| September 202   |   |  |  |   |   |  |
|---|---|--|--|---|---|--|
| Sunday  | g of Rockford Assiste<br>Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
| country<br>ROADS,<br>Take Me<br>Home  | 9:00 Daily Delights [FLT] 12:30 Game Time Gather with Debbie [SFL] 2:30 Ice Cream Sandwiches on the Patio [P] 5:30 Puzzle Pros              | ,  | 10:30 → Sit & Fit [FR] 11:00 ♀ What's Happening? [DR] 1:00 ♣ BINGO [TR] 3:30 ♀ Total Brain Health:                                     | 9:00 Beauty Shop Day [S]  10:30 Sit & Fit [FR]  12:30 Card Games [SFL] 2:00 Resident Council [TR] 3:30 Total Brain Health: Smooth Spacking [AR]                                     | 9:30 Daily Delights Coffee & Treat Cart  10:30 Sit & Fit [FR]  11:00 Trivia with Rachel [FL]  11:30 Women's Lunch at Machine Shed [TB]  3:30 Happy Hour [DR]  5:30 Game Night Gatherings [SFL]  | 9:30 Coffee & Treat Cart  10:30 Sit & Fit [FR]  11:15 This Day in History [DR]  12:30 XBOX Bowling [SFL]  5:30 Weekend Reads [L] |
| 10:00  Church Service [TR]  11:00  Lunch with Leadership [DR]  12:00  Sunshine Break  2:00  Grandparent's Day Ice Cream Bar [DR]  2:00  Movie Matinee [TR]  5:30  Puzzle Pros | 9:30 Daily Delights Coffee Cart 10:30 Sit & Fit [FR] 11:00 What's Happening? [DR] 12:30 UNO Card Game [SFL] 5:30 Artistic Expressions [SFL] | Coffee & Treat Cart  10:00 Women's Devotions with MoCara Hospice   | 10:30 Sit & Fit [FR] 11:00 What's Happening? [DR] 1:00 BINGO [TR] 3:30 Total Brain Health: Repeat After me! [AR] 5:15 Movie Night [TR] | 10:30 → Sit & Fit [FR] 12:30 ➢ Dominos [SFL] 3:30 ❖ Total Brain Health: Artful Explorations   | 9:30 Coffee & Treat Cart  10:30 Sit & Fit [FR]  11:00 Men's Lunch Outing w Mike & Chad [TB]  12:30 Paint & Sip [AR]  5:30 Game Night Gatherings [SFL]   | Treat Cart  10:30 Sit & Fit [FR]  11:15 This Day in History  |
| 10:00   | 10:30 Sit & Fit [FR] 15 11:00 What's Happening? [DR] 1:00 Hometown History- Rockford, IL [TR] 3:30 Crafty Monday [AR] 5:30 Puzzle Pros      | 9:30 Daily Delights Coffee & Treat Cart  10:30 Sit & Fit [FR]  12:30 XBOX Bowling [SFL] 2:00 Manicures with Paige [AR]  5:30 Game Night Gatherings [SFL]   | 11:00 What's Happening? [DR] 1:00 BINGO [TR]   | 9:00 Beauty Shop Day [S] 10:30 Sit & Fit [FR] 11:15 Lunch Trivia [DR] 2:00 September Birthday Party [DR] 2:30 Country Roads Karaoke Happy Hour [DR] 5:30 Artistic Expressions [SFL] | 10:30 Apple Orchard Trip [TB]  11:00 Trivia with Rachel [FL] 1:00 Dominos [SFL]   | 10:30 ↔ Sit & Fit [FR]  11:15 ❖ This Day in History  [DR]  |
| 10:00 ♣ Church Service [TR]  11:00 ♣ Lunch with Leadership [DR]  12:00 ♣ Sunshine Break  2:00 ♠ Movie Matinee [TR]  5:30 ❖ Puzzle Pros  | 10:30 Sit & Fit [FR] 11:00 What's Happening? [DR] 1:00 UNO Card Game [SFL] 3:00 Country Kitchen Baking [AR] 5:30 Puzzle Pros                | 9:30 Daily Delights Coffee & Treat Cart  10:15 Rockford Public Library Mobile [B]  10:30 Sit & Fit [FR]  12:30 XBOX Bowling [SFL] 2:00 Manicures with Paige [AR] 5:30 Puzzle Pros                                    | [FR] L1:00 What's Hannening?   | 10:30 Sit & Fit [FR] 2:00 Country Sing-a-long [SFL] 3:30 Total Brain Health:  | 9:30 Coffee & Treat Cart  10:30 Sit & Fit [FR]  11:00 Trivia with Rachel [FL]  1:00 Back Country Roads  Drive [TB]  5:30 Came Night  Gatherings [SFL]   | 10:30 ↔ Sit & Fit [FR]   |
| 10:00  Church Service [TR]  11:00  Lunch with Leadership [DR]  12:00  Sunshine Break 2:00  Movie Matinee [TR]  5:30  Puzzle Pros  | 10:30 → Sit & Fit [FR]  11:00 ❖ What's Happening? [DR]  1:00 ❖ Scrabble [SFL]  3:30 ❖ Crate of Country Charm [AR]  5:30 ❖ Puzzle Pros       | 9:30 Daily Delights Coffee & Treat Cart  10:00 Women's Devotions with MoCara Hospice [SFL]  10:30 Sit & Fit [FR]  12:30 XBOX Bowling [SFL]  2:00 Manicures with Paige [AR]  4:00 Country Roads & Kitchen Tables [DR] | Labor  | Community & Connection Exploration & Adventure Harmony & Introspection Intentions & Commitments Knowledge & Learning Motion & Movement Motivation & Creation                        | Location Keys           Activity Room         AR           Back Patio         P           Bistro         B           Dining Room         DR           Fitness Room         FR           Front Lobby         FL           Front Lobby Table         FLT           Library         L           Salon         S           Second Floor Lobby         SFL           Theatre Room         TR           Transportation Bus         TB | Resident Birthdays Johnny G. 9/6 Gloria T. 9/12  |