

December 2025

Charter Senior Living of Murray Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Brainy Breakfast [Cafe] 10:00 Merry Morning Movement [AR] 11:00 Holiday Music Trivia [AR] 1:00 Popcorn & Pals [AR] 2:00 Pinecone Tree Crafts [DR] 3:00 Guided Gratitude Breathing [Cafe] 4:00 Giving Pledge Cards [Cafe] 6:30 Shuffle & Deal Society	9:30 Jingle Bell Seated Dance [AR] 10:00 Worship with Jennifer [AR] 10:30 Getting More Sleep TBH [AR] 1:00 Snowman Door Hangers [DR] 2:00 Bingo [AR] 3:00 Cozy Candle Meditation [DR] 4:00 "I Will Bring Joy" Wall [Cafe] 6:30 Across the Board	10:30 Physical Therapy [AR] 11:00 The Midday Mingle 1:00 Holiday Music Trivia [Cafe] 2:00 Pinecone Tree Crafts [Cafe] 3:00 Guided Gratitude Breathing [AR] 4:00 Relaxing Massage TBH [AR] 6:30 Shuffle & Deal Society	10:00 Sleigh Ride Chair Fitness [AR] 11:00 Winter Poetry Reading [AR] 1:00 Snowy Scene Painting [Cafe] 2:00 Tea & Talk [Cafe] 3:00 Peaceful Winter Sounds [DR] 4:00 Weekly Intentions [DR] 6:30 Bible Study	9:30 Reindeer Warm-Up [AR] 10:00 Artful Exploration TBH [AR] 10:30 Ornament Decorating 11:30 Winter Folklore [Cafe] 1:00 Coffee & Companionship [DR] 2:00 Bingo [AR] 3:00 The Happiest Hour [Cafe] 4:00 Smile Challenge [DR] 6:30 Book Buddy Hour [Cafe]	9:30 Frosty Fit Routine [AR] 10:00 Seasonal Word Games [AR] 11:00 Seasonal Word Games [AR] 1:00 Friendship Circle [Cafe] 2:00 Winter Reflection Coloring [DR] 3:00 The Charter Express 4:00 Gratitude Reminder [Cafe] 6:30 Movie night [MR]
10:00 Gentle Holiday Stretch [AR] 11:00 World Holiday Celebrations [AR] 1:00 Peppermint Centerpieces [DR] 2:00 Holiday Bingo Bash [AR] 3:30 Candlelight Reflection [DR] 4:00 Encourage a Neighbor [Cafe] 6:30 Fit the Pieces [AR]	9:30 Snowball Toss [AR] 10:30 December Birthdays Trivia [DR] 11:00 Snow Globe Jars [Cafe] 11:30 Improve Time TBH [MR] 1:00 Popcorn & Pals [AR] 2:00 Cocoa & Christmas Stories [Cafe] 3:00 Guided Warmth Meditation [DR] 4:00 Daily Joy Note [DR] 6:30 Shuffle & Deal Society	9:30 Festive Fitness Fun [AR] 10:00 Worship with Jennifer [AR] 11:00 Winter Nature Facts [Cafe] 1:00 Holiday Greeting Cards [AR] 2:00 Bingo [AR] 3:00 Quiet Time Reflection [DR] 4:00 Kind Thoughts Board [DR] 6:00 Westside Baptist Christmas Carol [DR]	10:30 Physical Therapy [AR] 11:00 The Midday Mingle 1:00 Think Positive TBH [AR] 2:00 Holiday Movie Trivia [MR] 3:00 Soft Sounds Relaxation [Cafe] 4:00 Gratitude Postcards [DR] 6:30 Shuffle & Deal Society	9:30 Festive Drum-Fit [AR] 10:00 Winter Story Hour [AR] 11:00 Sock Snowmen [DR] 12:00 Santa's Breakfast Express [DR] 1:00 Friendship Bracelet Swap [Cafe] 2:00 Peace Circle [DR] 3:00 Daily Affirmation [AR] 6:30 Bible Study	9:30 Penguin Walk Indoors [AR] 10:30 Craft with Annettee 1:00 Holiday Proverbs & Sayings [AR] 2:00 Bingo [AR] 3:00 The Happiest Hour [Cafe] 6:30 Book Buddy Hour [Cafe]	10:00 Chair Cardio [AR] 11:00 Arctic Animal Facts [Cafe] 1:00 Snowflake Garland [Cafe] 2:00 Fellowship Friday [DR] 3:00 Calming Aromatherapy [DR] 4:00 Joyful Intention [AR] 6:30 Movie night [MR]
10:00 Jolly Jazzercise [AR] 11:00 Holiday Literacy Word Game [AR] 1:00 Winter Reflection Circle [Cafe] 2:00 Holiday Candle Holders [AR] 3:00 Movie Matinee [MR] 4:00 Share Holiday Memory [DR] 6:30 Fit the Pieces [AR]	9:30 Sleigh Bell Stretch [AR] 10:00 December Trivia Challenge [Cafe] 11:00 Pine Garland Craft [AR] 1:00 Popcorn & Pals [AR] 1:30 Tell Me About It TBH [AR] 3:00 Promise of Kindness [DR] 6:30 Shuffle & Deal Society	9:30 Ice Skater Arm Moves [AR] 10:00 Worship with Jennifer [AR] 11:00 Holiday Symbols Discussion [DR] 1:00 Holiday Picture