

September 2025

MC Monthly



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 9:30 Morning Snack & Hydration [MD] 10:30 ↔ Hockey Pokey Pilates [MD] 1:30 ↔ Corn Hole [MCG] 2:30 🍄 Fancy Nails [MCA] 4:30 Do 5:30 🍄 Mash Monday [MCS] 6:30 🍄 Dominoes [MCA]	National Honey Month 2 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Twist and Smile Chair Dance [MCA] 10:30 👁 Sing-Along [MCA] 1:00 👁 Aromatherapy [MCA] 2:00 🍄 Fruit & Fun Social [MD] 3:00 🍄 Brain Games [MCA] 5:30 🍄 Late Night Radio Show	National Potato Month 3 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Parachute [MD] 10:30 🍄 Puzzle Mania [MCA] 1:00 🍄 Name that Tune 2:00 🍄 Hydration and Snack [MD] 3:00 🍄 Bingo [MD] 5:30 🍄 Wind down Lounge [MCA]	National Wildlife Day 4 9:30 Morning Snack & Hydration [MD] 10:00 🍄 Sunshine for the Soul [MCG] 10:30 🍄 Flip & Find [MCA] 1:00 ↔ Drumming Circle 2:00 🍄 Fruit & Fun Social [MD] 2:30 🍄 Crafting w/Patty [MCA] 6:00 🍄 Movie Night [MCA] 7:20 🍄 Cowboys VS Philadelphia Eagles (NBC)	National Cheese Pizza Day 5 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Chair Exercise [MD] 10:30 👁 Color Me Happy [MCA] 1:00 👁 Brain Games [MCA] 1:30 🍄 Mocktail & Mingle [MD] 2:30 ↔ Bean Bag Toss [MD] 5:30 🍄 Grateful Gathering [MCS]	National Read a Book Day 6 National Tailgating Day 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Sit & Stretch [MD] 10:30 🍄 Puzzle Mania [MCA] 1:00 🍄 Brain Games [MCA] 2:00 🍄 Saturday Matine [MCT] 2:30 🍄 Snack & Hydration Time [MCS] 5:30 🍄 Late Night Radio Show [MCS]
National Grandparents Day 7 9:30 Morning Snack & Hydration [MD] 10:30 🍄 Church Service [MD] 1:00 🍄 Puzzle Mania [MCA] 2:30 🍄 Snack & Hydration Time [MCS] 5:30 🍄 Movie Time with Grandkids [MCS] 6:00 🍄 Grateful Gathering [MCA]	National Fall Hat Month 8 9:30 Morning Snack & Hydration [MD] 10:30 ↔ Hockey Pokey Pilates [MD] 1:30 ↔ Corn Hole [MCG] 2:30 🍄 Fancy Nails [MCA] 5:30 🍄 Mash Monday [MCS] 6:30 🍄 Mexican Train [MCA]	National Teddy Bear Day 9 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Twist and Smile Chair Dance [MCA] 10:30 👁 Sing-Along [MCA] 1:00 👁 Aromatherapy [MCA] 2:00 🍄 Fruit & Fun Social [MD] 3:00 🍄 Brain Games [MCA] 5:30 🍄 Late Night Radio Show	National TV Dinner Day 10 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Parachute [MD] 10:30 🍄 Short Stories [MCA] 1:00 🍄 Name that Tune 2:00 🍄 Hydration and Snack [MD] 3:00 🍄 Face Bingo [MD] 5:30 🍄 Wind down Lounge [MCA]	National School Picture Day 11 9:30 Morning Snack & Hydration [MD] 10:00 🍄 Sunshine for the Soul [MCG] 10:30 🍄 Dominoes [MCA] 1:00 ↔ Drumming Circle 2:00 🍄 Fruit & Fun Social [MD] 2:30 🍄 Crafting w/Patty [MCA] 6:00 🍄 Movie Night [MCA]	National Hug & High 5 Day 12 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Chair Exercise [MD] 10:30 👁 Color Me Happy [MCA] 1:00 👁 Brain Games [MCA] 1:30 🍄 Mocktail & Mingle [MD] 5:30 🍄 Grateful Gathering [MCS]	Positive Thinking Day 13 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Sit & Stretch [MD] 10:30 🍄 Puzzle Mania [MCA] 1:00 🍄 Brain Games [MCA] 1:30 🍄 Tailgate Social Time 2:00 🍄 Saturday Matine [MCT] 2:30 🍄 Snack & Hydration Time [MCS] 5:30 🍄 Late Night Radio Show [MCS]
National Piano Month 14 9:30 Morning Snack & Hydration [MD] 10:30 🍄 Church Service [MD] 12:00 🍄 Cowboys VS New York Giants (Fox) [MCS] 1:00 🍄 Puzzle Mania [MCA] 2:30 🍄 Snack & Hydration Time [MCS] 6:00 🍄 Grateful Gathering [MCA]	Hispanic Heritage Month 15 9:30 Morning Snack & Hydration [MD] 10:30 ↔ Hockey Pokey Pilates [MD] 1:30 ↔ Corn Hole [MCG] 2:30 🍄 Fancy Nails [MCA] 5:30 🍄 Mash Monday [MCS] 6:30 🍄 Sopapilla Cheesecake bites [MD] 6:30 🍄 Dominoes [MCA]	National Guacamole Day 16 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Twist and Smile Chair Dance [MCA] 10:30 👁 