June 2026
MC Monthly

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SHINE An Exclusive Memory Care Program By Discovery Senior Living	1 9:30 Hot Chocolate and Chat! 10:00 Adult coloring and relaxation 10:15 Exercise Program with FOX Therapy [AR] 10:15 Fox Rehab Exercise Class 1:00 Book Club with Morgan! 2:00 Snack and Hydration 3:00 Balloon Volleyball!	2 9:30 Morning Meeting! 10:00 5000 Game 11:00 Seated Cardio 1:30 Nondominational Worship Service 2:00 Snack and Hydration 3:00 Bingo!	3 9:30 Trip Down Memory Lane 10:00 Sevens Game! 10:30 Healing Hearts Therapy Dog Visit! 11:00 Drumming Aerobics 1:30 Pineapple & Coconut Bowling! 2:00 Snack and Hydration 2:15 Travel Club: All About Argentina 3:30 Categories!	4 9:30 Peace and Prayer 10:00 Odds and Evens! 10:45 Prayer Service with Deacon John of St. Julies 11:00 Breathing and Meditation 1:30 Pondering Prompts! 2:00 Snack and Hydration 3:00 Thirsty Thursday with Tommy Barroso	5 9:30 Morning Meeting! 10:00 All 12 Dice Game 11:00 Seated Cardio 1:30 Destination: South Pacific Island Time 2:00 Snack and Hydration 2:30 Bake & Decorate Sugar Cookies! 3:30 Name 10 Trivia!	6 9:30 Daily Affirmations! 10:00 Draw the Beetle Game! 11:00 Drumming Exercise 1:30 Blackjack with Kortney! 2:00 Snack and Hydration 3:00 Bingo!
7 9:30 Hot Chocolate and Chat! 10:30 Music and Dancing 1:00 Name 10 Trivia 2:00 Snack and Hydration 3:30 Word puzzles	8 9:30 Hot Chocolate and Chat! 10:00 Adult coloring and relaxation 10:30 Sit and Be Fit 1:00 Book Club with Morgan! 2:00 Snack and Hydration 3:00 Balloon Volleyball!	9 9:30 Morning Meeting! 10:00 5000 Game 11:00 Seated Cardio 1:30 Nondominational Worship Service 2:00 Snack and Hydration 3:00 Bingo!	10 9:30 Trip Down Memory Lane 10:00 Sevens Game! 11:00 Drumming Aerobics 1:30 Book Club: Cruising to a Tropical Destination 2:00 Roll and Shine Wheelchair Wash! 2:00 Snack and Hydration 3:30 Toss and Talk Ball Game!	11 9:30 Peace and Prayer 10:00 Odds and Evens! 11:00 Breathing and Meditation 1:30 What's that Island Sound? 2:00 Snack and Hydration 2:15 Book Club: All About Chips + Taste Test 2:45 Concert in the Theatre!	12 9:30 Morning Meeting! 10:00 All 12 Dice Game 11:00 Seated Cardio 1:30 Bus Outing! 2:00 Snack and Hydration 2:30 Bingo! 3:30 Match Up!	13 9:30 Daily Affirmations! 10:00 Draw the Beetle Game! 11:00 Drumming Exercise 2:00 Snack and Hydration 3:00 Bingo!
Happy Flag Day! 14 9:30 Hot Chocolate and Chat! 10:30 Music and Dancing 1:00 Name 10 Trivia 2:00 Snack and Hydration 3:30 Word puzzles	15 9:30 Hot Chocolate and Chat! 10:00 Adult coloring and relaxation 10:15 Exercise Program with FOX Therapy 10:15 Fox Rehab Exercise Class 1:00 Book Club with Morgan! 2:00 Snack and Hydration 3:00 Balloon Volleyball!	16 9:30 Morning Meeting! 10:00 5000 Game 11:00 Seated Cardio 1:30 Nondominational Worship Service 2:00 Snack and Hydration 3:00 Bingo!	17 9:30 Trip Down Memory Lane 10:00 Sevens Game! 11:00 Drumming Aerobics 1:30 Short Story: Funny in Fiji 2:00 Snack and Hydration 2:30 Make Summertime Flower Hats 3:30 Summer Hangman!	18 9:30 Peace and Prayer 10:00 Odds and Evens! 11:00 Breathing and Meditation 1:30 Can you Picture This? 2:00 Snack and Hydration 3:00 Thirsty Thursday with Adam Austin	**Happy Juneteenth!** 19 9:30 Morning Meeting! 10:00 All 12 Dice Game 11:00 Seated Cardio 1:30 Juneteenth Trivia! 2:00 Snack and Hydration 2:15 Watermelon and Lemonade Social! 3:30 History Jeopardy!	20 9:30 Daily Affirmations! 10:00 Draw the Beetle Game! 11:00 Drumming Exercise 1:30 Puzzles & Ponderings 2:00 Snack and Hydration 3:00 Bingo!
21 9:30 Hot Chocolate and Chat! 10:30 Music and Dancing 1:00 Name 10 Trivia 2:00 Snack and Hydration 3:30 Word puzzles	22 9:30 Hot Chocolate and Chat! 10:00 Adult coloring and relaxation 10:30 Sit and Be Fit 1:00 Book Club with Morgan! 2:00 Snack and Hydration 3:00 Balloon Volleyball!	23 9:30 Morning Meeting! 10:00 5000 Game 11:00 Seated Cardio 1:30 Nondominational Worship Service 2:00 Snack and Hydration 3:00 Bingo!	24 9:30 Trip Down Memory Lane 10:00 Sevens Game! 11:00 Drumming Aerobics 1:30 June Trivia! 2:00 Snack and Hydration 2:30 Sophie and Friends- Grill Out! 3:30 Toss and Talk Ball Game!	25 9:30 Peace and Prayer 10:00 Odds and Evens! 11:00 Breathing and Meditation 1:30 Detective Puzzles! 2:00 Snack and Hydration 2:30 Concert in the Theatre! 3:30 The Price is Right!	26 9:30 Morning Meeting! 10:00 All 12 Dice Game 11:00 Seated Cardio 1:30 Bus Outing! 2:00 Snack and Hydration 2:30 Bingo! 3:30 Categories!	27 9:30 Daily Affirmations! 10:00 Draw the Beetle Game! 11:00 Drumming Exercise 2:00 Snack and Hydration 3:00 Bingo!
28 9:30 Hot Chocolate and Chat! 10:30 Music and Dancing 1:00 Name 10 Trivia 2:00 Snack and Hydration 3:30 Word puzzles	29 9:30 Hot Chocolate and Chat! 10:00 Adult coloring and relaxation 10:15 Exercise Program with FOX Therapy 10:15 Fox Rehab Exercise Class 1:00 Book Club with Morgan! 2:00 Snack and Hydration 3:00 Balloon Volleyball!	30 9:30 Morning Meeting! 10:00 5000 Game 11:00 Seated Cardio 1:30 Nondominational Worship Service 2:00 Snack and Hydration 3:00 Bingo!				

Location Keys

Art Room AR

DISCOVERY COMMONS ORLAND PARK

Created on Thursday, May 28, 2026 11:08 AM