Frames [Cafe] 2:00 Bingo [AR] 3:00 Warm Tea Meditation [Cafe] 4:00 Acts of Cheer [AR] 6:30 Across the Board	10:30 Physical Therapy [AR] 11:00 The Midday Mingle 1:00 History of Christmas Trees [Cafe] 2:00 Pine-Scent Sachets [AR] 3:00 Soft Snow Meditation [AR] 4:00 Spark Joy Message [AR] 6:30 Shuffle & Deal Society	10:00 Snow Stretch Session [AR] 11:00 Holiday Riddle Round [AR] 1:00 Felt Elf Craft [Cafe] 2:00 Seasonal Journaling [Cafe] 2:30 Christmas Cookie Contest [Cafe] 3:00 Reflection of Thanks [AR] 6:30 Bible Study	10:30 Craft with Annettee 1:00 CCHS Leo Club [Cafe] 2:00 Bingo [AR] 3:00 The Happiest Hour [Cafe] 4:00 It's a Draw TBH [AR] 6:30 Book Buddy Hour [Cafe]	10:00 Chair Tap Dance [AR] 11:00 Winter Nature Trivia [AR] 1:00 Reindeer Mason Jars [Cafe] 2:00 Music and Memory [Cafe] 3:00 Peaceful Coloring [DR] 4:00 Thoughtful Notes [DR] 6:30 Movie night [MR]
10:00 Yuletide Yoga [AR] 11:00 Christmas Around the World [AR] 1:00 Lantern of Light Craft [DR] 2:00 Candlelight Social [AR] 3:00 Reflect & Release [Cafe] 4:00 Light of Hope Card [DR] 6:30 Fit the Pieces [AR]	9:30 Peppermint Twist Exercise [AR] 11:00 New Leaves New Beginning [C] 11:30 Repeat After Me TBH [AR] 1:00 Popcorn & Pals [AR] 2:00 Dreidel Painting [Cafe] 3:00 Soft Instrumental Quiet Time [MR] 4:30 Daily Good Deed [DR] 6:30 Shuffle & Deal Society	9:30 Winter Warm-Up [AR] 10:00 Worship with Jennifer [AR] 11:00 Santa Trivia [AR] 1:00 Holiday Painting [DR] 2:00 Bingo [AR] 3:00 Math Matters TBH [Cafe] 4:00 Share Joy Challenge [AR] 6:30 Across the Board	Christmas Eve 10:30 Physical Therapy [AR] 11:00 The Midday Mingle 1:00 Resident Council [AR] 2:00 The Nativity Story [MR] 3:00 Holiday Candle Decorating [AR] 4:00 Candlelight Reflection [Cafe] 6:30 Shuffle & Deal Society	Christmas Day 10:30 Holly Jolly Stretch [AR] 11:30 Christmas Music History [Cafe] 1:00 Ornament Keepsakes [DR] 2:00 Gratitude Prayer or Meditation [AR] 3:00 Share a Holiday Wish [Cafe] 6:30 Bible Study	9:30 Morning Movement to Carols [AR] 10:30 Craft with Annettee 11:00 Kwanzaa Traditions [Cafe] 1:00 Food Council [DR] 2:00 Bingo [AR] 3:00 The Happiest Hour [Cafe] 6:30 Book Buddy Hour [Cafe]	10:00 Winter Wind Stretch [AR] 11:00 New Year Traditions Worldwide [AR] 1:00 Confetti Poppers [Cafe] 2:00 Affirmation Meditation [MR] 3:00 Sparkling Cider Social [DR] 4:00 Year End Gratitude [AR] 6:30 Movie night [MR]
10:00 Chair Tai Chi [AR] 11:00 Year-In-Review Trivia [AR] 1:00 Vision Board Page [Cafe] 2:00 Coffee & Kindness Circle [DR] 3:00 Musical Relaxation Hour [MR] 4:30 Goal Reflection [AR] 6:30 Fit the Pieces [AR]	9:30 Winter March to Music [AR] 10:30 Resolution Readiness Tips [AR] 12:00 Murray Palooza [DR] 1:00 Popcorn & Pals [AR] 2:30 New Year Wishes Banner [Cafe] 3:30 Breathing & Letting Go [MR] 4:00 Set One New Habit [AR] 6:30 Shuffle & Deal Society	9:30 End-of-Year Stretch [AR] 10:00 Worship with Jennifer [AR] 1:00 Keepsake Memory Book Pages [Cafe] 2:00 Bingo [AR] 3:00 Guided Reflection [DR] 4:00 Keep Tracking TBH [AR] 6:30 Across the Board	New Year's Eve 9:30 Fun New Year Trivia [AR] 10:30 Physical Therapy [AR] 11:00 The Midday Mingle 1:00 Party Hat Decorating [AR] 2:00 NYE Bash & Sparkling Toast [Cafe] 3:00 What I'm Proud Of Reflection [Cafe] 4:00 Resolutions for 2026 [DR] 6:30 Shuffle & Deal Society	Community & Connection Exploration & Adventure Harmony & Introspection Intentions & Commitments Knowledge & Learning Motion & Movement Motivation & Creation		Location Keys Activity Room Assisted Living AR Courtyard AL Crust and Crumb Cafe Cafe Dining Room Assisted Living DR Movie Room MR