Sing-Along [MCA] 1:00 👁 Aromatherapy [MCA] 2:00 🍄 Chips & Guac Fiesta [MD] 3:00 🍄 Brain Games [MCA] 5:30 🍄 Late Night Radio Show	National Apple Dumpling Day 17 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Parachute [MD] 10:30 🍄 Puzzle Mania [MCA] 1:00 🍄 Name that Tune 2:00 🍄 Hydration and Snack [MD] 3:00 🍄 Bingo [MD] 4:00 🍄 AL/MC Grand Opening Celebration 5:30 🍄 Wind down Lounge [MCA]	9:30 Morning Snack & Hydration [MD] 10:00 🍄 Sunshine for the Soul [MCG] 10:30 🍄 Flip & Find [MCA] 1:00 ↔ Drumming Circle 2:00 🍄 Fruit & Fun Social [MD] 2:30 🍄 Crafting w/Patty [MCA] 6:00 🍄 Movie Night [MCA]	National Dance Day 19 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Chair Exercise [MD] 10:30 👁 Color Me Happy [MCA] 1:00 👁 Brain Games [MCA] 1:30 🍄 Mocktail & Mingle [MD] 2:30 ↔ Bean Bag Toss [MD] 5:30 🍄 Grateful Gathering [MCS]	National String Cheese Day 20 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Sit & Stretch [MD] 10:30 🍄 Puzzle Mania [MCA] 1:00 🍄 Brain Games [MCA] 2:00 🍄 Saturday Matine [MCT] 2:30 🍄 Snack & Hydration Time [MCS] 5:30 🍄 Late Night Radio Show [MCS]
National Pecan Cookie Day 21 9:30 Morning Snack & Hydration [MD] 10:30 🍄 Church Service [MD] 1:00 🍄 Puzzle Mania [MCA] 2:30 🍄 Snack & Hydration Time [MCS] 3:25 🍄 Cowboys VS Chicago Bears (FOX) [MCS] 6:00 🍄 Grateful Gathering [MCA]	National Family Day 22 National Ice Cream Cone Day 9:30 Morning Snack & Hydration [MD] 10:30 ↔ Hockey Pokey Pilates [MD] 1:30 ↔ Corn Hole [MCG] 1:30 🍄 Scoop & Smile Ice Cream social [MD] 2:30 🍄 Fancy Nails [MCA] 5:30 🍄 Mash Monday [MCS] 6:30 🍄 Mexican Train [MCA]	9:30 Morning Snack & Hydration [MD] 10:00 ↔ Twist and Smile Chair Dance [MCA] 10:30 👁 Sing-Along [MCA] 1:00 👁 Aromatherapy [MCA] 2:00 🍄 Fruit & Fun Social [MD] 3:00 🍄 Brain Games [MCA] 5:30 🍄 Late Night Radio Show	National Women's Health and Fitness Day 24 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Parachute [MD] 10:30 🍄 Short Stories [MCA] 1:00 🍄 Name that Tune 2:00 🍄 Hydration and Snack [MD] 3:00 🍄 Face Bingo [MD] 5:30 🍄 Wind down Lounge [MCA]	National One Hit Wonder Day 25 National Quesadilla Day 9:30 Morning Snack & Hydration [MD] 10:00 🍄 Sunshine for the Soul [MCG] 10:30 🍄 Dominoes [MCA] 1:00 ↔ Drumming Circle 1:00 🍄 Music Memory Marathon [MCS] 2:00 🍄 Fruit & Fun Social [MD] 2:30 🍄 Crafting w/Patty [MCA] 6:00 🍄 Movie Night [MCA]	National Dumpling Day 26 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Chair Exercise [MD] 10:30 👁 Color Me Happy [MCA] 1:00 👁 Brain Games [MCA] 1:30 🍄 Birthday Bash [MD] 1:30 🍄 Mocktail & Mingle [MD] 2:30 👁 Dumpling Delights [MD] 5:30 🍄 Grateful Gathering [MCS]	National Day of Forgiveness 27 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Sit & Stretch [MD] 10:30 🍄 Puzzle Mania [MCA] 1:00 🍄 Brain Games [MCA] 2:00 🍄 Saturday Matine [MCT] 2:30 🍄 Snack & Hydration Time [MCS] 5:30 🍄 Late Night Radio Show [MCS]
National Coffee Day 28 9:30 Morning Snack & Hydration [MD] 10:30 🍄 Church Service [MD] 1:00 🍄 Puzzle Mania [MCA] 2:30 🍄 Snack & Hydration Time [MCS] 6:00 🍄 Grateful Gathering [MCA] 7:20 🍄 Cowboys VS Green Bay Packers (NBC) [MCS]	National Sewing Month 29 9:30 Morning Snack & Hydration [MD] 10:30 ↔ Hockey Pokey Pilates [MD] 1:30 ↔ Corn Hole [MCG] 2:00 👁 Cookie Time 2:30 🍄 Fancy Nails [MCA] 5:30 🍄 Mash Monday [MCS] 6:30 🍄 Dominoes [MCA]	30 9:30 Morning Snack & Hydration [MD] 10:00 ↔ Twist and Smile Chair Dance [MCA] 10:30 👁 Sing-Along [MCA] 1:00 👁 Aromatherapy [MCA] 2:00 🍄 Fruit & Fun Social [MD] 3:00 🍄 Brain Games [MCA] 5:30 🍄 Late Night Radio Show	Location Keys MC Activity Room MCA MC Dining MD MC Garden MCG MC Theater MCT Social Gathering MCS 🍄 Emotional 🍄 Environmental 🍄 Intellectual 🍄 Memory Enhancing ↔ Physical 🍄 Recreational 👁 Sensory 🍄 Social			