

October 2025
MC Monthly



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	🎨 Art 👉 Exercise 🏆 Games ★ Happy Hour ❤️ Health 🎬 Movie 🎵 Music 🌿 Outside 📖 Service	* All Activities are subject to change at any time. *	9:00👉 Stretches [MCACTR] 9:30🏆 Memory Games [MCACTR] 10:00📖 Communion with St. Timothy's Catholic Church [R2R] 1:00🎨 Painting Projects [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Midweek Movie & Popcorn [MCACTR] 1	9:00🌿 Early Bird Walks [I/O] 10:00🏆 Mind Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00📖 Book Club [MCACTR] 2	9:00🌿 Early Bird Walks [I/O] 10:00👉 Sobe Soul [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00★ Happy Hour! [AL1F] 3	9:00🌿 Early Bird Walks [I/O] 10:00👉 Ball Toss [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00❤️ Aromatherapy [MCACTR] 4
9:00👉 Morning Warm Up [MCACTR] 10:00🏆 Brain Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00👉 Ballon Toss [MCACTR] 5	9:00👉 Seated Aerobics [MCACTR] 10:00🏆 Word Games [MCACTR] 1:00📖 Nail Spa [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Armchair Travel [MCACTR] 6	9:00👉 Chair Workout [MCACTR] 10:00🏆 Thinking Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎵 InstaMix [MCACTR] 3:00👉 Noodle Ball [MCACTR] 7	9:00👉 Stretches [MCACTR] 9:30🏆 Memory Games [MCACTR] 10:00📖 Communion with St. Timothy's Catholic Church [R2R] 1:00🎨 Painting Projects [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Midweek Movie & Popcorn [MCACTR] 8	9:00🌿 Early Bird Walks [I/O] 10:00🏆 Mind Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 2:00🎵 Music with Karla [MCACTR] 3:00👉 Ball Toss [MCACTR] 9	9:00🌿 Early Bird Walks [I/O] 10:00👉 Sobe Soul [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00★ Happy Hour! [AL1F] 10	9:00🌿 Early Bird Walks [I/O] 10:00👉 Ball Toss [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00❤️ Aromatherapy [MCACTR] 11
9:00👉 Morning Warm Up [MCACTR] 10:00🏆 Brain Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00👉 Ballon Toss [MCACTR] 12	Columbus Day 9:00👉 Seated Aerobics [MCACTR] 10:00🏆 Word Games [MCACTR] 1:00📖 Nail Spa [MCACTR] 1:00🎵 Starr's Sound Therapy [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Armchair Travel [MCACTR] 13	9:00👉 Chair Workout [MCACTR] 10:00🏆 Thinking Games [MCACTR] 11:00📖 Mass with St. Timothy's Catholic Church [1F] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00👉 Noodle Ball [MCACTR] 14	9:00👉 Stretches [MCACTR] 9:30🏆 Memory Games [MCACTR] 10:00📖 Communion with St. Timothy's Catholic Church [R2R] 1:00🎨 Painting Projects [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Midweek Movie & Popcorn [MCACTR] 15	9:00🌿 Early Bird Walks [I/O] 10:00🏆 Mind Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00📖 Book Club [MCACTR] 6:00★ Family Night [1F] 16	9:00🌿 Early Bird Walks [I/O] 10:00👉 Sobe Soul [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00★ Happy Hour! [AL1F] 17	9:00🌿 Early Bird Walks [I/O] 10:00👉 Ball Toss [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00❤️ Aromatherapy [MCACTR] 18
9:00👉 Morning Warm Up [MCACTR] 10:00🏆 Brain Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00👉 Ballon Toss [MCACTR] 19	9:00👉 Seated Aerobics [MCACTR] 10:00🏆 Word Games [MCACTR] 1:00📖 Nail Spa [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Armchair Travel [MCACTR] 20	9:00👉 Chair Workout [MCACTR] 10:00🏆 Thinking Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 2:00🎵 Music with Val, The Ukulele Player [1F] 3:00👉 Noodle Ball [MCACTR] 21	9:00👉 Stretches [MCACTR] 9:30🏆 Memory Games [MCACTR] 10:00📖 Communion with St. Timothy's Catholic Church [R2R] 1:00🎨 Painting Projects [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Midweek Movie & Popcorn [MCACTR] 22	9:00🌿 Early Bird Walks [I/O] 10:00🏆 Mind Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 2:00🎵 Joyce & The Boys [1F] 3:00👉 Ball Toss [MCACTR] 23	9:00🌿 Early Bird Walks [I/O] 10:00👉 Sobe Soul [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00★ Happy Hour! [AL1F] 24	9:00🌿 Early Bird Walks [I/O] 10:00👉 Ball Toss [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🎵 Music with Jarrod [1F] 2:00🏆 Puzzle Club [MCACTR] 3:00❤️ Aromatherapy [MCACTR] 25
9:00👉 Morning Warm Up [MCACTR] 10:00🏆 Brain Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00👉 Ballon Toss [MCACTR] 26	9:00👉 Seated Aerobics [MCACTR] 10:00🏆 Word Games [MCACTR] 1:00📖 Nail Spa [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Armchair Travel [MCACTR] 27	9:00👉 Chair Workout [MCACTR] 10:00🏆 Thinking Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 2:00🎵 Music with Cliff [MCACTR] 3:00👉 Noodle Ball [MCACTR] 28	9:00👉 Stretches [MCACTR] 9:30🏆 Memory Games [MCACTR] 10:00📖 Communion with St. Timothy's Catholic Church [R2R] 1:00🎨 Painting Projects [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00🎬 Midweek Movie & Popcorn [MCACTR] 29	9:00🌿 Early Bird Walks [I/O] 10:00🏆 Mind Games [MCACTR] 1:00🏆 Dominos [MCACTR] 2:00🏆 Bingo [MCACTR] 3:00📖 Book Club [MCACTR] 30	Halloween 9:00🌿 Early Bird Walks [I/O] 10:00👉 Sobe Soul [MCACTR] 1:00🏆 Creative Coloring Crew [MCACTR] 2:00🏆 Puzzle Club [MCACTR] 3:00★ Happy Hour! [AL1F] 31	Location Keys AL First Floor First Floor Indoor/Outdoor MC Activites Room Room to Room AL1F 1F I/O MCACTR R2R