

September 2025 MC Monthly							
Sunday		Monday		Tuesday		Wednesday	
Thursday		Friday		Saturday			
 Meridian AT CHINO		Labor Day 9:00 Morning Meeting 9:30 Monday Workout 10:00 Morning Snack 11:00 Simon Says 1:00 Whiteboard Game 2:00 Afternoon Snack and Hydration 3:00 Snow Cones 4:00 Story Time 5:00 Reminiscing	1	9:00 Morning Meeting 9:30 Strength and Balance Exercise 10:00 Morning Snack 11:00 Bingo For Chocolate 1:00 Puzzles 2:00 Afternoon Snack and Hydration 3:00 Chutes and Ladders Board Game 4:00 Singing my Favorite Songs	2	9:00 Morning Meeting 9:30 Arm and Leg Exercise 10:00 Morning Snack 10:30 Scenic Drive 1:00 Candy Land Game 2:00 Afternoon Snack and Hydration 3:00 Shut the Box Game 4:00 Folding Clothes 5:00 Dance to Favorite Songs	3
9:00 Morning Meeting 9:30 Standing Exercise 10:00 Morning Snack 11:00 Board Game 1:00 Golf 2:00 Afternoon Snack and Hydration 3:00 Water Painting 4:00 Singing my Favorite Songs 5:00 Reminiscing		4	9:00 Morning Meeting 9:30 Chair Yoga 10:00 Morning Snack 11:00 Dart Board Game 2:00 Afternoon Snack and Hydration 2:30 Music Therapy with Jesus 3:00 Sort and Match 4:00 Relaxing to the Music	5	9:00 Morning Meeting 9:30 Weekend Workout 10:00 Morning Snack 11:00 Walk and Talk 2:00 Afternoon Snack and Hydration 3:00 Match Game 4:00 Singing my Favorite Songs 5:00 Hallmark Movie	6	
Grandparents Day 9:00 TV Catholic mass 9:30 Checkers 10:00 Morning Snack 11:00 Aromatherapy 1:00 Painting 2:00 Afternoon Snack and Hydration 3:00 Fruit and Cheese Social 4:00 Bible Study 5:00 Lifetime Movie		7	9:00 Morning Meeting 9:30 Monday Workout 10:00 Morning Snack 11:00 Simon Says 1:00 Whiteboard Game 2:00 Afternoon Snack and Hydration 3:00 Balloon Volleyball 4:00 Story Time 5:00 Reminiscing	8	9:00 Morning Meeting 9:30 Strength and Balance Exercise 10:00 Morning Snack 11:00 Bingo For Chocolate 1:00 Puzzles 2:00 Afternoon Snack and Hydration 3:00 Chutes and Ladders Board Game 4:00 Singing my Favorite Songs	9	9:00 Morning Meeting 9:30 Arm and Leg Exercise 10:00 Morning Snack 10:30 Scenic Drive 1:00 Candy Land Game 2:00 Afternoon Snack and Hydration 3:00 Fall Craft 4:00 Folding Clothes 5:00 Dance to Favorite Songs
Happy Birthday Jacqueline C. Patriots Day 9:00 Morning Meeting 9:30 Standing Exercise 10:00 Morning Snack 11:00 Board Game 1:00 Golf 2:00 Afternoon Snack and Hydration 3:00 Water Painting 4:00 Singing my Favorite Songs 5:00 Reminiscing		11	9:00 Morning Meeting 9:30 Chair Yoga 10:00 Morning Snack 11:00 Dart Board Game 2:00 Afternoon Snack and Hydration 2:30 Music Therapy with Jesus 3:00 Sort and Match 4:00 Relaxing to the Music	12	9:00 Morning Meeting 9:30 Weekend Workout 10:00 Morning Snack 11:00 Walk and Talk 2:00 Afternoon Snack and Hydration 3:00 Match Game 4:00 Singing my Favorite Songs 5:00 Hallmark Movie	13	
