [GR] From The Future With 2:30 11:30 😝 **Joes Pizza** Yeehaw [DR] Tree of Wisdom 3:00 Color & Canvas [DR] 2:00 **A** Happy Hour & Love [DR] 3:00 & Bible Study [GR] 2:00 Mason Jar Crafting [DR] 5:00 🌣 Cranium Crunches [GR] Country Trivia [DR] 5:30 Tie Blankets with 5:00 Watercolor Wonders [GR] 6:00 ₩ Walk Inside with Friends [LOB] Gillingham [GR] 5:30 Silver Screen Classics 5:00 Color Me Happy [FR] Love [GR] 5:30 Artistic Expressions [FR] [THTR] 5:30 •• Evening Stroll [OUTS] 19 10:30 • Stretching/ 20 10:00 9 Manicures/ 9:30 😝 Walmart 10:00 🍄 Daily Delight 9:00 • Morning Stroll 10:00 O Daily Delight 10:00 🌣 Daily Delight 16 Pedicures [GR] Balancing 10:30 •• ChairFit Bands **Shopping Trip** 10:00 🌣 Daily Delight 10:00 & Father Neff-10:30 🌣 Total Brain Exercises [DR] 1:00 Seeds & Beaks [DR] 10:00 🌣 Daily Delight 10:30 🌣 Total Brain Catholic Health: 11:00 Pencil & Puzzle Time [LOB] [OUTS] 1:30 A Bingo Bonanza Hour [DR] 10:30 •• Exercise Time with **Health: Artful** Diocese [DR] Improv Time [GR] 2:00 A Hydration Station [GR] 2:00 Arts and Crafts Table [DR] 2:00 Suys Coffee and **Explorations [GR]** 10:30 •• Exercise Time with Legacy [DR] 2:00 👺 Sweet Tea & 2:00 👺 Left Right Center [GR] 3:00 & Bible Study [GR] Conversation with Dennis 1:00 A Scenic Drive & Farmers 1:30 Move Matinee with Pam Legacy [DR] Lemonade Social [DR] 6:00 ■ Walk Inside with Friends Market Stop [THTR] 1:30 👺 Bingo [DR] 5:00 Color Me Happy [FR] 5:00 * Cranium Crunches [GR] [LOB] 3:00 Color & Canvas [DR] 3:30 International Country 2:00 Post Card Pals [DR] 5:30 → Evening Stroll [OUTS] 5:30 Tie Blankets with Love Music Day [GR] 5:30 TV Time: Sitcom Edition 5:00 Watercolor Wonders [GR] 5:30 • Artistic Expressions [FR] [THTR] [GR] 22 10:00 O Daily Delight 25 10:00 O Daily Delight 10:00 🌣 Daily Delight 10:00 🌣 Daily Delight 10:00 **Love On A Leash** 10:00 9 Manicures/ 9:00 ■ Morning Stroll Pedicures [GR] 10:30 → Exercise Time 10:30 → Exercise Time Pet Therapy [LOB] 10:30 🌣 Total Brain 10:00 🌣 Daily Delight 10:30 **Total Brain** 1:00 Seeds & Beaks 10:30 → Stretching/ with Legacy with Legacy Health: It's A 10:00 **A Pere Health: Math** Balancing Exercises [DR] [OUTS] [DR] [DR] Matters [GR] Draw [GR] **Marguette State Park** 11:00 Pencil & Puzzle Time [LOB] 2:00 Arts and Crafts Table [DR] 1:30 👺 Bingo [DR] 1:30 👺 Bingo Bonanza Hour 2:00 September Birthday 1:00 Variety Word Puzzle 2:00 Hydration Station [GR] 3:00 Bible Study [GR] Photo Frames [DR] 5:00 Watercolor Wonders [DR] Celebration [DR] Packet [GR] 2:00 Left Right Center [GR] 6:00 → Walk Inside with Friends 3:00 Herb Garden Care [GR] 3:00 🔏 Color & Canvas [DR] 5:00 Color Me Happy [FR] [LOB] 5:30 • Artistic Expressions 5:30 A Comedy Central [THTR] 5:30 **Country Roads &** 5:00 Cranium Crunches [GR] 5:30 Tie Blankets with [FR] 5:30 •• Evening Stroll [OUTS] **Kitchen Tables** Love [GR] **Community Event [DR]** 10:00 🤏 Manicures/ 9:30 **A Walmart** 10:00 🌣 Daily Delight Pedicures [GR] **Shopping Trip** 10:30 ChairFit Community & Connection "By all these lovely tokens, 1:00 Seeds & Beaks **Location Kevs** 10:00 🌣 Daily Delight Bands [DR] ♠ Exploration & Adventure September days are here, [OUTS] Dining Room DR 10:30 •• Exercise Time with 1:30 👺 Bingo Bonanza Hour Harmony & Introspection 2:00 Arts and Crafts Table [DR] with summer's best of Fireplace Room Legacy [DR] [DR] Intentions & Commitments 3:00 & Bible Study [GR] Game Room GR weather and autumn's best 3:00 Color & Canvas [DR] Lobby LOB Y Knowledge & Learning of cheer." 5:30 Treepy Monster [LOB] 5:30 Tie Blankets with Outside OUTS ■ Motion & Movement Classics [THTR] Theater THTR Love [GR] Motivation & Creation - H.H. Jackson