

September 2026
Memory Care Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Tarp Game 11:30 Hydration Station [A] 2:00 Power Hour with Sherry and Abby 3:00 Backyard Games - Noodle Ball or Ring Toss 3:00 Happy Hour + Hydration Station [MC] 4:00 Singalong Songs	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Balloon Ball 11:30 Hydration Station [A] 1:30 Movie Time 2:00 Power Hour with Sherry and Abby 3:00 Happy Hour + Hydration Station [MC] 4:00 Table Board Games	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Backyard Games - Axe Throwing 11:30 Hydration Station [A] 1:30 Bible Study 2:00 Power Hour with Sherry and Abby 3:00 Happy Hour + Hydration Station [MC] 4:00 Singalong Songs	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Goodmorning Trivia 11:30 Hydration Station [A] 3:00 Happy Hour + Hydration Station [MC] 3:30 Sing and Dance! 4:00 Moments that Matter	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Pamper and Care Hour 11:30 Hydration Station [A] 3:00 Bingo 3:00 Happy Hour + Hydration Station [MC] 4:00 Trivia	“When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow.” — <i>Shauna Niequist</i>
National Coffee and Ice Cream Day 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Karaoke/Trivia 11:30 Hydration Station [A] 3:00 Bingo/Puzzle Hour 3:00 Coffee and Ice Cream (Affogato) Social [DR] 3:00 Happy Hour + Hydration Station [MC] 4:00 Worship Service [A]	Labor Day 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Goodmorning Trivia 11:30 Hydration Station [A] 3:00 Happy Hour + Hydration Station [MC] 3:30 Sing and Dance! 4:00 Moments that Matter	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Tarp Game 11:30 Hydration Station [A] 2:00 Power Hour with Sherry and Abby 3:00 Backyard Games - Noodle Ball or Ring Toss 3:00 Happy Hour + Hydration Station [MC] 4:00 Singalong Songs	Movie Showing! 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Balloon Ball 11:30 Hydration Station [A] 1:30 Movie Showing! [A] 1:30 Movie Time 2:00 Power Hour with Sherry and Abby 3:00 Happy Hour + Hydration Station [MC] 4:00 Table Board Games	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Backyard Games - Axe Throwing 11:30 Hydration Station [A] 1:30 Bible Study 2:00 Power Hour with Sherry and Abby 3:00 Happy Hour + Hydration Station [MC] 4:00 Singalong Songs	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Goodmorning Trivia 11:30 Hydration Station [A] 3:00 Happy Hour + Hydration Station [MC] 3:30 Sing and Dance! 4:00 Moments that Matter	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Manicures & Fancy Nails 11:00 Pamper and Care Hour 11:30 Hydration Station [A] 3:00 Bingo 3:00 Happy Hour + Hydration Station [MC] 4:00 Trivia	Resident Birthdays Linda L. 9/5 Retha P. 9/7 Marlene S. 9/9 Alan M. 9/16 Glenda O. 9/21 Marian S. 9/26 Mary C. 9/29
9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Karaoke/Trivia 11:30 Hydration Station [A] 3:00 Bingo/Puzzle Hour 3:00 Happy Hour + Hydration Station [MC] 4:00 Worship Service [A]	National Assisted Living Week! 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Goodmorning Trivia 11:30 Hydration Station [A] 3:00 Happy Hour + Hydration Station [MC] 3:30 Sing and Dance! 4:00 Moments that Matter	National Assisted Living Week! 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Tarp Game 11:30 Hydration Station [A] 2:00 Power Hour with Sherry and Abby 3:00 Backyard Games - Noodle Ball or Ring Toss 3:00 Happy Hour + Hydration Station [MC] 4:00 Singalong Songs	National Assisted Living Week! 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Balloon Ball 11:30 Hydration Station [A] 1:30 Movie Time 2:00 Power Hour with Sherry and Abby 3:00 Happy Hour + Hydration Station [MC] 4:00 Table Board Games	National Assisted Living Week! 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Backyard Games - Axe Throwing 11:30 Hydration Station [A] 1:30 Bible Study 2:00 Power Hour with Sherry and Abby 3:00 Happy Hour + Hydration Station [MC] 4:00 Singalong Songs	Line Dancers 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Goodmorning Trivia 11:30 Hydration Station [A] 2:30 Line Dancers [DR] 3:00 Happy Hour + Hydration Station [MC] 3:30 Sing and Dance! 4:00 Moments that Matter	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Pamper and Care Hour 11:30 Hydration Station [A] 3:00 Bingo 3:00 Happy Hour + Hydration Station [MC] 4:00 Trivia	
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9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Karaoke/Trivia 11:30 Hydration Station [A] 3:00 Bingo/Puzzle Hour 3:00 Happy Hour + Hydration Station [MC] 4:00 Worship Service [A]	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Goodmorning Trivia 11:30 Hydration Station [A] 3:00 Happy Hour + Hydration Station [MC] 3:30 Sing and Dance! 4:00 Moments that Matter	Irish Coffee @ Happy Hour! Old Time Fiddlers! 9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Tarp Game 11:30 Hydration Station [A] 1:30 Old Time Fiddlers! [A] 2:00 Power Hour with Sherry and Abby 3:00 Backyard Games - Noodle Ball or Ring Toss 3:00 Happy Hour + Hydration Station [MC] 4:00 Singalong Songs	9:30 Morning Melodies with Breakfast 10:30 Seated Exercises [MC] 11:00 Balloon Ball 11:30 Hydration Station [A] 1:30 Movie Time 2:00 Power Hour with Sherry and Abby 3:00 Happy Hour + Hydration Station [MC] 4:00 Table Board Games	Location Keys Activity Room Dining Room Memory Care A DR MC			* Calendar Is Subject To Change