9:00 TV Catholic mass 9:30 Checkers 10:00 Morning Snack 11:00 Aromatherapy 1:00 Painting 2:00 Afternoon Snack and Hydration 3:00 Bowling 4:00 Bible Study 5:00 Lifetime Movie		14	9:00 Morning Meeting 9:30 Monday Workout 10:00 Morning Snack 11:00 Simon Says 1:00 Whiteboard Game 2:00 Afternoon Snack and Hydration 3:00 Ice Cream Social 4:00 Story Time 5:00 Reminiscing	15	9:00 Morning Meeting 9:30 Strength and Balance Exercise 10:00 Morning Snack 11:00 Bingo For Chocolate 1:00 Puzzles 2:00 Afternoon Snack and Hydration 3:00 Chutes and Ladders Board Game 4:00 Singing my Favorite Songs	16	Happy Birthday Judy C. 9:00 Morning Meeting 9:30 Arm and Leg Exercise 10:00 Morning Snack 10:30 Scenic Drive 1:00 Candy Land Game 2:00 Afternoon Snack and Hydration 3:00 Shut the Box Game 4:00 Folding Clothes 5:00 Dance to Favorite Songs
9:00 Morning Meeting 9:30 Standing Exercise 10:00 Morning Snack 11:00 Memory Care Picnic 1:00 Golf 2:00 Afternoon Snack and Hydration 3:00 Water Painting 4:00 Singing my Favorite Songs 5:00 Reminiscing		18	9:00 Morning Meeting 9:30 Chair Yoga 10:00 Morning Snack 11:00 Dart Board Game 2:00 Afternoon Snack and Hydration 2:30 Music Therapy with Jesus 3:00 Sort and Match 4:00 Relaxing to the Music	19	9:00 Morning Meeting 9:30 Weekend Workout 10:00 Morning Snack 11:00 Walk and Talk 2:00 Afternoon Snack and Hydration 3:00 Match Game 4:00 Singing my Favorite Songs 5:00 Hallmark Movie	20	
World Alzheimer's Day 9:00 TV Catholic mass 9:30 Checkers 10:00 Morning Snack 11:00 Aromatherapy 1:00 Painting 2:00 Afternoon Snack and Hydration 3:00 Bowling 4:00 Bible Study 5:00 Lifetime Movie		21	First day of Fall 9:00 Morning Meeting 9:30 Monday Workout 10:00 Morning Snack 11:00 Simon Says 1:00 Whiteboard Game 2:00 Afternoon Snack and Hydration 3:00 Balloon Volleyball 4:00 Story Time 5:00 Reminiscing	22	9:00 Morning Meeting 9:30 Strength and Balance Exercise 10:00 Morning Snack 11:00 Bingo For Chocolate 1:00 Puzzles 2:00 Afternoon Snack and Hydration 3:00 Chutes and Ladders Board Game 4:00 Singing my Favorite Songs	23	9:00 Morning Meeting 9:30 Arm and Leg Exercise 10:00 Morning Snack 10:30 Scenic Drive 1:00 Candy Land Game 2:00 Afternoon Snack and Hydration 3:00 Touch of Spice 4:00 Folding Clothes 5:00 Dance to Favorite Songs
9:00 Morning Meeting 9:30 Standing Exercise 10:00 Morning Snack 11:00 Board Game 1:00 Golf 2:00 Afternoon Snack and Hydration 3:00 Water Painting 4:00 Singing my Favorite Songs 5:00 Reminiscing		25	9:00 Morning Meeting 9:30 Chair Yoga 10:00 Morning Snack 11:00 Dart Board Game 2:00 Afternoon Snack and Hydration 2:30 Music Therapy with Jesus 3:00 Sort and Match 4:00 Relaxing to the Music	26	9:00 Morning Meeting 9:30 Weekend Workout 10:00 Morning Snack 11:00 Walk and Talk 2:00 Afternoon Snack and Hydration 3:00 Match Game 4:00 Singing my Favorite Songs 5:00 Hallmark Movie	27	
9:00 TV Catholic mass 9:30 Checkers 10:00 Morning Snack 11:00 Aromatherapy 1:00 Painting 2:00 Afternoon Snack and Hydration 3:00 Bowling 4:00 Bible Study 5:00 Lifetime Movie		28	World Heart Day 9:00 Morning Meeting 9:30 Monday Workout 10:00 Morning Snack 11:00 Simon Says 1:00 Whiteboard Game 2:00 Afternoon Snack and Hydration 3:00 Balloon Volleyball 4:00 Story Time 5:00 Reminiscing	29	9:00 Morning Meeting 9:30 Strength and Balance Exercise 10:00 Morning Snack 11:00 Bingo For Chocolate 1:00 Puzzles 2:00 Afternoon Snack and Hydration 3:00 Jewelry Making 4:00 Singing my Favorite Songs	30	   